

CLAUDE TRAKS

THE KEY TO SAVE OUR HUMANITY



ROAD MAP FOR A FERTILE REVOLUTION!

EDITIONS COMMUNICARE





*For all my sisters and brothers in arms who have jeopardized their physical,
financial and social safety to resist oppression,
the decree to destroy our children's present and future,
the dictatorship of stupidity and the expediency of just giving in.*





CHAPTER 1

**INTRODUCTION**

This book is available in French.

The original detailed summary can be found at the end of the book.

Videos, book updates and additional information on www.FertileRevolution.org

"I believe that one's entire life is decided when, as a reasoning person, one wonders for the first time if it's the adults who are stupid or if it's you who are wrong."

Jacques Brel, 1973, Radioscopie

"Until you start focusing on what needs to be done, rather than what is politically possible, there is no hope. (...) We cannot save the world by playing by the rules. Because the rules need to be changed. Everything has to change and it has to start today."

Greta Thunberg

For as long as I can remember, I've been driven by the dream of wanting to "save humanity", or at least of doing my part. It took me a long time to grasp why not everyone had the same priority.

There's one question in particular that that has always preoccupied me: if I had a magic wand, how would I reorganize the world? And especially, how could the transition from the current destructive world to a paradise be as smooth and humane as possible? What could we keep from our old lifestyles and what would we have to give up?

More and more people long for a better world, but very few know exactly what needs to be changed and what to replace it with! Then there's the issue of "how"? The answers to these questions that are provided in this book are necessary to bring our true Humanity into the world and to break out of this self-destructive mindset.

For those in a hurry, I promise to summarize what I call "The Key to Save Our Humanity" in the first seven chapters. (78 pages)

While reading, take time to pause and reflect. If not, you might experience emotional blocks as the book challenges 99% of everything we've been taught. We need time to digest the fact that we really are living in a world and culture where nearly everything is backwards. But it's also extremely practical, because in order to reconnect with truly humane culture, you just reverse almost everything you've been taught.

In order to evolve, we must dare to step out of our "comfort zone" and think with a cool head. If you make that effort, you won't need any "proof" that all this is true, because you'll understand that it's logical and that it goes without saying. Naturally, it's still a first step toward a new continent, and there are undoubtedly some mistakes and poor understandings on my part.

I'm sure that you'll understand why it was necessary to go through the highly unpleasant phase of COVID and the greatest economic, food and energy crisis of all time for Humanity to become truly Humane. I would remind you that before COVID, we had all more or less accepted that our world had no other choice than to continue to self-destruct.

If we would rather not see "man's" gift to his children
be simply the annihilation of most of life on Earth, then
we must change now and in a radical way!

More than ever at this pivotal time in our collective and individual history, we must find answers to these 3 questions:

- 1/ Why is our world self-destructing? What are the root causes of the world's current state?
- 2/ What should we change in our way of life and what should we replace it with to make a fresh start on a truly human basis?
- 3/ How can we use what we have learned from this "COVID experience" and the unprecedented economic crisis as a springboard to free ourselves from this dictatorship that is transforming humans into machines of destruction, and to bring forth a new Humanity on Earth and in each one of us?

We live in a world where we are lied to about nearly everything. Without all the lies and things left "unspoken", this increasingly unjust and destructive world couldn't exist. In some areas, we've been lied to for so long that almost no one knows that they are lies anymore. I'm referring to lies about history, economy, food, science, medicine etc.

So I won't automatically cite all my sources, because it wouldn't prove that what I've written is true. I appeal rather to your intelligence, reasoning and awareness for that. Furthermore, you can easily do your own research on the net.

Today, in 2023, citing one's sources and saying that something is scientifically (or historically) proven no longer has any meaning. Science, the media and medicine have been “taken hostage” by the rationale of “making money at all costs, at the risk of destroying the planet and people's health”.

Nearly all the so-called specialists to whom the mainstream media have given a voice endorse this short-term mindset and the one-track thinking behind it. And they always base their claims on the same fake studies conducted by corrupt specialists.

In light of these institutionalized lies, it makes sense to dare to look for the “truths” they're trying to hide from us. Because if they don't want us to know about it, then it must be very important.

In response, there's only one solution: to do our own investigating and dare to ask the right questions, to doubt everything we've been taught, to learn to think in order to understand, to detect the rationale and the forces behind the scenes that govern the world and most of our choices, even the most private ones.

I maintain that one of the most damaging lies in our daily lives is a historical one. This one lie, which may seem like a “detail”, has had catastrophic consequences on our emotional and psychological lives.

This lie is perhaps the greatest secret kept by religions – and especially the Vatican* – because if it were known to all, it would signal their demise.

You may say that you're not religious and therefore not interested. But I'm not talking about beliefs here. This secret affects our way of loving, of making love, of raising children, feeding ourselves, interacting with nature, and healing.

The lie impacts our everyday lives and is the cause of most of our and of Mankind's suffering. If we want to “save humanity”, we must first understand the sources of the problems and how to deal with them. And you'll see that this secret is the reason why Humanity is now on the verge of the abyss and unable to awaken.

Because even the economic, social and ecological problems that we're experiencing today have grown out of this lie.

The secret is that, before the so-called “patriarchal” cultures, there were societies on Earth known as cultures of Fertility, or those of the sacred feminine. Patriarchal cultures often call them matriarchal, but I think it's more appropriate to call them fertile cultures/religions.

At least until the 16th/17th century, they were in the majority almost everywhere on the planet, contrary to what the "official history" written by religions would have us believe! Religions couldn't hide the fact that they existed, but they have succeeded extremely well in ensuring that almost no history book contains practical details about their everyday organization.

Hiding the details of fertile culture lifestyles has always been an ABSOLUTE priority for “patriarchal” religions and those who govern us, because a comparison between the two cultures makes it clear that a more humane future will not be possible as long as we are bogged down in these cultures, mistakenly called “patriarchal”.

Many believe that the main feature of patriarchy is that men are the bosses, but that isn't true. The main feature of “patriarchal” cultures is that they are contrary to human nature. They have numbed and enslaved most future humans, turning them into machines of destruction. The very definitions of feminine and masculine are totally false.

Actually, 99.9% of the teachings and lifestyles of patriarchal religious cultures are there to paint the prison pink, and to make sure we stay there!

“Patriarchal” cultures alienate us from our inner selves to make us dependent on external forces and easy to manipulate. Having lost our inner compass, we try to follow a person, movement or hierarchy. This causes us to lose our individuality and creativity, leading us to seek constant acknowledgement from others and to adopt stereotypical attitudes.

Naturally, we mustn't forget that the world governed by men has failed miserably. This highlights the need for equality between the sexes, as well as the importance for cultures that would like to be humane not to try to control sexuality or even gender because it leads to a world of vice and perversion. In fertile cultures, women and men are 100% equal and neither can own or rule over the other! Women there are both healers and warriors.

Furthermore, as this “patriarchal” culture cuts us off from our ability to draw energy from within, most of us go outside ourselves to seek our vital energy. This often happens through dominant-submissive relationships. In dominating another person, we take part of their vital energy. However, that energy partly contains that person’s characteristics, which further disturbs our personality.

That vital energy can be captured by forcing others to pay attention through the way we communicate, such as by talking a lot, or by talking very little, not answering questions, blaming etc. Or by dominating individuals because we are their boss and they depend on us to survive.

Moreover, the need to dominate leads to injustices, wars, racism and all kinds of perversions.

There is a very simple reason why patriarchal cultures/religions have always waged war on fertile religions/cultures: Fertile culture lifestyles are totally counter to “patriarchal” cultures.

What we need to understand is that the "patriarchal vs. fertile" struggle is the eternal between those who want the most just and free world possible, against those who want a dominant/submissive world, in which a minority lives off the labor of others. It is the eternal fight between the forces of enslavement and the forces of freedom, between what the political forces on the "left" and "right" should be.

Gnosis is the backbone of fertile cultures. It considers that salvation is obtained through knowledge, experiences and self-development. For patriarchal/sleep-inducing cultures/religions, salvation is obtained through grace that comes from following obligations and prohibitions.

The difference is self-sufficiency and dependence from a hierarchy! I hope you understand why depending on a hierarchy is reassuring for those who need to dominate others in order to exist.

Fertile cultures put the individual's spiritual development, evolution and well-being first.

A spiritual culture is one that cultivates its own people first and foremost...

Its priority is not economic growth, but the growth of souls*, so that they may expand their level of consciousness and reconnect with the invisible worlds until they have a foot in each world.

Indeed, what we call “our reality” is comparable to the surface of the oceans. There are worlds below this surface and others above it. Everything that happens in our physical reality originates in dimensions that are invisible and inaudible to our senses. Many believe that looking to the invisible worlds is a way to escape responsibility in our reality, but it is quite the opposite.

As long as the inhabitants of this planet are not sufficiently aware of these other dimensions of themselves, they will be puppets of those invisible worlds.

And it's important to point out that one can be passionate about the invisible/energetic worlds and not believe in God, which is in fact the case for me! Moreover, shamanic experiences – one of the pillars of Fertile culture – help us to release the fear generated by patriarchal lies about death. Fear of death, generated by ignorance about it, is one of the most effective tools to control individuals.

Fertile culture prioritizes the empowerment of individuals through developing “inner technologies” like expanding consciousness, (which includes broadening the spectrum of what we see and hear), developing our psychic powers such as telepathy, Mind over matter, and developing the potential of the immune system and breathing*. By feeding directly on energy, we need far less food, which is to be used mainly as medicine. That's what Hippocrates meant when he said *“Let food be thy medicine and medicine be thy food!”* Also, by taking in the energy that comes from within our cells, from the quantum dimension (the infinitely small), we are connecting with the energy network of the universe from which we can draw valuable inspiration.

For the patriarchal/sleep-inducing culture, the emphasis is on developing “outer technologies” on accumulating possessions and being dependent on a centralized system. Their teaching is limited to rote learning, copying and repeating without actually understanding.

Patriarchal cultures even condition us to become overly attached to, and even fall in love with people we don't like, or even hate. But Cupid's "love potion" is so powerful that it can take years to realize it.

Monotheistic patriarchal cultures/religions are materialistic and absolutely not “spiritual” in the sense that they compel people to focus more on matter than on the mind.

Anyone with a modicum of logic can grasp this obvious fact when comparing the two cultures: fertile cultures awaken individuals in order to make them as free and self-sufficient as possible. In comparison, a “patriarchal” culture causes individuals to lose their sense of self and dulls their ability to think for themselves. It turns the majority into destructive sheep hungry for relationships, distraction, and consumption.

In 13th century France, the Cathars* (Albigensians) made similar comparisons in village squares, holding round table debates with representatives from the Catholic Church. According to the Cathars, the real message of Jesus and Mary was the culture of Fertility, not of “patriarchy”. This is probably why they called themselves “good Christians” rather than cathars, as the Catholics called them. It's easy to see why the Catholics wanted history to “forget” the name “good Christians”, as it implies that the Catholic curia were not “good Christians”, which is indeed the case!

Through these comparisons, the correctness of Fertile culture and the harmfulness of patriarchal Catholic culture were so obvious that even some Vatican* envoys switched sides.

In response to this powerful truth and logic, there was only one solution: to eradicate the Cathars and all those who shared the same mindset... And to let the “**practical details**” of Fertile culture fade into **oblivion** so that such comparisons could no longer be made. What followed was a genocide ordered by the Vatican*, in which hundreds of thousands of people were killed (some say 1 million) and the county of Toulouse, was taken by the King of France who had committed the genocide. The populations of whole regions and cities such as Carcassonne were almost entirely massacred. The pope offered the region to the king of France in exchange for annihilating nearly all the population. Too many people had been influenced by the Cathars doctrines, and since it was practically impossible to determine who they were, almost everyone was killed. So few were left alive that the king of France had to

force people from other regions to move there. As for the Cathars*/Albigensians, nearly all of them were burned at the stake.

Nowadays, those who turn down or criticize the pillars of “patriarchy” may not be burned at the stake, but they are excluded from society by being tagged as dangerous people who are part of a cult. And yet, the real cult in power is patriarchal culture that encompasses almost every religion on the planet and brooks no competition. If you read this book, you will see that it isn’t really a culture but rather a “self-destruction ” program which aims to create as much suffering as possible so that a handful of people have the power of life or death over everyone else.

Religions gave the name “matriarchal” to fertile cultures that awaken and “patriarchal” to the shadow cultures that subjugate people and put them to sleep. They did it to confuse the issue, and it has been very successful. For most people, it reduces the issue to a clash between men and women, which is not the case.

You should be aware that it is the clergy that has written most of the history taught in schools and universities. For centuries, they were the only ones who knew how to write, and they spent much of their time copying ancient works in order to protect their teachings, but also to “influence” them. After the French Revolution, churches were deserted, and many priests found themselves without a job. The clergy sent them to become historians, professors and doctors so they could continue to influence society behind the scenes and mainly to control “history”.

In France, until 1905 almost all education was controlled by the Catholics! And history books were not rewritten when the law instituting the separation of Church and State was passed in 1905.

As a result, in most of the world, the history that is taught in schools and universities – the one that suits the Vatican and the powerful – is false.

“Those who control the past, control the future!”

Georges Orwell. 1984

Many linguists, such as John Allegro, believe that the clergy went so far as to give false definitions to certain words and that these “intentional errors” can still be found today in the dictionaries of ancient languages. Some may think this is an insignificant detail. But wars are waged and people die by the millions every year due to these “details”. But that

detail is the cause of most of your innermost suffering, as well as that of all Humanity. That's why your love life is so complicated! It prevents most people from being truly happy, driving us to outright self-destruction. It creates wars and people dying by the millions every year due to these "details".

"The perversion of the city begins with the fraud of words"

Plato

So I like to think that this book and what we are experiencing with this worldwide crisis/opportunity are in a way a continuation of the "quest for the Grail". If you don't understand the intricacies of the grail quest, you can't understand this world. Whoever knows the secret of the Grail understands why humanity is sinking into destruction and suffering. But the Grail also contains the solution for getting out of it and awakening Humanity!

Perhaps you're not interested in hearing about the story of the Grail, the kings of France and the Vatican*. Even if you don't live in Europe, it concerns you because the disease of the West has invaded most of the planet. Only through understanding it will you understand why the West's collective unconscious is so sick that most people see no other solution than to destroy the planet. Like any disease, you have to understand its history.

History is important because your soul has taken part in that history in one way or another. And that's why, since the time of the Caesars, the powerful have burned libraries, controlled information and falsified history.

Don't forget that when you are not incarnated in a body, what is left are your energy bodies. They are made up of information and memories. Those memories and information define who you are. When you wake up in the morning, it only takes a few moments for you to remember where you're from and what part of your life you're in. When you wake up after "the dream of your life", it's the same thing. Your memories are who you are.

*"History is not the past. It is the present. We carry our history with us.
We are our history."*

James Baldwin

In the 11th century (1099), the king of France and the pope sent crusaders to invade Jerusalem. Among them were the future Knights Templar, whose secret goal was to find the "holy grail". The grail was supposed to hold the secret of "the source of divine power on

earth". The search lasted a long time, for several years. For most people, the Grail is thought to be the cup used during the "Last Supper", and in which the blood of Jesus was collected during his crucifixion.

We don't know if they found the Grail, but one day, those whom some already called the Knights of the Temple stopped searching and went straight from Jerusalem to the Vatican*. In fact, when searching for the Grail, you end up realizing that if you understand what the Grail is, you understand the greatest secret of our time. Many people are looking for an object, but it is really knowledge.

The Templars had discovered the greatest secret of the Vatican. If this secret was revealed, it would be the end of Catholicism. They also understood why the pope had insisted so much on massacring ALL the inhabitants of Jerusalem. Indeed, after a relatively short siege, the authorities of the holy city surrendered in exchange for the promise that the inhabitants' lives would be saved. The Crusaders agreed, the gates were opened to them, and they still killed everyone – soldiers, civilians, women and children. Regardless of their religion!!! The massacre lasted a week. Some say there were 70,000 corpses just around Al-Aksa Mosque. The Jews got special treatment. They were burned alive locked in their synagogues.

The reason for this carnage was that the pope suspected too many people among the population knew the secret of the Grail, which was too dangerous for the Vatican. Otherwise, why would you want to kill everyone? There's no economic, political or strategic value in it. At worst, you kill the soldiers and enslave the others, or crush them with taxes...

But what's the point of "killing everybody"? This is the kind of question you need to ask in order to understand history.

Two centuries later, the Catholics did the same thing with the Cathars*/Albigensians in the South of France. In fact, it was to become a habit, and their trademark was cruelty that reached heights perhaps unequaled in human history. Moreover, they undertook this cruelty in an industrial way, notably during the Inquisition. All this madness and excess can only be explained by the absolute necessity to protect their secret and to make anyone shake with terror who dared not to follow the church's orders to the letter.

This secret is that, at its core, Christianity was a cult to the fertility goddess which advocated a culture that was the very opposite of Catholic culture.

In other words, the Catholic/Protestant/Orthodox religions are NOT AT ALL Christian. On the contrary, the Vatican* and its "affiliates" have always been one of the greatest enemies of the message of Mary and Jesus.

Catholicism is a huge patchwork of festivals, customs and stories from other religions.

Emperor Constantine was a fertile pagan, but he was faced with internal wars between different religions. The word "pagan" refers to polytheistic cultures which, to my knowledge, all include the sacred feminine. So, in around 300 CE at the Council of Nicaea, they decided to create a "universal" religion from scratch and impose it on everyone so that the quarrels would stop. In order not to confuse believers, they put some of the legends/myths, festivals and traditions from each of the religions of the time into "Catholicism".

For instance, for the story of Noah they took almost word for word the Sumerian legend of Gilgamesh, whom God asked to create an ark with pairs of all animals. After a 7-day flood, the boat landed on top of a mountain, and a dove came out ... like Noah! The Sumerians also had a legend according to which a snake urged the first woman to be disobedient. She eventually convinced her friend to take a bite of the forbidden fruit. Like Adam and Eve!

In Mithraism, which almost became the official religion in Rome, Mithras was born on December 25 from a virgin mother. He rose from the dead after 3 days. This resurrection is celebrated between the 15th and the 20th of March, which corresponds to Catholic Easter Monday. Mithras worship also included a kind of eucharist with bread and wine.

As for Horus in Egyptian religion, he was also born of a virgin mother on December 25th. His birth was announced by a star in the east and 3 men came to welcome his birth. He had 12 disciples, was crucified between two bandits, buried in a tomb from which he resurrected. And Horus in turn resurrected a certain "El-Azzar-us", which strangely reminds us of the resurrection of Lazarus.

The festival of the dead on All Saints' Day (the day after Halloween) comes from Celtic culture, which celebrated "Samhain" between October 31st and November 2nd. Sargon, 1st king of Mesopotamia, was found in a floating basket and ended up a prince, like Moses. The Greek God Dionysus transformed water into wine.

The December 21st winter solstice that "Christians" and other pagan religions of the time celebrated was just pushed back 4 days to create Christmas.

New religions have always borrowed from old ones.

The Vatican* tells us that Constantine renounced his pagan beliefs and adopted Catholicism with his last breath, but I don't believe it. In any event, with his last breath, the churchmen, who especially didn't want women to be equal, transformed Constantine's Fertile version of Christianity into an unnatural "patriarchal" version. In short, they reversed everything. From that moment on, the men of the church quite simply took the place of God. From then on, the will of the Vatican was to represent the will of God. They would decide who lived and who died while preaching "thou shalt not kill".

Perhaps it was from that moment on that we entered a world where most of the time people say the opposite of the truth.

A selection was made between the Christian gospels to be kept and those to be forbidden, which were called the "apocryphal gospels". Of the 70 gospels that make up Christian culture, only 4 were approved by the Vatican!

A cultural genocide ensued (the destruction of evidence and assassination of those who knew) to erase the traces of their misdeeds and therefore of the ancient religions.

For centuries afterwards, the Vatican made the translation of "sacred texts" their exclusive preserve. As the Old Testament is written in Hebrew, it was necessary to massacre those who knew that language. Otherwise, it would have been too easy to point out the historical inconsistencies and intentional "mistakes" in the translations. As a result, the Jews were singled out as the ones who betrayed Jesus and were therefore responsible for his death. This may be the real reason behind anti-Semitism!

To make the texts even less accessible to the people and give the clergy the exclusive right to interpret them, they translated the bible into Latin and also decreed that mass was to be in Latin, which few people understood. In France, mass was celebrated in Latin until the 1960s! It must have been incredibly boring!

And since women were the most likely to be the standard-bearers of fertility, the fight against them intensified. The best way to do this was to reduce women to the level of "almost slaves" by convincing them that they were meant to serve men and that their main quality was gentleness. Women became property like furniture or animals. Later, the inquisition, a kind

of final solution against free women, was developed by the Vatican, the kings of Spain and France (again!).

The inquisition achieved its cleanup by targeting women: midwives, independent women, rich women, widows, those who walked alone out in nature, etc. It needed to make people forget that in original Christianity, women were not only the equal of men, but many sources also lead us to believe that Mary Magdalene was called to be the leader of the Christian world.

So the whole historical aspect of the Bible and the Torah (which corresponds to the Old Testament in the Bible) is a fable that never really happened historically, at least not on those dates, not in those cultures and not in those places. I have NEVER met a non-religious historian who disagrees with this. For example, the Hebrews did not flee Egypt under the pharaohs and Jesus was not crucified on a cross. Actually, the Romans didn't begin crucifying on Latin crosses until the 3rd century.

The Catholic religion is like a boy band created from scratch by music producers. After Constantine's death, what was supposed to be a tool of peace and freedom was taken over by the clergy and warped into a tool of oppression, power, and suffering.

So once the Templars understood the secret of the grail, they went to Rome to blackmail the Vatican*, demanding many benefits and powers in exchange for not divulging their secrets. The privileges included no longer being under the authority of any king, being allowed to create their own laws, to have their own army and conduct banking activities.

But maybe they didn't need to blackmail the pope. Maybe they convinced him to gradually return to true Fertile Christianity and stop the lie that had been going on for over 600 years. After all, popes are human beings too deep down. Perhaps this one was honest and truly Christian in his heart. I prefer to believe that the Templars convinced the pope to let them create an International of true fertile Christianity. It makes much more sense with what was to happen next. Either way, the pope agreed.

The Pope officialized the Knights Templar as an order of soldier monks in 1119. The Templars acquired huge donations when they returned to France, having earned an excellent reputation during the Crusades and due to protecting pilgrims.

As a result, they created the structure for a free, supportive and spiritually aware Europe and the foundations of the financial system still in place today. They were among the first to invent a kind of "traveler's check". Pilgrims would deposit their money in France, for instance, and could retrieve it upon arrival in Jerusalem in a "branch" in exchange for a voucher in their name. Their reputation was so strong that their clients began to exchange these "deposit vouchers" among themselves, which was much easier than traveling with gold or coins. This is one of the first examples of paper money. Soon they amassed a huge fortune, which allowed them to lend money against interest to princes and even kings and the pope. This significantly increased their power of influence.

They had over 9,000 commanderies in Europe, 3,000 in France alone. They excelled in many fields, especially in construction. At the gates of Paris, they had a 6-hectare estate (the Enclos du Temple) which had the highest building in the city, the Donjon. The temple was the center of the order which all the provinces under their sway depended on: Portugal, Castile and Leon, Aragon, Majorca, Germany, Italy, Puglia and Sicily, England and Ireland. They quickly became the masters of Europe!

Their philosophy and the extent of their power can be summed up in a message the English Templars sent to the King of England, Henry III: "You will be king as long as you are just". They were respected by the people, in particular because they treated workers with dignity and paid them better than average wages for the time. When you look at everything they did, you can see that they were heavily influenced by Fertile culture.

The Templars embarked on a quest to make the world
a more just and humane place by using finance to
gain power over the powerful.

Even though they respected their pact not to betray THE secret of the Vatican*, they delved discreetly into the secret of the Grail. They studied the apocryphal gospels (not recognized by the Vatican) and practiced initiation rituals from the Fertile Cultures of the sacred feminine. I will talk about this in detail in the chapter "The diversion of shamanism and the pharmaceutical inquisition's domination of nature." (Chapter 8-12*). In order to keep the essence of the Grail's secret alive, the Templars helped build churches and chapels dedicated to the sacred feminine in which they painted frescos with messages for future generations. They are still visible today, notably in the cathedral of Chartres, Notre Dame de Paris and in the chapel of Plaincourault. (illustrations in chapter 13*).

Their plan gradually became clearer and clearer: to create an international pagan/fertile structure based on knowledge, true justice, true equality and true brotherhood.

You need to understand that at that time most people lived in fertile/pagan religious cultures. As I explain in more detail in the chapter Chronicle of the Wars between patriarchal religions and pagan religions, official history lies to us when it says that barbarians repeatedly came to plunder Europe. Whether it was the Goths in the 4th century, or the Vikings from the 9th century onwards, it was in fact a reaction on the part of the “fertile/pagan international” and therefore of self-defense against the Roman invasion.

Actually, the Romans were the real barbarians, whereas the fertile so-called pagan cultures were far more civilized. The Romans, or puppets like Charlemagne, wanted to subjugate the pagan peoples, make them pay taxes and impose their deathly materialistic culture/religion on them, otherwise they would kill or enslave them!

Around the year 1300, the Templars had become far too rich and powerful in the eyes of King Philip the Fair. 50 years earlier, they had offended the Frankish king by refusing to take part in the crusade against the Albigensians/Cathars/good Christians. As was the case in many countries, they had become a state within the kingdom of France and had begun to overshadow the king. Furthermore, the kingdom's coffers were empty, and the king was up to his neck in debt. Ironically, he owed much of this money to the Templars and the Jews. With the Jews, he settled the matter by expelling them from France after having confiscated all their wealth in 1306. But that wasn't enough! He wanted “the Templars' treasure” and the financial system they had set up on an international scale, which proved something that was to influence all of humanity up to the present day:

Those who control finance and the creation of money
control countries.

Philip the Fair, King of the Franks, is a caricature of everything bad that humanity has done. Like most sadistic and unscrupulous monarchs, he was raised by the Dominicans. You will see that in history, the cruelest rulers were either raised by the Dominicans or the Jesuits. For instance, Hitler and French President Macron were raised by the Jesuits. King Philip was also a great fan of torture techniques. Indeed, the Dominicans were responsible for torturing during the Inquisition, and especially during the genocide of the Cathars/Good Christians fifty years earlier.

The Templars refused to allow King Philip the Fair to be part of their order. They performed ceremonies that were reserved for the highest ranks of the Templars, to which the

king did not have access. During these ceremonies, church doors remained closed, drawing many questions.

Finally, the king tried to place the Templars under his authority, but they refused.

This signed their death warrant. Without the consent of the pope, and in defiance of the laws and customs of the time, the king devised a radical plan to get rid of the Knights Templar once and for all. And to get his hands on all their wealth and networks.

The king of France sent top-secret letters all over France. They could only be opened on a certain day at a certain time. They were orders to imprison all Templars because they were supposedly heretics. One of the largest roundup in history was carried out simultaneously throughout the kingdom in a very efficient manner.

It was Friday, October 13, 1307. Some of them escaped and gave birth to the true story of the Templars' treasure, which is actually knowledge, of the culture of the sacred feminine. Certain sources claim that some of them created the Freemason fraternity in England. As for most of them, they were first tortured until they confessed to being heretics and then killed.

The king of France took over all the Templars' possessions and shared some of their banking activities with the Vatican*.

It is possible that during the interrogations of the Templars, the king learned the secret of the Grail. He had long been in conflict with the Vatican. So he didn't miss the opportunity to blackmail the pope, and he reversed the balance of power. From then on, it was the king who was the head of the church and not the other way around.

It is true that a few years earlier (1303), Pope Boniface VIII (clearly on the side of the Templars and original Christianity) tried to have Philip the Fair excommunicated, probably because he refused to deny "patriarchal" Christianity. As a result, the king accused the pope of heresy, and got the jump on him by sending his soldiers to the outskirts of Rome to kill him. Although the pope survived the attack, he died a month later, probably from his wounds. His condition did not allow him to carry out the excommunication.

Philip simply "stole" the line of popes and brought back Catholicism in its most perverted patriarchal version. Philip had a cardinal from Bordeaux elected: Pope Clement V (1305), who moved to Avignon (1309). This false pope, under orders from the cruel Philip, had all the Templars in Europe arrested.

The king of France thereby prevented the Catholic Church and the Western world from returning to the true Christian faith. The Templars' trials, which took place in France, almost invariably resulted in convictions. Stressing their partiality, the historian Jules Michelet wrote, in his masterpiece "La Sorcière": "Abroad, however, wherever French influence did not prevail, the investigations turned to the order's advantage." This point is very important because France has continued to play this role up to the present.

The Vatican* thus gave birth to patriarchal France (born of the rape of pagan Gaul) and France gave birth to the perverse Vatican of reverse Christianity.

That's why France is called "The First Daughter of the (Roman Catholic) Church".

Currently, in 2023, France remains the champion of European intolerance by calling anything that challenges the sado-masochistic patriarchy a cult. This includes the witch-hunt against alternative medicine or any therapy that questions synthetic medicine, which often just numbs the symptoms.

Reports written by those who tortured the Templars claim that some of them admitted having spit on the cross. This is possible, because if you really had faith and understood that Rome's version of Christianity taught the exact opposite of Mary and Jesus' message, it would require taking the step of denying your faith in the false Catholic god.

They would also have admitted to participating in "Hieros Gamos" ceremonies, in which sexuality was used to connect to the divine within us. According to the historian Jules Michelet, in these ceremonies, the altar was the women's sacred body, without which alchemy could not occur. This gave yet another reason to persecute women.

Regarding the hell that was to fall on women, Michelet wrote in La Sorcière:

"In the 14th century, they witnessed a horrible succession of torture – 300 to 400 years aglow from those burned at the stake. As early as 1300, their medicine was deemed evil, their remedies punished as poisons."

Rome would miss a unique opportunity to return to the right path, and the king of France went on to use the Templars' treasure and networks to found a world based on the exact opposite of the Knights Templars' dream.

So the triangle of religion, banking/finance and royalty still controls the world. Today royalty has little to say, although some of them, like the British, are still among the biggest fortunes on the planet. In contrast, the worlds of finance and religion have a kind of tacit agreement among them.

Through their influence, the bankers and financiers do whatever is necessary to keep the big lie of the 3 religions of the book out of the national education system and the mainstream media. This includes not allowing Fertile Cultures to take hold by treating them as dangerous sects. The goal is to forbid their lifestyles, and in particular their ways of raising children and of healing.

Because, while it may not seem evident at first, the way people are healed defines a culture and is therefore political. For the "Fertile people", healing and spirituality are one and the same thing. Physical illnesses are rooted in illnesses of the spirit. To shatter this core principle in Fertile culture of the sacred feminine, the "patriarchs" divided them into two parts: priests for taking care of the spirit and doctors for looking after the physical body.

This medieval way of looking at things is still prevalent today. They did this because, if we acknowledged that the causes of most illnesses are psychosomatic, we would have to question our way of life, our beliefs, our environment, our way of eating, in short, the whole "patriarchal" culture. Because that culture, which goes against the natural course of things, is what creates most avoidable illnesses and suffering.

All Fertile culture's ways of healing were banned, including all substances such as specific plants or mushrooms that were used for healing our awareness. This was the beginning of the pharmaceutical inquisition. The basic idea is that whatever comes from nature is more or less diabolical, with a few rare exceptions.

And it is this same indefensible logic that is still prevalent today, in the way we treat most diseases, including cancers* and our beloved COVID. So, yes, we are living the continuation of the quest for the Grail ... which has become "the war of the Grail".

The way we heal people and the definition of what we call a mentally healthy person define a culture, its politics and even its economy.

But let's get back to the pact between the financiers and patriarchal religions. In exchange for their silence and being recognized as the only official religion, the Vatican* gives them its support, notably by blessing emperors, kings, queens and even presidents and dictators, thereby implying that they are God's chosen ones.

But the most important thing was to preach acceptance of poverty and the justification of suffering so that people would allow themselves to be treated unfairly and to suffer. This could be summarized as "the more you suffer in this life, the greater chance you have of going to heaven later."

As W. Reich put it so well: *"Catholics transpose a life of peace in a celestial world, preach the acceptance of poverty in this world and systematically ruin man's ability to seize the goal of Freedom and to achieve it through an honorable struggle. (...) Catholicism produces the structural powerlessness of the human masses, who, in their misery, turn rather to God than to their own energies and their own sense of worth."* I would add that this is true for all so-called "patriarchal" religions and cultures.

To be able to live with this suffering, individuals manage by convincing themselves that they like it. You could say that it's a variation of Stockholm syndrome* that takes over. And the person who makes them suffer can even convince himself that he's doing God's work. This has created a sado-masochistic culture. Did you know that some Catholic religious orders such as OPUS DEI still propose self-flagellation to their members even today in 2023!!! And since the 1980s, it is OPUS DEI that has decided who would be pope.

You shouldn't believe for a minute that the Vatican is politically neutral. It has always preferred the most repressive and unjust rulers since people must suffer in order to go to heaven. The Vatican has always fought openly against the political parties on the left and especially against communism. It is partial to fascists because the Vatican endorses suffering and punishment. In 1948 the Pope declared that anyone who voted communist or helped the party in any way would be automatically excommunicated.

Furthermore, in 1789 Pope Pius VI was already talking about "the monstrous notion of human rights". In the appendix, under Vatican, I have provided acknowledged historical details which prove that the Catholic Church did a great deal to put Hitler, Mussolini and Franco in power and then to justify their cruelty and murdering. The same is true for the genocide in Rwanda and for South American dictators like Pinochet.

This pact between the Vatican and the financial world also stipulated that Vatican employees, such as priests, cardinals etc, would be above the laws of men all over the world. In fact, today in 2023, Vatican staff is still above the law. This is evident in the crimes related to pedophilia and sexual abuse of nuns. The ultra-rich enjoy the same advantages. We saw it in the Epstein case whose clients emerged unscathed!

And naturally the Vatican has remained silent about the main reason for poverty and suffering in the world, which is capitalism, the creation of money and the fraud and abuses this has enabled, such as the current false debt in certain countries.

In case you didn't know, nowadays private banks have robbed countries of their right to issue their own currencies, and this is what has created 90% of what is called The Debt. We'll talk about this later but be aware that there was a time when, if France needed money, it created it from nothing, just by making bills and coins. This enabled governments to use the new money to operate.

In 1972, a law was voted which forbade France from issuing its own money, forcing it to borrow from private banks with interest! 50 years later, this has created a debt of over 2,500 billion euros which is 90% illegitimate. This debt is used as a pretext to tax the poor and the middle classes more and more and to make governments save money. France was the last western government to have kept the right to mint its own money.

The issuing of money and religions are two sides of the same coin that seeks to keep people enslaved.

So there is a close link, almost a blood tie, between the worlds of finance and religion. Both could disappear if people knew their lies and illegitimacy. Both are intermediaries that are completely useless.

Our current world is therefore based on these 2 main lies: The world economy is a huge hold-up and the Catholic religion is simply the first official "fake news" of our era. That said, as we will see, this is also the case for all patriarchal religions.

If Friday the 13th has continued to have such a bad reputation, perhaps it is because on that day, the evolution towards a truly humane, just and free humanity was blocked

until now. Indeed, since then, any person or country that questions the powers of finance or the patriarchal culture is put out of commission in one way or another.

And the more the centuries pass, the more the issuing of money (and all the malpractices it enables, such as national debt) will become a way to replace the tithe that people had to pay just to have the right to live on land that depended on a lord. But perhaps the worst thing is that, since that time, they have taken women away from us, and with them, true medicine and sexuality that connect us to our higher, eternal selves.

As for the war on sects and other current examples of witch-hunting, it is simply the Catholics continuing their cultural genocide by eliminating anything that might remind people of fertile/pagan cultures, especially those of the Celts and Vikings.

Indeed, the story can be best understood through the war the patriarchs waged against fertile/pagans. At least until the year 1600, the vast majority of the population in Europe lived in fertile/pagan cultures. When the Romans invaded them, they didn't give in.

Those known as barbarians, such as the Goths and Vikings, were an alliance of liberators composed of several peoples, as was the case with the allies during the Normandy landings. Some of the Celts had fled persecution and returned on the Viking ships.

The fertile/pagan populations had friends and family in other northern regions such as England, present-day Germany, the Slavic countries and even the Scandinavian far north who came to the rescue. So it was not a matter of barbarian invasions, but of legitimate defense by a highly evolved culture devoted to individual freedom and to an Alliance with Nature, in the face of a materialistic culture of oppression and suffering that turned men into machines of destruction, even enslaving some of them. The local fertile/pagan populations such as the Celts fought alongside the so-called Goths or Viking and joined their armies.

Starting in the 8 C, the Celts and Vikings formed an alliance. They lived and fought so often together, especially in Normandy (which has kept their name, the land of the Northmen) that one could call it a Celto-Viking culture/religion. It has notably shaped the culture of the Anglo-Saxon peoples, but also of many other regions in France, Germany, Spain, Scandinavia, etc.

This should help you appreciate that the soul of
European countries, their deep nature, is “pagan/
fertile/Celtic/Viking/Goth” and absolutely not Vatican*
version Christian.

It has never chosen to embrace the false Christianity of the Vatican, but has been indoctrinated by force.

European culture still has many vestiges of its original culture. For instance, the rooster, symbol of France and Wallonia (Belgium), is a remnant of the Viking/Celtic culture. It is the rooster that awakens Odin, the Viking god! Its message is one of the foundations of fertile cultures because it is asking us, above all, to wake up... **Which implies that we are asleep!**

The Roman Curia spends a lot of energy remaking history by calling others barbarians and heretics, but in fact they are the barbarians and heretics! And if they need to lie, it is because they can only survive behind lies, like anything perverse.

The lies surrounding Joan of Arc are an excellent example of historical misrepresentation. After burning her, the Catholics made her an icon when she represented everything the Vatican hates: a free, strong, warlike, pagan/fertile woman. Of course she was pagan, since Catholics women at the time were not allowed to ride horses or wear armor.

Conversely, there were women warriors among the Vikings and Celts! In "Chronicle* of the war waged by patriarchal religions against fertile religions", I propose a different version of the mystery of Joan of Arc. The point of view about the story that we learn in school is that of the victors, i.e. the Vatican* and the powerful who have supported its ideology. So, in this chronicle, I'm offering the viewpoint of the defeated, who will eventually win the war, you can be sure of it!

I hope you will understand that even the first and second world wars have their source in this cruel conflict pitting "monotheistic patriarchal cultures/religions against polytheistic fertile cultures/religions". Even the catastrophic state of the world today is a consequence of this...

So if our goal is to heal the world and bring about a truly humane humanity, then as with any disease, we must know its history; how it began and why...

And even if you don't live in Europe, it was where the western soul* was born that is destroying the planet more and more every day. That soul has been raped and perverted by the patriarchal/monotheistic culture. But deep down, Western souls are pagan and most of their suffering comes from living in a culture that is "the opposite" of their natural aspirations.

For example, I have often wondered why the French were “so ill-tempered”. I think the answer is that they are a deeply fertile/pagan/Celtic/Viking people whose culture was really based on Liberty, Fraternity and Equality, but they are locked in an anti-natural Catholicism that forces them to live part of their lives in secret.

Official history, the media and politicians repeat over and over that Europe has been Christian for 2,000 years, but that's totally false! In fact, the Vatican-style Christianization of most of its population only dates from the 15th or 16th century, and even then, it was forced in most cases... And therefore not sincere!

Even today in 2023, most people on the planet, deep in their hearts and guts, still have deeply pagan/fertile aspirations despite the facade. For example, the vast majority of Christians spend far more time worshipping Mary than Jesus or God the Father. Most churches, basilicas and cathedrals are dedicated to Mary, and through her to the sacred feminine.

Deep in their hearts, they know that the sacred feminine is as powerful, if not more so than the masculine, and that's why they address most of their prayers to her. They call themselves Vatican Christians, but they only say it out of habit.

For instance, we are told that 48% of French people are Catholic. But the 2021 data from IFOP states that only 6.6% of French people say they are practicing Catholics, which is 8X less. In Actuality, they consider people to be Catholic if they are baptized, which is false! All the “Catholics” I've met in my life have told me: “I'm a Catholic, but not a practicing one”. The same goes for all the Jews I've met: They call themselves Jews, but they are not believers. If they are not believers, then they aren't Jews because the word Jew refers to a religion. If you are not a believer, and not practicing, then you're not Jewish! And if you're not religious and you still say you're Jewish, then you're mixing race and religion and agreeing with Hitler's logic.

The day we stop talking nonsense, we'll realize that there are not many real religious people on the planet. And it's the same with Muslims and all other patriarchal religions. Also, when I was little, all the confirmed “Catholic” kids told me they just did it for the presents. Same thing for the Jews and their bar mitzvahs. So, the corruption with money starts very early on.

But don't think that I'm against those who claim to be Catholic, Muslim, Jewish or even Buddhist. On the contrary, this message is designed to encourage their true faith, which lies deep inside. And that deep faith is directed toward a version of the divine which is not cruel, damaging, punitive, which does not defend the powerful and does not justify their injustices. Because you can't talk about love without justice!

As for the Catholic, Muslim, Jewish, Hindu and Buddhist authorities, I cherish the hope of them recognizing that they have indeed driven humanity down the opposite path from the original religion, so that humans could experience an upside-down world.

I want to believe that there are priests, rabbis, imams and lamas who disagree with their religious hierarchies and who feel closer to the mindset of the original religion of Fertility.

I am 100% convinced that the vast majority of religious people and atheists are fertile deep down in their hearts. Without being able to put words to it, they sense that we live in a culture and in a world that is the opposite of the true nature of things. As for those in religious orders, they pray to deities which they imagine practice love and respect toward all forms of life.

And the revelation – called "the apocalypse" in Greek – is that the very identity of your soul* is fertile. Everything in you that is in harmony with the patriarchy is simply not you. It is a force that has possessed you and made you believe that it's you.

The original (distinctive) Religion was one of fertility
that recognized the sacred feminine.

Patriarchy is just the fertility culture in reverse. Everything has been systematically reversed. Historically, this can be explained by the fact that those who created patriarchal culture did so by doing the opposite of whatever fertile cultures did. Patriarchal culture grew out of opposition to fertile culture. It is therefore its shadow in a way.

In the next chapter, we will see the major theoretical differences between these two cultures. But only in chapter 8 (The Core Principles.) will I explain this in detail, reviewing most of the injunctions in Judeo-Christian-Muslim culture. You have to get used to the fact that every time the patriarchy demands something, it is designed to make individuals weak, malleable, and zombie-like. I have never found any exceptions!





CHAPTER 2

**THEORETICAL COMPARISON
FERTILE & PATRIARCHAL CULTURES****THEORETICAL COMPARISON OF FERTILE CULTURES****WHO AWAKEN AND ENRICH****VS PATRIARCHAL CULTURES****WHO ANAESTHETIZE AND DESTROY.**

The culture of fertility is the culture of evolution which connects us to a current that is moving toward more Light, and therefore more consciousness. The more we are conscious, the more we are autonomous and in solidarity with the state of the world.

“Patriarchal” culture promotes stagnation and anaesthetizes people, which connects us to a current that is moving toward less Light, and therefore less consciousness. The less conscious we are, the more dependent and indifferent we are to the world around us.

Man is not destructive and selfish,
it is the “patriarchal” culture that corrupts him!

I don't like the word matriarchy because it implies that women have the power. We're talking about a culture where women and men have truly equal rights. So, I think it's better to use the word "fertile or fertility", otherwise people think we're referring to a culture where women are the leaders, i.e., a female version of patriarchy. NOT. The very idea of a gender-based hierarchy is a typically patriarchal idea. Actually, one could say that a more accurate name for patriarchal cultures would be "dominant-submissive" cultures. Although it is true that fertile religions consider the "feminine" to be more powerful than the masculine in the invisible worlds.

The different fertile/pagan cultures understand that individuals are our most important resource. Each individual has unique perspectives and skills to develop. For this, everything must be done so that people grow up in an environment that allows them to develop their self-confidence. In order to have such confidence, children must be given our attention

24/7, until they become independent. Once they are “adults”, it is essential that individuals feel comforted and secure about their basic needs: have quality food and a pleasant place to live and be treated with dignity. Because only when these basic needs are met will they finally be able to explore their personal evolution, develop their artistic and other talents, thereby enriching Humanity.

Fertile/pagan religions are polytheistic, i.e. they believe in a multitude of deities. This creates cultures that are more tolerant, in which hierarchies are less important and individuals feel more responsible, in that: “If you witness an injustice and don't do your best to prevent it from happening again, then you will be partly responsible for the next injustice committed by the same person(s)”.

Conversely, patriarchal/monotheistic cultures produce individuals who are more likely to accept injustice and tend not to question established hierarchies. This is logical since they believe that one God decides everything. So why try to change the world, you just have to trust in God.

The current passivity is due in large part to our cultures stemming from monotheistic religions which consider that one all-powerful being decides everything. Atheists coming from such cultures just transpose this blind faith on the state, medicine, the media, etc.

Another perversity in patriarchal cultures/religions is in affirming that happiness is for later, in the afterlife! Consequently, many people have gotten into the habit of constantly postponing what they think is good for them until “later”. The system also tells you that you can do what you want later, when you're retired. It's the carrot that we sometimes put in front of our own nose, so that we can continue to put up with a life we don't like.

On the contrary, one of Fertile Culture's objectives is to have one foot in the visible worlds and one in the invisible worlds in this life. That way, when you leave your physical body, you're already so connected to the other side of the mirror, that what we call death occurs without drama or any break in consciousness.

But, The biggest difference is that fertile pagans include the feminine in the “Divine” trinity in one way or another, as opposed to Christian religions which have a trinity

without the feminine (Father, Son, Holy Spirit). As a result, in fertile cultures, not only do women and men have 100% equal rights, but women also play a central role in politics, healing and the arts of war. The sacred feminine is considered more powerful than the male deities. For instance, the Viking god Odon is surrounded by 3 weaver virgins who are there to protect him, which implies that the feminine is stronger than the masculine.

Without the fertile base of creation, it is only logical
that 100% male trinity cultures turn into self-
destruction programs.

An important difference is that Fertile people consider Nature to be an emanation of the Divine while patriarchal religions/cultures consider Nature as dangerous and to be tamed. I am referring to the nature of birds and trees, but also to human nature. As a result, Fertile people advocate natural methods of healing (plants, mushrooms, breathing, introspection.) whereas for patriarchal people, illness is due to evil microbes that come from Nature so we need medicine and treatments invented by men. In other words, as man is made in the image of God, what comes from the hand of man is better than what comes from Nature.

In total contrast to this, an important shared element among pagan cultures/religions is the cauldron containing a magical drink prepared by druids/shamans that expands consciousness, awakens psychic powers and allows one to see beyond the filter of death. It is the magic potion of Asterix and Obelix! We will talk about it in detail in the core chapter on "The Diversion of Shamanism" (Chapter 8-12*).

The Vatican replaced it with the "Grail" filled with wine, which numbs our consciousness and psychic powers. This has created a civilization of alcoholics! Just one glass of wine a day is enough to keep you from waking up! If it's only occasional, then there's no problem!

I also like to call the "patriarchal" network one of Expedience. In order to remain in the Fertile current, it often requires an effort to pursue one's transformation. On the other hand, in our "patriarchal" culture, you can just to let yourself go and be swept up by the sleep-inducing/destructive current.

Because it is easier to lie than to tell the truth.

Because it is easier to do as everyone else does, i.e. pretend to love children and nature and bury one's head in the sand in the face of this increasingly destructive world.

Because it is easier to say that we are a small grain of sand that doesn't matter than to convince ourselves that one person can change the course of a "civilization's" history.

Because it is easier to let yourself be dominated than to fight for your freedom.

Because it is easier not to ask questions.

Because it is easier to take chemical drugs like amphetamines/antidepressants and to drink alcohol than to engage in deep psychological work.

Some people claim that “shatan” in Hebrew and Arabic also means “the easy way”. If this were true, it would mean that “Satanism” is to follow the “easy way”. And that our culture would therefore be a “satanic” culture... in which we want everything, immediately.

But don't believe for a moment that I'm implying that this “patriarchal” culture and this sleep-inducing current have no proper role to play or that they are evil incarnate. The currents of fertile energies and those of sleep-inducing stagnation create the cycle of life. One mustn't believe that the sleep-inducing forces are devoid of love. It is just another way of loving. And it seems clear to me that souls* learn a lot from living in this “upside down” culture ... as long as they get out of it.

However, if we were to use religious vocabulary, patriarchal religions pray to and feed what they themselves call “the devil”, the forces of death, darkness, oppression and oblivion.

It is important to explain how wrong it is to believe that religions were necessary to deliver us from barbarism. On the contrary, religions were necessary to drive us into barbarism... That way, we can experience the hell a civilization plunges into when it strays from the laws of Fertile Love.

“Patriarchal” cultures were known as shadow cultures by Fertile societies because they are so contrary to human nature that they compel us to live in the shadow of lies and denial. Most of us cut ourselves off from reality by focusing on a completely false image of ourselves and the world, which doesn't call us into question too much. The goal, often unconscious, is to convince ourselves that, faced with this increasingly unjust and destructive system, “we haven't no choice to do otherwise”.

To do so, we create a real “split” in our identity. But the split involves enormous violence, which we impose on what we really are, on our soul* and on our conscience which is, in a way, obliged to amputate a part of itself. It is like dying a little already.

This splitting up into multiple sub-personalities was captured in a striking way in Shyamalan's trilogy of films SPLIT, GLASS and UNBREAKABLE. It allows highly destructive parts of ourselves to run rampant without the other sub-personalities really being aware of it. But it is also through exploring our sub-personalities that we may discover undreamed of talents and strengths. Our fertile inner self, our inner superhero, is also buried under all these sub-personalities.

They are also called shadow cultures because they connect us to an energetic current that diminishes in intensity, that is moving toward the shadows, that puts us to sleep. If we are too attached to it, it ends up transforming us into beings who are only defined by their shape, their appearance, their shadow, and their internet profile. The result is that most people don't even know who they are!

This is aggravated by the fact that we change our “mask” according to the people we meet in order to be “accepted”, to get attention, to get what we want or even to avoid confrontation. As a result, the individual's true nature tends to get lost, to be forgotten because it is no longer fostered. Most people are only connected to themselves at rare moments during the day when they suddenly become aware of this inner emptiness and the senselessness of their lives. For many people, this happens just before they go to sleep, or in public transport. To try to fill this emptiness, many are driven to consume and possess more and more things and relationships that they often don't need. This leads to the depletion of natural resources, to the plundering of poor countries, to shamefully low wages, to injustices and ... to wars.

In the same vein, barter or local currencies are emphasized by Fertile/Pagan societies, while the patriarchal/monotheistic ones want national or even transnational currencies, as this gives those who issue the currency considerable power.

But worst of all, patriarchal/sleep-inducing religions and their cult of crushing personalities, guilt and punishment, have created a kind of invisible monster in the subtle worlds that is frequently called the astral*. In other words, they have corrupted the collective unconscious which we are all connected to. Consequently, those who do not have strong

enough energy hygiene* and who don't think enough are trained against their will to behave like cancer cells on the world.

In “patriarchal” culture, most people want someone to love in order to fill their inner emptiness and their fear of being alone with themselves. If this is the case, it is fear that's motivating them and not love. Or to be more precise, you could say that it's another definition of Love.

As we will see, rediscovering the Greeks' secret regarding love is one of the keys to liberation (chapter 8-3*). The Vatican considered these teachings heretical and burned at the stake anyone who taught this “secret” because it jeopardized the pillars of their “upside down culture”.

The Greeks discovered that there are at least 8 different types of love and that any person seeking a relationship that would fulfill all these forms of love was doomed to unnecessary suffering and perversion. At the two ends of the scale of different types of love are “security love” and “evolutionary/fertile love”.

Apart from special periods like childhood or “the end of life”, security love is like a little death because one stops evolving. Those who have not been weaned off “security love” as children often spend most of their life filling this “bottomless pit”. Unless they find their inner connection with their true eternal nature which is in harmony with Fertile culture.

Nowadays appearances have changed, but the power of religious injunctions is still very present.

Most atheists* claim to be “free from the grip of religion”, but they are mistaken. Religious lifestyles are so deeply embedded in our daily lives that most believe it is the natural order of things. I would even go so far as to say that most people who call themselves “atheists” are often far more attached to religious injunctions than religious people themselves. I'm not talking about beliefs, but about a way of functioning in everyday life. I'm referring to how we raise our children, how we deal with our relationships, how we experience our sexuality, feed and heal ourselves, etc.

Many will say that they are free from religion because they don't go to mass, the mosque or synagogue. But the fact of continuing to follow the ways of life imposed by religions continues to feed the world's unconsciousness and distorts our evolution, turning us into machines of destruction. It is through our way of life that religions draw us into their deathly culture.

Moreover, a priest / imam / rabbi will prefer a congregation that lives according to religious injunctions and doesn't attend places of worship, rather than the contrary.

And yet, people in what I call New Age* 1.0 are not religion-free either. Although there has been progress in many areas, they still largely promote and follow lifestyles derived from those religions. There is an urgent need to move on to New Age* 2.0, which acknowledges that we must distance ourselves from all the religious injunctions connected to our daily lives and ways of thinking.

So far, I have found very few exceptions to the following law: "if the cultures derived from patriarchal religions tell you to go right, you're better off going left".

Even modern medicine is partly distorted by religions and their dualistic (good/evil) vision of the world. Indeed, chemical medicine wants to kill germs rather than learning to live with them, in the same way that patriarchal religions have murdered hundreds of millions of people instead of learning to live with them.

If your goal is to awaken your soul and "save humanity", it is crucial for you to understand the mechanisms by which cultures arising out of patriarchal monotheistic religions pervert people's souls and have brought our "civilization" to the edge of the abyss.

Many people will be upset that I've written this, but basically, the 3 religions are one and the same, in the sense that their "commandments/injunctions" are more or less the same. Ultimately, what we criticize Muslims for is being more trenchant in following the injunctions to the letter and being less tolerant toward those who transgress them. But Catholics were just as "trenchant" 700 years ago, especially during the Inquisition. Islam is 633 years younger than Christianity and is committing the same youthful sins as Catholics, and at the same age.

In order to create a truly humane society on Earth, we must change the way we make love, give birth, feed ourselves, raise children, have male-female relationships, deal with disease, manage the economy, etc.

But we have to start by changing how we define “a healthy person”. Nowadays, in the eyes of this “one-dimensional Western thinking”, a healthy person who acts “like an adult” is one who agrees to continue to take part in the destruction of our children’s world, but who also claims to love those children more than anything. That interpretation of normality is actually a definition of psychosis and denial.

We live in a culture that legitimizes the destruction of our children’s future and consider anyone who challenges that folly to be crazy. It’s a topsy-turvy world. Having said that, I can understand that most people need to live in denial in order to find some kind of balance, especially if they don’t have access to the right information, which could make sense of everything that’s occurring.

Denial is a rejection of a reality that is too traumatic for us. It’s true that it can be traumatic to realize that we’re behaving like cancer cells which have already destroyed a large proportion of the beings on this planet. And yet, that realization is essential for healing. But most healing techniques avoid this step, because people just want to stop feeling their soul* crying out, to stop questioning their lives too much and to feel good, even if it means feeding the system they hate deep down.

That “denial” enables us to remain full of pride by believing that we are human beings. Denial allows us to stop feeling our suffering because it blocks the connections with certain parts of ourselves and gradually cuts us off from contact with the Whole and with the stream of fertile Life. Furthermore, one of its many consequences is to cut ourselves off from contact with the Whole and with the stream of fertile Life. Losing that connection is the worst thing of all because it forces us to seek energy elsewhere. The disease of denial is not only a psychological disease but also one of consciousness.

Our civilization must focus 100% on people’s evolution so that each of us can contribute his or her genius to humanity. You will see that in Fertile culture everything is thought out for that purpose...





CHAPTER 3

**THIS KEY IS UNDERSTANDABLE****BY BOTH ATHEISTS AND BELIEVERS.**

Our beliefs are one thing, but what matters is how we are going to reshape the world from the present one to a truly Humane humanity. What might the steps be in that reorganization? Even if I sometimes talk about my "beliefs" in "invisible dimensions", I hope that those who do not believe in them won't stop reading this book.

Especially since being an atheist implies "believing in science", whereas today there are several sciences: one that serves the interests of industry and finance and the one that is free of conflicts of interest. In general, their rhetoric is the exact opposite of each other. So there are several "sciences" today, which gives atheism shifting bases that we must call "beliefs" because as "non-scientists" we cannot prove them.

For most people, the question boils down to "believing in God or not" or "being religious or not". I find that very limiting. I absolutely do not believe in the concept of "one god" and I strongly disagree with almost all the teachings of the official religions. However, I have enormous faith and the invisible worlds are as important in my everyday life as the visible ones. For me, what matters is: do you believe in the existence of other invisible dimensions and in life before and after life. Words like that take you straight from the superficial to the specific. With words like these, we stop being superficial and start being precise. One can be an atheist and still accept that most of what we call reality is energetic, and therefore inaudible and invisible to our senses.

Consequently, to those who do not believe in life before and after death, I would say they need to understand that it is absolutely necessary to instill a common FERTILE dream in the collective unconscious. One may be an atheist and understand that ideas are made of "electromagnetic" impulses and that those impulses feed the collective unconscious, which in turn influences all of us. Humanity's great evolutions have always begun with a dream, a vision, an impulse that plants itself like a seed in the collective unconscious... That dream needs to be planted in a fertile culture in order to take root and be nurtured by the fertilizing energies of Life.

For those who believe there are “invisible” forces that could help us, this book explains that if we want their help, we will have to commit ourselves to “being the standard-bearers of Fertility” and lead the planet toward that culture... I am convinced that Humanity will be born and that the Earth will be saved. But it will be saved from our clutches, from “us” future humans that is... So the issue at hand is playing out on the individual level, and things are in the process of being determined by themselves to the extent that each of us takes a position. If you want to connect directly to that network and see for yourself, I explain how to do it in this book. (The Diversion of Shamanism chapter 8-12)

For those who believe in life after death, or in concepts like the ascension/awakening of humanity (which I prefer to call reconnection), Yes, I truly believe that the COVID crisis/opportunity was the first phase.

This period is necessary for as many people as possible to make 5 observations that will serve as “ingredients” to give birth to a truly Humane Humanity, on Earth and in each of us. Because we are not yet truly human, as I hope you’ve noticed... I like to believe that we are the future Humans!

What we are experiencing is a kind of school that teaches by counterexample. The “topsy-turvy” world enables us to experience the useless suffering caused by lifestyles and mindsets that do not respect the laws of Fertile Love. The goal is to make us understand that real Freedom is not possible unless we respect the Laws of Fertile Love.



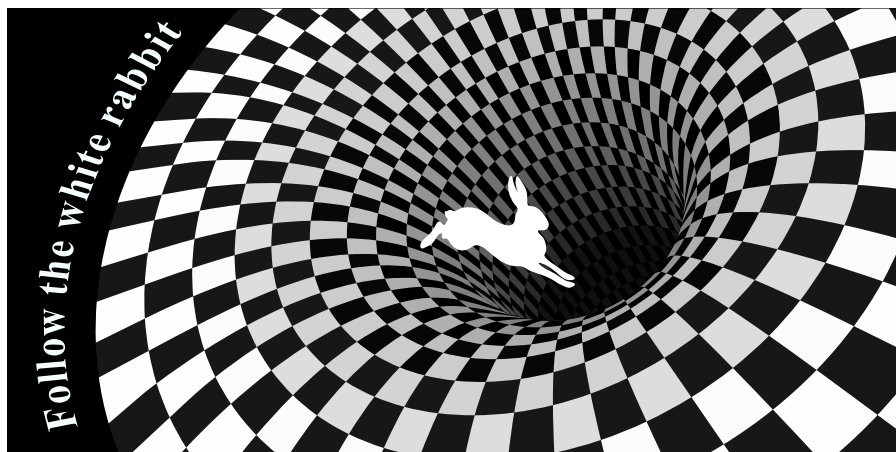


CHAPTER 4

**THE SIMULATION HYPOTHESIS**

We mustn't forget those who believe in the simulation hypothesis. More and more people have found an element of reconciliation in this viewpoint between “scientistic atheism” (those who believe in the official sciences) and various “spiritual” beliefs. I like this theory a lot because it lends meaning to the Australian aborigines’ belief that we live in “dreamtime”.

For those who are unaware of this concept, the basic idea comes from the fact that NASA and other “scientific” sources have claimed for decades that the characteristics of our “reality” are very similar to those of a hologram.



(Credit ZUBERKA - istock)

Some have deduced that our consciousness is somehow projected into this “reality”, which is a kind of ultra-sophisticated video game, perhaps a mixture of organic life and electronics, a bit like in the movies “Avatar” or “The Matrix”.

And perhaps before, we would take a pill to forget that we're in a simulation game. It's true that if you think about the realism that VDO games will have in 20 or 30 years, you can

easily imagine that one day we will be able to create simulation games as real as reality. So, maybe we are in the future experimenting with this simulation.

The 2 big questions would then be: “Are we in this program of our own free will?” and “If it is a learning program, what are we meant to learn?” If this is a learning program, I presume that we’re here to experience the unnecessary suffering and destruction that occur when we stray too far from the Laws of Fertile Love... With the goal that we have enough of suffering and reconnect with our eternal family.

HOWEVER, THERE ARE MANY POSSIBLE REALITIES
BEHIND THIS “SIMULATION” HYPOTHESIS.

Maybe after death we will realize that we were in that video game/simulation, that we’re 15 years old and can now start our life enhanced by all the experiences that we’ve had. We’ll wake up in a classroom full of “dream boxes” and the teacher will ask us to write an essay for Monday on the theme: “Have I really done everything possible to be a guardian of life?” I must admit this is my preferred theory, a bit like if we had been given a syllabus in school to prepare us for life.

Maybe we will wake up in prison and our only chance of escaping from our cell will be to envision ourselves in humanity’s simulation program and prove that we are incorruptible champions of life. “Were you one of those who drove humanity to destruction or one of those who risked their own comfort and safety trying to make the world a more just and less destructive place?”

Maybe they put all the disruptive revolutionaries in jail, and we're dreaming. We are in fact in the future, and thanks to the data they have collected on us, they are making us relive the same scenario, the same dream, which tells us how this dictatorship came about.

Maybe we are prisoners for unjust reasons and the way to break free is to cut our link with the dreaming part of us and fully embody this “program” in order to make it “real”, much like in the film AVATAR.

I also really like the idea that we are all immortal with superpowers, but since we can’t be killed, the only way our enemies can incapacitate us is by trapping our souls and distracting them in a simulation program so realistic that we think it’s real. This program convinces us that we are insignificant and that we have no power to “save the world.” Perhaps we are living in a loop of humanity’s past that has led us into this dictatorship of ignorance and injustice.

Maybe there was a bug and billions of souls got stuck in the simulation program and we're here to gradually show them the way out.

Perhaps it is a program that can be personalized, meaning that it would allow each one to live in a world that changes according to his own choice. Each of us would be the center of our own world and would create our own reality.

Maybe on the contrary there are several hundred million people in the game, but most are just programs. That's why they can't get beyond the same track and conditioning, and it suits them quite well.

But perhaps our simulations are also watched live by millions of viewers, like in The Hunger Games.

Or maybe it's a kind of test/election to see who should be given leadership positions.

So in the end, what some people call God or Goddess is perhaps a person creating programs on a computer!

But just because it's a dream, it doesn't mean that "life" doesn't matter. On the contrary, we must fight for our dream, because for now that's where our consciousness lives. Knowing that it's a kind of dream gives me the courage to embody my role as a resistance fighter and the certainty that everything is possible, including changing the physical laws of that "reality". This will probably be necessary in order for us to take power, since they have nuclear weapons and won't hesitate to use them.

I am truly convinced of the immortality of our consciousness. However, I don't understand why the idea of that "immortality" is the only thing that reassures people.

Let's imagine for instance that most people indeed wake up in a small prison cell, alone... With the belief that they are there for eternity and that this simulation game is the only possible "entertainment". Wouldn't that be a good definition of hell?

Many spiritual cultures tell us that life after death is great. But if that's the case, why is it that almost no living being wants to die? Why do nearly all of us have this instinctive reaction of wanting to postpone death if it's really a "liberation" into a "better" world?

For a long time, I've banked on the belief that, in one way or another, what we do in this life will influence the level of freedom we have afterwards. It's all relative, but maybe this is where heaven is. And it may have been invaded by "demonic" forces that manipulate future humans into acting against their own interests by totally disconnecting them from themselves.

In any case, I always hope for the best and prepare
for the worst.

Saying that future humans are disconnected is not just a metaphor. It's about an energy link that we must get back. What counts is our connection to the different dimensions in us, to the present moment (the world around us) and to the invisible worlds. We should all be obsessed with sustaining and improving that connection. It's the connection that counts. Everyone ought to be totally focused on that. This is a real link that will be measurable one day.

If we are unhappy and/or not healthy, it is because we are not focused enough on our inner connection.

When our connection is strong, we can weather any storm and maintain a certain inner stability/contentedness and be in good physical health.

This could be a good slogan for the world to come:
There is no freedom outside the laws of Fertile Love,
because as soon as we stray from them... we lose our
inner connection and part of us gets attached to what
then turns into our chains.

In "patriarchal" cultures, Laws are there to restrict Freedom.

In Fertile cultures, laws are there to make us as free as possible.

PS 1 : I would highlight the fact that I believe in the hypothesis of simulation as a metaphor. Since we don't have the words or concepts to understand what it's really all about, we use metaphors or parables to get closer to it.

PS 2 : But the simulation theory also talks about the fact that most people simulate, in the sense that they take on a role like an actor. For instance, we simulate the fact of being in love by entering into a pre-established program that depends on our culture. We play the "being in love" program, but it's only a simulation. And then, when our desire wanes, the reasons for simulating disappear, the masks come off and we realize that we're with a person we don't like.

In any case, there is a "rule of the game" in this reality that escapes many people: the most important thing is to accumulate vital energy.

The "reality" we live in is essentially invisible and inaudible to our senses. We only perceive a tiny part of reality. In order to make leaps and bounds in your evolution, you must broaden your range of perceptions by increasing the amount of fertile energy in your bodies! To do this, you have to "pull in" vital energy wherever possible. For humanity to be born, it must make that a priority.

"Energy is the very essence of our world. Everything is energy. Our world is made up of layers, like the layers of an onion. We are socially conditioned from childhood to only see one of the layers. The scope of our field of perception depends on the quantity of vital energy circulating through our bodies. We must "pick up" energy wherever possible. 'Seeing', according to Don Juan's definition, means seeing the energy side of things without the social side."

Carlos Castaneda.

"Connecting with energy is something that everyone must do and hope for, if we want to avoid falling back on that old idea that humanity is nothing more than a battlefield between people and exploitation of the planet. If we fall into that mistake, we won't survive. Each one of us must carry this message."

*"La Prophétie des Andes (The Celestine Prophecy)", **James Redfield.***





CHAPTER 5

**STATE OF PLAY**

NECESSARY IN ORDER TO DEFINE
WHAT NEEDS TO CHANGE AND WHAT TO REPLACE IT WITH
WHAT CHALLENGES LIE AHEAD?



If we open our eyes (or rather our consciousness) and take stock of the situation, we can see that there are 5 basic ingredients/constituents with which we can/must create our Humanity:

5-1/ A large segment of the population is totally hypnotized, asleep, possessed and is in real need of healing. Naturally, we all need healing, but there are some who don't even realize it, and this often means they are even more sick/asleep than others. There are many stages of awakening and falling asleep, contrary to what most people believe. Moreover, those who consider themselves awakened are usually very much asleep. It's always possible to go higher in consciousness or to fall lower.

One feature of those who are very asleep is that instead of thinking, they only react emotionally to symbols. Because they are not connected to their inner selves, they need to follow a set of instructions and beliefs that they can memorize and/or become attached to a group. And as Proust so aptly said, "*The facts of life do not penetrate to the sphere in which our beliefs are cherished*". They need routine and avoid novelty. As a result, they are easily manipulated. If you study what they say, it is mostly "small talk".

They love to repeat what they've learned by heart and in particular what they've heard on the latest mainstream news: "It's going to be fine weather ... this war is awful... Did you see the new baby panda that steals ice cream...?" Totally disconnected from themselves, human beings feel like they exist through this kind of ordinary news... They don't speak to exchange information or points of view. They speak to capture the attention/energy of others and to feel that they exist as a member of a community that has the same frame of reference.

Since they have no connection with themselves or with the whole, it creates a lot of fear and insecurity in them. They live in their heads, away from the present moment and what is happening around them. And insecurity breeds fear, which breeds violence. As a result,

the main feature of most highly anesthetized people is that they have huge feelings of hatred toward those who think and/or question them. So they develop Stockholm syndrome* and end up defending their jailers even if the latter mistreat them, as is the case with politicians.

The other problem with the non-awakened is that since they are incapable of looking after themselves, they have to be taken care of by others. The brilliant Wilhelm Reich speaks of being "unfit for freedom". It's harsh, but true.

Their thoughts no longer come from their own reflections but from the collective unconscious which they are all connected to, as if they were all listening to the same radio station. And you will see that this is more or less the case; the collective unconscious partly thinks and speaks for them.

Because, frankly, it only takes 2 functioning neurons to understand that the way the COVID crisis was managed makes no sense. Regarding the concept of the money creation hold-up, I can understand that it would require a bit of thinking about an area that seems far from our everyday concerns. But with the corona virus, people have been affected in their daily lives; it took away part of their lives, and they continue to do nothing. It's really mind-boggling!

Yet, even putting aside the debate on vaccines, it is so obvious that COVID measures have created much more suffering and death than the virus itself. Not to mention the damage due to "forgotten" ecological, social and economic challenges! To deny this indisputable fact puts the very existence of all life on Earth at risk. How did it come to this?

"This is perhaps the essential lesson of our study. Ordinary people, simply doing their jobs, and without any particular hostility on their part, can become agents in a terrible destructive process. Moreover, even when the destructive effects of their work become patently clear, and they are asked to carry out actions incompatible with fundamental standards of morality, relatively few people have the resources needed to resist authority. (...) Tyrannies are perpetrated by timid men who lack the courage to live up to their ideals."

Stanley Milgram*

Obedience to Authority. Éditions Calmann-Lévy.

So in order to create a truly humane Humanity, we have to accept something very hard: most individuals are what H.V. Dicks called "Authority-seekers", i.e. "individuals who need a superior authority to achieve a certain balance".

I was so disgusted when I had to face this fact that I gave up for years. I was so convinced that everyone was like me, hungry for freedom and knowledge. I thought, what's the point of fighting for a free world if most people don't want it!

And at the same time, whenever I see children playing, I say to myself: "This can't be. We can't do this to them!" Some people claim that there are "Satanist" cults sacrificing children, but isn't that what we're already doing on a large scale? Is there any other species that sacrifices its own children? Doesn't that put the human species much lower on the evolutionary scale than animals?

It's high time we proved to children and to the planet that we really love them. It's easy to say i love you. What counts is proof of our love! And to prove that love, we must swallow our pride and accept that we are "driven" by a force that is manipulating us to act against our own will and to destroy the present and future of all life on Earth.

We need to become aware of that alienation in order to free ourselves from it. It enables us to pinpoint the cause of the alienation and find the key to our Freedom. The key lies in learning that the alienation comes mainly from the fact that we're disconnected from our inner self.

Healing is about developing the connection we naturally have with all things through our inner self. That also includes the importance of reconnecting with the energetic/invisible worlds, the source of all life (and ideas) in our reality.

Naturally, the fact that most people are under the influence of chemicals plays a big role, but there are other factors that keep them from protecting our children's future!

The painful conclusion that must be drawn is that no better world will be possible as long as these "anesthetized" people have leadership positions. The reason why the world is on the brink of collapse is that they vote and make choices without having any real knowledge. And I'm not talking about knowledge that you learn at school or university, but basic knowledge that almost nobody has anymore. For instance, who issues/prints money? Why is it essential to ejaculate as little as possible? Why are added sugars poisonous for the soul of children and adults? Why might a little fever be good for your health? How to plant a tree and grow a vegetable garden?

Those who never ask themselves questions rarely understand something quite obvious: they need to be taken care of by others. That passive attitude is asking for care, and the blind faith in institutions generates a kind of pull, or rather a temptation, for those who want to take advantage of them. In other words, this passivity "tempts fate". And lastly, it creates dictators, both male and female!

So, since managing a dictatorship is neither interesting nor pleasant, even if it's a dictatorship of love, equality and knowledge, there's only one way available to us: to transform the planet into a gigantic school like Hogwarts!

5-2/ It is urgent not only to reduce all kinds of pollution but also to start cleaning the planet and the bodies of humans infected by petrochemicals. If we don't stop polluting the planet, the Earth will eventually expel us. This action must be carried out in a synchronized manner at a global level.

The policy of taking small steps is finished. We must ban plastics and chemicals wherever possible, starting with medicine and agriculture. The problem is that lobbies for industry are now as one with governments and various agencies that are meant to monitor what is good for our health and what is not.

Moreover, what very few people know is that chemicals and junk food make you stupid, numb your consciousness AND weaken your will and immune system. This has made us the only living species that asks its children to sacrifice themselves so that we, the "adults", can have a bit more creature comforts.

After just three days of eating junk food, your neurons will start being destroyed! While fast food and soft drinks are the worst, there are so many dangerous chemicals on the market that almost anything not really organic should be considered junk food. So most Westerners eat junk food almost every day.

"When you ask most people if what they eat has an impact on their health, they agree. But when asked if food can also influence their thoughts and decisions, very few people are willing to believe that it does. (...) Yet food has the power to change and shape people."

Professor So Yung Park. University of Lubeck. -ARTE Documentary
"Comment notre Alimentation influence notre santé mentale"
(How the food we eat affects our mental health).

According to Professor Margaret Morris (University of New South Wales, Sydney), a diet too rich in sugars and fats confuses our immune system. It gets out of control and the immune cells in the brain start to devour neurons. Normally, these immune cells only consume dead neurons. But because of junk food they start to eat live neurons, which lowers our intellectual capacities as a whole.

The result of a century of chemicals and electromagnetic pollution is that people on this planet are in very poor physical and mental health. Incidentally, chemicals wear out the immune system for a very simple reason; the body doesn't have the chemical formulas to metabolize them. Most of these products accumulate in the body, form chemical cocktails with each other and eventually cause serious illnesses. But the good news is that you will learn in this book about natural substances that can transform, and then metabolize them.

Chemicals are fascism embodied in Nature and in our bodies. Because, if you think about it, fascism is forcing others to do something, otherwise you'll kill or mistreat them. Chemicals, too, force the physical body and Nature to do things they don't want to do. They force the body not to take care of itself, just as fascism orders individuals not to be attentive to themselves and to follow the crowd. You could say it's an extension of that, a way for the fascist mindset to get its claws into our bodies and heads.

Once the chemicals are in your body, they do their job like a "Trojan Horse", and simply make you forget who you are. By the way, did you know that methamphetamines were invented by the Germans at the beginning of World War II, so that soldiers would be insensitive, ruthless, and need less sleep and food. And yet, nowadays millions of people take them daily, especially among decision makers. As a result, they have almost no empathy, no mercy, even when it comes to the world their children are living in. Do you see the connection between the two examples?

You no longer need to put a gun to someone's head
to make them do something, you just have to make
sure they take their pill.

Maybe the extermination camps would never have existed without methamphetamines! Maybe we'd be living in a just and humane world in harmony with nature without all these chemical drugs and junk food that take away people's sensitivity, their genius and question things.

5-3/ We live in a world based on lies in almost every area.

Lies that are based on false scientific, economic and even historical studies/reports. The mainstream media and university professors give voice almost exclusively to these different kinds of false studies. You could say, then, that science and knowledge have been co-opted to serve the law of profit. As a result, industrialists continue to pollute the planet, including human bodies, with chemical crap that ought to be banned.

And you don't have to look far from everyday life for examples. Just take breakfast for instance. It starts with milk, which is supposed to be good for the bones, but in fact creates osteoporosis. Then there are the added sugars that have been declared harmful and of no nutritional value by WHO since the 1980s. Then you take a shower, and there's the chlorine in the water that should be banned. And it continues with the fluorine in toothpaste, which is extremely bad for the nervous system in particular. And the routine to get ready for your day often ends with some little anti-anxiety pill or other hard drugs, which may be legal but they remove people's humanity.

Chemicals are forced on us everywhere, desecrating our bodies and the planet. Chemistry has been corrupted and made all-powerful by the world of finance because it has generated record profits. Furthermore, it makes people dependent because it's too hard to produce it yourself. This is yet another sad illustration of politicians no longer having any say and of industrialists doing whatever they like.

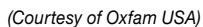
Some people call it a conspiracy* to destroy democracies, but actually they have just discovered the true face of "capitalism". Moreover, a distinction should be made between capitalism before the 80s and capitalism today, which could be described as "terrorist".

Their main weapons are deregulation, disinformation and chemicals. At that point, it was no longer about proving that a product was harmless for our health, but on the contrary, that it was harmful in order to ban it! But these studies cost millions of euros. And as governments have less and less money every year, the pharmaceutical companies are the only ones who can test this or that substance. So, basically, the industry has become its own regulator. They control themselves.

5-4/ We've never really lived in democracies in the sense of giving "power to the people". The democratic game is rigged in that we live in democracies "manipulated" by industrial and financial lobbies so that the latter have almost no constraints, nor any obligations, such as paying fair taxes. Furthermore, our "democracies" have become soft dictatorships because we have reached such a level of media manipulation that most people's votes are simply remote-controlled.

Today, nearly the entire international political machine serves the interests of a few major corporations that own 90% of all world trade. George Orwell called this "Market Democracy", which I translate as "Power to the people of Wall Street".

I've provided an example of this on the next page, with an illustration from OXFAM.



Some people get upset whenever you talk to them about economics and chemicals, because they just want to focus on spirituality. But consciousness needs information to develop. Denying the fact that we live in soft dictatorships, which don't care about destroying everything, keeps us from seeing reality as it is and therefore from developing our awareness and understanding that we need to put more emphasis on our inner warrior eager for justice.

Even in the days of kings and queens, the world of finance already ruled from behind the scenes, it was already the financiers and major fortunes that ruled from behind the scenes. The extremely wealthy have always made sure not to allow "democracies" to take away their powers and privileges. For instance, if the financial world is not pleased with how an election is going, they simply get rid of the unwanted candidates one way or another!

They NEVER allow a candidate who questions currency issuance, the dictatorship of deregulation or patriarchal culture to achieve their aims. If that isn't sufficient, they start wars such as the two world wars. I won't go into it in depth in this book, but war is a huge business that brings in a lot of money. The arms lobbyists do everything they can to foment wars.

It has long been the case that nearly all politicians in all countries, including the European Union, have been corrupted by the tentacles of the financial world and industrial interests. They have now placed their own men and women in all the key positions of power without even hiding the fact! The most blatant example being Macron who, before entering politics, worked in one of the banks reserved for the ultra-rich. He is actually "on assignment" for the banks.

This system has become so common that it has a name: the "revolving door". They go from the private sector to the government, and then back to the private sector. Macron is the perfect example of a candidate who came out of nowhere, and was boosted by communications companies like McKinsey (management consulting firm). Two years before his election, almost nobody knew him. These agencies are not only engaged in lobbying and media hype. On the net, they do a lot of painstaking work with enormous means to influence everything that happens, especially on social networks.

Today, with the internet and the mainstream media owned by billionaires, there's nothing easier than manipulating public opinion. One of the techniques used by companies like McKinsey is to create millions of fake accounts on social networks and to intervene whenever an inconvenient truth is brought to light.

Since they have bought millions of bits of information about each one of us, they know what to tell us to try to influence us. Using A.I. (artificial intelligence), they can go quite far with that manipulation.

By the way, McKinsey has been convicted many times, like Pfizer. It has been proven that McKinsey played a decisive role in the opioid crisis in the United States. McKinsey basically pushed the pharmaceutical companies to pressure doctors to prescribe these highly addictive drugs to people who didn't need them. Since these drugs are even more addictive than heroin, this has officially killed over 500,000 people in the US. Not counting all those who didn't die but whose lives were destroyed.

And McKinsey did the same thing with the COVID vaccine, that is, they convinced millions of people that it was necessary, when it is not. On the other hand, what would help people is to teach them how to boost their immune system, but that would create a loss of revenue for Big Pharma. It's criminal not to tell them, and that's not a metaphor, because it really does kill people. We have reached a stage of unprecedented greed!

The truth is that there has never been so much wealth on Earth. There are enough resources for everyone, and we would have almost no ecological, economic and social problems if our democracies had not been manipulated to keep industries like oil, chemicals and chemical pharmaceuticals in place.

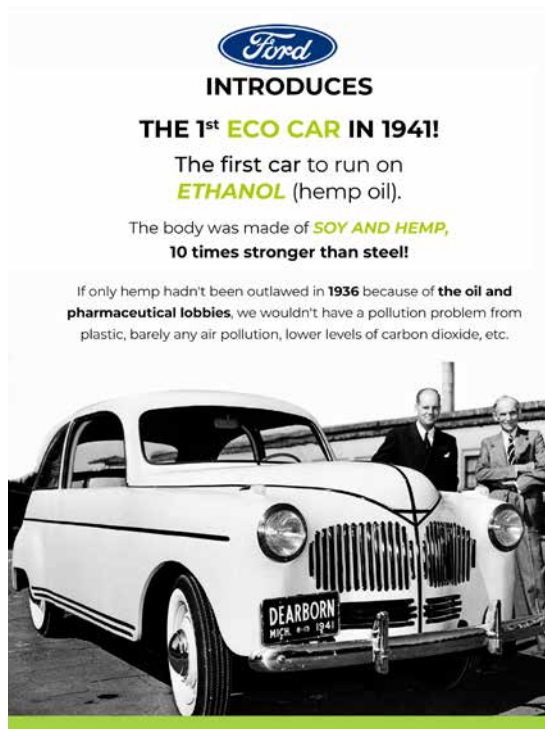
The following example sums it up perfectly and explains why the world is now crumbling under pollution from plastics and other oil derivatives. Economics, politics and ecology are not the subject of this book, but I go into it a little in the introduction and appendices.

This is very important because people need to know that there are solutions to stop destroying the planet, so there is hope. I'll give you just two examples that I find outrageous!

Did you know that in 1941, the car manufacturer Ford introduced a prototype car that not only ran on hemp biofuel, but its body was also made from this magical plant (mixed with soybeans) which made it 10 times stronger than steel!

Henry Ford also campaigned for only using hemp to make paper because it was more economical, gave better quality paper and furthermore, it would have allowed them not to cut down the magnificent American forests.

But those who had invested in oil, petrochemicals, medicinal chemicals, cotton and wood-based paper had already acquired enormous wealth and power, in particular thanks to the First World War. It was necessary to keep the factories running and to make established industries profitable.



The Ford Hemp car.
Henry Ford standing behind the prototype
for his plant-based car in 1941.

So, once the oil sellers saw that FORD would soon finalize his prototype, they realized that it would cause them to lose their place as "rulers of the world." So, against all comprehension and even against the economic interests of the United States, and thanks to the fact that they owned a large share of the media, they succeeded in doing the unthinkable: in 1937, they succeeded in passing the Marihuana Tax Act, a very hypocritical way of banning hemp. The law imposed extremely high taxes for all actors in the industry (producers, sellers, users, transporters, etc.) as well as ridiculously high fines and prison sentences in case of non-compliance.

The law was applied so vigorously that it simply destroyed the hemp industry. If we had continued making paper with

hemp, there would be 100 to 1000 times more trees on the planet. Today, we could replace ALL plastics with "hemp plastic", which is BIOCOMPOSTABLE and more robust !

Just imagine that today we wouldn't have a plastic problem if not for this "little detail of history"?

But the craziest thing is that they managed to do it in such a ridiculous way that future historians will have trouble believing it. They used the excuse that cannabis, which is the flower of the hemp plant, had to be banned because its psychotropic effects were driving people crazy. But that makes no sense because the hemp used by the industry had no "psychotropic" effect at all. How could such a law be passed? Because people are not interested in government affairs, and they're too passive. But also because the oil companies paid off the right politicians. And probably also because the pharmaceutical lobbyists were too happy to be able to replace cannabis, which was at that time the second most used medicine in the USA. And you could grow it at home. What a waste of profit!

"Propaganda is to a democracy what the bludgeon is to a totalitarian state."

Noam Chomsky

It is an important detail because, as you will see, one of the signatures of those we like to call the I.W.G. (Invisible World Government) is to justify their maneuvering in a totally absurd way that doesn't make sense.

The hemp story is not an exception, it is the norm. It's a kind of operational protocol. But what's crazy is that their lies are so big that you can see them a mile off, and people just go along with it. It's the same thing with the debt. The bigger it is, the easier it goes down. I could tell you about hundreds of similar scandals, like the one about solar energy.

Did you know that in 1950, 80% of water heaters in Florida were solar? The oil companies waged a war on solar energy, a story that is very well told in the documentary "*L'homme a mangé la Terre*"* (YOUTUBE). It's a tall tale that simply killed the rise of solar energy. The same goes for electric cars, which could have been the most prevalent for decades.

So, in this same line of thinking, most wars have been started to serve the interests of industrialists and the investors who are behind them (the world of finance).

If you don't believe me, ask yourself how Hitler was able to afford the most modern army on the planet when Germany was bankrupt after the First World War? Hitler wasn't

the one responsible for the Second World War, it was those who owned the banks. If Hitler hadn't been there, they would have found someone else. It is now historically accepted that the money came from the financial world, in particular via Swiss banks. Between the two wars, Germany was under an embargo and no country accepted its currency, except for Switzerland. In addition, during the Second World War, Swiss banks bought up all the gold the Germans stole... Without that assistance, Hitler could NEVER have invaded Europe. I am not accusing Switzerland here, but rather the banks whose owners are of different nationalities. And in this case, a great many of these investors were ... Americans, English, and even French.

The major fortunes wanted a war to eradicate a deeply popular movement that was voting increasingly to the left, especially in Spain, Germany, France. And they succeeded! I would remind you that in 1931 a popular front won the elections in Spain and in 1936 it was also the case in France. It was a real political upheaval! So we need to remove from the collective unconscious the idea that Hitler took power. So we need to remove from the collective unconscious the idea that Hitler took power because the Germans were all Nazis because the opposite is true. I'm oversimplifying a little, but in a nutshell, Hitler was forced to take power through a coup d'état because Germany was filled with a majority of people who wanted a democratic left-wing government.

Germany was also the European country with the largest communist party and, as the Russians hoped, if Germany went left, all of Europe would follow. And in France, it was more or less the same thing. But at that time, throughout Europe there was also a real revolution in mores and lifestyles which did not please the Catholics or conservatives at all.

Great minds that have marked the collective unconscious of the West in the 20th century came from Germany or Austria at the time. I am thinking in particular of Freud, Einstein, C. Jung, Steiner, Reich... For the Catholics, they were all heretics who drove people away from religion. So, we have to stop needling the Germans about Nazism, especially since Germany today is just the opposite. It is the European champion in many alternative fields, notably ecology, social issues, taking in refugees, sexual freedom, ways of dealing with prostitution etc. Berlin is a magical city, perhaps the most important center of alternative activity in Europe.

What happened to the Germans could have happened in any country, if that had been what the super-rich wanted. The proof is that it is happening all over the world with the Corona Circus*... Because the aim of finance and Nazism is the same... To enslave men so that a minority can dominate them. It's just that capitalists prefer soft dictatorships ("say whatever you want, I couldn't care less!") while fascists prefer hard dictatorships ("shut up or I'll kill you!")

I won't necessarily provide references to prove my point in this book, but rather will appeal to your powers of thought. The most effective method I know of to break out of the limitations of the mental prison which our culture locks us in, is to focus on the questions.

If you find the right question, the answer will "follow naturally". I love the expression "to connect the dots". After doing so, you can take a step back and realize that all these connections follow a certain logic and create a picture that tells you a story. So, if you like, we take facts that everyone basically agrees on, and think about what could possibly connect those facts to understand "the bigger picture".

So to prove to you that for decades everything has been done in the world economy to minimize the middle classes and destroy the industrial fabric in the West, I will ask you a question: "Why do you think we allow China to have access to our markets when it is a case of totally unfair competition?" It means suicide for a large part of our economy in the West. When I was a child (in the last millennium), if you wanted to import goods from countries like India or China, you had to pay very high taxes, like 300% or even 500%. Even if the short-term goal is to spur consumers by offering cheaper products in the West, the long-term goal is to destroy the West's industrial economy. The Americans have already "repatriated" part of their industries back to the USA but not Europe! Why? My answer: in order to get rid of the middle classes and all the social and environmental constraints in Europe, which lower profit margins for major industries and set a "bad example" for the rest of the planet.

Most people believe that a healthy and prosperous economy is in the interest of the ultra-rich and the banks, but that's totally wrong. There's nothing better than economic chaos, crises and wars to generate maximum profits. It creates scarcity and new markets. A high level of unemployment benefits bosses. If there is no unemployment, the price of employees rises and they have to be treated better, which reduces profit margins. Crises make small companies go bankrupt so the bigger ones can eat them up.

A few decades of that little game have done away with most small businesses and stores. Today, a handful of financial conglomerates owns 90% of the world's companies that sell everyday consumer goods. And those groups are in the hands of less than 200 families. It's not the 1%; it's more like the 1 per thousand, or about 8 million people.

So the COVID crisis and the war in Ukraine have been used to hide and aggravate an economic crisis and a food and energy shortage that has been foreseen and planned for a long time. It is the result of over 50 years of completely senseless deregulation (IMF

and WTO) that has destroyed the economy in most countries. This crisis has been predicted by economists for a long time.

Anyone who has a minimal interest in the way the world economy works knows very well that the current economic laws are unhealthy. For a century, people have known that in the long run it could only lead to the collapse of the economy. From this standpoint, the world economy is a huge Ponzi scheme, and it is collapsing right now. In a nutshell, the Financial Scrooges have created too much money and, what's more, almost all of that money is frozen in order to create interest. As a result, the new money that the economy needs every year is no longer feeding the real economy, which is collapsing. The value of money is decreasing by the day and purchasing power along with it. The only way for the financiers to manage is by creating the greatest crisis of all time, to muzzle the people so that they don't rebel too much, and to create an economy with only poor and ultra-rich people.

With the war in Ukraine, there is also a clear goal of destroying the European economy even more, as it is a target in particular because of its unique social security system and other treasures of the welfare state. The financial world doesn't want the Europeans to get closer to Russia and China because they want a weak Europe.

But we mustn't fall into the trap of believing that we are dealing with a war between nations. The American people are also prey to the interests of finance and the dictatorship of deregulation. This is simply a new stage in the class struggle. It's just that this time the vast majority of the middle class will end up with the poor. As Klaus Schwab (founder/organizer of the Davos meetings of the World Economic Forum) has explained very well in his book "COVID-19: The Great Reinitialization", the capitalist system has now reached its limits. It must reinvent itself or die.

We are dealing with a war of the super-rich against the poor and the middle classes, juxtaposed by a war that mankind is waging against life through chemicals.

Chemicals are the embodiment of evil in matter.

Chemicals were supposed to serve humanity, but pressure from the financial world and its law of profit at all costs has transformed them into its worst enemy.

But let's get back to THE basic question for anyone who is even slightly interested in the world, which is "who prints/issues the money?" All children ask that question at some point. Finally, maybe being an adult means not asking those questions anymore. But it's crazy because most people have to chase money all their lives, and they don't even ask themselves where it comes from.

The reason why so many people find that the world makes no sense, and give up trying to understand it, is that they haven't taken an interest in the basics of economics. Because once you've understood that everything is set up so that companies listed on the stock exchange make money for investors, even if it means destroying the planet, then you understand the logic of everything that is happening. So, those who want a better world and who love children **MUST** take an interest in economics and especially in the concept of the hold-up of money creation, which has led to countries' false debt. . This knowledge is also necessary for our spiritual awakening in order to fully understand the world we live in.

To be more specific, I would say that we should be interested in economics until we've understood that without the financial world's hold on the global economy, there would be no economic problems, practically no social problems and almost no ecological issues. So, if you don't mind, let's sum up the essentials here.

In this paragraph, I want to emphasize the point to make sure you understand why national debt is a hold-up, because otherwise it's impossible to understand the reasoning behind what's happening in the world. If it irritates you and you've already understood, skip this paragraph. LOL!

When countries issued their own money, it was only fair to issue/print a little more each year, because there were more people and more wealth. What gives a country its sovereignty is precisely the fundamental right to "coin money". Furthermore, this allowed countries/kings to finance part of their activities. Kings forced people to use and accept their currency, which allowed them to buy everything and everyone. Then that "sovereign right" was passed on to governments.

Then one day, laws were voted so that governments had to borrow that money from banks. The ridiculous excuse (another one for the collection of indefensible excuses) was that this would limit inflation. But new money had to be created, for the reasons I just stated. As a result, it was decided that the banks would have the right to "create, issue/print" the new money and the right to lend it to governments in exchange for interest. So, please unders-

tand that, practically speaking, this means that when you borrow money from a bank, they ask the central bank for permission to create it out of NOTHING.

I know this is very hard to believe, but it is 100% true. Together with the interest, this huge lie has created current public debt, drowning what remains of our democracies and freedoms.

However, in international law, there is the concept of "odious debt". If a debt has been incurred in a fraudulent way, if the indebted were not aware of any credit being contracted, or if it was incurred by dictators, then the debt can simply be erased. And it is! This law has been used by the Americans when it has suited them.

Once the principle of false debt was institutionalized, governments got into debt for something that cost them nothing before and that, in addition, made them rich. Therefore, the goal of those who own the banks became for governments and individuals to borrow as much as possible, and the Jackpot came if they couldn't pay it back. The banks could then seize the assets of individuals or companies, increasing their power over governments.

This was followed by what financiers called the post-war economic boom, the goal of which was simply to undertake a lot of useless work so that countries could get into as much debt as possible. Remember though, they weren't supposed to make "profitable" investments either, which could have earned money for the government. At the same time, the IMF forced governments to sell whatever earned them money, with blackmail like "If you don't sell your airport at 10% of the price, you won't be allowed to issue money this year". In Belgium there was even a TV show called "Les grands travaux inutiles" (Pointless Public Projects).

This hold-up on issuing money has created "national debt" which is consequently 90% illegitimate.

All politicians, journalists and economists who don't highlight this "aberration" are either stupid, corrupt or cowards.

In my view, most of them are all three at once.

It is therefore in the interest of those who own the banks for there to be as much debt as possible. With billions, they elect politicians who agree to continue the same policy. The billions of euros that were supposedly generously distributed during COVID are in fact billions

that have gone straight into the pockets of the banks' shareholders. There is no name for it other than a HOLD-UP. The whole world economy is a huge hold-up.

Financial and industrial interests have shaped laws to their advantage. For instance, in Europe since the 1980s the average corporate tax rate has dropped from 50% to 30%.

I don't like the word conspiracy, because it implies that we're talking about something that is still to come, whereas the movement of the ultra-rich to take control from the political authorities has been going on almost forever. It is even the root of the definition of capitalism.

In contrast, the fact that the illegitimacy of the debt and the dictatorship of deregulation are not talked about in the media is actually a conspiracy, because those lies of omission require a synchronization/agreement between the different institutions in order to say (or not to say) the same things.

The debt hold-up has quite simply taken power from the hands of politicians until there is now no one left to control what the industrialists and financiers do. As a result, no one controls consumer goods, most of which are bad for our health and destroy the planet. This is the case for instance for the majority of children's accessories, paints, clothing, industrially prepared foods and medicines, but above all for almost all chemical products. Nowadays, the authorities, meant to control product non-toxicity, have been infiltrated by scientists who are almost all paid by the industrialists whom they are supposed to monitor.

Most people laugh when told about conspiracies!

But when you tell them that you're referring to the fact that industrial and financial interests have corrupted the political world in order to do whatever they want, then they agree.

So I think we're all on the same page. So please, let's stop arguing over a word because the future of life on earth is at stake.

And there are also many people who say that the reason why politicians have made such a mess of things is because they're stupid! Sorry, but anyone who believes that is truly naive. But perhaps it's also because they can't manage the stress that would overwhelm

them if they accepted that the words conspiracy and hold-up are quite appropriate. This would force them to consciously choose between becoming a warrior defending life or sticking their heads in the sand. I go into more detail about conspiracies and their history in the "Conspiracy*" (Chapter 14* - Appendices).

So, yes, I choose to use the word "conspiracy" and to be a conspiracy theorist, like all sensible people who have taken the time to think about the question. Not only am I a conspiracy theorist, but I also claim that this conspiracy has existed since our "civilization" was created. The powerful have always lied to the people about essential matters in order to keep them in ignorance and submission. The Vatican has shown the way by proving that if you repeat a lie enough times, it becomes the truth. The definition of a conspiracy is *"a secret plan hatched by several people against someone or something"*.

The secret plan is to continue to pretend that we live in democracies that are looking out for the people's interests, when in fact it is the worlds of finance that are in control and don't care about destroying all life on Earth as long as they can increase their profits. So it's a lie in the sense of an unspoken lie, but it is a lie nonetheless.

As Dr. Raoult says: *"I don't want to be or become an idiot, so I am a conspiracy theorist. It's not science anymore, it's belief!"* (Sud Radio, April 2022)

Moreover, the existence of this invisible world government, and therefore of this conspiracy, is nothing new. Over a century ago, U.S. President Woodrow Wilson had already stated:

"The government, which was designed for the people, has got into the hands of the bosses and their employers, the special interests. An invisible empire has been set up above the forms of democracy." (Woodrow Wilson, President of the United States 1913-1921, known for his anti-trust program)

It also seems appropriate to me to use the word "conspiracy" and to consider that our democracies are lies, and the media are handled in a way that anyone who questions ideological conformism (one-track-thinking) is not allowed to speak.

And without the "mainstream" media, it's impossible to get elected.

5-5/ Every year, there are more and more poor people, and they are increasingly poor.

"I refuse to give in to the modern escalation of desensitization, otherwise I'll die."

Romain Gary

All this suffering is no longer acceptable, especially since it is not inevitable, contrary to what some would have us believe. It is in fact organized, deliberate poverty; and as Gandhi said: *"Poverty is the worst form of violence"*. It is the passivity of all those who allow it to happen that makes it possible. So, passivity in response to injustice is the worst kind of violence, however much some may believe their passive attitude to be a sign of wisdom.

Furthermore, you can't expect people to pay attention to ecology and cleaning up the planet when they're struggling to get enough to eat! So, rescuing the planet on an ecological level also involves rescuing people on a social level.

Even in rich countries, most people have less and less purchasing power, reducing them to near slavery.

In Western universities, more and more students are forced to prostitute themselves to pay for their studies, and nearly everyone has pretended not to see it. Teenage prostitution is exploding everywhere in the West, even in the middle classes. But it is hardly talked about. I think the reason it isn't shocking to people anymore is because, deep down, most of them know that they too are prostituting their souls for "apparent inner peace" and a large dose of pride.

Our apparent comfort and peace in the West are built on piles of corpses, tons of suffering and mountains of injustice.

It is urgent that each individual on this planet should live in a place they like and have access to a sufficient amount of quality food. To achieve this, we must first accept the idea that people in poor countries have been treated like commodities for centuries.

Decolonization was the utmost hypocrisy because Westerners set up easily corruptible authoritarian governments nearly everywhere in order to continue to plunder the natural resources and pay the workers as little as possible. For instance, the Congo* should be one of the richest countries on the planet. Instead, cruelty, poverty, and modern slavery are still rampant in the Congo and much of Africa.

Because of the lack of reaction from the West and the strength of the “more and more” mindset in the financial world, they now treat Westerners like inhabitants of poor countries. You could say it’s a kind of “direct karma” and that it serves Westerners well. But seen from on high, one could also deem it to be a unique opportunity for Western civilization to be roused from its proud, hypocritical sleep and to “wake up”.

But that awakening needs a spark, such as the awareness of our unjust and selfish attitudes towards the impoverished and our destructive impact on the planet and on ourselves.

It is only by accepting that we are not yet Humans that we can become so! It is only by accepting that we have become the worst enemies of children and of Life in general that we can become the opposite: champions of Life, warriors of the Light. The alchemy of calling things in question, with limitless powers, will transform us at last into Humans worthy of the name.

Caring for those who suffer is crucial because we are all interconnected, and each part of us feels the suffering of the other parts. Humanity is like a human chain whose strength depends on its weakest link. It is therefore by investing in the weakest links that we create a strong Humanity. That’s why we measure a society’s level of Humanity by how it treats the weakest, the most deprived, but also by how it treats those it considers its “enemies”.

With these 5 ingredients/observations, there is only one possible scenario. I challenge you to find another one, at any rate if we envision a future that is “mère veilleuse” (with a watchful/wonderful mother), i.e. which leaves no one by the wayside (even the “evil conspirators”).

The only way to give birth to a new Humanity is by creating huge university towns where people will learn all the sciences, as well as about our true history, psychology, arts, sexuality, meditation*, agriculture, yoga (with psycho-emotional work), the art of breathing*, true shamanism etc.

The focus will be on developing our unsuspected inner powers. The priority will no longer be economic growth, but the expansion of every individual’s level of consciousness and well-being.

People must be taught to think and have basic knowledge in all areas. Without a minimum of knowledge, people can be manipulated by others, as is currently the case with COVID and the lie about the debt. The most important thing is to learn to re-establish and maintain your connection with all living things, including the invisible energy worlds. If you don’t, you become a slave to those invisible worlds. I sincerely believe that by deepening that

connection, souls* can go beyond the cycles of life and death (forgetfulness) where they lose their memory time and again.

Naturally you'll say there's just one small detail I'm forgetting: "how do we take over the world government/deep state*?" "They have weapons and nuclear bombs and won't hesitate to use them"... Patience, we're getting there!

And an essential step for us Westerners is to understand that we are absolutely not part of the world's elite, nor of the most civilized culture on the planet. A culture that destroys its planet and treats most of the population as slaves is NOT a civilized culture.

And to do that, we have to drop one-track thinking.





CHAPTER 6

**AN ATTEMPT TO DEFINE
THE ONE-TRACK THINKING**

THAT **PERVERTS THE SOUL, MAKES PEOPLE UNHAPPY**
AND IS **DESTROYING THE WORLD.**



One-track-thinking on the ECONOMIC LEVEL could be summarized as not questioning the financial world's control of the right to issue currency.

On a CULTURAL LEVEL, one-track-thinking could be summarized as not challenging the core principles of “patriarchal” culture. For instance, a certain vision of Darwinism is one of the core principles in the Western collective unconscious. For many people in favor of a world made up not of sharing but of domination, especially of the poor by the “well-born” rich, Darwinism is scientific proof that they are on the right track. It is the survival of the fittest that prevails and natural selection that plays its “salutary” role in eliminating the most “vulnerable”. But that common view of Darwinism is totally mistaken.

If you read Darwin, you will see that he talks much more about collaboration, the need for adaptation and evolution than about the survival of the fittest. On the contrary, those who do not succeed in adapting by evolving and collaborating with the rest of the living world are doomed to destruction. I won't go into the details, but it was once again the Catholics who posed as the official repository of Darwin and succeeded in “inverting/perverting” his message, to make him say the opposite. They did the same thing as with the messages of Mary and Jesus.

On a MEDICAL LEVEL, one-track-thinking could be summarized as promoting therapies that use chemicals (or that earn large returns) and discrediting natural and preventive medicine. But many kinds of therapy, as well as plants and mushrooms, could replace nearly all chemical drugs with far better results. Behind all this, there are economic interests, the concept of man's superiority over nature, that of good and evil, and of wicked germs that must be killed instead of giving our bodies the strength to cohabit with them.

Contrary to what one-track thinking would have us believe, it is the improvement of hygiene and nutrition that have increased life expectancy and IQ, as well as eliminated many diseases. So it is economic conditions and knowledge, and definitely not corrupted science, chemical drugs and vaccines that have fostered this.

Conversely, our increasingly unhealthy diet nowadays, drug and chemical abuse, and electromagnetic pollution are lowering people's IQs, health, and intelligence levels. And in most cases, it is people's economic conditions that are responsible for this. In England in 2020, a rich man lives on average 20 years longer than a poor one.

For instance, are you aware that, since the 1960s, endocrine disruptors* found in most plastic products have been known to disrupt brain development to such an extent that since the 1980s, the average I.Q. in Western countries has been falling for the first time? This is leading to an epidemic of cretinism!

Endocrine disruptors have a molecular structure so close to iodine that our body confuses them with thyroid hormones, which are essential in brain development. Endocrine disruptors feminize men, so 25% of French couples are already infertile. They hyper sexualize women at a very young age, create obesity, diabetes, depression, cancers*.

Most future mothers are lacking in iodine and will therefore have children whose brains will not develop properly. It would suffice for them to take iodine before procreating and during gestation for their child's brain to develop normally. But this is hardly ever mentioned in the mainstream media because the chemical lobbies are too powerful. To talk about it would be to recognize that we should simply ban all endocrine disruptors and especially all petroleum-based plastics and replace them with plant-based plastics.

The vast majority of doctors only know how to do one thing: prescribe chemical drugs to supposedly cure, without taking into account the real causes of illness which are psychosomatic, environmental or dietary. It has become a form of medicine that does much more harm than good. Doctors who practice "all chemical" are really traitors of humanity. They have become common sellers of legal drugs.

The compulsory vaccination of health care personnel during the COVID crisis was used as a purge to remove as many doctors/nurses as possible who dared to take a stand against this dictatorship of chemical medicine. It is highly reminiscent of the

Catholic Inquisition. Witches are no longer burned, but left out on the street, and too bad if they die of poverty.

But there is also the fact that Western culture and medicine do not recognize the concept of vital energy, which was eliminated/erased from our culture by the Vatican for heresy! Our medical system that calls itself "modern" has still not left behind this limited vision of life that dates back almost 2000 years! As a result, "chemical" medicine only deals with the physical body, whereas we also have several energetic envelopes, including the mental and emotional ones. This is like trying to understand how a car works without caring about the energy that makes it run. This reinforces the fact that Western medicine cannot really heal people, but in addition, denying the energetic/invisible dimensions of life removes people from their greatest source of power.

Indeed, one of the greatest secrets is that every living being has access to an unlimited source of energy, via the infinitely small in its cells. We can connect to it, whether we are rich or poor, and little by little, break away from finding sustenance energetically in others and developing our own psychic powers. When beings manage to connect in an optimal way to their inner self, and more specifically inside their own cells, then they connect to a force which has no limit, the atomic force, i.e. the force of the atom. It is not the atom that contains this energy but the infinitely small that connects us to the source.

"Modern/Perverted" medicine is also totally closed to the obvious concepts that Hippocrates' theories were based on, such as: "The body creates a disease to heal itself." A good fever can indeed be very beneficial for the body. Or again: "When you fall ill, you must change your way of life. It is clear that the one you were following was wrong, or to a great extent, or in some aspect."

The Hippocratic oath that doctors have to take has become a hypocritical oath, because the mindset behind chemical medicine is the opposite of the spirit and teachings of Hippocrates. Once again, we can see the dark strategy of telling the exact opposite of the truth!

Chemicals have replaced many natural substances, only because they generate a huge amount of money and make people addicted. Indeed, people cannot make chemical drugs themselves, but they can gather herbs and mushrooms to heal themselves.

For example, one-track thinking considers cannabis and psilocybin to be drugs, even though, scientifically speaking, they have no physically addictive powers and have many healing ones. They are medicine!

Conversely, this same way of thinking refuses to accept that coffee, alcohol, added sugars, some very common food additives and many chemical drugs (stimulants, antidepressants, sedatives, sleeping pills, painkillers etc.) have a very strong physically addictive power and are therefore true drugs. Moreover, these substances diminish one's level of consciousness, empathy and willpower, and they disrupt the emotional system. They are one of the main reasons for the dehumanization of our "civilization" and its poor physical and psychological health.

And perhaps Western culture's primary deficiency is its lack of mental hygiene. True meditation* is necessary to clean up our thoughts and reduce the mental flow that keeps us from being present. If we don't set aside time to think, then we think all the time, and we miss opportunities in the present moment! Without a minimum of true meditation, our thoughts imprison us in our head.

On a POLITICAL LEVEL, one-track-thinking keeps alive 2 big lies.

A/ They want to make us believe that there are only 2 possible economic choices: to live in a capitalist society or to live in a communist society. But that is totally false. Both are dictatorships that prevent Humanity from being born. For example, we could keep private property and just take the power out of the hands of the financial world, in particular by cancelling public debts, preventing transnational corporations from evading taxes and recovering money from tax havens. Many studies have shown that in Europe, it would be nearly the same if people earning less than 5,000 €/month paid no taxes, due to the huge amount of money needed to collect them.

Some people believe that capitalism is defined by the right to own things (private property), but that's not true. Capitalism means that "everything in society must be profitable for those who own the capital". Capital is usually in the form of shares or real estate. As a result, all businesses are squeezed dry to make short-term profits. And when it is in the financial world's interest to steal your house and your savings in the bank, they do it. This was what happened in 2008 when millions of Americans lost their homes because of the banks' greed!

So, to say that capitalism protects individuals' private property is false! In the world of capitalism, the individual's interest has been replaced by that of multinationals in order to generate maximum profits for their shareholders.

This is why some people use the expression the "dictatorship of capital". It's an old-fashioned expression that might make you smile, but it sums it all up! Capitalism carries within it the seeds of a future dictatorship of transnational corporations and therefore of the loss of government power. So they do everything to destroy small and medium-sized companies, because they are not interested in anything that isn't listed on the stock exchange.

No better future will be possible on Earth as long as 90% of the wealth is "stolen" by the financial world. This goes way beyond a fight between left and right, because they are destroying the entire planet. Furthermore, the ultra-rich are the only ones benefiting from the debt holdup. But this is debatable since it corrupts their soul.

If we don't take the power out of their hands, we will understand the meaning of GEORGE ORWELL's prophetic phrase:

*"If you want a picture of the future,
imagine a boot stomping on a human face - forever."*

It is important to emphasize that the financial world serves no purpose and creates nothing. In either case, they have already done more damage than all the wars put together. What they are doing is not a sign of strength or success but a sign of weakness of the soul* and selfishness. If you are one of them, I hope you will switch sides, denounce this "conspiracy*" and use most of your money for the awakening of Humanity.

B/ In most countries, they would have us believe that there is still a left-right debate, when in fact we are dealing with right-wing and extreme right-wing parties. Real left-wing parties don't exist anymore because a left-wing party is one that challenges the advantages of capital. This can be summed up by French President Mitterrand's famous phrase in 1974: *"Whoever does not want to put an end to capitalism cannot be elected a socialist"*.

In Europe, they would have us believe that socialists are "left-wing", but it's not true! The left and right in Europe are like the Democrats and Republicans in the USA. They are bound together by the need to keep the debt secret. The debate about the power of the financial world, which is destroying the world's economy, has been shifted to one about immigration, racism, LGBT+ and global warming. As a result, the right consists for the most part nowadays of capitalists with an anti-immigration, anti-LGBT and anti-eco stance. As for the left (or Democrats in the US) they are considered to be capitalists who are less hard-line on immigration, more or less green and pro LGTB+.

The economic sector is no longer even considered one of the criteria for distinguishing between the left and the right. Questioning capitalism has become completely taboo, socially and politically incorrect. Anyone who dares to do so is automatically called a communist, when it has nothing to do with that. One can be anti-capitalist and anti-communist. This is an excellent example of how in a few decades the media and the “Ministry of Miseducation” have warped the collective unconscious, putting people on the wrong track.

From a HISTORICAL PERSPECTIVE, the biggest lie was to hide from us that the Catholic Vatican is an imposter, because it stole the original Christianity to create its opposite. Furthermore, they would like us to believe that Europe has followed the patriarchal Vatican version of Christianity for 2,000 years, when in fact it has been so for only 3 or 4 centuries. I explain the facts in detail in the chronicle chapter. The same goes for the Jewish and Muslim religions, since there is a consensus among historians that Abraham was a polytheist during his lifetime, who recognized the sacred feminine.

So, in the beginning, the Muslim and Jewish religions were fertile and polytheistic, and recognized the sacred feminine like the original Christianity. These things are very important because they have caused so much suffering in the world. If we were truly free from the grip of religions, we would teach in school that all the stories told in the Bible, the Koran and the Torah are historically false. This would be a good start to sow the seeds of a world without religious extremism. Once we accept that the historical part is a lie, we can open our awareness to the obvious fact that their teachings contain other lies...

There are also the lies and things left unsaid about the Second World War. To pay back after being “rescued”, the “liberated” countries had to agree to economic and cultural conditions similar to those imposed on our colonies. In Belgium for instance, it was mandatory to show at least 80% American films. The “liberated” countries were forced to pledge allegiance to the despotism of the financial world. This simple fact planted the seeds of the dictatorship of financial interests that can now be seen in broad daylight.

Since the Second World War most countries, especially in Europe, have no longer been sovereign states. It is indeed the sovereign right to coin money that determines whether or not a state is independent! Thanks to De Gaulle, France was an exception until 1973. Moreover, because of his refusal to submit to financial enslavement, many Americans called the general a dangerous “socialist”!

Many have heard about Edward Snowden's revelations, but few have delved deeper into what he said. You can be sure the mainstream media have avoided talking about the most embarrassing part. For instance, he declared that the USA had set up electronic sabotage systems of sensitive installations in most allied countries, and in particular throughout Europe. That way, in the event of a conflict, if their allies refuse the American diktat to serve Wall Street's interests above all, they could remotely sabotage nuclear power plants, telecom stations, water distribution, etc... So, if you were wondering why the Europeans don't dare become independent from the USA, it's also because they've had a gun put to their head, just in case.

It is not yet apparent everywhere, but we are facing the worst dictatorship ever known on this planet and its tentacles are global. The police are becoming increasingly violent, and it seems clear that their purpose is to frighten and hurt people, and with near total impunity. In France and Belgium, my personal experience in demonstrations has shown me that they recruit particularly "aggressive" riot police to man the front lines in demonstrations.

Freedom of expression is being shattered in all countries, especially because of so-called "fact checking" that is strangely reminiscent of the office of the inquisition. As for the right to demonstrate in France, given that you risk having an arm, a leg or an eye ripped off by a sting-ball grenade, you could say that demonstrating is forbidden or at least "strongly discouraged". By the way, congratulations to those who demonstrate anyway.

What is happening is not the beginning of a dictatorship, but the concretization and officialization of that dictatorship. With the useless and humiliating COVID measures, the message of those who believe they rule the world is clear: "The time has come for all of you to understand that your lives and those of your children are in our hands. From now on, either you fall in line, or we will take everything from you".

But, despite all that, "we" are going to make it...

The only question you need to ask yourself is

"Do you want to be part of the problem
or the solution?"

Do you want to be part of that "we"?





CHAPTER 7

**HOW IS THE KEY**

- **REVERSING PATRIARCHAL CULTURE** TO CREATE PARADISE -
THE PRACTICAL SOLUTION **TO MANY OF THE CHALLENGES**
AND ISSUES IN OUR EVERYDAY LIVES
AND **THE ONLY WAY TO “SAVE OUR HUMANITY”?**



I've called the contents of this book “The Key” for several reasons:

1/ It is The Key to a Better World in the sense that it explains what culture to adopt in order to be a truly Humane civilization. For instance, what framework to raise children in, how to make love, to feed oneself, etc.

2/ It is The Key because it answers a question most people ask themselves: “If there are forces of love and righteousness, why haven't they come to help us?” The answer could be summed up as: “We have come here to experience a deeply unjust upside down world in order to awaken our awareness and our will to make it more just!”

3/ It's the key because it enables us to attribute precise characteristics to the sleep-inducing (shadow) forces and to those that awaken (light). It helps us to go beyond terms that mean nothing (because they're based on points of view) like good/evil or positive/negative energies. The energies that live in the shadow current are absolutely not evil. In hot countries, if there's no shadow, everything dies! The balance between sleeping/recycling and awakening/fertilizing energies creates the cycles of life. **The third force, whose job is to balance the first two, is consciousness.** It's up to each of us to create that balance by being aware of what draws us toward awakening and what anesthetizes us.

But most people are so full of and accustomed to anesthetizing energy that their being is saturated with it. Then the body's cells tune into a recycling wavelength and there is an outbreak of cancer cells.

If we flood our body with fertile energies when cancer develops, we have a good chance of being cured. We can achieve that by changing everything we've always dreamt of changing. But also, by leading a life that is as healthy and in harmony with nature as possible.

Nature is filled with fertile energies, while cities are mostly filled with sleep-inducing ones.

4/ It's the key because at the moment of death it allows us to choose consciously to go back to fertile cultures, or to remain in "patriarchal" cultures. Based on my 35 year experience of shamanism, I bet that when we "die", we go where we want to go. The question is where we want to go and where it's possible to go. We can learn about that during our lifetime by working on our inner connection and through it, the invisible energy worlds. But most souls remain passive and don't choose. So it's logical that forces gain power over them and that they lose part of their freedom.

5/ It's The key because in shamanic journeys it acts as a PASSWORD. It helps us to recognize if we're dealing with agents who belong to the family of Fertility/Light or of Sleep/Darkness. Furthermore, the fact of wishing deep down that everything tying us to the anesthetizing network should disappear, acts as a password to connect the higher spheres of consciousness. It pinpoints what needs to be transmuted/filtered, and into what.

6/ It is the key to the here and now in the sense that the closer you get to Fertile Culture, the stronger your connection is to your "immortal self". This helps us to be more effective in creating the life we want.

7/ It is the key to healing because most of our suffering comes from the parts of us that are in tune with the sleep-inducing patriarchal culture. I'm referring to ways of living and thinking.

8/ It is The Key because it gauges a person's level of consciousness. If you explain The Key to a person who is at least a little bit awake, they will agree. But if they have reached a certain level of numbness, they will reject it. The more asleep the person is, the more violently they will reject The Key.

It's important to be aware of a false belief that causes us to waste a lot of time in life:

Contrary to what most people believe, the conscious/fertile energies that spur the "relatively asleep" to awaken are often perceived as "unpleasant" and therefore "negative" because they kindle their dissatisfaction with life.

On the other hand, the sleep-inducing energies are perceived as pleasant/positive, being a source of pleasure since people no longer feel their anger, frustration, and sadness.

That said, the pleasure of being unconscious is THE most addictive drug for future humans. Some experience that pleasure of being anesthetized in another's arms, in their sexuality, while others seek it through alcohol or tranquilizers, in licit or illicit drugs, in social relationships, on display screens, distractions of all kinds, in trances experienced in a group, in short everything that distracts us from our existential questions and our lack of inner connection.

9/ It's the key and at the same time it's only the beginning because we must open the door, go through to the other side, and create a paradise on Earth for all forms of life.

ANSWER THE 3 QUESTIONS FROM CHAPTER 1:

1/ Why is our world self-destructing?

What are the underlying causes of the world's current state?

Answer: *"Patriarchal" cultures have precipitated lifestyles that are corrupting the planet and Humanity. They have alienated us from our inherent human nature as creators/protectors of Life, inducing us to behave like cancer cells...*

At the same time, all this suffering has also helped some souls to light the spark needed to bring their inner warrior to life... "Patriarchal" cultures do have a role to play, and I'm not disputing their place in creation. This "Divine Comedy" has been established so that our souls may understand the importance of respecting the Laws of Fertile Love.

Whenever we stray from that, we create avoidable suffering and destruction. But surfing on the fertile current requires an effort of swimming against the tide, whereas the mainstream anesthetizing current sweeps us away as soon as we stop swimming against the tide. That's why I like to call it the network of Expediency. So falling "spiritually", to lower levels of consciousness, may be perceived as very pleasant at first!

2/ What needs to be changed in our lifestyles and what should we replace it with in order to make a new start on a truly human foundation?

Answer: *We must replace "patriarchal" culture with the culture of Fertility. Naturally this can't be done in a single day. But what counts, both on the level of the planet and of individuals, is to align our souls with that impulse, to lean the soul* in that direction, with the desire and*

zeal to reject pre-ordained destruction and to aim for a truly humane world. This could be summed up as beginning to serve that destructive impulse less and to nurture the impulse of Fertility more and more.

You'll find that at all the important moments in life, we have a choice between two paths/voices:

"Fertile" paths/voices that require effort, risk-taking and innovation.

"Patriarchal" paths/voices which are, in general, the easiest to follow, the most reassuring, the best known etc.

There are no bad choices as long as you are making the choice.



(Credit: ZUBERKA –istock)

3/ How can we use COVID and the economic/food crisis as a springboard to free ourselves from this dictatorship of destruction and bring Humanity into being?

Answer: *Thanks to Corona, there are many more conspiracy theorists and conspiracy theories, "it is our awareness that refuses to disarm. It is Humanity resisting!" This opportunity has enabled a great many people to make the 5 previous observations and more easily accept the gradual establishing of Fertile culture on Earth. It has also helped to clearly separate 3 groups: those who are slightly awakened, those who are asleep and those who are totally*

asleep. I like to call the "totally asleep" the living dead because, like in the zombie movies, they swarm the planet devouring and killing everything in their path. What's more, their disease is highly transmissible. This plot has also helped to create the structure of an Invisible World Government, and we're going to use that structure to bring Humanity into being.*

But perhaps the most important reason is to make it clear to a majority of people that we live in soft dictatorships. They have weapons and bombs, and we can't cope by ourselves. Even if 90% of the population rebelled, they wouldn't balk at killing us all. And even if people had nuclear bombs, it wouldn't help because bombs destroy everything. So it seems to me that the main lesson for each individual is to humbly acknowledge that we can't manage to bring this new Humanity into being without a magic wand.

And I contend that it is possible, with the help of our Fertile Light Family and the Goddesses. If you want to see for yourself, you can make direct contact by following my tips for a successful shamanic ceremony (see chapter 8-12-10: Practical advice for shamanic ceremonies). Until you experience this contact for yourself, you'll have a hard time convincing yourself that this Goddess business is for real.

But to obtain their help, we must accept in exchange that our planet returns slowly but surely to the laws of Fertile Love. *It will happen in any case, but the goal is to make the transition as smooth as possible. If some don't play their part, (you perhaps), the transition will be more abrupt, and most souls will literally "blow a fuse". I say literally because it will really blow out our connection, prompting a kind of broken memory. They will forget everything they have experienced on Earth.*

There are many stages of death, even though I claim that the spirit* of our consciousness is immortal. *The death of the physical body is one, but the death of the soul* involves simply forgetting one's history and identity. If the soul succeeds in evolving fast enough to reconnect with its fertile and eternal nature, then the soul doesn't die but becomes eternal, that is, it doesn't forget its history and identity over its various lives/experience/incarnations. And that makes all the difference. Because, pardon me, but frankly what's the use of reassuring ourselves that we'll be reincarnated anyway, if we forget everything from one incarnation to another?*

Memory, information, and teachings are essential in
working for Freedom and justice for all.

Behind the scenes of creation, those with the greatest knowledge and experience have the most powers.

AND THAT'S PRECISELY WHY WE'RE LIVING IN A
WORLD OF LIES.

The more we are able to “channel” this Fertile and super-conscious energy into our environment, the smoother the transition will be. To do that, we can all practice allowing our souls to move within the Fertility current. I stress the word “current” because our consciousness is comparable to a river in that we are carried along in its current. Constant reassessment is necessary for our “identity structure” to really move with and support that current. We have to stop locking ourselves inside a self-image and accept that we can choose to be whoever we want to be.

At present on Earth, it is the sleep-inducing current that sustains/ drives most people, so we must strive to swim against the tide. Then, if you stop trying for too long, you get swept away like in a river. In other words, if you are in the sleep-inducing current, and are neutral in your evolution, you continue to be pulled towards the shadows, unconsciousness, and expediency. Especially if you mostly associate with people for whom evolution is not a priority.

To stop questioning oneself is already “dying a little”. Being in a current/movement of evolution and not in the sleep-inducing current is what reconnects us with Nature and ourselves. As Einstein said, *“Life is like riding a bicycle. To keep your balance, you must keep moving.”*

The two currents can be compared to two different radio stations that each have their own “political program.” To be Human, it seems to me that, at the very least, we should try to have a balance between the amount of energy from the two networks in our energy bodies.

The more the quantity of sleep-inducing energy is superior to fertile energy, the more our cells will take on the self-destructive attitude that creates cancers and other “deadly” diseases.

If we mainly associate with people in the sleep-inducing current, it is nearly impossible not to be affected. Many people say they associate with “sleepers” in order to help them, but in fact it's because they're addicted to the sleep-inducing current that keeps them in a kind of “little trance” where for a moment they can finally forget their traumatizing reality.

Moreover, associating with those who are “more asleep than we are” also allows us to shine and keep our pride intact, because in the land of the blind, the one-eyed man is king. But we remain in dominant / submissive relationships in which Love tends to be distorted.

Personally, part of me gets a real chemical kick - like a rush - when my attention is drawn to the charm of a being mainly focused on the shadow current.
IT TOOK ME A LONG TIME TO REALIZE THAT.

What very few “believers” are willing to accept is that the forces that patriarchal religionists and most people in New Age* 1.0 pray /connect to, are feeding our “reality” with this sleep-inducing, destructive energy that wants to dominate the nature of things. To be more direct, contrary to what they believe, they are not “praying/ connecting” to an awakening and liberating force, but rather to a force whose purpose is to crush people’s personalities and enslave their souls. But perhaps it is fitting that souls who refuse to follow the laws of fertile love should not have too much power.

So, in short, this book explains why virtually all believers on the planet (both religious and independent) are mistaken when they believe they are praying and following a teaching that leads to enlightenment or even to Love.

It also explains to atheists who believe in science and history that they are making the same mistake. They are being tricked with false beliefs that rob them of a part of their life, health and awareness. They believe that they live in a humane and civilized culture, but it’s not true, and the vast majority will have a hard time accepting that.

Be that as it may, we are reaching the long-awaited moment when we can live once again in cultures where the well-being and evolution of all will be the absolute priority... However, bear in mind that the price to pay is moving mainly within the Fertile current and as little as possible in the recycling current! Therefore, to sustain ourselves as little as possible in relationships with people who are more asleep than we are. I’m talking about very concrete things here: changing our networks, our soul* family, our friends, our connections...

Naturally that doesn’t mean cutting off all relationships with those who are “more asleep”, but at least reaching a kind of balance between the energies that awaken and those that put us to sleep. Sometimes that means a spell in the wilderness before finding friends who are part of our soul family.

I subscribe to a vision that 99% of the cultures on Earth have in common: the fact that we come from a “paradise” and that the idea is to live there again someday. I maintain that this “paradise” refers to Fertile culture. So, for their own specific reasons, souls on Earth have chosen to experience a world outside the Laws of Fertile Love. For that reason, they have left their Family. And for those who are tired of that experience, this is the opportunity to return to live in the “Realms of Fertile Love”. And it’s a good thing, since they’re coming here on Earth, in our “reality”.

But remaining passive is not an option. Each of us has a part to play in embodying this choice or not. That means making the choice to channel mostly awakening energy or sleep-inducing energy, and through that choice, deciding to join the Fertile family or to stay in “patriarchal” families. Each of us can train their soul to be part of the Fertility current. Training is important because it is a very high vibratory rate which one must get accustomed to. The idea is not to live 100% in Fertile culture from one day to the next, but to strive to get as close to it as possible.

I really like the expression “reaching towards” because it illustrates the importance of the soul’s inclination. It is either moving and constantly evolving towards awakening, or in the comfort and false sense of security of being asleep.

Practice must go along with understanding, or the soul* will be torn apart. As Morpheus says, “there is a difference between knowing the path and walking the path”.

Walking the path means aligning one’s soul with the impetus to transform one’s false patriarchal personality into one’s true, eternal Fertile personality. It is choosing to serve fertility, evolution and awakening rather than recycling, security and being asleep.

For those who accept it, the mission of future humans will be to connect our body, our soul, and our eternal spirit* in order to serve as a bridge for Fertile energies to “fertilize” our cells, our souls and all that lives on this planet.

In light of psychology and logic, we may now compare the impact on individuals of so-called “patriarchal/sleep-inducing” cultures and that of so-called “matriarchal/awakening” cultures. After studying the psychological impact of every little injunction in everyday life, I hope that you will have understood that depersonalization is truly the goal of “patriarchal” culture.

It is only by understanding how our culture locks us in a mental prison, in which our deepest being and true knowledge have no place, that we will gradually free ourselves from it.

ONLY KNOWLEDGE AND ITS APPLICATION WILL
SET YOU FREE.

We must transform our beliefs into knowledge,
especially in the areas of spirituality, economy,
history and medicine.

“Facts do not penetrate the world where our beliefs live, they did not give rise to them, they do not destroy them; they can inflict on them the most consistent refutations without weakening them, and an avalanche of misfortunes or illnesses succeeding one another without interruption in a family will not make it doubt the goodness of its God, or the talent of its doctor.”

Marcel Proust.

Remembrance of Things Past. (À la Recherche du Temps Perdu).





CHAPTER 8

**A PRACTICAL COMPARISON**

BETWEEN THE CORE PRINCIPLES OF OUR
MODERN JUDEO-CHRISTIAN-MUSLIM-BUDDHIST CULTURE
(MISTAKENLY CALLED “PATRIARCHAL”)
AND ITS INVARIABLE OPPOSITE, THE CULTURE OF “FERTILITY”...
(MISTAKENLY CALLED “MATRIARCHAL”)



To create a better world, we must first figure out what
to change and what to replace it with.

Looking at our Judeo-Christian-Muslim culture (tinged with Buddhism) through the prism of psychology and logic, it is clear that it distances us from our inner strength with the aim of making us weak, manipulable, dependent on others and, finally, destructive.

Nearly all of our culture's lifestyles and mindsets have been carefully designed to meddle with our individuality (what makes us unique) by binding us to forces outside ourselves. The core principles of our culture (even for atheists*) are still rooted in the Middle Ages! By “core principles of our culture” I am referring to how we raise children, procreate, live together, eat, sleep, and also how we connect to the invisible realms.

There is some repetition between the different core principles/interpretation tracks and I'm comfortable with that. I felt it was necessary for each chapter to have some autonomy. In any case, if you want to get deconditioned from the sleep-inducing culture and get reprogrammed for the culture of awakening, you have to repeat things often.

I recommend a first reading of this chapter without taking in the blue and black tracks. Indeed, our brain hates being called into question, so it's good to go gradually in order to avoid indigestion and rejection. That way, you'll start with an overview, which is the most important thing.

FOR THOSE WHO WANT TO GO DEEPER, I SUGGEST

 following the **BLUE TRACKS**

FOR ANYONE WANTING TO GO EVEN DEEPER, I SUGGEST

 following the **BLACK TRACKS**

When you see the symbol  next to an illustration, you can click on it to access the full-size illustration.

To add more information about a subject, I put an asterisk* next to it that refers you to the appendix, where you can find more information. In some cases, there are several pages.

8-1 - THE NUCLEAR FAMILY

INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:

A man and woman shall live together under the same roof, and if possible, have children whom they raise together. This is the best way to raise children!

Those who raise their children in a group or community rather than in a family belong to dangerous and perverse sects!

The concept of the family is structured around the needs of the parents and mainly of the father and his work. In recent decades, this concept has evolved in certain circles, taking women's needs more into account. But it is the rare family in which the children's long-term needs take precedence.

FERTILE CULTURE VIEWPOINT:

In Fertile cultures, the family and the whole society are structured around children, which is altogether different! Both the system and parents are there to raise the children, in other words to raise their level of awareness!

They have always known what we only learned after a century of child psychology: if a child lacks attention and recognition during their early years, they will seek love and recognition their entire life, to the point of not caring about the greater good of Humanity nor their own inner development...

Children MUST therefore be given all the attention they need, until they're old enough to understand that if left alone, it's not because they're being abandoned.

If not, they will have a very hard time connecting with themselves/making that inner connection. It turns out that Mommy and Daddy alone are rarely able to give the child that non-stop attention, especially in modern cultures!

In order to fill that inner void, the child tends to become possessive about people and things! Through a domino effect, this has led to overconsumption, unbridled capitalism and the environmental destruction that we are currently experiencing. The solution is for children to be raised in an environment where they are given all the attention and affection they need. This requires living in a framework that is broader than the nuclear family, such as

an extended family (parents, grandparents, etc.) or a community composed of several families or friends for instance.

“At the beginning of our existence, the brain is still, let’s say, immature. So for the first 2 or 3 years of a person’s life, the experience of one’s environment is indelible and has a substantial impact on the evolution of behavior throughout our lives.”

Henry Laborit. CNRS. *From the film Mon Oncle d’Amérique*
[My American Uncle].

"A baby (...) lives in the present moment, the eternal present. (...) At this early stage, his demands are very important. (...) if he is not comfortable, he cannot expect to be so later. He can't understand that Mom will be back in two minutes when she leaves him alone." (...) Without this conviction, every human being is handicapped by a lack of confidence, spontaneity, grace, and by ignorance about his overall sense of identity. Every baby is good, but can only realize this indirectly, through the way he or she is treated."

Jean Liedloff. *Le Concept du Continuum, À la recherche du bonheur perdu.*
[The Continuum Concept] Ambre Edition

Before going any further, let me be clear that parents all over the world who are trying to do their job well are superheroes. While this book calls into question marriage and the nuclear family, the point is not to blame those who are married or living in nuclear families! On the contrary, THE KEY is designed to relieve parents of their guilt by explaining that the rules of the game have been rigged from the beginning! I truly believe it! I truly believe that! We’ve all been had by the system. Maybe it’s good for our souls to “be interns” in this “backwards” culture to understand how much it leads to needless suffering and can drive a whole civilization to self-destruct. So there’s no judgment or blaming here!

Nevertheless, I intend to prove conclusively that the concept of the nuclear family and marriage lead to war, to the misfortune of children and their parents, to lying, pedophilia, rape, prostitution and the greatest scourge of our time: unlimited greed for money and power. I know this seems extreme, and that’s why I’m explaining it all point by point.

Furthermore, the nuclear family doesn’t give parents enough space for their own development. While this may seem obvious regarding women, you might think that men are the

big winners in this culture, but that's not true. They are castrated in their main role: protecting their children. They are even forced to do the opposite: work for a system that is destroying the future of their children.

As for our grandparents, they are quite simply abandoned in nursing homes or left alone at home. As if this weren't enough, we destroy them with chemical drugs in order not to hear them anymore.

It is a truly hypocritical culture because it claims to value the family, to respect parents, grandparents, children, etc. But in fact, no one benefits.

The second discovery upon which Fertile culture is based is that children also need several feminine caregivers and several masculine caregivers. If not, they become overly attached to their parents.

Put yourself in the position of a several-month-old child who has only Daddy and Mommy in his life. He depends 100% on Mommy and Daddy. It makes sense for him to develop the belief that if he loses Mommy and Daddy, he could die. Imagine the anxiety he would feel if he's left alone and thinks he's been abandoned forever! As a result, he tends to experience an excessive sense of merging when he sees them. He tries to establish a relationship in which he is the sole object of the parents' love and attention.

This first way of experiencing a relationship deeply conditions the person to seek the same type of unique/symbiotic Love in their adult life. And it creates a great deal of avoidable suffering.

"From the child's viewpoint there's only one Daddy and one Mommy, and he wants to be the only one for them too. So, we try to find someone for whom we are the only one. But that demand ends up killing true love, which cannot be reserved for one person alone. So we think, 'Well if I love someone else, then I don't love him/her anymore.' But that's a big mistake. Especially because it is through synergy with the first love that we succeed in experiencing the new love story."

Françoise Dolto

*A French neuropsychiatrist, psychoanalyst
and pediatrician known for her studies of children.*

AN ADDICTION TO FUSION WITH THE EXTERNAL WORLD.

Naturally, this experience of merging with children is enjoyable. Parents love it, and in fact we're all addicted to it. We feel in turn unique, irreplaceable, necessary... Particularly because a child's energy is very pure and invigorating. But the big problem is that, later on during their adult life, children will continue to seek out that excessive feeling of merging.

This is very harmful because it conditions a person to seek that kind of intensity outside themselves, while the key to elevation is through experiencing such extreme merging only with the inner Self.

Moreover, it makes our love lives very difficult because we expect far too much from the other. Due to this, we often miss out on relationships. We tend to get into a lot of "til death do us part" and "I love you/I hate you" drama. Many people are so blinded by the dream of being the only one that they feel like their lives are over when a big love affair ends.

In short, having lacked Mommy and Daddy's love and attention means that most future human beings spend their lives trying to merge with people who remind them of their Mommy and Daddy, or one of the relatives who raised them, whose presence they lacked.

Due to that lack experienced during childhood, they go through life with a deep feeling of insecurity. So they opt for a security-oriented kind of love rather than an evolving love. This is called a neurotic relationship. The problem with neurotic relationships is that they sacrifice our evolution and dreams in exchange for security. For anyone whose priority is their own evolution and that of Humanity, such relationships have the same effect as kryptonite on Superman: they destroy his superpowers of creation...

Ever since high school, I have observed how most couples destroy a person's individuality. Once in a relationship, it's as if they become pre-conditioned characters that leave no room for their evolution and individuality.

What the ancient Greeks understood, which was then seen as heresy by the Vatican*, is that until we've been weaned off of Family Love, we simply cannot go out in search of life and the 7 other kinds of Love...

The new world we all dream of will be created
by those who succeed in going beyond neurotic
romantic relationships.

Perhaps the most important information to pass on to children is that being in love is rarely true love... The emotional fireworks we feel when we fall in love are due to the fact that we have stumbled upon a neurotic relationship, i.e. one that reminds us of the kind of relationship we lacked as a child. Unfortunately, we rarely get attached to personality types that we did not lack, and therein lies the problem.

We often get attached to the personalities we lacked and therefore those who “deprived us of their love”. And if we have children from a neurotic relationship, this “disease of lacking” is passed on to the children, and the cycle continues.

Perhaps the worst part is that patriarchal culture impels us to become overly attached to people we don't really like, or may even hate. But it can take years to realize this. One day people think they don't love their partner anymore, but actually, they never did! So you have to be careful to learn the difference between being attracted to a person and really loving them.

DEVELOPMENT & DEMONSTRATION:

In a nuclear family, children are raised alone, in other words there's Daddy, Mommy and the children. Most people, even in “alternative” circles, can't imagine that there is an alternative to this sacrosanct family structure!

And yet, before religions FORCIBLY “colonized” most of the planet, cultures where children were raised in nuclear families were a minority! To impose the nuclear family, religions killed and tortured all those who refused to bend to their diktat. That massacre is recounted in the Old Testament. I advise you to take a look at the excerpts* from the Bible in the appendix — it's a real bloodbath!

Then they erased nearly all traces of the Fertile cultures of our ancestors by burning books and libraries, building churches/mosques/ synagogues on old sacred sites they called “pagan”. And naturally anyone who knew about it ended up burned at the stake! But why?

For those seeking to make the world a better place, it seems to me that the most important thing is to ask the right questions. The more specific the questions, the more “answers they'll suggest”. To find the right answers, you have to constantly reframe the same questions in order to clarify them. An example:

“Why don't religions want us to remember these pagan cultures?” “Why have they done everything to destroy our memory of them?” “If we learned of the existence and the nature of these cultures, would it jeopardize official religions?” “If the comparison with Fertile cultures jeopardized Judeo-Christian culture, would it suggest that such a culture was better?”

The last question indicates the answer:

Judeo-Christian-Muslim cultures wouldn't survive the comparison with so-called "pagan/Fertile" cultures because the latter are quite simply more highly evolved!

That's why they did everything possible to commit genocide around the memory of Fertile culture and why "safeguards", such as going after sects in France, were put in place to "demonize" any ideology that dares to question the core principles of "official" religions.

There's another question that all free thinkers should ask themselves. It is based on the observation that Catholics advocate suffering, thus: "The more you suffer in this life, the greater your chances of making it to heaven!" As a result, I don't understand why more people haven't asked themselves THE awkward question:

"How do concepts like marriage (or couples in exclusive relationships) and the nuclear family cause suffering?"

Thanks to psychology, we now know that in the first years of a child's life, during which they cannot "reason" yet, they MUST get attention whenever they ask for it. The reason is that they are still unable to understand certain things. When Daddy or Mommy leaves her alone to go off to work, she cannot understand intellectually what Daddy is doing. She understands only one thing: "Daddy and Mommy have abandoned her! They don't love her!"

Furthermore, the child often thinks she has done something bad! This won't help her to develop self-confidence. The same thing happens when a child is left to cry alone in bed before the age of 3-5. It is supposedly a good way to toughen up the child, but it doesn't work. On the contrary, it weakens her.

One of the great paradoxes in modern so-called "patriarchal" Judeo-Christian culture is that Daddies are often absent! Children are more rarely deprived of their mother than of their father! This is increasingly true in modern life! It has created a "where's daddy" civilization. This triggers a sense of lacking something that some try to make up for their entire lives.

The recognition one never received is sought in others or in society. But since society is in a process of self-destruction, one is often forced to join the ranks of those doing the

destroying, or allowing it to happen (passive collaboration), in order to gain recognition from others.

But if the child is brought up in a Fertile culture, he would jeopardize his own existence rather than accept a culture that goes so clearly against the nature of life. This is why so many “indigenous people” committed suicide rather than “selling their souls” to the conquistadors and lowering themselves to a culture they considered lethal.

Because, despite obvious advances toward becoming more humane, Westerners remain “civilized cannibals”, acting like cruel predators toward more vulnerable individuals. The same is true for nature, which they ravage, abuse, rape and destroy day after day!

Yet how can this be when there is so much love? The answer is that our culture “distorts” our Love, in other words it transforms it into its opposite. Friendly and romantic relationships are meant to build our confidence and give us the strength to fight for our dreams. Love can be the greatest force of creation if it is used to help us evolve, go beyond our limits and make us more Human... But our culture has programed us to seek love based on security, which is quite the opposite.

When a child doesn't lack attention/love during the first years of his/her life, it helps to build confidence and faith that will be assets for his/her entire life. When an important relationship comes to an end, it won't be afraid because the child's experience will have shown them that there is always a way to find other people to love. Life will have been generous to them, and they will dare to be generous in turn and to take risks.

That confidence is essential in daring to be Oneself
and digging deep inside to find the treasures we all
have to give humanity.

In order to do this, a child MUST have several masculine and feminine caregivers. That way, the child can “spread his love” and won't get in the habit of keeping it only for Mommy and Daddy. In turn, he won't demand of his romantic partners that he be “the sole object of their love”.

If a child does lack attention/love (and therefore energy), it will lead to all kinds of reactions that can be very different depending on the case. Among these, fear of loving, fear of losing the other, fear of being abandoned, fear of committing, overattachment, and a habit of wanting to possess lots of things to fill that void.

But above all, it is the start of denial, which is built up by dividing one's being into several sub-personalities in order to attract attention – and therefore energy – from others. Depending on who we are dealing with, we use this or that sub-personality in order to obtain what we want.

Let's take a look at “abandonitis”, which could be summed up as the fear of being abandoned that dictates many people's romantic choices. This very common disease comes from having been afraid of being abandoned as a little child. Some react by leaving their partner before being left. Others choose a partner they don't really love so they are less afraid of being left. There are those that choose a partner who makes them relive the fear of being left over and over (a partner who is often absent, who has extramarital affairs, who threatens to separate, etc.) But whatever the reaction, it greatly distorts our relationships and wastes our precious time.

In the framework of an extended family, a child can have several Dads and Moms and even if THE Mom and Dad (if he's present) remain “unique”, the child will grow accustomed to spreading his love among several “Dads” and “Moms”, in other words different representatives of the feminine and masculine. In his future life, he will then be able to love with greater detachment and greater Freedom than most people.

The Fertile alternative is therefore the extended family or communal life. The Arabic word for Mom is “El Oum” and for the community it's “El Ouma”, which is very close! “It takes a village to raise a child!” as the wise African proverb reminds us. Through this proverb, Africans are teaching Westerners a lesson that one Mom and Dad are not enough to raise a child.

It can all be explained as well by the fact that there has to be a continual contact and presence until the child has acquired a degree of autonomy, if the child is to have complete self-confidence at any rate. And the younger generation needs self-confidence these days in order to dare to go in the opposite direction from the masses.

I am very fond of the idea developed by Jean Liedloff in her book “The Continuum Concept”. All parents should read the book. The author elaborates on the innumerable consequences from the fact of physically separating the newborn from the mother's body too soon. I will come back to this idea in the chapter on childbirth, but it causes true heartbreak in the child, who then tends to seek part of him/herself in the outside world.

Physical contact should be maintained as long as possible, until the child decides to “separate” from physical contact with the mother. Women in numerous cultures provide

an example by carrying their children in a cloth wrapped closely to the body. After that, the child must have a constant source of affection to which s/he can return between various “excursions/explorations” in the outside world.

The mother will always be irreplaceable, but that isn’t the case at all for the father. The father or fathers are those who are present while the child is growing up. If the father is just someone who donated his sperm and isn’t present during the childhood years, then he is of no importance.

WHY DO WE FALL IN LOVE WITH PEOPLE WE DON'T LIKE?
HOW DOES FEAR OF LOVING DEVELOP AND WHY DOES IT LEAD
TO AN ADDICTION TO MERGING?

When a child leaves the mother’s womb, he is coming from a world where he was surrounded by total Love. When he enters the world, he transfers that Love onto his parents, whom he sees sort of like Mother and Father Gods. Moreover, during the early years of his life, he is 100% dependent on them, in particular for food. He opens up his heart to them and, suddenly, his parents leave him all alone, paying no attention to him! From his point of view, they have abandoned him in a total void!

Later, when he feels a Love that is so intense, a love close to what he felt for his parents, he is afraid to really love and may even have feelings of anger and/or rejection. His subconscious tells him something like this: *“I’m not going to be had again! The last time I felt a Love this strong and true, it hurt so much, and I was so afraid that this time I feel like rejecting this person or experience!”*. And that’s the kind of “promise” that we program ourselves with emotionally!

This in particular is the reason why most people are
afraid of true Love! Most people choose partners
(often unconsciously) whom they love less,
lying to themselves to adore an image (or profile)
they have of the other!

On top of running away from the kind of Love that helps us grow, most people tend to form a couple with someone through whom they will relive that lack of love, or rather the kind of love they experienced as a child. For example: someone who had an absent father will form a couple with a person who makes them relive that absence. It makes them

feel safe because that's what they know. An abused child will get involved with a mild or violent dictator! It's as if the child wants to get revenge. He thinks: *"This time I'll succeed in keeping my Daddy/Mommy close to me and I'll succeed in changing them!"*

In psychology, these are known as "couples with complementary neuroses". The vast majority of couples are bound by complementary neuroses, in which each person returns to a relationship similar to the one they had with those who raised them, whose presence they lacked. This is not a bad thing in itself, although it is a phase that one must go beyond in order to experience Fertile Love. It helps us learn things that were never healed in our relationships with our parents, but above all, and in the best case, it helps to wean us from familial love, which the Greeks called "storge".

When one is stuck in "storge/familial" love, it's like being a heroin addict relentlessly trying to relive the fusion one was deprived of as a child.

If their everyday lives are not intense enough, many people start creating conflict in their relationship in order to initiate a cycle of "quarreling and making up" which provides a great deal of intensity and the sense of merging. Like a heroin addict, people may experience long periods in their lives without a neurotic relationship, then fall into an osmosis/neurosis relationship when going through a hard time. If it persists, the main problem for Ourselves and for Humanity is that we often become more passive about our evolution and may even start to regress.

As you will understand better by studying the Greeks' Vision of Love (chapter 8-3/ The false image of women and unconditional love), there are 8 different kinds of love. This may be the single most important thing we can teach our children.

The first one we experience is Storge or "familial" love. Ideally, one should be weaned of familial love in order to move on to the next phase.

Since most of us have not been weaned off familial love, we have a hard time moving on to the next phase. We try to relive with our different partners the Storge/ familial love that we had with our close family during childhood. We develop extreme attachments to people who

help us relive those moments of fusion. But the fusional moments are typically followed by moments of lacking. This little game of alternating fusional moments and moments of lacking is enough to give us our dose of dopamine, serotonin and other substances produced by our brains. At the risk of displeasing many people, we often fall in love when we meet someone with whom we have complementary neuroses.

Furthermore, the legend of Cupid shooting his arrows warns us. He is the angel of cupidity, synonyms for which are avarice and greed. It is very important to distinguish the concept of "greed" from that of love. Greed is the need to fill a "void", to satisfy a lack of something. It always makes me smile when I see all those cupids on Valentine's Day, and virtually no one seems to be aware of the fact that Cupid is quite a paradoxical symbol to represent Love. This is a really important subject, because most people still think that love is what you feel when there's the intensity of falling in love.

On the contrary, I'd say that love is what's still there
when that feeling of being in love is gone.

It is important to understand that the intensity of the addiction to this sense of merging is directly proportionate to our inner fears. The more we fear being deprived of the other, the more we seek out that fusion. The more deprived people were of their Dad and/or Mom or other loved ones, the more they want to "fall in love".

Naturally, Storge love is necessary and right for children. That's what they need. But for adults who stay stuck in Storge love, it's not the love but their fears that are the bond! Thanks to the Ancient Greeks' science of love, you'll see that this is the first level of consciousness/evolution, where survival is the priority. Indeed, we associate this osmosis/unique bond with our parents with survival. It's like a life preserver we swim around and go back to for a rest from time to time.

Beyond merging, we're looking for a primary bond, a kind of foundation to use as a base. Moreover, during the various stages of life, that bond, which is often driven by a sense of exclusiveness, moves from one person to another in a highly exclusive and sudden manner. This is evident during adolescence, when we suddenly go from idolizing our parents to being embarrassed by them because we've started making friends. All of a sudden, our friends become the most important thing of all. We're sure that we'll stay in contact with them our whole lives, etc. Then one day we renounce the bond with our friends when we find true love. Then when we start having children, the bond shifts to them, and many Moms and Dads feel

abandoned by their spouse. And when the children leave home, we move on to antidepressants or other anti-anxiety drugs, which connect us with... nothingness.

BUT STOP! That was in the days before we had all these screens. Now I think that, unfortunately, the bond is often with one's cellphone, the Internet and everything that goes with it.

Naturally, many people will say that this sense of merging is what they love; those moments when you snuggle up in someone's arms and forget about everything else.

And many will say, for them, that's what love is... That the desire to have children also comes from wanting to experience that fusion. And I can understand that. If that's your dream, it seems important to live it.

This leads us to something that very few will be able to accept: a large part of the happiness that children give us comes from the fact that we feed on their energy. Before they have made love, the "purity" and richness of that energy is deeply regenerative.

Holding a newborn in your arms gives you very precious energy that can only be found in young children! I am reminded of the scene in the fabulous film "La Belle Verte" ("The Beautiful Green") by Coline Serrault, in which an extraterrestrial from a highly evolved world takes a baby in her arms to "recharge". Naturally we are all very fond of that kind of energy, and there's nothing wrong with it. But all too often we overdo it!

I'm writing this in a restaurant where there's a perfect illustration of what I'm talking about right in front of me. A woman with a little girl who's "cute enough to eat" is joined by a female friend. The friend can't stop touching the child all over, putting her hand on her heart chakra, even though it's clear the child doesn't like it. It brings back early childhood memories where I was being smothered with kisses. I myself used the expression "good enough to eat" without realizing it. In Thailand, no one but close family have the right to touch a child's head. I think we should learn from that.

But the most important thing to understand is that seeking this bond to help you create your life really means seeking your inner bond that was broken by an interruption in the continuum. Nothing can ever replace it. And, as it happens, the best way I know to recreate it has been demonized by religion. I'm referring to shamanism using "flesh of the gods" and other complementary plants ... This will be discussed further in the chapter on

shamanism (Chapter 8-12* - The diversion of shamanism and the pharmaceutical inquisition's domination of nature.)

If you raise children in extended families, by definition they will strive less for that fusion, perhaps not at all.

They are also less attached to their Mom and Dad, giving them less attention and energy.

But it doesn't mean they love them any less.

On the contrary!

Their Love is more elevated because they have a choice! In order to understand how that Love is more elevated, we must stop confusing attachment with Love.

Children have the choice between reproducing what they've experienced or creating something else. Reproducing what their parents have shown them and in turn "feeding" on their own children's energy in the cycle of fusion/lacking... Or creating an alternative by choosing partners who allow them to maintain their inner bond.

When children grow up in an environment with beings who mainly feed on their own energy, they will do the same, because children learn a lot from imitating others.

My Mom was a brilliant psychologist. She believed that most people do not succeed in avoiding neurotic relationships, that it was a kind of inevitability. She called it "the limits of psychology". On the contrary, I am convinced that we can avoid neurotic relationships through experience, willpower and intelligence. And we must, because we need people connected mainly to their Inner Self in order to create a truly Humane new world.

"We are disengaged from our continuum at birth, left starving for experience in cribs and baby carriages, away from the stream of life. Parts of us remain infantile and cannot contribute positively to our lives as older children and adults. But we do not, we cannot, leave them behind. The need for in-arms experience remains alongside the development of mind and body, waiting

to be fulfilled (...). The search for in-arms experience, as the years pass and we grow up, takes on a great many forms. Loss of the essential condition of well-being that should have grown out of one's time in arms leads to searches and substitutions for it. Happiness ceases to be a normal condition of being alive and becomes a goal. The goal is pursued in short- and long-term ways."

Jean Liedloff

The Continuum Concept - Da Capo Press Publisher & Penguin Books

We have to accept the fact that our culture has turned us into energy predators because it has broken our inner bond, which prevents us from drawing our energy from within!

This is something very hard to accept because it takes the "romantic" element out of a certain vision of life. There's nothing wrong with taking energy from one another, but we have to learn to do it consciously, carefully choosing the people that nourish us.

And we need to understand that the reason why our culture is so hierarchical is above all because when you dominate another being you suck their energy. Hence the importance of not trying to possess another's freedom and shunning dominance/ subordination relationships. Thinking about it, I realize it will be even harder than cleaning all the chemical pollution around the entire planet because, for most people, seeking out that fusion is quite simply their ultimate goal in life. They have suffered too much. Now they finally want to have their moment of happiness, even if it means not bothering too much about trying to save Humanity. But I'm hopeful ... that Humanity will grow from those who make that choice.

The only way to be self-sufficient in terms of energy is to obtain it from our cells, where it is unlimited and not imbued with other people's personalities... For the moment, most people only harness that energy when sleeping. It is one of the ways in which we can regenerate. The more we harness that energy, the less we need to feed on other people's energy. The future of Humanity lies in that direction, free from all the little dominance/subordination games such as men dominating women and parents their children.

But in order to succeed in drawing on that cellular energy, our attention has to go through our emotional swamp, where we encounter our inner hell (fears, regrets, rages...) and inner monsters (our destructive sub-personality). When we allow those inner monsters to speak and give them some space, they turn out to be our inner magicians.

All of Judeo-Christian-Muslim culture is based on our conditioning from birth to seek what we need outside ourselves. This creates many fears, because becoming attached to

people and things is always ephemeral... Since we can't get that kind of security from people, we often transfer our needs onto material things, which can't abandon us!

Marriage is also a way of forcing the other not to leave us and therefore of controlling them. It's a contract meant to promise that we'll never be alone! Marriage is clearly an act of ownership through which a man possesses a woman. But it also means that the man belongs to the woman. In Spanish, the words for getting married and being handcuffed are almost the same. Esposar means "to handcuff" while esposo means "spouse".

So-called pagan "fertile" cultures blended religion and science. They taught people to think for themselves by explaining to them why it was right to live in a Fertile culture. You could say that these "pagan" cultures were true religions of the Life sciences that advocated in particular a balance between men and women and a life in harmony with nature.

These cultures made the evolution and well-being of children a priority. Mothers were thereby ensuring the future of Humanity, assuming that a well brought up child meant a secure future. "Judeo- Christian-Muslim-Buddhist cultures called these other cultures "matriarchal" to highlight the fact that those women had more power, but it was a lie! They were determined for history to forget the name fertile cultures, which had far too many implications.

Be that as it may, small tribes opposed to these Fertile cultures became increasingly important! They were not very highly evolved and had rather "basic" mores. They had never picked up on the fact that sexuality could be a tool for building one's strength, sensibility and intelligence. Males were very jealous because their wives often fled to be with men from Fertile cultures.

The latter were indeed better lovers, in particular because they could control their ejaculations. This enabled women to have multiple orgasms and men to fill themselves up with energy rather than discharging it. Furthermore, making love with men from "basic" tribes automatically meant getting pregnant in most cases, while in Fertile cultures one could explore sexuality for other purposes.

For example, Fertile sexuality can raise our level of consciousness if – and only if – the two partners focus mainly inside themselves during sexual intercourse. Naturally, not ejaculating requires some effort from both partners. You give up a powerful but short-lived source of pleasure for a deep and far longer-lasting sense of well-being.

But the weak spot of these cultures was in dropping their guard and not trying to "civilize" the "basic" ones. While the Fertile cultures taught people to create a world as fair and as

in harmony with life as possible, advocates of a culture of expediency and possession taught them to fight and develop the science of weaponry. Then they invaded the more enlightened cultures and, since they had no program of their own, they just decided to forbid all the customs and lifestyles followed by the Fertile cultures. They invaded the world and created the so-called “patriarchal” religions that have shaped our way of living until the present time.

Now you understand why our culture is based on prohibitions that are in total opposition to the very nature of life.

Many beings from these Fertile cultures knew that this “backwards” culture could make them lose their soul. In that case they preferred killing themselves to corrupting their soul* by adopting these deathly lifestyles. They were not afraid of death because they had walked down that path many times in shamanic ceremonies. This was the case for many tribes all over the planet!

The concept of the nuclear family is a machine for producing children who lack love, prompting them to seek that recognition in the hierarchies of power, and therefore serving that power. The “backwards” culture is truly comparable to a virus spread throughout the population in order to enslave them, stifle them, and stunt their growth. It is easily spread around because it adapts very well to human weakness and the body’s natural laziness.

Many syndromes such as teenage crises, the Oedipus complex and heartbreak do not exist in Fertile culture. At least not to the tragic and dramatic extent specific to modern Western “patriarchal” culture.

Here’s a really unfair paradox that few people are aware of: the more Love parents give, the more their children will be self-sufficient, and as adults will tend to be less attached to their parents. Even though conscious parents are happy about their children’s self-sufficiency, they are often sad about not seeing them more frequently too!

By the same logic, many people who have really been “unloved” will be much more attached to their parents later on in their adult life. This is obvious in children whose mother or father was absent, and it is quite extreme in battered and/or psychologically traumatized children.

This leads us to the other huge lie, the other tacit injunction in our world today: the implication that “one can only be happy as a couple” ... Many people spend their lives seeking

an ideal love, and since they never find it, they feel as though they have failed/ wasted their life. Hence, in my view, the lies inherent in marriage and the nuclear family have screwed up many lives.

IN-DEPTH COURSE

 **BLUE TRACK**

RECAPPING AND GOING DEEPER ...

...in order to grasp how the nuclear family and possessive/exclusive love usually lead to: fear, anxiety, possessiveness, overconsumption, unbridled capitalism, war, and above all ... The death of the soul's identity through constantly blending with other energies.

Living in a culture of expediency such as ours leads to a lack of Self-Confidence.

Consequently, the person increasingly needs to be acknowledged by others and to resemble a stereotype (belonging to a tribe). They try to fill their inner inadequacy with things from outside them. Often, this is expressed through increasingly extreme possessiveness toward friends and romantic partners. But, here again, it is a vicious circle because romantic and friendly relationships come and go, and in any case, they cannot fill that inner void. All too frequently they keep it going and even make it stronger!

This leads to the reaction of grasping more and more onto material values because “at least you can keep THEM for life”. Furthermore, we think this is going to attract the Love/attention/energy of others, which is partly true. Except that we soon realize that isn't Love, it's attention and dependency. So we grasp onto our children – at least they'll love us. But children (especially recent generations) are increasingly eager for self-sufficiency.

Also, we are afraid of growing old alone. Especially if we have to spend the latter part of our life in a kind of psychiatric hospital for seniors is really a double punishment. In fertile tribes, the elderly are never left alone. They are often very happy to look after little children and/or share their experiences in different areas.

When we put our inner evolution first, old age
is like an awakening. Otherwise, growing old is like
gradually running aground.

Some people want more and more money because they think they'll never be alone if they have a lot of it. But you never have enough, because the more you sacrifice being for having, the emptier you feel inside, which triggers a desire to fill up! It leads to dreams of being a millionaire! And since it's a bit outdated in the collective unconscious, after they've become a millionaire, they dream of being part of the "star system", and there you may really believe that everybody loves you.

But once you're in the star system, you realize that people don't love you for what you are, but for an image they have of you. Most stars know very well that when you're really famous, it's nearly impossible to know if people really love you! Happy stars are very rare...

This is a vicious circle where people react in different ways: some lose themselves in sex or in a social whirl, in eating, alcohol, licit or illicit drugs.

Then you're near the "end of your life". We die afraid and without knowing who we really are, because we have lost our Awareness of the connection to our inner selves.

SPECIALIZED COURSE

🔑 **BLACK TRACK!**

THE HIDDEN MESSAGES IN WORDS.

While religions succeeded in burning up most of the material remnants of the Fertile cultures' former splendor, they didn't succeed in changing all habits of language. There are many people who don't believe in the science that consists in "listening to words", which some call "the language of the birds". Yet, not taking into consideration the sound of words amounts to translating words using definitions conceived by others, in this instance clergymen. Do you realize that it was the Catholics who decided to give this or that meaning to words in Greek, Latin and other languages? Naturally they can't be trusted. We must develop how we listen to language, "understanding the language within a language". In other words, if you listen to words, there are hidden messages in them. Yet, some messages are so often repeated that you'd have to be deaf and blind not to understand that these words "speak out" in their own right! A flood of words warns us against "male" culture, that of the so-called "father".

For some linguists, this language within the language is clearly a science. For example, for John Allegro, a well-known (Oxford University) philologist, and the only atheist translator of the "Dead Sea Scrolls", one must "listen to the words" when translating or doing historical research! But remember that Allegro was an atheist*, who understood that you can't trust

religions in terms of how they translate certain Latin and Greek words, or in this case, words from far more ancient languages.

So, for fun, I'm hypothesizing that those who crushed the Fertile cultures called themselves "the perverse", "Those who go toward the father" (père vers). They called their religion the "father's version" (la version du père, or "perversion"). When the tribes that revered life and the right balance of masculine/feminine referred to them, they called them "the perverse" since that was their name. And the pejorative connotation of the words "perverse" and "perversion" has remained engraved in the language. Progressive cultures may have been called "mère veilleuse" (watchful/wonderful mother) or "Fertile" because many wonderful, unexpected things grow and develop when mothers are watching over us!

The hidden messages in words don't prove anything! But The Key doesn't need proof, because anyone who really thinks about it can understand its logic and soundness! So, even though I'm not taking the "hidden messages in words" as "evidence for the prosecution", to me they are an obvious illustration of everything I'm saying.

I also really like: "J'ai tout fait pour toi !" (I've done everything for you) in which one could also hear "J'étouffais pour toi !" (I was suffocating for you!). The first definition is in sync with the backwards definition of love, of the Vatican version of the Virgin Mary. The other definition, which I will call the translation, is in harmony with the self-evident Fertile culture of the Virgin Mary Magdalen. Because when you're forced to remain overly attached to a person and make too many concessions for them, you suffocate! Your Self can't grow.

8-2 - MARRIAGE AND EXCLUSIVITY IN RELATIONSHIPS

“Thy desire shall be to thy husband, and he shall rule over thee.”

Genesis 3:16

“(…) those in power, whether public or private, benefit from the institution of marriage (...)”

Wilhelm Reich.

L'irruption de la morale sexuelle [The Invasion of Sexual Morality].
Editions Payot.

“They were married, lived happily ever after and had many children...”

Proverb

INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:

You must find the Love of your life, start a family and have children.

“Marriage and conjugal love are by nature ordained for the procreation of children.” (Vatican 2).

It is your duty to make every effort required to remain with him/her for your whole life. A couple with children is the perfect environment for people to be happy in. It isn't possible to love several people at the same time, at least not in the way a man and woman love each other! The ideal with this norm is to make love only to one person during one's entire life!

FERTILE CULTURE POINT OF VIEW:

In Fertile cultures, the contract isn't between the Mom and Dad, it's between parents and children. The former commit to taking care of their children for the next twenty years as a matter of priority. That's not a contract that can be broken. Because if a Mom and Dad aren't sufficient to raise a child, shared custody and childcare centers are even worse. And it is now the norm in the West. But forcing people to have only one partner for their entire life is against nature and it has become an end in itself! It's like trying to stop water in a stream. You can build the tallest and strongest wall there is, but the water will ALWAYS take its course.

Since sex needs to be expressed somehow, marriage has generated the worst kinds of perversion: rape, incest, pedophilia, forced prostitution. The more religious a community, the more sexual perversion there is of all kinds.

In addition to prompting spouses to lie, marriage conveys a false belief that somewhere there's a person who could make you happy. As most people never find it, they feel like their lives are a failure.

In reality, married people (or couples that have been together for several years) who do not have extramarital relationships are extremely rare, and I can see why! It proves that the system doesn't work.

The advantage of having several partners throughout life is that you learn different things from each partner. We can experience different facets of our personality in order to choose those we want to develop. Evolution is an endless process! But you can also experience that complementarity and allow it to evolve through friendships, which are often closer to true Love than many romantic relationships.

As long as you have no children, you can do whatever you want; but when you have children, free love is a necessity for one simple reason: Couples are not strong enough to last eighteen years without sex with other partners.

In fact, everyone is for free love. Most of the population engages in free love, but in secret... Basically, the majority do what religions demand: keeping up the facade of being an exclusive couple while secretly practicing free love.

According to Fertile cultures, the purpose of the soul's* incarnation on Earth/Gaia is to achieve inner marriage, a theme we will further develop later on.

DEVELOPMENT & DEMONSTRATION:

In our cultures that have grown out of religions of expediency, a girl belongs to her father. The father then leads her to the altar to deliver her into the arms of her new "owner": her husband!!!

WHAT THE HELL?

It reminds me of something written by the yoga teacher André van Lysebeth (author of the book TANTRA):

“What infuriates me is that even when I’m giving a talk, it’s the women who most often defend marriage and exclusivity in couples. It’s a real case of Stockholm syndrome.”*

I can’t resist evoking one of the greatest examples of nonsense in the so-called historical part of Judeo-Christian-Muslim culture! It considers marriage to be one of the foundations of life, while even the most extremist among them don’t dare to lie about a crucial point in the so-called story of Jesus Christ: he wasn’t married! What a joke, I swear!

“You worship the Baby Jesus. And yet the Baby Jesus was born of a mother without a marriage certificate. Without realizing it, through the Baby Jesus you’re worshipping your own nostalgia for sexual freedom (...)”

Wilhelm Reich. *Ecoute, Petit homme ! [Listen, Little Man!]* Ed. Payot

Before going any further, here is an example of how lying about the definition of a single word can influence an entire culture. It’s an excellent example of a tiny bit of information that could change the world as we know it. In fact, it is essential to write on the pages of all social networks that 2,000 years ago, the word “virgin” referred to a woman who was “untainted” by any domination or outside attachment. So, one could be a “virgin” after giving birth to 15 children and having 144,000 lovers! This is crucial, given that people admire the Virgin Mary and pray to her more than to Jesus. I choose to believe that, unconsciously, it is this strong, free woman willing to do anything to protect her children who is worshipped all over the planet. Contrary to what official culture tells us, she is the standard-bearer of liberation from marriage and all forms of enslavement!

“Virgin” didn’t only mean free of any attachment to a man or religion. It meant “free” to the point of having no attachments other than to one’s inner Self! It is the proverbial “connection” (the continuum) that mankind must rediscover in order to become more Human.

In Fertile cultures, You are The Great Love of your life!

Through the quantum atomic dimension of our cells,
we connect to the whole and to others.

The connection happens inside, through the infinitely small world of our cells that connect us to the source of life.

The connection is the Love between the two parts of us on either side of the mirror that grow thanks to each other!

The desire to bring them together enables the different dimensions to connect through us and regain oneness!

To live in the most Fertile culture possible, we need to teach and practice a healthy, regenerating form of sexuality. To do so in Fertile societies, one could go to a temple in order to learn from sexual priests and priestesses how to “make love” while remaining focused on the inner Self.

Men were taught how to ejaculate as little as possible when making love. Those without a partner could go to a temple to practice the art of “sacred” sexuality, meaning one that creates.

Sex should be treated as a science that is eager to evolve. Shutting it behind the door of marriage is a way of preventing people from developing that science. Sex is not just a way of procreating and experiencing pleasure. Sex releases so much energy, is so healing and empowering, that it is comparable to a nuclear power plant. Moreover, there should be a ministry of sexuality since it is an area as underexplored as outer space or the depths of the ocean.

If you're not married but are still in favor of exclusivity in couples, then this concerns you too. Even for those who are not married, the concept of marriage and exclusivity has left a strong mark.

Religions continue to condition man/woman relationships and how children are raised, even for atheists*! You may call yourself an “atheist” and nonetheless feed a religious egogore* (or group thoughtform*).

For a religious extremist, what is most important? Going to a church/mosque/synagogue or living as ordained by religion, in other words getting married and having children? It seems obvious to me that the main obsession of all extremists is to adopt the family/couple/children

lifestyle even if the sub-text implies “cheating” in secret. But it has to be in secret. That’s part of the unspoken rule. You could even say that cheating on one’s spouse is the norm. But people still have a hard time doing it without lying and foregoing the excitement of “not seen, not caught.”

The marriage vow of “swearing to be faithful until death do us part” leads to living a lie. Indeed, we know nowadays that most couples separate after a few years and/or that nearly all the others have extramarital relationships, all too often clandestinely, lying to the other.

So, it is clearly a lie, since it is a promise that no one can guarantee from the outset! This leads us to make promises lightly, even when we’re not sure of being able to keep them! Yet promising is very important, especially in front of a witness or before one we see as a GOD! They make a promise to one they see as the creator of all things and they break their vow!!!

To me, that means they don’t really believe in their “one God”. Otherwise, honestly, how do they sort that out in their heads? Oh right, they can go to church and confess so they’ll be forgiven! Such a practical system, isn’t it?!

But the lowest thing (because it brings our vital energy down to a lower tonality) is the fact of “cheating”! Have you ever thought about why we use the word “cheat”? It’s amazing how telling words can be! We use the word because we’re “cheating” our partner(s) about the identity of the energy they’re going to mix with, and that has consequences beyond anything you can imagine!

Never forget that the goal of the lifestyles “ordained” by the Vatican* is for us to suffer and to make us manipulable, especially by cutting off the bond with our deeper Self and by urging us to constantly mix with others. By having intimate energy exchanges with another in secret, we’re forcing our spouse to mix with energies, emotions and thoughts they never chose Consciously!

Too much mixing leads to chaos in people’s energy and minds because they no longer know who they are!

I can assure you that this energy exchange, when not chosen consciously, is one of the foundations of the loss of identity, of the desire to resemble a stereotype and therefore of the current schizophrenia of a significant part of the population!

The energy exchange phenomenon when making love is often stronger in women than in men, for two main reasons.

The first is that women often make love with a much greater desire for fusion than men. They want to be held in someone's arms ... They love experiencing that powerful emotional fusion during sexual intercourse. But that fusion is precisely what you need to avoid in order to experience sacred (creative) sexuality because it requires going inside... And that's not possible when you're overly attached to your partner!

The other reason is that, for a woman, sexual intercourse involves something inside her. When the man ejaculates, he projects part of himself into the woman's body! If she does it with someone who only has sexual intentions, with the urge to satisfy his desire (to fall asleep), with the urge to "take" his partner ... all of those concepts and intentions go inside her and gradually influence HER personality!

This, among other reasons, is why men and women in Fertile cultures are taught to make Love in temples. Those who so desire may be initiated the first time by a sexual priest or priestess who teaches them how to make Love with each one connecting to his Inner Self.

This is undoubtedly where the commandment comes from to "Only make Love within the bounds of marriage"! In light of all this, one may deduce that the original advice/ commandment meant: "Only make Love with beings that are married to God". Which means: **beings who are only bound to their own Divinity/Inner Self**, as opposed to beings that have outside (horizontal) attachments stronger than their inner (vertical) attachment!

Today, we may consider that any being whose main attachment is an inner one is by definition a priest or priestess in the original sense of the term! They may have romantic and sexual relationships and friendships, as long as they help them to nourish their inner bond/connection. And I truly believe that is what Mary Magdalen taught, which is why she was treated as a prostitute.

Our culture therefore frustrates people sexually and emotionally because they go on to choose their partners indiscriminately ... Because they are frustrated. And when you're frustrated, you make choices in a hurry, in a knee-jerk reaction and out of expediency. And expediency means always being drawn toward the same kind of partner with whom you share complementary neuroses.

Part of the personality of each sexual partner (or friend) with whom we have merged will remain in us forever. That is, unless we work on ourselves effectively enough, very specifically and consciously, so as to target what we want to get rid of and above all what to replace it with.

The Key is here in this specific stage of healing to help you tune into what needs to be targeted and what to replace it with. If we don't do it, those energy mixes gradually reinforce the split between our different "sub-personalities". This leads to a denial of reality and triggers Alzheimer's disease.

In other words, the person increasingly rejects their everyday existence, shutting themselves off in an "imaginary reality" made of multiple sub-personalities. This allows them to avoid feeling contradictions and regrets!

More and more people have adopted this "on demand" behavior. They have a mask that changes depending on the person they're talking to. Many people do this unconsciously and see absolutely no issue with acting that way. Some even feel quite smart and clever doing so. But every time they deny who they are, a little part of them dies.

I've also realized that more and more people who screw around on an industrial scale often wind up with serious personality disorders. According to a new study by the University of Seattle and the Fred Hutchinson Cancer Research Center, it's possible that, through their sperm, men's DNA remains forever in a woman's body. It can apparently be found even in their brains. Although I cannot verify that information, it is in sync with most of the ancestral teachings on tantric sexuality and other paths.

Many people think that they are free from religion because they have multiple lovers. But what they don't understand is that the purpose of religions is not to deprive us of sex, but, on the contrary, to make us addicted to sex! Sexual freedom has quickly turned into a sexual prison for many! And that is exactly what they want, because if most people's sexual, emotional, and material needs were satisfied, they would finally have time to take care of other things, like developing their "presence of mind", "making our evolution a priority" and doing their best to "save Humanity".

Sex and love affairs that we dream up have become our main drugs, especially as they procure lots of emotions that release a cocktail of substances throughout the body. But it's also because they provide moments of eternity where time stops, where you forget about "reality" ... which is again a desire to run away and to forget. Whereas "Fertile/Awakening" sex is designed precisely to make us more aware.

But most people don't like their reality. So they have absolutely no desire to be more awake. And we need to be aware of that if we're going to change the world.

Religious cultures cannot survive without all kinds of prostitution and perversion. The more religious a culture, the more fiercely perverse its treatment of women, children and homosexuals. The more people are deprived of a healthy sexuality, the more their sexuality is perverse and violent. A culture that frustrates people sexually cannot survive without prostitution. In countries where prostitution is available, they survive with prostitution. In countries/ places where prostitution is rare or severely censured, rape and incest abound!

According to the International Association of Victims of Incest (AIVI), four million French people have been victims of incest. As for those who are victims of sexual abuse in general, we'll never know the real figures, but I think it pertains to the majority of us. It's comical how the clergy refuse to look at the fruits of their perverse culture! Let's take the example of Latin American countries. They are generally extremely Catholic and yet prostitution is omnipresent there. In Spain, there are brothels everywhere.

It bears repeating: Even for those who never marry, the concept of marriage leads to the false belief or myth that someone, somewhere is going to make us happy for our entire life. But, in practice, it is rare to meet someone with whom we will be happy "until death do us part". As a result, a part of us feels that our life is a failure! Moreover, it puts a lot of pressure on your spouse to expect them to be the man or woman of your life who will do everything to make you happy! That pressure destroys many relationships and prevents us from experiencing true love.

This also leads to the false belief that you can only love one person at a time, which is totally untrue! This comes partly from early childhood when we had only one Mom and Dad. We wanted to be unique to them, just as they were unique to us. Loving someone else as much would be betraying them! And when we part emotionally from the family home, we transfer that "bond/base" onto our spouse and close friends.

We want to find someone with whom we feel unique, and we're willing to tell ourselves huge lies to uphold that dream of prince charming and the princess. Because, in any case, don't you think that if your lover knew all the men and women in the world, there would be a few million that could make them change their mind?! We pay very dearly for the illusion of that myth because it leads us to build our reality on something false! And time is precious! It's the only thing that isn't unlimited in this "Divine Comedy".

The reality is altogether different. I'm using the word "reality" in the sense of seeing how things really occur. In reality, people go from one partner to another. Even among those who marry, most of them get divorced and remarry! That's very healthy because you

learn from one partner, then you move on to another one to learn something different. If the goal is to learn, then it's always beneficial to have a variety of human relationships, and a "break-up" isn't "negative". It's like moving on to the next level of learning. But if the goal is to find "the one that will last forever", then you turn what is in fact a successful phase of evolution into a failure!

Romantic relationships and friendships can also help us to develop our Self-confidence by giving us the confidence that our parents and environment were not always able to provide.

What's really awful is perpetuating the myth of prince charming and the princess to children ... How many years are lost before they can move on to something else, for those who manage to do so. Honestly, I think it's one of the most damaging things you can do to a child!

To perpetuate the lie, most parents hide their extramarital relationships from their children, and that's a crime against evolution! Most of them think they're doing the right thing, BECAUSE EVERYBODY DOES IT! In a culture where almost everyone is destroying the planet, you've got to be wary of what "everyone does".

Fertile culture is structured around living spaces that are foundations for children and the elderly. This assumes that the children of today will look after the world tomorrow, so the future of the community is assured if children are brought up well.

Furthermore, in this system, your place during old age is ensured. This allows people to take risks for a better Humanity and to live their dreams without having to worry about their "pension". Such places offer a material and emotional foundation for everyone, while providing children with attention 24/7.

Young couples are often on an emotional roller coaster. Alone, they can't guarantee the calm and serenity that children need in order to develop their self-confidence and faith in life's bounty. Moreover, they very rarely have the chance to be present 24/7 during the child's early years and often separate after a few years. Naturally, that doesn't prevent Mom and Dad from living with their child. But since the child will have several male and female caregivers, the turmoil from the ups and downs of male/female relationships will be far less important in the child's conditioning.

In that way, everyone has a place, and when the parents need a breath of fresh air, they can have some space while their children are with the extended family.

But such notions are not very evident in our modern culture, given that people don't care about their children's future, and we abandon our parents to die in nursing homes with chemical straitjackets, so we don't have to listen to them suffering.

Abandoning our parents (and the wealth of experience they have to offer) in nursing homes is also part of this culture, which is supposed to respect the family, and that is unacceptable! This should tip you off to a certain ultra-barbaric side of our culture.

If you want to become more awake, it's important to understand that we are not very civilized. There's something really diabolical about this culture, don't you think? In some stories about the devil, don't they require making sacrifices with children and animals? I know it takes time, because we all think we're living in highly evolved cultures, but honestly ... Can you really call that love, or even Humanity?

IN-DEPTH COURSE

BLUE TRACK

How does marriage and exclusivity in couples lead us into a dark world of lies?

Symbolically and practically speaking, the oath sworn when wedding rings are exchanged is a further stage of entering a world where it is normal to have secrets and to lie.

That culture accustoms us to feeling like we exist more fully when we do things in secret. It's the mental virus of "not seen, not caught!" which further accentuates the greatest psychiatric disease of our times ... the split between what we are and the image we have of ourselves. There are more and more men and women who only experience sexual enjoyment when they do things in secret. Living in the shadows full of lies is like raping the soul, because it allows the person to make choices they wouldn't have made without that lie. In lying, you steal part of the life of the person you are lying to.

Marriage is antinatural because it tends to freeze things and personalities! Life is like flowing water.

Stagnant water rots, changes form and is recycled!

Life has to evolve constantly in order not to be recycled. That is one of Life's laws.

Where that law isn't respected, destruction occurs.

Furthermore, a French Court of Appeals judge set a precedent in a divorce proceeding today, stating:

"Due to changing mores (...) marital infidelity can no longer be considered (...) contrary to common representations of morality in contemporary society."

"C à vous" Program, France5 Television

This is a clear indication that infidelity is now the norm.

Marriage involves all kinds of duties, whereas Love is designed to make those we love as free as possible! Fertile Culture is absolutely not against couples, provided that the two partners develop into the most self-sufficient, free and supportive beings possible! If they manage to live together and not allow their attachment to each other to be stronger than their inner bond, that's awesome.

What's not right is when people break off their relationship merely because one of them wants to have an affair with someone else! This is even truer if they have children... And yet, those who have already experienced it know that it is possible to love two or even several people at the same time! There are those who lie and those who do things in the Light of day, that's all! There are those who jeopardize their children's welfare and those who combine their own and their children's welfare. It's a question of choice and personal taste! My choice is that I can't stand lies and I'm sick of a world where every new generation of children seems more wounded than the previous one!

It's unbelievable how many people say they'd rather not know! And it's usually women!

I'll never forget the day when I saw the great love of my childhood again. I was about thirty and we hadn't seen each other since we were teenagers. She was married and had children. I had just spent the night with a friend who confessed that she was in an ongoing affair with ... my childhood love's husband. The discussion quickly turned to free love since she knew I was an advocate of it. I admit that I really wanted to tell her. I felt somewhat responsible, and part of me saw it as my duty. Furthermore, I was dying to be her lover again, and I thought that if she knew her husband was cheating on her, she'd allow herself the same freedom.

And I admit that I really wanted to tell her because she was so “pro exclusivity”. It was a way to prove that I had always been right about the fact that free love is natural, but also that it's far better for the children. It was in fact the reason why she left me as a teenager. At one point, her tone changed, and she said in a slightly threatening voice: “In any case, if you ever find out that my husband has been sleeping with someone else, don't tell me. Otherwise, I'd leave him.” It just goes to show that there are all kinds on this planet ...

If two people choose to spend their whole lives together, I have no issue with that. But why the need to get married if not to reassure themselves? Isn't it a lack of trust in the other person and in oneself, a lack of Faith in life? If we truly had faith, we'd be certain that life will always offer us whatever we need, wouldn't we?

And despite what I've just written, I swear I have absolutely nothing against married people. I'm just putting marriage in perspective, not condemning it, since it's already designed to make people sick of it!

In the same spirit, if you're reaching for true Freedom, then choose your teachers, therapists, healers and shamans well. If they are pro marriage, there's a good chance they are tied to religious thoughtforms*/egregores* of expediency/patriarchal in the invisible realms! It seems to make sense, right? Except of course in cases where there's a legal reason for the marriage, such as for instance to help regularize a foreigner's status. And there are plenty of married people who don't believe in marriage but get married “due to habit or a cultural reflex”. So don't be fooled by appearances and feel free to talk to them about it.

Accepting that there are two major families of romantic relationships is crucial. Those which allow us to develop our potential and dreams to the fullest, and those which, on the contrary, lock us into “relationships with complementary neuroses”. Be aware that relationships with complementary neuroses are evolutionary and can help you learn to heal your wounds when you move on to something else. If you stay stuck in one, it triggers all kinds of disease.

According to Fertile Cultures, the purpose of the soul's incarnation on Earth/Gaia is to achieve inner marriage. Inner marriage means being reconciled with one's inner father and mother, which involves reconciling with the feminine and masculine aspect of creation. But don't forget – to do this, one must reconnect with the “true” (in the eternal sense) characteristics of the feminine and masculine!

I hope you've grasped how our Judeo-Christian-Muslim-Buddhist culture is essentially based on a lie about the definition of the masculine and feminine. Then our inner

father and mother create an inner “etheric” child together (made of energy). A “Christ” child, to use a Christian word!

We all have the potential to become christs, but that doesn't mean every soul* will “christify” one day. It's like the seeds of great trees in the forest. Only a small minority of them will produce a tree that reaches adulthood. This “Christ child” can be seen as a metaphor for a new extension of the Self.

The goal is to be able to make the connection, to touch one's Divine/Fertile part, as man and God are trying to do in Michelangelo's fresco in the Sistine Chapel, “The Creation of Adam”. But man has a lazy, lackluster attitude in the image, whereas God is reaching out to touch him.

The idea is to link the Alpha
(the point of view of the creator in us) and the Omega
(which lives the experience, the point of view of that
which is created).

Romantic, sexual and amicable relationships are invaluable in moving toward this marriage of inner alchemy. But they are also double-edged. The solution is Mature Free Love. “Free” in the sense of “liberating”!

You can experience liberating love while in a two-person relationship! People are polygamous by nature, and their monogamy is a façade! The Bible claims that Christ kept repeating: “Love one another”. This seems to be a clear appeal for polygamy and bisexuality! The following is an excerpt from the magazine *Le Monde des Religions* which proves the historical acceptance that the concept of the virgin has been completely distorted.

“In ancient times, virgin meant “unmarried woman”, free from a man's guardianship. Thus, Ishtar (Venus: author's note), the goddess of fertility and love (...) (author's note: and of war), is called a virgin, even though these Great Mother Goddesses (Magna Mater) all had lovers and one or more sons. In this specific case, “being a virgin” is not synonymous with chastity but refers to a woman who is not married; being a virgin in the ancient world therefore referred to a quality. (...) Despite a lively and plural sexuality and successive pregnancies, these goddesses remained virgins. As part of a matriarchal system, they were above all mistresses of themselves, therefore free to accept*

or refuse men's demands. (...) But the meaning of the term here suggests that no man ever possessed (or dispossessed her)."

**Author's Note = Claude Traks.*

Florence Quentin

"L'Obsession de la virginité" ["The Obsession with Virginity."]

Le Monde des religions. July-August 2009

SPECIALIZED COURSE

BLACK TRACK!

WHAT IS MATURE FREE LOVE?

More than 90% of couples (married or not) end up cheating. In the end, the norm has become monogamy on the surface and "cheating" on the sly. I honestly believe that we would be taking a major step toward greater Humanity by ending that hypocrisy.

Mature Free Love is absolutely not against people who want to live as a couple. On the contrary! It protects the couple from many evils so that the partners don't grow distant due to frustration or other reasons! Nor is it against the welfare of the family and children. On the contrary, it promotes the child's deeper welfare, shunning the current system, which is designed to produce children who grow up alone with their mother or father! Mature Free Love gives the Mom and Dad a better chance of raising their children together in a conscious way, while their emotional and sexual lives continue to evolve. This also involves practicing energy hygiene by consciously choosing one's partners.

Mature Free Love includes 4 essential points that must be followed to the letter in order to produce maximum results.

1/ If you are in a "couple", only make Love or flirt with another partner if you really want to, only if it is important for you!

The reason can be a physical or only a sexual attraction, but don't do it unconsciously! You have to really want to do it. Above all, don't fall into the trap of thinking that if you want to have sex with someone, it means that you love them.

Making Love can be a sacred act, in the sense of creating something. It either strengthens the Fertile personality (Light) within us, or it nourishes our “sleep-inducing “patriarchal” side, where it is easier to follow the mainstream way that destroys everything. But in addition, it influences the whole planet, because it creates energy that feeds either “the network of “patriarchal stagnation” or the “network of Fertility”.

We are dealing with two different networks that can be compared to two different telephone networks with two different “wavelengths”.

You are either on one network or the other.

The “patriarchal/sleep-inducing” network connects from outside of us and the “Fertile Network of Light” connects from deep within us.

In Fertile Cultures, to avoid feeding into and off of the “sleep-inducing” network, one could go to a temple to make love with a sexual priest or priestess. It is impossible to have a free society without teaching people a form of sexuality that energizes and raises consciousness, because they will spend their whole lives compensating for a lack of sexuality while continuing to practice a form of it that doesn’t nurture them! They then become ultra-manipulable. This is why one of the first acts of “patriarchal” cultures was to destroy the temples dedicated to sacred sexuality, to rape sacred prostitutes (men and women) and to lock them up in brothels. (Have a look at the excerpts* from the Bible in the Appendix!).

In the “pagan” temples run by the Fertile Culture, one could have sex, find shelter and food. But one could also learn all the arts and sciences, and of course shamanism with the “flesh of the gods”, which will be discussed later in the book. But under no circumstances could one ejaculate in a prostitute’s body. Retaining one’s semen, not letting yourself be carried away by the dragon of sexuality, but riding it and aiming for inner orgasms, was a mark of strength and maturity necessary to be in a position of power.

Nowadays, it's the opposite, as most men need to ejaculate a lot to feel like they exist! Go tell your average macho that he’s weak because he can’t control his ejaculations and you’re likely to get walloped. On the contrary, our culture is dedicated to ejaculation and the loss of our identity by wasting semen! It’s no longer *“I think therefore I am”*, it’s *“I ejaculate therefore I exist!”* It reminds me of cats marking their territory.

2/ Only make Love with people who have the same kind of impetus and are serving the same kind of values as oneself. When we make Love, we blend with the emotions, thoughts and, above all, values of our partners. This is even more the case for women because it goes inside, and that's 144,000 times truer if the man ejaculates inside the woman's body!

3/ If you are in a "couple" and are having intimate relations with others, you must dare to do it in the Light of day. That means letting your partner know, if possible before it happens, or at worst, warning them when you next see them! But one must warn them before engaging in physical merging with them. The goal is to give your partner the choice to blend or not blend with this or that energy identity.

In romantic relationships, dolphins also show us the way. They form couples that can last a very long time, sometimes for a lifetime. Each partner takes a lover from time to time. This works well if there is a balance, i.e. if each partner has a lover at the same time. If there is an imbalance, i.e. if one partner has a lover and the other does not, they may go as far as fighting, sometimes to the point of death.

4/ Do not ejaculate inside a woman if you don't want a baby and if this has not been clearly decided by the partners before making Love, even before foreplay! Foreplay triggers a chemical process in our neurons that makes us want to procreate. This is one of the Laws of Fertile cultures.

Giving birth consciously, i.e. choosing to get pregnant BEFORE getting pregnant, is a decisive step in going beyond the level of animality (shelter, food, fun and procreation). There's nothing wrong with animality per se, but the idea is to take our evolution farther. Much farther! For those who want to! Nobody has to!

"Can love be burdened with duty?" Isn't love synonymous with freedom? If you really love someone, don't you want them to be the happiest they can be and therefore to live as closely as possible to their aspirations and dreams? (...) Does love involve responsibilities and duties, and does it employ such words? Is there love when one acts out of duty? Doesn't the notion of duty exclude it? The structure of duty imprisons man and destroys him. When you force yourself to act out of duty, you don't love what you're doing. Love entails neither duty nor responsibility."

Krishnamurti.

Se Libérer du Connu [Freedom From the Known]. Ed. Stock.

In Mature Free Love, you choose your partners, you do it “in the Light”, without hiding. Above all, you only do it when you really want to.

In “Exclusive Love”, you hold back so much that, one day, you can’t take the abstinence anymore, so you have sexual relations in secret with whomever.

The huge difference in terms of energy hygiene* here is that you’re mixing energetically without choosing whether it’s taking you in the direction you want to go in. This blurs your identity and makes you want to be like others without continuing to seek your own path and question yourself.

Romantic relationships are too often situations where the two protagonists begin living for each other, forgetting their own dreams and aspirations. Most couples that experience exclusive love become less self-sufficient, slow down or even stop evolving (cancer*) and increase their need for consumer goods to compensate for the emptiness of their existence!

At this precise moment in our history, when women and men absolutely must evolve as quickly as possible, without which humanity will self-destruct, I contend that the way we choose our romantic partners and handle our sexuality is one of the most crucial of political acts!

It seems obvious to me that security-based love endangers the future of all the children in the world, whereas evolutionary love is one of the keys to the success of the Golden Age of Humanity!

Furthermore, many couples break up – and many children find themselves without a father or mother – because one of them felt like making love with someone else. Don’t you think that’s a shame? And what about couples where, for whatever reason, one of them wants to “look elsewhere” but doesn’t? Many of them gradually lose their zest for life and end up believing they no longer love their partner.

Mature Free Love involves a deep respect for transparency. At least transparency removes the ridiculous desire to do something just because it’s forbidden! In Mature Free Love, lying to one’s partner is out of the question, so it’s not cheating. Furthermore, it leaves the partner the choice to react as they wish. They may then choose to do the same thing.

Mature Free Love keeps you from falling asleep, because in response to the other's freedom to do as they please, you'll work twice as hard to always improve and keep your LOVE alive, like you'd look after a garden. The other then feels like sharing many experiences with you.

Lying to the other should be the opposite of Love, shouldn't it? Anyway, our subconscious knows absolutely everything, so the other will sense something. The deceived partner will often take it as disinterest, and one day he/she may believe it means that they no longer love each other.

I'll take this opportunity to explain why it is being hidden from people that they are telepaths. People are not told that they are telepathic for a very simple reason: that way, they believe that all the thoughts passing in front of the screen of their Consciousness are their own thoughts, whereas they may be the thoughts of their neighbors, of a person they are attached to, or a thought that comes from the collective unconscious.

Our culture has developed the habit of hiding the telepathic nature of humans so that they are influenced as much as possible by the collective unconscious of the masses, so that those on the fringes are brought back into the fold... in order to blend in, like mussels. Sorry, I'm teasing a bit, but I think it's an excellent metaphor. Mussels cling, it's really hard to pull them off, and they move very slowly. We all have our cultural references, I guess! My physical body was born in the land of mussels and fries (the Kingdom of Belgium)!

8-3 - THE FALSE IMAGE OF WOMEN AND UNCONDITIONAL LOVE

“But I suffer not a woman to teach, nor to usurp authority over the man, but to be in silence. (...) Notwithstanding she shall be saved in childbearing, if they continue in faith and charity and holiness with sobriety.”

*(1 Timothy 2:12-15) The Bible,
King James Version.*

“One is not born a woman, but becomes one.”

Simone de Beauvoir.

“I am strong, I am invincible, I am Woman”.

Helen Reddy

AN INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:

A woman represents above all the sweetness of the mother! She is there for her husband and then for her children. She has to grin and bear it when her husband isn't fair. It's normal (male norm) for a woman to sacrifice herself for her family, her husband's career and her children's happiness. To be a good mother means putting the rest of the family before yourself! A woman who doesn't have children is not an accomplished woman.

All this is illustrated by the figure of the Vatican version of the Virgin Mary who is supposed to define unconditional love. Unconditional love in the Vatican version of the Virgin Mary basically means accepting everything, taking it on the chin and gritting your teeth.

While women's inferior position is acknowledged in the 3 religions of the book, very few people are aware that things are no better among Buddhists*. For Buddhists, women are considered impure. Most branches of this religion believe that it isn't really possible to achieve “enlightenment” in a woman's body. Women are in such a difficult place that one of the main prayers recited by Tibetan women is done in the hope of being reborn in a man's body. “Thank you, God, for not making me born a woman...”. Some Tibetan Buddhists start their morning prayers that way.

FERTILE CULTURE POINT OF VIEW:

One of our culture's biggest lies is trying to make us believe that sweetness is the main feminine feature.

The main feature of real women is creative AND destructive fire! The real woman is a lioness willing to do anything to defend her cubs!

If women don't make at least as many decisions as men in a community, it turns into a catastrophe, as we can see in the world today. If a woman doesn't defend her children, who will? Men need women more than women need men! Emotionally, energetically, materially and sexually, men in our culture are soon lost without women!

Our culture implies that the female is the weaker sex. I strongly disagree. It is the women who decide the Community's state of mind by choosing this or that kind of men. If women on the planet did their job (at least those who can) by giving their sexuality and energy only to men who are doing their utmost to keep Humanity from continuing to self-destruct, we'd be living in a paradise-like environment in the blink of an eye! So the excuse that they can't do anything about it and that it the men's fault no longer holds water!

The historical figure of the Vatican version of the Virgin Mary did not exist historically and is not mentioned even once in the Bible. It was invented from scratch to try to make people forget the Virgin Mary Magdalene who really existed. Conversely, Mary Magdalene is mentioned 12 times in the "official" gospels. There are many historical traces of her existence, which is absolutely not the case for the Vatican version of the Virgin Mary. It seems that Mary Magdalene came to the South of France and spread Fertile culture on both sides of the Pyrenees.

As for the Inquisition from the 12th to the 18th century, it was established to eliminate those who still lived according to the Fertile Culture. This especially concerned those who claimed to heal souls, since the church kept this privilege for itself. But it was also a way to kill women who were a little too free, independent, and self-sufficient. For instance, those who were financially independent from a man were fair game. A neighbor's mere denunciation could be enough to bring them before the court of the Inquisition. This was very common, as the "witches'" wealth was then shared between the denouncer and the judge! As a result, many financially independent women (often widows) were burned at the stake.

Among the criteria to decide if you were a witch, there was the fact of walking alone in the woods barefoot, making love outside of wedlock, not going to mass, wearing sexy clothes, showing that you enjoyed sex, having intercourse in ways other than the missionary position, etc.

Incidentally, regarding the position of the woman straddling the man, this is how all preliminary sexual contact should be made. That way, the woman goes at her own speed and controls the act, choosing whether she wants penetration or not. It is the woman who decides. For the man to decide is unnatural.

HOW DOES THE MENTAL VIRUS OF THE VIRGIN MARY IMPRISON AND MANIPULATE WOMEN?

In its Vatican version, the concept of the Virgin Mary is the perfect example of a mental virus that transforms women into soldiers of the patriarchy, while making them believe they are serving Love.

Dear Sisters, it is only by understanding the concept of the mental virus of the Vatican version of the Virgin Mary that you will be able to throw off your shackles. This virus programs you to become attached to and nurture partners/relationships that you do not like, with the excuse of wanting to change and save them. But those attachments are chains that foster the established system of destruction/stagnation and prevent you from living up to your tremendous potential as women!

The following is a long excerpt from the fabulous book “Tantra” by André Van Lysebeth, who is quoting Louis Pauwels here.

“Today’s clever minds denounce the misdeeds of recent colonialism: Indians wiped out, African sorcerers extinct, persecuted black civilizations. What we are not told about are our own ancient totems, which have been toppled! (...) Our priestesses who were exterminated. Our women who were taken from us. Old Europe, too, was colonized and disfigured. Indeed, gentlemen, I dare to say it. From my purely anthropological standpoint, the history of the Christian church is of a war waged by foreigners against a very ancient, very powerful, very deeply rooted native cult, and of a successful crime against the entire female human race. We have lost our other half, gentlemen. They have killed her. I will demonstrate this. (...) I am not blaming anyone. Perhaps this fabulous crime was necessary. (...) Gentlemen, the being we call woman is not woman. It is a degeneration, a copy. The essence is not there, the principle is not there,

our joy and our salvation are not there. (...) we call women beings who have only the appearance of it, we take in our arms imitations of a species entirely or almost destroyed. (...) a woman is rare, she straddles the floodwaters, overturns thrones, stops time. (...) the real woman (...) shines from the other side of creation. She knows the secrets of waters, stones, plants and beasts. (...) She possesses the keys to health, to rest, to the harmonies of matter. It is the white witch that Michelet met (...) who is waiting for man to begin an earthly paradise again. (...) it is she who sows the seeds in man: she reincarnates him, she reintroduces into him the beginning of the world. She restores him to his work as a man, which is to ascend as high as possible within himself. (...) Gentlemen, to discover a true woman is a moment of grace. Not to be afraid of her is another. (...) She appears suddenly in the herd of false females, and the privileged man who sees her begins to tremble with desire and fear. Everything will change, there's no more playing around (...)"

Louis Pauwels

La Femme est rare [Women are rare] from Tantra by André Van Lysebeth. P. 181.

"There are two obvious conclusions to all this. Firstly, man must pass through her in order to achieve a state of being. Women, all women, are the true initiators of man, his path to being. Secondly, the patriarchal system has deprived men of real women, a danger to his supremacy. In response to this, women must become aware of the woman dormant within them: it is high time she came out of the cocoon! Tantra can accomplish this essential task and save our modern world on the road to ruin. (...) To get out of it, man will have to agree to reexplore his own hidden, repressed femininity. (...) Developing a man's feminine aspects doesn't mean emasculating him, quite the contrary."

Andre Van Lysebeth, Tantra. P. 183.

DEVELOPMENT & DEMONSTRATION:

The more years go by, the more I am amazed by the way women mix up love and suffering! They have a capacity to suffer and to put themselves in situations that make them suffer beyond all understanding! Where does that suffering come from?

The symbolic figures in religious books speak to us of different ways of loving. “Aimer” (to Love) and “Marie” (Mary) are formed from the same letters (an anagram). This is perhaps a clue to help us learn to discern the differences between the Virgin Mary Magdalene version of Love and the Vatican Virgin Mary version of Love. You will see how they are exactly the opposite of each other. You could also say that the 2 Mary’s offer two totally opposite definitions of unconditional love. This is not a detail because our world suffers unnecessarily due to the perverse definition of Unconditional Love.

Courtly love in the Middle Ages, where the princess only gave her Love to the one who would fight “for Christ and Justice”, has been called heresy by the Vatican*. If you look at what Courtly Love was, you will understand why it speaks to us of a kind of Love that has always frightened those in power, those who bleed people dry. A Princess who offers her Love to one who is going to fight for a fairer world is really dangerous for a power based on injustice. This is a definition of Love that moves in the direction of a better Humanity! Religions have given us a dark image of the Middle Ages. They have even called the period after it the Renaissance to further insist on the denigration of the Middle Ages.

I would remind you for the third time that nowadays the word “virgin” refers to a being who has never had sexual intercourse, whereas in ancient times “virgin” referred to a person who was free of all domination, a relatively autonomous person. I hope you realize how important this information is.

“The more you suffer in this life, the more likely you are to go to heaven.” Don’t forget that this is the main slogan of Catholicism! And it’s true in a way, since a soul* disgusted with the suffering inflicted by this “upside down” culture would probably want exactly the opposite! And who could be more apt to suffer than a being stuck in the image of the Vatican version of the Virgin Mary: one who sacrifices herself for others!

*“Christianity DEIFIES suffering in order to make it
the instrument of the Earth’s salvation.”*

The Mother’s Diary, July 29, 1967. Sri Aurobindo Ashram Editions

If you’ve never read the Bible, be aware that there is no mention of the Vatican version of the Virgin Mary. On the other hand, Mary Magdalene is highly present, especially at key moments in the story. The Virgin Mary mother of Jesus was given prominence when the concept of the Immaculate Conception was invented, “officialized” by the Vatican only in 1852! This was necessary because the Vatican was in despair over Mary Magdalene continuing to be

more venerated, quoted and prayed to than Jesus and “God the Father” combined, despite her image as a prostitute.

If you look around, most churches, cathedrals and other places of worship are in fact dedicated to Mary. There are very few that are called “Cathedral of Our God” or “Cathedral of Jesus”... Very, very few... This is another clue pointing to the fact that Christian culture was basically a Fertility cult and, as such, the feminine aspect was more “prayed to” precisely because fertility is its main characteristic.

Most people understand unconditional Love to mean accepting others as they are and taking it on the chin. I love you no matter what you do! If this is your view, give yourself time to think it over and you’ll see that it’s not a very lofty kind of love!

Unconditional Love experienced that way is only focused on the interests of a few people without taking into consideration the whole of Humanity. It is a self-centered rather than an elevated Love that encompasses all of Humanity! Being human means regarding all of humanity as one’s family.

Let’s take the example of the good husband with lots of money invested in the stock market. Vatican-style unconditional love won’t inform him that, through his actions, he is creating a lot of suffering which he may not even be aware of. I won’t get into the subject too much, but playing the stock market accelerates the deterioration of our civilization, destroys the middle classes and systematizes the prostitution of bodies and souls. For those who don’t know it, the very concept of the stock market and the false debt it generates produces more death and suffering every year than the Nazis did in ten years. Most women are stuck in the Vatican version of love and won’t dare tell their husbands about it. Some even hide behind a sense of pride at feeling more enlightened because “they don’t judge others”.

But how will we manage without telling the older generation they’ve totally screwed up and continue doing so? “Oh, I’m not judging you. Go ahead, keep on destroying the planet. I’m so enlightened, I won’t judge you!” Honestly, do you think that’s love?

“Mary Magdalene-style unconditional Love” wants JUSTICE! It is the Love of a lioness, one who will do everything to protect her little ones and their environment. In Mary Magdalene-style Love, being “Loving” to her stock market-playing husband would be to make him aware

that he's feeding an instrument that creates great suffering on Earth, even if it may mean her husband rejects her. That is the definition of a **REAL WOMAN**, one who champions life and not just the comfort of her loved ones. One who cannot dissociate Love, Justice and the welfare of future generations. Such women understand that their choice of partner is essential because it is also how they promote this or that type of man.

The Vatican-style Virgin Mary butters others up and agrees to everything. She accepts everything "because if that's how it is, that's how it should be", a very common saying among passive people. Moreover, that saying is totally contrary to another very popular expression which says that "we co-create our own reality"! For them, to love means not to annoy/offend others, even if it means being false! In that frame of mind, many people confuse love with pity.

Mary Magdalene-style unconditional Love is the exact opposite. It seeks to be true at all costs, even if it means giving it to the other person straight. It makes us aware of the gulf that too often exists between what people would like to be and what they in fact are! Mary Magdalene-style unconditional Love knows that if you love another, you want them to grow as much as possible.

Vatican-style Virgin Mary Love was invented by dictators so that the "employees of extremist male logic" could have sweet and submissive women to provide them with energy and children.

Mary Magdalene Love has never been loved by dictators because it encourages people to take a hard look at themselves, then they no longer want to do work that isn't in sync with their deepest values... In other words, they stop being passive or active collaborators and start "resisting". In Fertile Culture educational systems, people are given time to blossom and to dream... In "upside down" cultures, dreaming is a waste of time.

To sum up, we could call these two radically different ways of loving "sleep- inducing, security love" and "awakening, liberating Love"! But security love is an emotion while evolutionary Love is a force with a conscience, thus the capitalization.

It is important to note that many women have shown an unhealthy reaction to male despotism. They are tired of being dominated, so they in turn want to dominate! To do so, they choose men they feel they can dominate. To dominate is not always the right word because, for example, a woman may get involved with a guy who beats her, so he's dominating her in

that area. But the woman feels superior to him from a human perspective! This allows her to mother him and therefore highlight her motherly aspect in their romantic relationship!

The current norm is to be with men whom they can mother and help, but who don't threaten them too much! If the men are far from what they would like, they beguile themselves about their potential and their desire to change them! Sometimes these gentlemen really do change, but most of the time it's a cultural trap set for women by astral* forces. Because, if you think about it, committing to a partner you want to change isn't really loving them for who they are! They keep repeating phrases like: "But he really wants to change!"

Most women and men feel uncomfortable going with partners who still hope to "change the world".

In doing so, they demean and slow down the whole process of evolution. Naturally, the image of the Vatican version of the Virgin Mary is behind the scenes here, trying to make us believe that we're acting with Love! I swear that the Vatican figure of the Virgin Mary was invented from the start to make us love "backwards".

"Europe suffers from a soul deficit because it has killed even the memory of the "Great Feminine" and, in so doing, it has amputated the spiritual dimension of humanity. Having demonized the feminine, it has forbidden the European man (males) to exploit the femininity which he naturally holds within himself, thus orienting him towards a conquering personality, which keeps him in a permanent state of war, preventing him from reinstating his totality: a blend of feminine and masculine, the harmonious mixture that is a guarantee of both health and Peace."*

Françoise Gange. Bafoué. [The Rape of Europa or the Feminine Scorned]
Editions Alphée.

The tragedy of the "modern" woman is that
she hasn't understood
that she has almost total power!

One of the great problems in French, Spanish and English is that there is only one word for Love. We use the same word to talk about the love we have for our children or for our "lover". This proves our lack of knowledge on the subject, and I hope you can see that it's a

different kind of love. The ancient Greeks had eight words to talk about eight different kinds of love!!! Indeed, the official religions that created the foundations of our cultures consciously hid what other cultures had already discovered about Love. For example, there was a time when the Greeks' teachings about Love was considered heretical.

I feel that depriving our evolution of the Greek science of Love is the most devastating lie of all! It's really revolting because, for me, it inhibited my love and sex life for years. My mother, a shrink and very feminist, used to tell me that I had to wait until I really loved someone before making love. Since I was a rather honest guy, I quickly realized that it isn't easy to know if you love someone! So, as I was afraid of being taken for a bastard, I waited so long to have sex that some of my girlfriends left me to have sex with someone else.

The Greeks understood that if you don't learn to distinguish between the 8 different types of love, it creates chaos in individual psyches. Through a domino effect, it drags the whole collective unconscious into a race for something that drives you crazy because it doesn't exist: "The great Love that will compensate for everything we lack!"

One could summarize the chaos in the world as coming from our lack of knowledge in the field of Love and Sexuality. As most people don't have any instructions for the science of love, they are perpetually frustrated and therefore stuck in the envelope of their "first chakra". But I haven't told you yet about the "chakra scale" and their "energy envelopes", which hardly anyone teaches. In short, the chakras can be seen as turbines/ filters, each of which is connected to a different energy wavelength. They are at the heart of nearly all Asian cultures.

I don't know if the Greeks had any notion of the chakras, but it was a revelation to me when I realized that the 8 different types of love the Greeks talk about are also the 8 different viewpoints on the definition of Love found in each chakra. I know that this is the basic course, but you MUST have a minimum of knowledge about the chakras, otherwise it's not a solid base.

There are 3 major gaps/traps in the classical chakra teachings.

One of them is not understanding that the chakras are also stages of evolution that each person goes through during his or her life, or even during the same day.

The second is that we have an 8th chakra.

The third is that we should NEVER try to open our chakras, because they are also important filters that protect us from outside energy. We can nurture them, heal them, harmonize them, but I find that it's better to trust them about the need to be open or closed.

We have 8 main chakras. I believe that each of them is like another part of us and that in fact we are multidimensional beings.

This means that we have parts of ourselves that “live” in other dimensions.

I truly believe that the deepest calling of every soul is to reconnect with the different parts of ourselves and to become one.

It is these other dimensions that we contact when dreaming. In order to be a fully realized being, we should have a foot in each dimension.

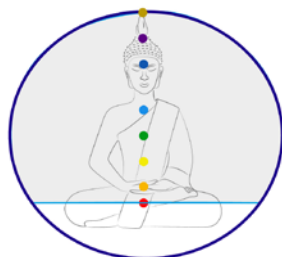
What we call “our reality” is only the surface of things. Reality is like an onion composed of many layers, and our culture prevents us from being aware of some of its layers. Our “reality” is the result of everything that happens in the 8 dimensions where everything has its source.

Each level of Consciousness has a different definition of Love, a different viewpoint and therefore at times contradictory interests!

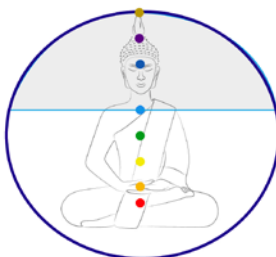
Each chakra is attached to one of the envelopes/layers of our “energy onion”. Each envelope/layer has its own color, musical note, mineral and its favorite natural substances that can nourish it and help it to develop. The dimensions and chakras are structured like music. A scale or “reality” is made up of 8 different notes or dimensions or 13 notes/dimensions if the black keys are included. It's not a big deal if you don't get it... LOL....

Even though a person can move through all levels of Consciousness in the same day, each individual's evolution is at a medium level of chakra elevation. This average level may drop suddenly or, on the contrary, move in leaps and bounds. I hypothesize that in a healthy, fertile, evolutionary-focused culture, an individual would move to the next chakra level of evolution approximately every 7 years. At each of these stages, he would explore another definition, another facet of Love.

THE 8 KINDS OF LOVE/LEVELS OF CONSCIOUSNESS ACCORDING TO THE ANCIENT GREEKS



Filled with fertile energy up to chakra 1



Filled with fertile energy up to chakra 5

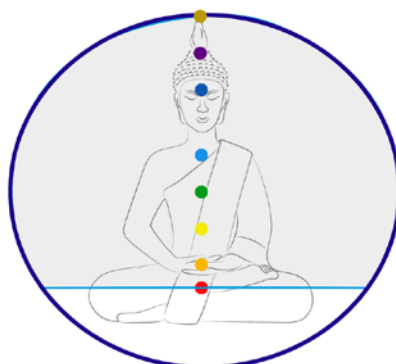


Filled with fertile energy up to chakra 8

Explanation of the above drawings: another, somewhat simplistic way of picturing levels of consciousness (take it as a metaphor) is to consider that the more fertile energy we have in us, the higher we rise on the scale of consciousness/chakra levels, and the clearer our aura becomes. Consequently, our definition of love varies according to our level of consciousness. The age indications, in the next pages, are only valid for people living in a fertile culture. For those who live in a patriarchal culture, the average level rarely exceeds the 3rd chakra, and most are stuck at the first chakra. This doesn't stop people from having moments when they experience higher levels of consciousness.

1ST CHAKRA

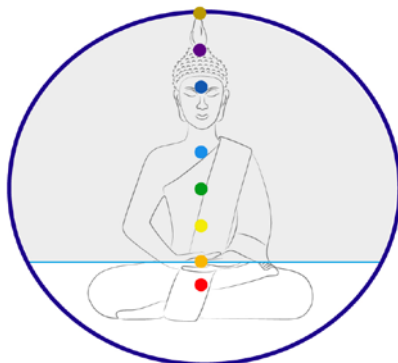
(base of the spine) 0 to 7 years old. Surviving, eating, procreating. This is the level of **Storge love** according to the ancient Greeks, i.e. **familial love**. Its intensity – whether tender or tense – helps us to elevate the soul! Reaching out to others, being caring and attentive. But there's also an aspect of dependence.



Filled with fertile energy up to chakra 1

2ND CHAKRA

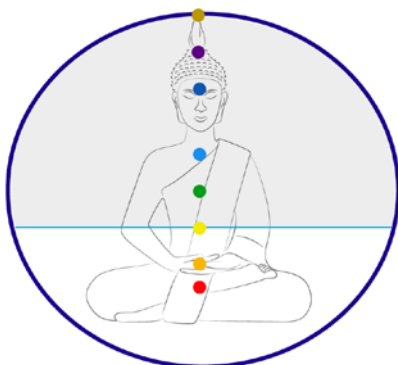
(below the navel) 8 to 14 years old. Formation of the will. **Pathos love** (suffering, passion). Our first love stories, which are sometimes platonic. If platonic, they may also create suffering because of not acting on it. It is passionate, possessive love. It is often restless and obsessive, especially because these are our first attachments outside the family circle. It's as if we needed to build up trust in the territory's stability. If this trust is betrayed, love can turn instantly into hate.



Filled with fertile energy up to chakra 2

3RD CHAKRA

(above the navel) 15 to 21 years old. Implementing the will. We manage to act, to set our will in motion. **Porneia Love** (from the Greek pornê, prostitute): in this all-consuming love, we expect the other to nurture us. We often fall into the trap of prostituting ourselves by formatting our personality to please another.



Filled with fertile energy up to chakra 3

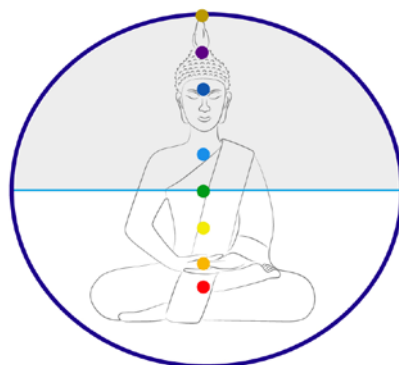
4TH CHAKRA

(middle of the chest, at the heart level) 22 to 28 years old. Discovering the outside world, relationships and the body. **Eros Love:** Desire and sensual pleasure. When the other leaves this illusion of perfection, we no longer love him/her. According to Freud, Eros has a creative and a destructive side. An “I want to take you” side and an “I want you to take me” side.

When Eros Love is rejected, it can create a lot of hatred! With their dreams of a great

Love, most Westerners are stuck in the dream of Eros. Yet it is the kind of love that creates the most suffering. First of all, because it brings disillusionment; you believe that the other loves you, whereas they only want to possess you. Second, because it puts you in a state of dependency. According to Plato, when you practice the “Eros” version of love, you can love sexually without being loved!

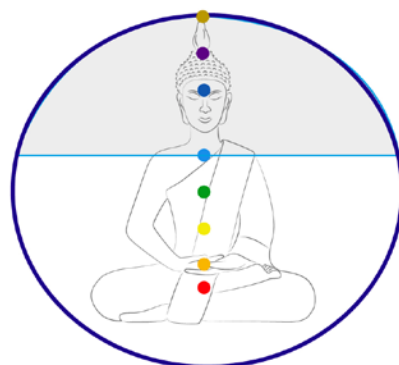
For the Romans, Eros was symbolized by Cupid! Well, there he is again! Be aware that there really are “cupids” (in the astral* plane) who shoot arrows at you to make you fall in love with a person, a religion or a place. That’s how it works! The arrow hits you with a program that makes you “**fall in backwards love**”.



Filled with fertile energy up to chakra 4

5TH CHAKRA

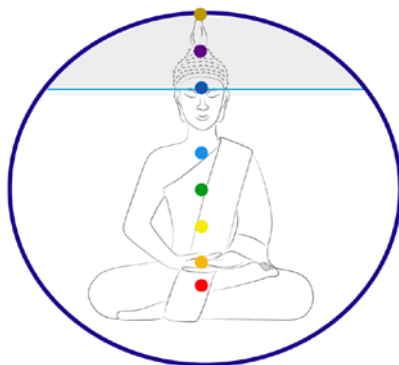
(throat) 29 to 35 years old. We dare to communicate who we are! **Philia** is friendly Love. It is love that exchanges, i.e. that gives and takes! Philia love cannot exist without being reciprocal! Mutual help, companionship and a community spirit* play a great role in consolidating a group. It is between Eros love (that takes) and Agape love (that gives). You may suffer if the balance between the amount of Eros and Agape is not harmonious.



Filled with fertile energy up to chakra 5

6TH CHAKRA

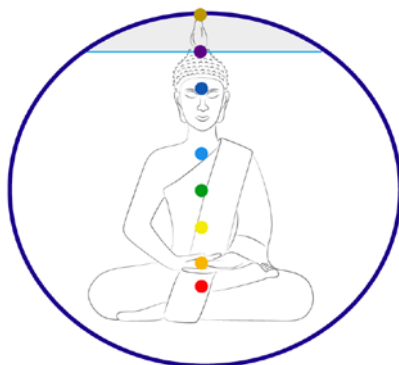
(third eye, between the two eyes, connected to the center of the brain) 36 to 42 years old. We manage to see life in its logic as sacred geometry. What we have understood inside OURSELVES, we see repeated in the outside world. **Charis love.** Friendship becomes more and more prized. Being together becomes more precious, but we don't want to overdo it. We see ourselves in each other and, consequently, are much more open to accepting one another as we are. Everyday life takes on its full flavor.



Filled with fertile energy up to chakra 6

7TH CHAKRA

(at the fontanel, like a crown). 43 to 49 years old. It is the crowning achievement of our being in this dimension. **Agape** is selfless love. Love means giving. One can love without being loved. We don't suffer because we don't expect anything in return. This Love implies that we are one and that we can give without expecting anything in return because the other is an extension of ourselves. Many consider it to be divine love (meaning the highest kind), but it depends on which version of unconditional love one advocates!



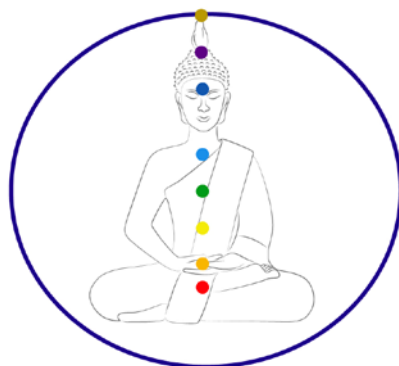
Filled with fertile energy up to chakra 7

8TH CHAKRA

(above the fontanel) 50 to 56 years old.

Unconditional Fertile Love that awakens, i.e.

we are true and fair no matter what the conditions or consequences. We have understood The Key and can therefore understand that even if all the different viewpoints about love are correct according to each person's level of Consciousness, the laws of evolutionary love **MUST** come first, especially when it involves children. To be on this level of Awareness, one has to make choices by asking oneself: "what would I do if I were a god/goddess, what would I do if I were all-powerful? A part of us IS divine/creative because we are connected to the whole. We must dare to connect with it, to give it a voice. Perhaps we might call it Divine love?



Filled with fertile energy up to chakra 8

Naturally, we often mix up the different types of love!

For instance, you can love without being loved under the sway of Eros and Agape. But my practical conclusion from this Greek vision of love is that one can very well live with someone, and even raise children together, without experiencing sexual desire toward that person. And, following that line of thought, one could be satisfied with a relationship that is only sexual. There's nothing wrong with that, as long as you are aware of it and are honest with your partner.

What causes a lot of suffering is confusing sexual attraction with love. The Mosos of China go so far as not to live with the people they make love with. They consider that it generates too many emotions, making everyday life too hectic for raising children. I prefer to believe that we can live under the same roof by practicing "daily healing". This means having talking circles every day.

"If you love me, I love you, if you don't love me, I don't love you." This is just the most human expression of love. (...) That's how it is. That means that it becomes commercial. (...) And what is better still is not to ask oneself whether one is loved or not, one should be absolutely indifferent to that. And that begins to be true love: one loves because one loves, not at all because one receives a response to one's love or because the other person loves you. All those conditions—that is not love. (...) Everything else is bargaining, it's not

love. (...) And it goes still farther; they apply it also to their relationship with the Divine; they say to the Divine: 'If you do what I want, I shall say that you love me, and I shall love you. But if you don't do what I want, then I won't think at all that you love me, and I certainly will not love you.' (...) There is no need at all of any reciprocity. I tell you, so long as there is this calculation in the mind or in the feelings and sensations, so long as there is some calculation, more or less acknowledged, it is bargaining, it is not love."

Interview with the Mother. August 26, 1953. Sri Aurobindo Ashram Publications.

IN-DEPTH COURSE

BLUE TRACK

Let's go deeper into this concept of chakra evolution from the standpoint of each person's evolutionary phases. If you've read enough about the chakras, go directly to the next core principle. In the first part of life, a being must first reassure and nurture their **1st chakra** in order to wean themselves off this basic energy. It is energy that allows one to be well rooted in life, to survive, and therefore to nurture, protect and procreate. This is the dimension of **Storge Love**, affection and family attachment!

A large part of Humanity is stuck in this first chakra, either for economic reasons or because its environment couldn't give them enough Storge Love to have confidence in themselves! They are looking for partners who resemble their parents, or to be more precise, who allow them to live in a "similar energetic color". That's why an adult stuck in Storge love will choose relationships with complementary neuroses. It's not bad, if and only if the relationship allows them to be weaned off Storge love and move on to relationships that are more nurtured by the "Spirit", by their essence, and by the senses... If they are relationships based only on inner feelings and/or that maintain a sense of lacking, then the evolution stops, or even regresses.

A person who nurtures their 1st chakra enough to feel "reassured" and "nurtured" may begin to develop their 2nd chakra which is the formation of the will and the Pathos love. With all our basic needs ensured, we can begin looking around in order to choose what our next step will be toward the outside world. This requires making choices.

The 2nd and 3rd chakras involve the discovery of Pathos and Pornea Love! We fantasize at first, then we act! Children spend a lot of time imagining what they're going to do and start developing strategies. But they always keep an eye on the base which their survival depends on. This is the stage where a little child lets go of his mother's leg to explore his surroundings, and quickly comes running back. He spends a lot of time going back and forth, which helps him develop confidence. Sometimes the child laughs with joy, delighted to have dared to "swim away from the edge of the pool" and still be safe and sound. The more the base is present whenever he needs it, the more he will develop trust and confidence in life. But the problem with modern culture is that the base isn't strong enough.

The nuclear family isn't stable and healthy enough to be a refuge. In Fertile cultures, individuals have a solid foundation with their temples/university on one hand and the children's places of birth and upbringing on the other.

In taking action, we can explore the **3rd chakra** which governs the will, controlling priorities, and the ability to make choices. Through our relationship with the outside world, we can establish and clarify who we are and what we want to "do with our lives". If we develop our deepest Self, we may begin to love ourselves without needing acknowledgement from others. But most of humanity is stuck between the formation of the will and its application; between the fantasies of Pathos love and the suffering that comes from the fact that Porneia love doesn't fulfill us at all.

On the contrary, it makes us insecure and therefore sends us back into Storge love (the base, the edge of the pool). We then look for partners who remind us in one way or another of our childhood energetic and emotional environment. The tendency is then to enter a period of relationships with complementary neuroses that make us feel secure. But since that doesn't nurture our inner child, who wants to explore the perimeters, we're back fantasizing (Pathos love) and there we go again. It's a vicious circle! Most people spend their lives going back and forth, which often results in having a stable relationship and from time to time a lover, even if it is only platonic.

If we manage to comfort/nurture our 3rd chakra, reassuring ourselves that if necessary, there will always be people to love, it will open the door to the **4th chakra (EROS love)** which governs the heart. Furthermore, applying our will develops our love for ourselves. We can't love others until we love ourselves and have reached a certain level of realization in our lives. This develops the intelligence of the heart, as the Heart is also a thinking organ! Moreover, there are neurons in the heart as well as in the stomach.

Starting from the heart chakra level, we grow closer to the 8th chakra than to the 1st. The 8th **chakra** connects us to our family of souls who have similar values to ours. Our 1st **chakra** connects us to the emotional and energetic environment we experienced as children, “the pool’s edge”. These two sources of energy nurture us from two realities that are completely opposite to each other.

It’s not always a comfortable phase. Our loved ones will often do everything they can to drag us down, as they feel that we’re leaving for something very different. We’re no longer “nurtured” enough by acknowledgement from our family and loved ones, and we’re still not connected enough to be nurtured only from the connection to our higher Self. It is referred to in the Bible as crossing the desert in the famous line: “God, where are you? I gave up everything for you and you have abandoned me!”

Answer of the interested party: “It is YOU who have abandoned me!” With that answer “God” (our higher self) gently reminds the soul* that it is the one that wanted to experience what happens when you don’t abide by the Laws of Fertile Love.

With the 5th chakra (throat), the connection to our family of souls begins to solidify. We want to get involved in world affairs and we grasp the fact that each of us can make a difference! We want to communicate to the world what we have discovered in one way or another. At this level of Awareness, **Philia** love is above all about communicating and communing in the sense that we become aware that we are all one. Just talking about it influences the world around us because knowledge spoken out loud is highly creative and fertile.

But remember that we’re talking about two opposing states of mind, so this exchange often triggers a rejection that can make us feel highly insecure. We’re afraid that if the pack rejects us, we won’t survive. This can make us suddenly fall back into our “home base”, on the 1st chakra level of consciousness. We want to call our mommy and daddy in tears.

We can compare these two cultures to the worlds of matter and antimatter! When they clash, it creates sparks, even hurricanes. But if we don’t fall back, facing our discoveries about the world that is asleep gives us an even better understanding of what’s happening behind-the-scenes.

This leads us to develop our 6th chakra (Charis Love), which is linked to sacred geometry, to understanding life’s different dimensions, to the magic of true intelligence. It is the “realm of reflection”. It helps us to be aware that the outer world is a projection (reflection) of our inner world. We can then understand the profoundness of the concept: “You want to know the

world? Know yourself!" This is the level of consciousness where we develop our 6th sense. At times we can see life with a great deal of hindsight, as if we were part of the family of deities. For example, we no longer perceive love stories or countries as going well or badly! We see the cycles of life in everything (spring, summer, autumn and winter). Our brain and its many ramifications are nourished by knowledge, creation and evolution.

Finally, the 7th chakra (Agape Love) is the culmination of man's potential in order to connect it to **the 8th chakra (unconditional Fertile Love)**, which is in fact the first chakra in the next spectrum (dimension).

Incidentally, the concept of the 7 chakras taught in "official yoga" is a lie with enormous consequences. It locks the soul* into one level (or spectrum) of consciousness. The dimensions are indeed structured like musical scales.

The musical scale is
do, re, mi, fa, sol, la, si, do (C, D, E, F, G, A, B, C).
That's 8 "notes", not 7.

It would be like a pianist only playing the white keys on a piano: C, D, E, F, G, A, B, without changing the scale! He can't do any great flourishes without the different scales. Well that's the "human condition": reduced to a single scale without doing any "great flourishes". This lie is made to prevent people from opening their 8th chakra, which is the 1st chakra in the next stage of our evolution toward becoming human. That doesn't stop me from loving yoga and wishing it were taught in school... But with the 8th chakra and some emotional soul searching.

Most people's consciousness only connects to the 7th and 8th dimension when they're asleep. Without it, they would die because nothing can replace the energies of the 7th and 8th dimensions! It partly answers the question I used to ask myself as a child: "Why do we need to sleep?"

Since in our "upside down" cultures everything is done so that our first chakra is not reassured, most people spend their lives trying to create a nest comparable to the one they knew as children! Then we seek partners (friends or loves) who live in the same energy color as those around us when we were little. Then we feel secure! But security and evolution don't often go together.

"The ancients loved ladders to symbolize the different levels of being and Consciousness, knowing that health means going up and down and holding

together the two ends of the ladder, the top and the bottom, the most carnal and the most Spiritual. Man himself is often symbolized by a ladder, and that is his mission. To hold together the most Divine and the most human in order to realize 'the archetype of synthesis'."

Catherine Bensaid & Jean-Yves Leloup "Qui aime quand je t'aime ?

De l'amour qui souffre à l'amour qui s'offre" [Who Loves When I Love You?

From Love that Suffers to Love that Offers], Pocket Evolution.

Is it necessary to have a reason to love? For if Blaise Pascal is right when he tells us that "the heart has its reasons that reason ignores!", then the intelligent thing would be to understand that listening only to "one's heart" leads us to have experiences that we will regret.

8-4 - IN PAIN YOU SHALL BRING FORTH CHILDREN!**INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:**

“I will multiply your pain in childbearing; in pain you shall bring forth children.”

Genesis. 3:16.

Thou shalt give birth in pain for thyself and THY child. I added “for THY child,” because when the mother suffers, so does the child.

FERTILE CULTURE POINT OF VIEW:

Birth is perhaps the most highly “conditioning” moment in our lives because it is the first experience with the outside world.

It's like seeing a dog for the first time and it bites you viciously. You'll feel distrust and an instinctive fear of dogs. Well, imagine what that does to a child's mind: the first experience with “life” is to suffer and feel your mother suffer!

A successful birth is a birth without pain for the child and the mother. The injunction to give birth lying on one's back is relatively recent. Louis XIV demanded that his mistresses give birth on their back in order to enjoy the show! Since then, this completely unnatural position has continued to be chosen by doctors and women in the West even though other positions are much more natural and better for the mother and for the child.

But this technique is still used for hospital deliveries, so that the doctors/midwives can see better, and it is more comfortable for them. If the woman gave birth standing up, the doctor/birth attendant would have to lie underneath her to see what was going on!

The whole art of childbirth amounts to assisting it as gently as possible in order to maintain a continuous bond. This is what Jean Liedloff calls “the continuum” in her book of the same name. To accomplish this, the child must be given as much contact with the mother's body as s/he wants, and the cord should be cut as late as possible. Then, while the child is growing up, this contact must be maintained through constant attention, at least until the child reaches the age of reason. Only then can they understand why they are being left alone, and not necessarily believe it is a form of abandonment. Before the age of reason, children are in the perpetual present. If abandoned, they believe it is forever. So, daycare before 6-7 years old should really be avoided.

DEVELOPMENT & DEMONSTRATION:

I could have made this point in the first place, but I felt that the nuclear family and marriage were a priority! And yet, this is where it all starts! Shrinks tell us that the younger we are, the deeper the conditioning from our experiences. Childbirth, the life of the fetus in the womb, and even the state of mind in which we procreate, are therefore of prime importance!

Contrary to what we believe, childbirth should not involve suffering! There are many childbirth techniques through which a woman rarely suffers. Many women who experience one even talk about having an orgasm!

More than ever, childbirth and all the little rituals surrounding it demonstrate that our modern culture is truly an antinatural sadomasochistic one. Painful childbirth is a wonderful way to enter this sadomasochistic Judeo-Muslim-Christian culture! And on top of it, many babies still get a good little slap in the face!

Let's take a closer look at this small gesture full of consequences, where the child is moved away from the mother's body shortly after birth. Put yourself in the newborn's place. You've spent 9 months in your mother's womb and are used to being one with her! It will take some time for you to grasp that her body and yours are now two separate entities. If you're taken away too soon, it's like being torn apart! The child then logically begins looking for himself on the outside. It must be really freaky! At first, the child confuses his own body with his mother's body! Some even say that part of his aura hasn't formed yet and that he's still "one" with his mother's aura. In any case, psychologically and biologically speaking, this is more or less the case!

The next step of the delivery is to put him in the arms of the medical staff or his daddy. So it's logical that we tend to cling to the arms of those who hold us, and to the person who holds power. Isn't this already a first step in conditioning our recognition of the power of the father and medical authorities?

This is how we get used to submitting to external forces, whether they're political, social, religious, medical or familial.

If we let the child initiate the first movement toward
another being, then he will have a stronger instinct to
seek authority within himself!

That's why in fertile cultures the newborn is left on the mother's body for as long as it wants. In addition, the newborn is allowed to initiate physical contact with others and is never left unattended during the first years of life.

IN-DEPTH COURSE

 **BLUE TRACK**

Does anyone in the room still dare to doubt that this is a Sadomasochistic culture?

Today, "men in white have replaced men in black" in the mission of making people suffer. Through epidurals, modern medicine condemns the child to experience even more suffering from birth. The use of epidurals prevents the natural pain relief process that exists precisely so that the child won't suffer! (Cf. the work of Dr. Michel Odent)

France is one of the champions of the epidural. Knowing that the first experiences of life condition us, it's understandable that religions are delighted with the barbaric childbirth practices in France!

As for caesarean sections, they are practiced more and more frequently because they allow us to schedule a birth rather than letting it come naturally. Births by vaginal delivery take a long time and are therefore very expensive for hospitals. As a result, the number of births by cesarean section has almost doubled in the world in fifteen years, going from 12% to 21% between 2000 and 2015. In the private sector in Brazil, it's 85%! It's more productive, making maternity hospitals profitable, and at the same time doctors earn more by doing a C-section. It is once again a total denial of the laws of LIFE! We're back to the medical mafia that is rubbing its hands with glee and making a profit off of suffering.

In Denmark, the fewer operations midwives/doctors do, the more they are paid. In France and Belgium, it's the opposite! In Europe, we act as if conflicts of interest didn't exist.

It's important to be aware that doctors often decide to perform a caesarean section because the unborn child is poorly oxygenated. But it is precisely the prone position that prevents the baby from getting proper oxygen. Once again, Big Pharma is playing the pyromaniac and the fireman at the same time. There are also fewer C-sections if you give birth at home. To make up for this, one must be well informed about statistics for caesarean sections regarding any given doctor, maternity hospital or even country.

Today there are many techniques for painless childbirth, but France is again lagging behind all other European countries. For many reasons, the ideal is to give birth at home, in a

small pool. If you're interested in water birth, I recommend the Belgian association "Aquanatal". They work in the official maternity hospital in Ostend, so don't expect to find a new age* environment there. And your French mutual insurance covers you as if you were in France!

A successful delivery is already a part of the child's successful upbringing. They will begin life with a head start. Your child will be more Conscious. He won't have had to close off his consciousness too much, as is the case with a delivery "in pain". Besides, let's be logical. Maternity wards that don't offer an alternative to this medicalized barbarity should be called "paternities"!

To be fair, I could acknowledge that fortunately there are many people within the church itself who are fighting this validation of masochism. But the masochism is deeply rooted in the collective unconscious of Christians.

"It's true that many people have the impression that Catholicism loves suffering. It's also true that Catholics have given them many reasons to believe it... from the crucifix, which displays a tortured body, to the liturgical formulas that speak of the Earth as a "vale of tears", to the notion of sacrifices (even small ones) (...)

There's a whole faction in the Church that seems to value the idea of resignation in the face of suffering. And yet, the highest church authorities have always warned against this religious masochism. (...)

In 1956, when some Christians wanted to ban painless childbirth on the pretext that it was written in the Bible: "You will give birth in pain" Pope Pius XII explained: "God did not forbid men to seek and use all the riches of creation. (...) to alleviate labor, fatigue, pain, sickness and death (...)

God did not forbid mothers to use the means to make childbirth easier and less painful."

Théo *"L'encyclopédie catholique pour tous".
[The Catholic Encyclopedia for All]. Editions Droguet & Ardant. 1996.*

And to be perfectly honest, I agree with Christians who don't endorse suffering but highlight the importance of making the best of it, of using it to drive change. This is where the difference lies between true and false healers. The false ones want us to stop feeling suffering, even if it means taking chemical or energy-related painkillers. The real ones help you listen to what the suffering has to say, so that you can put things in perspective and change your life accordingly. Western Buddhism* and many new age* 1.0 movements also say that suffering is simply not you.

It's your choice.

8-5 - THE BANON ABORTION!

INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:

Abortion is a crime! One should NOT have an abortion, even if the circumstances do not allow the child to grow up in the right conditions! As for the mother, too bad for her if she had other plans! After all, if she's pregnant, it's her responsibility! Furthermore, to have an abortion is to deny divine will; it is going against Life!

FERTILE CULTURE POINT OF VIEW:

When men are not taught NOT to ejaculate in a woman's body if they don't want a child, or worse, when men are taught that withholding their semen is a sin, it's no surprise that we end up with unwanted children! A child goes to school for at least 12 years until graduating, and they can't even teach them one of the most important things: men must ejaculate as little as possible to be intelligent, sensitive and in good psychic and physical health!

If the man doesn't ejaculate (or barely), it makes him more creative, more intelligent, more sensitive, more attractive and healthier! So, once again, this system creates a lack and then persecutes people, especially through guilt and social pressure, to prevent them from developing solutions! It's really made to drive people crazy! Shadow forces often have the audacity to create fires and then present themselves as the firemen.

DEVELOPMENT & DEMONSTRATION:

I can't help smiling at this huge flaw in our culture. According to religions, men are all-powerful with respect to women, they're the head of practically everything. But all of a sudden, it's no longer their responsibility if they can't keep from ejaculating! Suddenly, it's the woman who's responsible. That's really stupid! The system could at least compensate for its own flaws. I'm writing this because, in many circles, women are blamed for unwanted pregnancies much more than men.

In Fertile Culture, things are set up to avoid being in the delicate situation of having an abortion. And in fertile cultures, the one considered the most responsible is the man, which is LOGICAL since he's the one who ejaculated! The woman doesn't control ejaculation. And it seems obvious to me that, for the whole community, it's better to abort if a basic emotional and material environment isn't in place to welcome the child! Otherwise, it creates children

in need of love and unhappy parents. And sooner or later, this will have repercussions on the well-being of the whole community.

So, just to tease the anti-abortion people, I would tell them that, on the contrary, souls experience a little death when they enter our reality. And if they “forget” themselves in that reality, they may be lost for a long time. It seems obvious to me that the soul* therefore runs a greater risk of forgetting itself (i.e. dying) by being born and growing up in inappropriate circumstances than by experiencing an abortion!

Once again, we have to look for the right question in order to prompt a reaction on the other side of the mirror.

The evolutionary question is not: “Should we be for or against abortion”, because the question has to be expressed regarding its consequences.

Other ways of asking the question could be: “Should we be for life at all costs, i.e., have as many children as possible, whatever the conditions in which they develop, or is it better to prioritize evolution at all costs?”

Or again: “What’s best for the mother?” “Is it possible that many women would be of greater help to children all over the world by being involved in the organization of society rather than by having children?”

Also: “Isn’t consciously having children a step toward distinguishing ourselves from the animal kingdom?”

Or, finally: “Should all women have children? In any case, that’s clearly what our ‘upside down’ culture wants! “Multiply, multiply...” Bear in mind that this culture is scared to death of women. It knows that lying dormant within women are lionesses! By feeding the dogma that all women should have children, it makes sure to contain the lionesses’ fire as much as possible.

There’s no denying it, “having children” remains an injunction for women today! It’s crazy how much pressure women who don’t have children are subjected to! France is the European country where women have the most children.

Given the current concept where most people accept that humanity has no other choice than to destroy itself at least partially, it seems obvious to me that our priority must be evolution and not the greatest number, or reproduction at any cost!

The prototype of the “modern working woman”, who is on the job all day and comes home in the evening to take care of the children for a few hours, is in some ways even worse for the children than the old version where the mother stayed at home!

That prototype is widely disseminated by the so-called “feminine” press. But it’s merely a newform of slavery of which children are the primary victims. I think it’s great that there are more and more working women, and I’m not blaming those who have children, far from it. So far, everything in the system has pushed us in that direction. But we need to find a way for children to have the attention of their loved ones 24/7 in their early years. If the coming generations are more and more in need of love, avoidable suffering in our civilization will get worse and worse.

IN-DEPTH COURSE
 **BLUE TRACK**

Here’s a message from my sister Laurène about abortion:

“The collective unconscious in which we live carries within it the concept that every woman must be a mother. It is in her nature, part of her role and her duty to “have” children in her life. At the age of eight, I made the following observation to my parents: “So, if you’re a boy, you have to serve in the military. And if you’re a girl, you have to give birth! Is that it?” Do you see how early the conditioning starts?! Do you see the level of obligation and suffering the child equates with childbirth?

Moreover, the collective unconscious even impels us to believe that women only achieve true realization (in the sense of emancipation) at that moment in their life! Clearly, given this pressure from the unconscious, they might feel that to abort is to deny Nature as well as their own nature. In short, that it’s unnatural!

But it is up to them to choose and not the culture of male norms! It’s high time for us to have children consciously for a more conscious humanity!

Having children as a way to fix your relationship, in the hope of filling a void in your life, or because it’s the logical continuation of the story, etc., means

being under the yoke of your emotions and cultural injunctions. Being a Parent without having consciously chosen it beforehand creates many psychological and emotional wounds in the child; and those wounds will be the underlying theme for their behavior in future social relationships.

Moreover, there is a romantic notion going around that you don't choose to get pregnant, or to fall in love! "It just happened!" The unconscious concept that there's a force greater than ourselves that we can't resist is widely accepted. Humans live more or less unconsciously with that notion of fatality, and they experience it as something easy to live with. Events happen that way, without our choosing them, as if by miracle, and we find that beautiful!

These are the phrases I've heard most often from pregnant women asserting their choice to keep a child: "If I'm pregnant, then that's how it must be", "Life has chosen for me". "It's life's gift to me". "It's the child who has chosen me". "I'm carrying a life; I feel it's my mission". The fact is that when a man ejaculates into a fertile woman, it makes a fetus. It's almost mechanical, there's nothing miraculous about it!

No, we can't rely on our feelings alone in deciding whether to keep a child. Most women decide to have a child when they're already pregnant, not before. The trap, at that point, is from all the pleasure circuits that the body sends us. Being pregnant produces unimaginable physical and emotional well-being during the first few weeks! And, far too often, it is this sense of "well-being" that convinces a woman to keep the child! For pregnant women who are uncertain, it is much more beneficial in that case to have an abortion, for both the mother and the child! No, it is not murder! Conversely, being against abortion means being against the freedom to make conscious choices.

It means locking women into their maternal role and totally denying their other facets!

Should women be permanently relegated to their reproductive role without having chosen it? Must they give birth at any cost? At what cost?"

Laurène Dartiailh.

February 2016

SPECIALIZED COURSE

FO BLACK TRACK!

Here are some flaws in the logic presented by religious people regarding abortion, which prove that even with their line of reasoning, being against abortion doesn't make sense.

1/ They claim that abortion is “killing a soul”!

And yet, they also regard a child's soul as “pure”! A child's soul should therefore have no problem “going back to heaven”. On the other hand, if the child grows up in an unsuitable environment, it might corrupt his soul, according to religious people. It seems to me that the soul is closer to the divine worlds before coming out of the womb than once it is out and delivered using the current barbaric procedures!

2/ They claim that the aborted soul won't go to heaven because it wasn't baptized!

Our whole religious culture is based on punishing or rewarding individuals for this or that! If you don't make the right choices or don't have the proper lifestyle, you won't get to heaven etc. Following that logic, why should a child that isn't even out of the mother's womb go to hell or wherever? Give me one reason! Why should he have to “pay” for his parents' “sins”?

3/ Following the line of reasoning that there is a single god, a fair-minded father with full authority, do you think it would be fair for him to punish babies that are aborted but had no choice in the matter?

4/ When anti-abortionists say it's killing a soul, their fear of death outweighs everything else! And for me, the fear of death and FAITH don't go together!

It seems to me that, even according to religious logic, abortion is beneficial to the soul in certain circumstances.

Making it as difficult as possible for families has always been a tactic to overwhelm parents to such an extent that they no longer have time to deal with world affairs or try to shift it away from the logic of destruction.

Furthermore, I contend that most dictators, murderers and men in charge of world government were brought up lacking love and in many cases were beaten! Although I love England, for a long time it was a champion of corporal punishment for children, especially among the nobility. I maintain that Queen Victoria, nicknamed the Grandmother of Europe, beat her children and was so unloving toward them that it facilitated the first two world wars. Victoria married her cousin Prince Albert of Saxe-Coburg-Gotha. Their nine children married members of many royal and noble families. A large part of Europe (including Russia) was therefore ruled by Victoria's children ... from consanguineous marriages.

One of the reasons for the outbreak of the First World War was Kaiser Wilhelm of Germany's jealousy toward his Russian cousin Nicholas II, and toward members of his family who remained in England. Other family members scattered all over Europe were "given" more attractive lands/countries. This was also the case because he was the least loved!

As you may come to understand gradually, this lack of Love and recognition as a child can also lead to wars! Naturally, I'm not saying this was the main reason, but it made it easier. Those interested in the behind-the-scenes of economics and politics know very well that the two world wars were initiated by those who controlled the banks. Moreover, the latter are among the great historical allies of the royal families.

The lack of love and recognition from the father is one of the main seeds of this sadomasochistic culture.

Everyone I've met who is obsessed with material wealth suffered from a lack of love and recognition as a child.

The contempt that some people have for abortion is a shining example of the Law of the Mirror, which tells us that we hate in others what we don't want to see in ourselves.

Anti-abortionists serve a rationale that is designed to warp souls and try to kill them! They give in to a system that isn't Christian at all, which destroys everything in its path, and then they set themselves up as the great champions of life! Whereas it's quite the opposite! When I see the hatred that Catholics and other so-called "defenders of children" have shown while demonstrating in France, I can't help feeling their own hatred for themselves! Because,

deep down, they know very well that they are the ones perverting the world. This hatred is also generated because they want everyone to do as they do, because they find it unbearable that others have managed to free themselves a little from this destructive sadomasochistic culture. But at least they're expressing themselves, which is a first step!

8-6 - CORPORAL (OR OTHER) PUNISHMENT FOR CHILDREN

AND THE CONCEPT OF PUNISHMENT IN GENERAL... Which goes with the idea of guilt.

INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:

The concept of punishment is an integral part of the 3 religions of the book. You could even say that punishment is their “spearhead”. I didn’t choose that expression by accident. It is the bit of iron placed at the tip of the spear to “penetrate” us so that we then dread the spear! You might even say that life is the punishment since, for Catholics, being here is already a form of punishment.

According to them, we are born “guilty” because we rebelled against God, who banished us “here below”. So it’s appropriate for you to be punished and to suffer as much as possible. “The more you suffer, the more likely you are to go to heaven”. This provides a better understanding for the reasoning behind “giving birth in pain” and continuing to punish children to make them strong and accustomed to the cruelty of this world. The Church then reassures them by convincing them that it’s a demonstration of Love! “Spare the rod and spoil the child!”

Physical pain has been fully assimilated as a pedagogical tool for learning through punishing mistakes. Following the same logic, you could sum it up by saying that the supreme punishment is precisely to live in a culture like ours. Christ who bears the suffering of the world is taken as an example to follow.

FERTILE CULTURE POINT OF VIEW:

In your opinion, what would be the most productive question to ask here? I would say it’s: “Is punishment a good educational tool?”

The experience of a century of psychology has taught us that raising children through punishment doesn’t help them to gain self- confidence! It leads to making choices out of fear and validates the law of the strongest!

The Mirror Key teaches us to do the exact opposite, namely: to replace punishment with encouragement and reward. This encourages children to dare to innovate, enabling them to offer something different to the community. By definition, the solutions to many of the parents’ problems lie in their children’s souls. But to access them, they must be surrounded by as much attention as possible, especially in the first years of their lives. This would allow

them to dare to experiment “outside the box” and thus make mistakes. Because we learn and innovate by making mistakes! Without it, there’s no way for Humanity to evolve.

Furthermore, punishing mistakes induces the habit of living part of our life in hiding!

This leads to a culture where we feel that we can only really be ourselves, have pleasure and move toward more freedom when we’re hiding.

Corporal punishment therefore reinforces the famous split in which many people are imprisoned. One part of their life is in the light, and another is in the shadows. Naturally, this makes it possible to survive in the world. But you have to be fully aware of the details of this split if you want a taste of freedom. We should all be able to really pinpoint the features of the character we’re playing when “in the shadows”. “The wise man is one who knows that he’s playing a part!”

The very concept of punishment again contains a flaw that proves why the reasoning in the 3 religions of the book doesn’t make sense. If you believe that God governs everything and that we’re only little grains of sand that have nothing to say, how can you make people responsible for their actions? Their education and the whole society that has governed them are the real culprits. When someone goes off the rails in a Fertile Culture tribe, the whole tribe takes a hard look at itself by asking “how can we solve the problem?”

And the reason why punishment is a core principle of the patriarchal educational model is also because punishing spares (the persecutor) from taking a hard look at himself.

DEVELOPMENT & DEMONSTRATION:

In December 2016, France finally banned spanking! But according to a poll in Le Figaro, 70% of French people are against this new law. In France, two children die every day from abuse inflicted by their parents, and 45% of French people suspect a case among their close friends and family. (2015 Poll. Association l’Enfant Bleu). In France in 2019, every 3 days a woman died due to spousal violence. All these murders are rooted in the patriarchal teaching of “spare the rod, spoil the child”. Whole generations have believed that it was good to beat children. When I was a child, they still sold martinets in French supermarkets, a kind of small whip used to punish children and animals.

It’s crazy, because when you talk about hitting a spouse, it’s called spousal violence, when you hit an animal it’s called animal cruelty, but when you hit a child it’s called education!

Hitting a child produces adults who in turn tend to hit more easily. But the deeper problem is teaching that it's right for the strongest to hit the weakest! Then as adults they're not shocked by the line of thought that we can destroy nature and enslave poor countries because we're the strongest.

It's important to add a caveat to this chapter. Raising children can be so hard in this culture, that I can understand how a slap or even a blow may be struck without being able to control it... That doesn't make them "bad" people. But once they've calmed down, it's crucial for the parent to make a sincere apology and do what it takes for it not to happen again. The difference is huge, both for the adult's development and for the child's.

Very young children who are physically abused at a very young age pay a double price. Since they haven't properly differentiated between their bodies and their mom's yet, it's as though they were hitting themselves. Afterwards, they have a tendency of self-destructing or self-mutilating. And even if they don't go to such extremes, it makes them willing to accept our system's brutal and destructive side.

I was deeply touched by the following firsthand story! It's a gift from Leonard in the USA, at the opening of Yann Arthus-Bertrand's magnificent film "Human":

"I remember... that my father-in-law used to beat me with extension cords, hangers, pieces of wood, lots of stuff. Every time he beat me, he'd say, "I'm suffering more than you are... I did it because I love you." He gave me a false idea of love. For many years I thought love was supposed to hurt. I hurt the people I loved.

I measured love by how much pain the other person could bear. It wasn't until I arrived in prison, in an environment devoid of love, that I began to understand what love was and what it wasn't. I met someone. She gave me a glimpse of what love was. She saw beyond my situation and my life sentence for murder. And not for just any kind of murder, but for the worst kind of murder imaginable: the murder of a woman and child.

And it was Agnes... the mother and grandmother... of Patricia and Chris, whom I murdered, who gave me my most beautiful lesson in love. She had every right to hate me. But she didn't. Over time, on the path we traveled together – an extraordinary experience – she gave me love. She taught me what it was!"

IN-DEPTH COURSE

 BLUE TRACK

To those who think it's right to hit children, can you see that religion is what forces you to do it? Are you willing to swallow your pride and acknowledge that? Or are you going to let an outside force hit your own children?

“For slapping and hitting to be accepted as normal pedagogy in educating a child is disastrous! Many beaten children have feelings of guilt. Many of them feel guilty for driving their parents to such a state and think it's their fault. When you talk to them, many of them say that they deserved the beating and that it was right. In addition to legitimizing physical violence as an outlet, it conditions children whose self-confidence is broken.”

Laurène Dartailh

Adults who hit children are usually people that have been beaten themselves and haven't understood how terrible it is, in the sense that it creates a chain reaction of unnecessary suffering.

They need to unseat their parents, get them off their pedestal and understand that they had no right to do that! It is neither an act of love nor an act of a responsible adult! Some call this stage of understanding “symbolically killing your parents”. The idea is to move on to a different kind of relationship than one in which a child does everything his parents say, in order to create one where the child also has things to teach his parents. You choose consciously to retain part of what they taught you and reject the rest.

In some areas, the child may become a parent to his or her parents. Living this phase to the fullest is a bit like cutting the umbilical cord again.

The ideal way to heal is to go to your parents and help them heal too! Ideally, you get them to understand that the punishments they received as children were not acts of love from their parents... Best of all is when the parents sincerely ask for forgiveness and try to make amends in one way or another.

Reparation lends realism to forgiveness, in the sense that it is forgiveness embodied in matter. For instance, I know parents that hit or abused their children, then broke their piggy bank to offer them therapy, travel, studies... But material reparation isn't always the most healing. A radical change of attitude is the most generous of all reparations! One of the most healing acts is when a violent or abusive parent acknowledges in the presence of other family members or even friends that he or she acted badly. The best I've ever known was a father who called the whole family together to ask his daughter's forgiveness in public. That was really optimal healing! It is a classic example of a "family illness" that the soul* has the ability to heal.

In doing so, it truly heals humanity because it breaks a chain of perversion that is passed on from generation to generation.

8-7 - SLEEPING IN THE SAME BED

INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:

Sleeping in the same bed is part of a married couple’s conjugal duties. There was a time when not sleeping in the same bed with one’s husband/wife could lead to serious problems with the church and the “community”. But even today, for many people who claim to be religion-free, sleeping in the same bed with your loved one remains an injunction.

“Are we sleeping together due to religious tradition?”

You could say so. The marital bed is Latin and Catholic. Two beds side by side is Protestant and Anglo-Saxon. The Catholic Church made marriage a sacrament in the 13th century. As the theologian Thomas Aquinas stated: “A couple must have their own bed and bedroom.” The Church relies on conjugality to control society.

LE MONDE | 10.22.2012 | Interview by Laure Belot

FERTILE CULTURE POINT OF VIEW:

Religions have succeeded in controlling most activities in everyday life so that individuals have few opportunities to focus on themselves. But they also had to find a way for the Self not to use nighttime quiet to reconnect. It is necessary to sleep alone most of the time to strengthen one’s inner bond and avoid falling into the trap of merging your personality into the couple. Sleeping together from time to time, when it’s a true choice, can be something exceptional. Automatically sleeping in the same bed kills love and increases attachment. That programming is deeply rooted in the collective unconscious. Most couples do it out of habit. Habits kill!

Fighting your conditioning so that each person retains their individuality is the real proof/show of Love! The goal is also to have greater recall of your dreams during the night, which I feel is one of the best sources for finding YOUR way. Protestants had already understood the importance of sleeping alone centuries ago, hence the fact that having twin beds is one of their differences with Catholics.

DEVELOPMENT & DEMONSTRATION:

Clearly, for most couples, they MUST sleep in the same bed whenever possible... Even talking about it may prompt a violent reaction, because it challenges basic life energy!

The Vatican* imposed the idea of sleeping in the same bed! The Vatican NEVER does anything by chance. Everything is calculated to create the greatest possible suffering and dependence. There are no exceptions. Forcing people to sleep in the same bed was so crucial to their “purpose” that those who did not comply could be excommunicated or burned alive!

The reason is that sleep is THE moment when the soul* reconnects with its inner source. Without that, its evolution is severely hampered, or even halted altogether. While the principle seems easy to understand, I know that many people have a huge mental block about the idea of no longer sharing their spouse’s bed as a matter of course.

If you accept (as a fact) that human beings have an energy aura consisting of several layers, like an onion, you should be able to grasp why even Chinese medicine insists on the importance of sleeping alone at least one night a week.

When we sleep with someone, our aura envelops the other person’s physical body, and our emotions and thoughts are therefore intertwined with those of our partner. We try to recharge ourselves with an “energy identity” that isn’t ours! The vital energy that we draw from within will be tinged with the other’s energy. In other words, we can’t really rest using the other’s energy because it blurs our connection to who we really are.

Staying several meters apart is the minimum for two people sleeping together; but remember that certain layers of our aura develop over miles. According to that principle, the more isolated we are when sleeping, the better we rest.

Sleeping in the same bed every day blends personalities and creates beings who tend to resemble one another, at least in their aspirations and their dependence on the outside world. And then one fine day, they are surprised to wake up with a person who no longer has the traits that appealed to them in the beginning.

By invariably sleeping in the same bed, the two spouses feed off of each other too much. After a certain amount of time together, they can no longer really live for and by themselves. Instead of saying “I”, they say “we”. They no longer think of “themselves”, but of “we”.

The injunction to sleep in the same bed every night is designed to make people weak, dependent and malleable to external manipulation, just like the rest!

IN-DEPTH COURSE **BLUE TRACK**

“What if space was the real luxury!”. That car ad in the ‘90s had a big impact on me. I felt that it had a very deep message, but I couldn’t understand why. When we sleep, our different bodies need to reconnect to our Soul* and Spirit*. Our Light being needs space to come down into our different bodies. The more space it has, the more our Spirit can descend into our bodies.

For example, when you’re in the desert, your aura can extend for miles, and you can reach very high states of Consciousness. Another reason is that in the desert, or when surrounded by nature, you can encounter invisible entities with a very high level of Consciousness that develop without being hindered by the low consciousness of future humans. For anyone who wants a real taste of Freedom, spending time alone, sleeping alone and going on retreats alone out in nature is an absolute must.

The Vatican* has given us an image of the Romans as uncivilized. That’s natural, since the Vatican gradually took over from the Roman Empire. But in many ways the inhabitants of Rome were, on the contrary, highly evolved. For example, those who could afford it treasured the fact of having a separate bedroom for each spouse. Later, such customs were labelled as heresy by the Vatican.

HOW TO NURTURE OUR FERTILE LIGHT BEING?

This could be simplified in the following manner: we have an envelope/bottle that is conditioned/configured for the “sleep-inducing patriarchal” culture and another envelope/ bottle that contains our eternal being, configured for Fertile awakening culture.

Thus, eating heavy food is pleasant for our “patriarchal” envelope and unpleasant or even “deadly” for our Fertile envelope.

Sleeping in another person's aura every night and being with people all the time is pleasant for our conditioned being and unpleasant or even "deadly" for the Fertility wavelength.

Constantly mixing with the energy of others by invariably hugging everyone and automatically giving them a kiss on the cheek is pleasant for our "patriarchal" envelope, since we gradually forget who we are. This situation is the equivalent of drowning for our "Fertile" being because it doesn't allow it to breathe and keep its head above water from time to time.

Being alone without any distractions can be like hell for our conditioned being, whereas it's paradise for our Fertile being.

I wrote "deadly", but our Fertile inner Christ child keeps being born and dying in this "upside down/backwards" culture. So a dead soul* can resurrect. In my opinion, we all have blissful little moments where our being of Light takes over. It could be the case during an emotional shock, or in an everyday life event.

The real challenge lies elsewhere: it must have enough time to become strong enough not to be corrupted (the body breaking down) by the "patriarchy's" sleep-inducing environment. I like to envision it as a young tree that has to reach a certain size so as not to be devoured by animals. In the meantime, it has to be protected in order to optimize its chances of reaching adult size. That's what childhood and adolescence should be for.

We always have a minimum of Fertile Energy in our bottle, otherwise we'd die. We recharge especially at night. During the day, if we're too focused on the outside world, our environment will drain that energy, and when there's no more energy, we need to recharge. A good way to recharge with fertile energy is through nature and cellular breathing*. But the most important thing is to monitor your thoughts to determine if you're on the Fertility or the "patriarchal stagnation" wavelength.

Every second spent on the Fertility wavelength fills our eternal envelope/bottle with Fertile, creative and "awakening" energies.

Every second spent on the "patriarchal" wavelength fills our envelope/bottle with sleep-inducing energy, therefore with anaesthetizing, addictive and often destructive energies.

The mission for human beings is to achieve a balance between the two envelopes/bottles, in order to have a foot in both worlds. And maybe the ultimate goal is to switch to a completely new envelope.

COMPARATIVE TABLE
of the Needs/Habits of our Fertile/Awakened and Patriarchal/
Stagnant Personalities/Envelopes

	Envelope conditioned by the PATRIARCHY	Eternal FERTILE Envelope
The Unexpected/ Unforeseen	You hate it.	You love it. You can only make decisions in the present moment.
Planning everything ahead of time.	You love it. It's reassuring.	It keeps the magic from spreading...
Mixing energy/touching/ kissing	You love it. You exist only in relation to others.	You love it but choose carefully and avoid indigestion, which makes you forget who you are.
Eating fatty food	You love it. You feel good, sated.	You hate it. It lowers energy, causes serious illnesses.
Eating light food	Produces too much life energy, which is unsettling.	Perfect.
Eating raw food*	Produces too much fertile energy, which challenges things too much.	Fabulous, but you have to increase your emotional work tenfold because you feel "hyper-sensitive".
Being alone in the outdoors	You get bored... There's no one to give you their attention/ energy.	Regenerating. Essential.
Breathing* deeply	You don't like it because it brings your repressed emotions to the surface.	Like flapping its wings for a bird, in order to fly and not fall.
Lies, hypocrisy, things left unsaid...	Necessary for survival in a patriarchal culture. Often, they only succeed in having fun when doing things in secret.	It's a kind of soul rape because lies can lead you to have experiences you didn't want.

	Envelope conditioned by the PATRIARCHY	Eternal FERTILE Envelope
Trusting those in power	Trusting that we are being taken care of... Since we are not capable of thinking for ourselves.	Most of what comes out of the mouths of politicians/the media are lies.
Being alone	Being alone with no distraction: the worst	Vital
Distractions	You need distractions so there's no space to "think" about important issues. And screens allow us to experience things vicariously.	Anything that distracts you from what is essential is a potential threat.
Ejaculating when making love	You love it. "I ejaculate, therefore I am!"	Lowers energy, may lead to a loss of your inner connection. It's a "little death"!
Making love without ejaculating	You hate it... The challenging energy of Kundalini is maddening for anyone not interested in soul-searching	One of the quickest ways to raise your level of consciousness.
Making love while dominating or being dominated.	You love it. It feeds your "perverse" side.	Pointless. If it appeals to you, it means you've been overshadowed by it.
Sleeping alone	Unsettling because it makes you deaf to the cries of your soul, and to the SOS sent out by your physical body	Vital most of the time

	Envelope conditioned by the PATRIARCHY	Eternal FERTILE Envelope
Energy/chemical techniques that numb pain and unease (such as Reiki)	Reiki numbs the pain but is addictive, like chemical drugs. You have to take more and more to make it work. If it becomes a habit, it destroys your life because Reiki and chemicals make you deaf to the cries of your soul*, and to the SOS from your physical body.	You hate it. It's depersonalizing. You've lost your compass and feel as if you have been shot at or worse.
Psychedelic ceremony with a group containing people who are not close to you, and/or organized by people you don't know	Trendy, even in magazines like ELLE, Géo, Paris Match...	Psychedelics are primarily there to provide a face-to-face encounter with one's consciousness. This requires silence and having no one else in one's aura. If there are other people, they must be on the same kind of spiritual path and have similar values. Otherwise, it's better to be alone!
Psychedelics in nature, alone or near people with the same spiritual motivation as us.	It scares you to face your inner monsters.	The only way to make great strides in your evolution.

8-8 - DO NOT LEARN ABOUT SEXUALITY**INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:**

Sex should only be in the service of procreation. Making love for pleasure is sinful. And making love without ejaculating is also sinful. In fact, coitus interruptus (refraining from ejaculating) is considered by the Church to be “the sin of Onan”.

Furthermore, one shouldn’t share one’s experiences about sex with others, as it is perverse. Sex must be hidden, especially from our parents, otherwise it’s mega perverse! You can’t be taught about Sexuality! It’s much more appropriate for two virgins to discover sex with each other. According to religious tradition, it is proper for both the man and woman to be virgins at their marriage and never have any other sexual partners!

In addition, sexual relations between spouses are mandatory. The Catholic concept of sexuality emphasizes the importance of respecting “*a certain order, namely the submission of the wife to the husband*”. (according to Theo, l’encyclopédie catholique pour tous. P.82 Ed. Droguet & Ardant. 1996). As for Muslims, they must make love to their wives at least twice a week! In other words, to ejaculate at least twice a week, which precludes any awakening!

During the Inquisition, one way of spotting “witches” was because they liked sexual positions that were “unnatural”, such as straddling the man!

FERTILE CULTURE POINT OF VIEW:

Our “upside down” culture frustrates us with regard to attention and sexuality, so that later on these things become overly important in our lives. Frustration and ignorance about sexuality pervert souls and lead to the most despicable abuses: pedophilia, incest, sexual slavery, rape, domestic violence and even unbridled capitalism.

Sexuality should not only be taught, but also treated as a science that must evolve. Hiding sex and nudity results in most people becoming obsessed with it!

As parents, teaching everything we know about sexuality is a true show of love! Naturally I’m referring to theoretical teaching! Religions have rooted the concept in the collective unconscious that ejaculation is linked to making love. This is not inconsequential, because in the culture of Fertility, men are taught to hold back their semen.

Controlling the dragon of sexuality was proof of virility and power for men. Ejaculating in a woman's body without deciding beforehand to have children is an act with serious consequences for the woman and the child, but also, to a lesser extent, for the man!

We need sexuality to thrive in most phases of our lives. But in the West, too often we make love to relieve our sexual impulses. When a man's sexuality takes away energy rather than providing it, his Consciousness can't rise to higher levels. For that, he needs the energy known as kundalini, which can be activated sexually. To do so, he must learn how to hold back, to make the energy rise like a snake through the different chakras, and to distribute the energy created by sexual intercourse throughout the body! For instance, if a person has a weak liver, he can send energy into it while making love. You just have to visualize it.

Learning to hold back is one of the most important things for a man, unlike the so-called "sin of Onan". So if Westerners are still so keen on ejaculating, it's another "order from the Vatican*" and other religions! I like to tease machos who think they're free from religion! That includes my inner macho! Speaking of machos, I'd tell them that men who always need to ejaculate are weak. Powerful men control their sexuality, while others are controlled by it.

I'd even go as far as to say that it weakens men who associate sex with ejaculation, because they're too easily manipulated. Don't stress out about feeling like you shouldn't ejaculate at all. Start by trying to ejaculate as little as possible. You'll see how quickly it makes you happier, more creative, freer and healthier.

Onan's sin (practicing coitus interruptus) is yet another injunction that goes totally against the Laws of an evolving and healthy life.

Ejaculating as little as possible during sexual intercourse helps us to progress toward Hieros Gamos, a sort of inner marriage. Sexual intercourse is conducted to strengthen the connection with our highest self! It helps to cement our inner connection, instead of using sex to reinforce our attachments to external energies and people. An overly strong attachment to the outside world makes us weak and vulnerable.

This kind of sexuality can only work if we direct our attention to the inside, so it doesn't work with people we are too attached or attracted to.

In practical terms, Hieros Gamos means making love with a person because you want to be nurtured by the energy that flows through them. If you make love with someone

who is more conscious than you, it will raise your level of consciousness. In the temples of fertile religions, one could make love with sacred prostitutes (women or men) to recharge oneself with fertile energy.

“We should be aware that sacred sexual union (hierogamy) was one of the major features of the religion of the divine feminine. It was the temple hierodules, linked to Goddess worship and called the Pure Ones or the Spotless Ones within their religion, who were called prostitutes by the patriarchs.”

Françoise Gange. *Avant les Dieux, la Mère Universelle.*
[Before the Gods, the UniversalMother] Editions Alphée.

DEVELOPMENT & DEMONSTRATION:

Westerners are really sexually handicapped! For example, very few people know that the challenge for the man is to ejaculate as little as possible, while for the woman it is to “fountain”. If a woman reaches a certain level of orgasm, she can ejaculate too. They are called fountain women. Some say this is exceptional, but it isn’t. All women are fountain women.

Allowing teenagers to find out about sex it all by themselves and to get accustomed to a form of sexuality where porn videos take the place of sexual instructors is proof of our culture’s immaturity! It’s dereliction of duty! It’s like sending them off to play Russian roulette! First experience conditions to a large degree her future sexual and emotional life! In other words, the state of mind the man and woman are in during their first experience conditions them to be “addicted” to that state of mind.

The more the man is on the patriarchal/expediency culture wavelength, the greater the “perverse virus package” he puts inside the young virgin’s body, which transmits an addiction to dominant-submissive sexuality! This is one of the reasons why so many women are bad at choosing their lovers and even worse at choosing their children’s fathers!

If a person chooses her lovers solely based on her emotions and feelings, she will always go back to what she knows and what she’s addicted to! They usually have a profile similar to her parents or someone who was close to them as a child. In order to free herself from this, her decision MUST include the viewpoint of the cold light of reason!

The Vatican* understood this! That’s one of the reasons why feudal lords had sexual entitlement over their subjects. It was mainly about programming women emotionally to asso-

ciate sexuality with the dominant-submissive mindset. Sexual entitlement is coming back in different forms in our cultures. There are many people who sell their virginity on the internet, and especially on the intranet (called the darknet by the authorities). Every day, we're sinking a little deeper into a world where everything is for sale! I don't dare to imagine what it's going to be like in 10 or 20 years!

“According to a 2020 study, most children are exposed to pornography by age 13.

For some, it starts at age 7. For most, it leads to serious relationship and sexual issues later on. The more porn you watch, the more violent your sexuality becomes.”

“Raised on Porn” Netflix documentary.

So yes, if you love children, you must dare to break these taboos and teach them that making Love is one of the most powerful tools to direct and balance our inner energies.

In Fertile cultures, the community ensures that its members are in no need of acknowledgement, food, shelter, or sex, so that they can finally explore something else!

We call these needs “basic” because until they're “ensured/satisfied”, you don't have the time, let alone the desire, to develop your thirst for knowledge and new horizons!

Those who created the patriarchal culture from scratch, in order to dominate the masses, knew very well that by forcing them to run after those 4 things all their life, they could keep them in ignorance and fear in order to bleed them dry!

If you examine sexual behavior in our culture, it's not very far from animals! And that's not pejorative to my mind, because reexploring certain animal instincts is good for us. But I also maintain that the time has come to leave the animal kingdom in order to become human. And that involves doing things consciously! For me, animality is about survival, reproduction and having fun.

When those 3 needs are satisfied, you can focus at last on evolution and creation. And the almost total absence of sexual education in our cultures means that animal impulses

in the “mechanical” sense determine our sexuality instead of our consciousness! So it’s not really a choice made in good conscience!

I’m positive that we won’t be able to create a fairer world until healthy sexuality is one of the basic things that we’re taught. I vote for setting up a Ministry of Sexuality.

Like some men, too many women believe that “being a free woman” means “unleashing” their sexuality! But mixing too much with others and ejaculating too often makes these men weak because their lives are dictated by their sexual organs instead of their deep will. It is very important that not too many women should go down that same road. Many women take it quite badly when I tell them they should choose their sexual partners carefully! Often, they respond that such a standpoint doesn’t respect “their life as a woman”.

They believe that living their sexuality to the fullest means saying yes to all their sexual impulses, whereas sexuality is a dragon that must be controlled, otherwise it devours you. Don’t forget - we’re here to lift ourselves out of the animal kingdom!

One of the century’s diseases: inventing love stories. We need sexuality. But because it’s a need that isn’t recognized by our culture, many people lie to themselves, convincing themselves that they’re “in love” with a person in order to feel comfortable about making Love with them! That’s the worst!

This is a very important point because, even if most people have given up on the myth of marriage, they still need to tell themselves that they’re “in a relationship with someone” in order to give themselves “moral” permission to have a sexual relationship with that partner. Once the “desire has been satisfied”, they say they no longer love each other. They go from one lie to another in order to keep their moral facade intact! In contrast, if they hadn’t lied to themselves from the beginning, and had accepted that they just desired the other person’s body and energy, they wouldn’t engage in this merging of energy that has such huge repercussions.

Naturally the “Tinder” generation has lost some of its inhibitions about just wanting to have sex. However, when they are in a romantic relationship, they will still tend to believe they no longer love their partner if they feel like making love to someone else. But that’s not true!

The big mistake is confusing sexual attraction with love. Love is not an emotion or a feeling.

Love is what's left when sexual attraction and the feeling of being in love are gone. Love is a force that inspires us to go beyond ourselves, to always do better, to protect and improve life for ourselves, for others and for the whole planet. But as we learned from Greek culture, the answer is more complex than that because there are 8 different kinds of love.

"Marriage (author's note: or an exclusive relationship) is neither simply a matter of love, as it is claimed by one side, nor simply an economic matter, as is claimed by the other side. It is the form in which social processes have locked up sexual needs. Sexual and economic needs, especially in women, have merged into a desire for marriage (...) Sexual needs can only be satisfied with one partner for a limited period of time."

Wilhelm Reich *"La Fonction de l'orgasme". [The Function of Orgasm].*
L'Arche éditeur.

WHY ARE MOST MEN ADDICTED TO EJACULATING ?

In men, the awakening of Kundalini that occurs when making Love is an energy that helps us make leaps and bounds in our evolution. Kundalini is the Kali part of feminine energy, which challenges and destroys whatever doesn't make sense! Kundalini is a good illustration of the fact that feminine energy also plays an important role in recycling and destruction. When a man ejaculates, he discharges that energy.

If he makes Love without ejaculating, it remains in his body and he can benefit from it in many ways. If we're not having sex to evolve, to open up our Awareness and look at what needs to be improved inside us, then that energy is really uncomfortable! Most men don't want that challenging energy, they prefer to ejaculate to put their consciousness back to sleep, which they call "feeling good".

Ask yourself what YOUR definition is of the difference between “fucking” and “making love”? Please stop reading for a moment and ask yourself how you define these 2 concepts. Most people will say that fucking is when you have sex with someone you don't really love!

But, once you understand that being in love is usually the opposite of Love, and you understand that we get attached to people we don't really love but who allow us to relive the little energy power games we experienced in our childhood (neurotic relationships), does that definition still hold up? I contend that the answer requires analyzing this from the viewpoint of energy.

When you make Love without ejaculating too much, you create Love in your environment and in your body. When you fuck in order to ejaculate, you discharge energy, which is then lowered in you and in your whole environment.

But to create Love, our main attachment has to be inside us. Therefore, if we are too attached to someone, it impossible! That's why the practice of “energizing” sex (like tantra, sexual kung-fu etc.) requires partners we are not so attached to. But that doesn't mean that you don't love them. If the man doesn't ejaculate, or ejaculates only a little, making Love fills him with energy, intelligence, sensitivity and Consciousness! That energy extends into his environment.

On the other hand, if two partners mainly make Love with the idea of “fucking”, especially if they indulge in playing “dominant-submissive”, they're feeding the sleep-inducing patriarchal energy network. Don't blow this out of proportion either, we nearly all do it...

About the habit of not making love if the woman is having her period! On the contrary, it's one of the best times to make Love. The woman is much more sensitive! Furthermore, if you want to ejaculate without “producing” children, this is the time!

The mixture of semen and menstrual blood creates a bond between the partners. It may be the one of the only exceptions where ejaculating could be beneficial for both partners. Aboriginal women use menstrual blood as an ointment to heal their wounds.

In a culture conducive to Fertile evolution, learning to make love in a “tantric way” is considered one of the most important things to develop in life!

I repeat: If most men are so insensitive, destructive and unconscious, it is in particular because they ejaculate too much!

In Fertile cultures, men and women have the possibility of being “deflowered” by someone who teaches them the basics of sacred (creative) sexuality. This step is naturally optional in the sense that it's the sexually virginal person who must be the one to make the request. I know this will fuel my detractors' arguments but, honestly, would you prefer your children to have their virginity taken by someone with no experience who hurts them and dispatches the thing in a few minutes?

The main problem is that the more people are influenced by sadomasochistic culture, the more they see perversion everywhere. It's clearly a mirror effect! Because in the end, why shouldn't we go to the “doctor” or the sexologist to learn about coming? I know I'm getting into a taboo area, but it has to be dealt with sometime.

When we make Love, we create hyper-conscious energy that nurtures our bodies, our environment and all of Humanity.

When we fuck just to feel the release or to forget, or when we're stuck in our heads, we encourage Humanity to fall asleep and lower its Consciousness level.

Making Love by drawing the energy within is therefore a formidable weapon against those with political and economic control over this world of lies.

IN-DEPTH COURSE

BLUE TRACK

The awakening of Kundalini that one can experience through sex often has the effect of breaking down our conditioned self. It challenges the beliefs, values, lifestyles and mindsets imposed by religions over the centuries through terror. Most people therefore feel highly uncomfortable when this Kundalini energy awakens. The awakening of Kundalini is

often compared to 2 snakes that rise up and gradually take possession of the whole body. Most people want to KILL THE SNAKES! They want the Kundalini to come down again, and for that... They ejaculate!

Ejaculating brings down your level of consciousness and the fall is generally pleasant...

Need I remind you that snakes are also a symbol of knowledge! But Kundalini is NOT just sexual energy. It is life energy that prompts us to dream of new horizons, to help Humanity surpass itself.

The problem is that because people aren't familiar with this energy, when the Kundalini awakens, they have the impression that it's just sexual energy. This is because their sexual frustrations are in the way of the Kundalini energy.

So YES, healthy sexuality is necessary, otherwise it acts as a brake on our evolution!

Nevertheless, once past the level of consciousness of the 4th chakra in our chakric evolution (cf beginning of "the False Image of Women" blue track*), sex becomes less and less important because we tap into Kundalini from above.

What we need to understand is that when we make love and ejaculate while being "in our head" or "feeling emotional", it sends that energy into the astral*, the invisible world connected to the collective unconscious that humans create and feed into unwittingly... and which is driving Mankind to his destruction. This is usually expressed either by the fact of being stuck in the role of spectator, or of being so emotionally active that we forget ourselves.

In either case, it isn't a good idea at all for anyone seeking freedom. They will feed their astral double and make it more important than their Inner Self.

The prodigious and unsuspected energy released through sexual intercourse escapes us and is picked up by the astral plane when we're stuck between our fantasies/images of Pathos love and the disappointment that comes from the fact that Porneia love doesn't nurture us enough.

Men feel good after ejaculating, but in fact, it's their dominant male self that is conditioned by the "upside down" patriarchal culture of Expediency that feels good! Consciousness then remains at the level of the base chakra, namely: just eating, protecting and entertaining oneself, consuming, therefore earning money! After ejaculating, men often feel like falling asleep or eating to recharge!

Conversely, a man who succeeds in not ejaculating during intercourse has even more love, affection and energy to spare afterwards. That Fertile energy will greatly improve his health, and he can use it to create, continue to evolve and change for the better.

Do you know the story of Dr. Alfred Kinsey? In the 1950s, he published the results of a survey on the sex lives of thousands of people. These anonymous interviews revealed that most people had extra-marital relationships and sexual practices that were quite unorthodox, especially between men or women, and even with animals. It was found that 1 in 3 men had at least one homosexual relationship in their lives. He realized that teaching his female patients how to masturbate made them healthier and could even change their lives. He was strongly criticized, especially by psychoanalysts and naturally by the puritan right.

Dr. Kinsey helped the collective unconscious discover that a woman could have an orgasm too. But as always during great evolutionary leaps forward, the backlash was violent. America then entered the period of McCarthyism, which went after not only communists, but also sexuality outside the hypocrisy of Judeo-Christian morality and all the perversions it entails. The man nicknamed “the American Freud” at the time isn’t even in the Larousse encyclopedia. Which goes to show, we’re still far from living in an era of sexual freedom. For, without knowledge, there can be no freedom.

Furthermore, at some point most teens are faced with the ridiculous situation where they supposedly know about sex instinctively, but nothing has been planned to teach them anything!

WRONG! That’s idiotic!

The more time goes by, the more young people are under a lot of paradoxical cultural pressure that’s enough to drive them crazy! Many young girls today consider that to be “good”, they have to give blowjobs, have had at least one orgy, and I’ll spare you the rest of the details! Many therapists are seeing young girls coming to them with the same question: “how can I be a good lay?!”. As for the guys, they imitate porno videos. It makes sense, since they’ve never been taught anything else.

IF JUST THE FOLLOWING 8 POINTS WERE TAUGHT IN SCHOOLS, HUMANITY WOULD MAKE A LEAP IN ITS SEXUAL DEVELOPMENT

1/ You try to ejaculate as little as possible, and if you do it inside a woman's body, it's to have a baby. Ejaculating too much makes you unhappy, aggressive and keeps Awareness and Individual Will from developing! If the man ejaculates anyway, and neither partner has made the decision to procreate BEFORE engaging in foreplay, he withdraws and does NOT ejaculate in the woman's body!

When the man has the courage to say "no" to ejaculation and immediate pleasure, the "pleasure" remains in his body and produces a deep sense of well-being that will last for a long time. Even if he feels a certain frustration during the act, or even sadness at first, he will feel a sense of well-being in the hours following intercourse. Personally, my ideal is to allow myself one or several ejaculations every 28 days, a bit like the time between a woman's periods. It's up to each person to find their own balance, but to do so, try experiencing 28 days without ejaculating, then you'll know what you're talking about.

There's one important exception, where ejaculation is liberating and awakening. If you've gotten very excited with fantasies in the "dominant-submissive" mindset without having ejaculated, it can be good to ejaculate to discharge the "sperm surge" that has taken place in this attitude of possession and/or domination. This keeps us from gravitating to partners that feed into this state of mind. It can also sometimes "free" us from invisible attachments that are particularly burdensome, by causing our level of consciousness to drop suddenly.

When you stay too long in a level of consciousness, it's like lying in a forest for days. There are lots of insects that crawl on you and end up nibbling on you. Water (especially cold one) can also make you suddenly shift your level of consciousness.

2/ The goal of sexuality is also to fill ourselves with "conscious energy", to connect to ourselves rather than to satisfy a desire! We can fill our envelopes with a substantially higher level of consciousness and help them grow! What is most important is whether or not we can make Love while remaining focused on the present moment, on our cellular breathing* and on the part of ourselves deep within. We must send our attention into the core of each of our cells! The idea isn't to forget about the other, but to connect with them from within.

3/ The importance of choosing your partner in order to mix with people working toward the same kind of values.

A very important aspect is whether or not each partner has a desire to merge with the other during sexual intercourse. Most people like to make love with that sense of merging, which is the last thing to do if you want to retain your individuality! I admit that I love it too and have a hard time letting go of it, so don't feel guilty.

Our culture has deliberately created a shortfall of sexuality and tenderness, so that we're unable to really make love in the sense of "bringing fertile consciousness into our bodies and into this reality". For that to happen, both partners need to focus most of their attention within in order to practice cellular breathing.

I know that many people will find it impossible to make love without a desire to merge, but it's really in your head. It can work with an "old couple" for instance. You know, people that are still together despite their attachment and sexual attraction having more or less disappeared. On the contrary, it can take the relationship to a far more elevated kind of love.

4/ The importance of breathing*.

In the Vedas, the swan that broods humanity is called Hamsa, which means "breath". In Hebrew the word "Yahweh" expresses the idea of God but also the idea of the out-breath. To reach one's full potential, breathing deeply and efficiently is a "sine qua non" to reach and remain at certain levels of consciousness. As I have explained in more detail in the appendix (cellular breathing*), we must breathe enough to nurture our cells and the infinitely small in our physical body.

Creative inspiration is intimately linked to the way we breathe in air! It sounds a bit simplistic but maybe that's why it's the same word (translator's note: to breathe in French = inspirer). "Breathing in creative inspiration".

Remember that the infinitely small connects us to EVERYTHING, i.e. a network of almost unlimited knowledge, inspiration and energies! When breathing in, we are inhaling energy from the infinitely small within us.

It's up to you to find your own way of doing it. To find inspiration and see how breathing can take us beyond our limits, I urge you to stop reading for a minute and watch a video presentation about the work of Wim Hof (the Iceman). Through breathing in energy on the molecular level, he can spend hours in icy water, whereas you or I would die from it in ten minutes or so. The same goes for viruses. The University of Amsterdam injected him with a powerful flu virus, and he succeeded in eliminating it through breathing.

For this new Humanity to be born, I swear that it will be thanks in part to learning how to breathe. It's even becoming a matter of survival given the various kinds of pollution that are overwhelming us on all sides.

Focus on the huge energy potential that you can connect to via the infinitely small quantum dimension and find your own way of breathing* it in. Then you'll get inspired! Ideally, you should breathe deeply all the time. Just look at how huge a volume our lungs have but we only use a small percentage of it.

5/ Taking breaks, like waves in the ocean!

6/ Studying the different functions and sensitive areas of women's and men's sexual organs. Studying the external parts of the vagina such as the clitoris is essential. As for the male organ, it has sensors along its entire length. When stroking it, you shouldn't stop at the upper areas but also explore the lower zones down to the root where the organ emerges from the body. Touching the lower parts facilitates inner orgasms (without ejaculating). Touching only the upper parts like the glans prompts premature ejaculation.

7/ Ideally, one should take time for foreplay and accept that it doesn't always need to be followed by penetration. Men ABSOLUTELY have to learn to come just from the desire to make Love, without having to act on it! When I'm feeling relatively balanced and centered, I like to be "turned on" by women even if it doesn't lead to intercourse.

8/ Enough with the tyranny of fellatio in foreplay. It's been around since the explosion of porn on the net in the early 2000s. If there's someone who needs foreplay, it's the woman. The tyranny of fellatio is a giant leap backwards. Fellatio is something very intimate and doing it with a stranger is really hardcore. These days, 12/13-year-old girls feel socially obliged to give head and it's heart-breaking. In Germany, there's even an expression for when a girl gets her period: "it's blow-job week!" The right thing to do would be to promote cunnilingus as foreplay and let the woman be on top for her first time!

In one of my other books, I wrote an "ode to women that tease" because they can give men a desire to surpass themselves, to enjoy life to the fullest, to become better and better! Many artists have a muse to inspire them, sometimes one they never meet!

The idea is to arouse both partners' desire until they feel a huge urge to "fit together"! You'll see, guys, you'll come out winners too! The ideal might be for her to do the initiating – at least every other time. Maybe every other time is lame. I can't imagine a calendar on the wall for keeping track, it would ruin the spontaneity a bit. But you must resist the habit of the man taking the initiative to make Love, to have the first kiss, and so on.

A while ago, I had a platonic love affair on the internet. We had reached the conclusion that we were both in love even though we'd never met. I was feeling really down in the dumps and the affair helped get me out of my rut. I used the affair consciously, postponing the meeting as long as possible in order to prolong the "muse effect".

With age and experience, now when I'm in love I take full advantage of the moment by cooling my ardor to "devour" that Love. I often think of the Little Prince who, upon seeing a well in the desert, deliberately walked as slowly as possible in order to prolong the feeling!

Which goes to show that sometimes we lie to ourselves, but we need to remain conscious about it. It's like tricking your inner computer. Sometimes it produces great results. I used that springboard to throw myself into this book. I met her, but it didn't work out between us. I didn't feel sad though, because I had used the Love to start writing again, which made me hugely happy on its own.

It's more when I'm not totally satisfied with myself that I suddenly feel like having a Love affair! As though I needed someone else's Love, because my Love for myself was no longer enough to keep me going.

Ideally, we should avoid having children with people with whom we have too strong an attachment, a relationship of dependence, otherwise we attract souls that are into attachment. Instead, have children with your friends, as Bruce Willis advises! True friendships last, while the feeling of being in love often passes and turns into rejection! What counts is for the father and mother to be at least somewhat connected to their inner self! It can be learned; you just have to do some training, like with sports!

SPECIALIZED COURSE

BLACK TRACK!

I maintain that women have suffered so much for millennia that, for many of them, their psyches and emotional bodies eventually create pleasant emotions when they're dominated! Like a protective shell.

Denial was - and still is for some people - a way of surviving. Today, women's bodies contain memories from the past. Without really knowing why, many of them derive a lot of

pleasure when a man “takes possession” of them! But in truth they aren’t really the ones feeling that pleasure; it’s the side conditioned by religion that likes to “be taken/possessed”, the “astral” side, the part made of pure conditioning from the “upside down” culture!

This astral* part of us is not part of the 8 envelopes/dimensions I just talked about (cf beginning of “the False Image of Women” blue track). It’s a sub-dimension created by the thoughts of individuals that are projected externally.

Sexuality is an art that can be developed ad infinitum... But to develop it with finesse, one shouldn’t make love only when there’s a “pressing need”. Finesse comes in when animal/primary instincts (there’s nothing pejorative in this) are satisfied at least a little! And it’s true that once you’re at a higher level of Consciousness, you can do without sex completely... But not Kundalini!

Imagine for a minute a world where sexuality is 100% free and where possession and jealousy are considered dangerous transmissible diseases. A world where men only ejaculate to have babies and are able to make Love for hours to many different women without getting them pregnant! This was the case in Fertiles cultures!

Imagine the utter hatred and jealousy that could arise within those who couldn’t hold back, whom I’ll call provocatively the “ejaculators”. By the way, the ejaculators still hold the economic and political reins of this world, but not for much longer, I hope.

Furthermore, every time they ejaculated, it drained some of their inner strength, making them weak. Feeling weak leads to fear because you feel vulnerable! And fear leads to violence or fear of violence! So, because the ejaculators had no inner authority, they were constantly looking jealously at all the cheerfulness and Love.

It’s easy to understand why they ended up waging war on the culture of fertility and diversity where men, women and children really had the same rights.

Some of them began by kidnapping women. They took them to faraway lands, locked them up in little houses, forced them to produce children, to cook for them, and sleep in the same bed with them... When the children were born, the ejaculating men took them away from their mothers and held them in their arms. That’s exactly what we do in today’s maternity wards, without wondering about the consequences of an act that seems so harmless! The children transferred the mother’s natural authority to the father, and the “upside down/patriarchal” culture gradually colonized people’s souls* and the world.

In short, they transformed them into near slaves, and to make it official, a ceremony was invented where the woman became the possession of the man, almost like material goods: “MARRIAGE!”. And the stroke of genius was in gradually conditioning women to believe that it was “the happiest day of their life”.

I can't help talking about excision and circumcision, which are profoundly unnatural acts, and a trauma with an unimaginable impact on the child. Excision is rightly condemned, but we don't dare criticize circumcision with the same vehemence... Imagine the conditioning that is begun by having the tip of one's organ cut off in front of the entire family who are laughing and having a drink... It's pride once again that prevents us from questioning this deeply insensitive act. “Pride” because circumcised men aren't ready to accept that they'll NEVER be able to experience certain sensations which come from the glans remaining most of the time in a damp, protected place. Those who say so are the ones that were circumcised as adults and are the only ones who can substantiate it.

Being circumcised leads to ejaculation and less sensitivity in sexual intercourse. Naturally, it doesn't mean that cultures practicing circumcision are “not as good”, but please stop circumcising children! Prove to the children that you really love them and that you're willing to override the judgment of those stuck in deeply sadomasochistic traditions.

How can religious people claim to respect divine creation and at the same time allow themselves to “make adjustments”! It's nonsense! It's a bit like saying to God: “You're great, but now you've screwed up, so you're going to have to do a little pruning!” By the way, I would stress the fact that excision isn't mentioned anywhere in the Koran*!

“His disciples said to him: Is circumcision useful or not?

And he said unto them: If it were useful, their father would beget them from their mother already circumcised.(...)”

Gospel according To Thomas, by Metanoia (Apocryphal Gospel).

8-9 - PEACE AT ALL COSTS!**INJUNCTION IN "JUDEO-CHRISTIAN-MUSLIM" CULTURES:**

Be as gentle as a lamb, for the Earth will belong to the meek! A man close to God is a man of peace! Let the powerful have a monopoly on the use of force! Those who govern you, royalty and the church were chosen by God! Rebelling against the system is rebelling against God's will, because if God didn't agree with it, they wouldn't be in power.

FERTILE CULTURE POINT OF VIEW:

"The worst kind of violence is doing nothing about a world full of injustice," said Gandhi. Christ is thought to have said: "I came not to bring peace, but a sword." Yet they are often seen as icons of "peace at all costs". The same is true for Nelson Mandela! Very few remember that there was a time when he planted bombs! Have we misunderstood their message? Because, if you think about it, how could the world really be at Peace without justice! Is it really an act of peace to let this dominating, destructive culture make our world more and more unjust?

You live in the West, and you may think you're living in a country that is at Peace, but that's false because Western logic is waging war on Life all over the planet. While I don't advocate physical violence, it's important to accept that we are at war because it changes our priorities.

In fact, what the patriarchs want is "Pax Romana" (Roman peace). Pax Romana is the ancestor of capitalism. Pax Romana is about building roads to be able to ship goods from distant countries as smoothly as possible. Pax Romana means simply wanting a world in which we are sufficiently at peace to be able to make the most money. When this is no longer the case, we wage war, which also brings in a lot of money.

DEVELOPMENT & DEMONSTRATION:

Those in power want us to leave them alone and be as docile as sheep, or worse, like baby sheep, "lambs" waiting for their shepherd. The image of the shepherd and his flock is very common in Christianity.

Anyone who has had the opportunity to spend time with sheep knows that they are perhaps one of the dumbest species that exists! On King Arthur's legendary sword, Excalibur, it is said to be written: "The lamb must be transformed into a lion!". It seems obvious to me

that this is a direct reference to the religious injunctions that ask us to be gentle and meek as lambs. And the sword “Excalibur” tells us to do the exact opposite, a good illustration that The Key is hidden in many tales and legends.

King Arthur's legendary sword symbolizes the sacred feminine in several ways. First, it refers to Kali, the name that some cultures have given to the warrior/destructive side of the feminine. Furthermore, it was given by the Lady of the Lake (or the fairy Viviane) to King Arthur to endow him with the power to win battles. But it is also an important symbol of the sacred feminine because it symbolizes the choice that each soul will have to make one day: between its shadow family or its family of Light. Those who are bogged down between the two are doomed to the worst suffering.

If we choose to return to our eternal family of light, we must cut off all relationships with people, places and habits that connect us with the egregores of the shadow family and are not essential. You must put your soul family (your family of values) before your biological family. I would remind you that the quest for the Grail was the mission focus of the Knights of the Round Table and King Arthur.

On the level of relationships, the injunction that we should look like someone who is always nice and smiling does a lot of harm. It's a very destructive mental virus because it causes a lot of side effects.

In order to stay smiling, you have to avoid confrontation, which leads to an accumulation of unspoken things and corrupts life at all levels of society. On the energy level of life, it feeds the volcano of repressed emotions from the collective unconscious, which makes waves and sometimes tsunamis of emotions!

Repressed emotions are the most destructive pollution, because they end up spreading into the collective unconscious and influencing everyone. The current collective unconscious is like a pressure cooker ready to explode. Those who are stuck in this fake image of peace are not cultivating peace in the world but rather its destructive side. Confrontations are useful in helping life to evolve! People are really afraid to compare spiritual viewpoints. As a result, there's almost no room for debate!

To find Inner Peace without fooling ourselves, we need to be sure to have the right position regarding the injustices of this world! But everything is done to stop people from doing any soul-searching!

People often trot out little phrases like “We need evolution, not revolution”. The implication is that “we shouldn’t rush things too much. There’s a reason for them, we must have FAITH”. But Westerners are the ones pushing around and terrorizing the world! Of course we need a revolution, because we have to change the basics. The basics are rotten! And the basics are how to procreate, how to assist childbirth, how to raise a child, how to allow parents to continue their own evolution, how to provide for the basic needs of individuals so they can free up time and willpower to put their evolution first, and so on.

Then we can waste time deciding whether or not to call it a revolution, but we can all agree that our evolution needs to go through a phase of revolutionizing our lifestyles. A revolution must have a precise goal, otherwise you don’t know where to stop and can be easily exploited.

The Christian, Muslim, Jewish and Buddhist religions have always been the perfect allies of dictators. The mental virus of “Peace at all costs” continues to drive many people of good will away from their inner fire. We need to stop burying our heads in the sand and accept that the poorest people on this planet are paying a high price so that we Westerners can have all our comforts. And our armies are keeping an eye on the entire world to keep it that way!

If we want to create a world that is truly at Peace, first we have to take the step of accepting that it is at war. And the same goes for individuals. Very few are truly at peace with their Conscience. In order to find Peace, they will have to become more Conscious about whatever is not in harmony with their deepest values and change that.

Giving in to the injustices of this world is the worst kind of violence! Are you aware that our civilization is regressing, that nearly all of us have accepted that our clothes and telephones are made by “near slaves” so that we can consume more than we need?

If Humanity has reached this point, it’s mainly
because of people who know the world is unjust
and let it happen!

We must reconcile ourselves to power, struggle and
force, otherwise we can’t draw them toward us! But
we can’t start anything until we know what we’re
fighting for!

What do we want to change in this world and what do
we want to replace it with?

THIS IS WHERE THE KEY CAN REALLY MAKE A
HUGE DIFFERENCE!

Even Einstein said that “the sound of slippers is more dangerous than that of boots”. Furthermore, aren't most future Humans waiting for a Messiah, Divine help that will bring Justice back to our world... By a miracle, **but by force!**

And what if we were the “saviors” who could succeed in doing so by developing our own PSYCHIC force? I stress the word psychic because we won't succeed by planting bombs and fighting on the material level. Wouldn't you like to have such enormous psychic strength that you could stop bullets and neutralize bombs in order to win a battle without even fighting or hurting others? Wouldn't you like to stop a cordon of riot police with a single breath, making them realize that they're defending a system that's against their own interests and those of their children? Wouldn't you like to gain power over those manipulating the riot police and make them sing the John Lennon song “Imagine”?

WELL I WOULD!!! And if you answered “no”, then I'm sorry, but from my point of view, it was your inner lamb talking. This is hugely important because I increasingly believe that souls go wherever they want to after death. Maybe those souls will then reincarnate as lambs? Because what's the point of being incarnated in a body that can make choices if you don't use your faculties. In any case, it would make a good joke. Baa Baa..

Besides, my experience with some of the people who smile all the time is that they're capable of the worst. What's more, in popular imagery, Satan speaks kindly to his prey. He doesn't scream or threaten. That's more the image of God the father. Yet another contradiction!

Do you get that the concept of Peace at all costs is
a political tool for you to forget your warrior powers
and follow the shepherds like little lamb?

IN-DEPTH COURSE

 BLUE TRACK

I'm going to tell you a little story that changed my life. One of my greatest hobbies is traveling in the invisible worlds. Whenever I'm faced with an "obstacle" or what I might consider an "adversary", I adopt the following attitude: I start breathing in the energy from my cells, staring straight at the "obstacle or adversary" and just saying: "you can feel this force that I'm connected to, don't fight me, don't even try, let me pass...". I had never encountered any obstacles that "resisted" this method until one day...

I met a new type of invisible beings who call themselves Goddesses. They usually live out in the wilds, in the forests and mountains and don't want to mix too much with humans, whom they find very boring and predictable. They have a great sense of Humor! They claim to be gradually regaining control of Humanity, if they can find enough souls who choose to help them!

One day, to my great surprise, with a big smile, they immobilized me totally on the ground with a force that I'd never felt before in my encounters with other entities. They did it very sweetly but firmly. I had the feeling that they weren't at all amused about having a showdown, but at the same time there was something I needed to understand! They immobilized me until I acknowledged their far superior strength. They told me over and over again:

"You see, Claude, if there is true unity in creation, it's for one reason: we're the strongest. And do you know why everything is going to work out for the best for everyone? For one reason: because we're the strongest, the most efficient, the most creative! The more you respect the Laws of Life, the more efficient and precise you are in what you create!" They put that message out in many different ways until I said out loud with conviction: "OK, YOU'RE THE STRONGEST!"

And although the Goddesses sometimes lose a battle, they NEVER lose a war. Actually, I prefer to say that they never lose LIFE because they are its guardians! "Hasta la victoria siempre!"

How has this story changed my life?

That was the day when I truly understood that I too had to reconcile myself with fire, with strength, with power.

I wish I had the power to stop the invisible world government* so that its representatives would stop lying to humans. I'd like to forcibly stop the "big boys" from hurting the little guys. I'd like

to have the power to fly, to stop bullets, to make it so no child was ever hit or abused in any way. And I believe that those who claim not to want power are either liars, selfish or the living dead!

There is no greatness in not wanting power!

As Mandela said, "Our deepest fear is that we are powerful beyond measure scares us is that we are beings of infinite power."

People are afraid of power because they're afraid of having responsibilities and of making mistakes.

They prefer to do nothing and criticize others! Besides, it's hypocritical, since our culture based on the "dominant-submissive" model turns us into predators (mainly of energy) because it keeps us from connecting to our inner force and energy!

Consequently, instead of using our power to participate in world affairs, we use it in our relationships to attract or even drain the attention of others.

The discovery that most people act like predators has been really disturbing to me.

It doesn't show at first glance, but as soon as a certain comfort zone is jeopardized, people are willing to do anything! The word predator is accurate because we feed on prey that we have deprived of freedom. This is the case for farm animals, for plants and even for our fellow human beings who are locked up in hierarchies of power (boss, employee) or in the prison of an exclusive couple. The minute our "energy base" is endangered, our "readiness to help others" vanishes. On the other hand, only a few predators would destroy the environment it lives in!

This is why, in order to begin awakening, one must grasp that mankind today has really gone mad. Because, contrary to what we've been told, there's enough food and water for everyone! There's never been so much wealth on Earth!

We should in fact be living in an era where we can afford to be generous with our fellow human beings and all other living beings. We could ALL live in “paradise”; but because of all the lies, and especially because of the debt, everything is backwards! This period of opulence is just so that the very rich can buy things they don’t need, surround themselves with people who love them for their money, in short MUCH ADO ABOUT NOTHING! And if this ultra-consumer society is possible, it’s only because the ultra-consumers are a minority that is crushing the rest of the world with ever-increasing hypocrisy and indifference. And remember that this ultra-consumerism is possible because of modern slavery, otherwise it would all cost far too much!

So, sorry, but Westerners want peace above all
because they’re not at all at peace inside themselves.
They refuse to feel their inner volcano/warrior
that is ready to implode.

The Larousse dictionary’s definition of a predator is:

*“A person or group that establishes power by taking advantage of their competitors’ weakness”,
“who live off live-captured animal prey”.*

It is fair to say that those living the Western way of life are predators in all definitions of the term. This is evident in rich countries’ policies toward poor countries! But it is also apparent between rich and poor in the same country! The very rich manipulate the world so that the poorest work for almost nothing. And this predator aspect is naturally highly prominent in romantic relationships!!

Reading the part that says “who live off live-captured animal prey” reminds me of marriage! In Spanish, the word for “to marry” is “casarse”. Literally it means “to put in a house”, “to enclose”.

I recommend that everyone read the book “The Celestine Prophecy” (by James Redfield), which gives excellent examples of energy theft. The Intimidator, Interrogator, Aloof, and Poor Me.

SPECIALIZED COURSE

FO BLACK TRACK!

“Peace at all costs” also leads to a lack of questioning.

But the worst thing is that everyone is keeping their little inner volcano going, which in turn feeds the big volcano of repressed emotions ... which feeds the astral level and spoils our collective unconscious!*

«(...) It is clear that, in practice, in his intellectual, social, political and moral life, man cannot take a step forward without a battle; a battle between what exists and lives, and what seeks to exist and live, and between everything that lies behind the one and the other. (...)»

It is not enough to have clean hands and spotless souls for the law of battle and destruction to disappear from the world; first it is necessary for what is underlying them to disappear from humanity. (...)»

In truth, inertia does much more harm than the dynamic principle of struggle, which at least creates more than it destroys.

Satprem “SRI AUROBINDO ou l’Aventure de la Conscience”
[SRI AUROBINDO or the Adventure of Consciousness]. Ed. Buchet-Chastel

“On the path of integral yoga, one often has the impression of having set out for the best and discovering the worst, of having sought peace and light, and discovering war. In fact, it’s a battle, there’s no denying it. As long as we’re swimming with the tide, we can see ourselves as nice, clean, well-meaning; the minute we turn the tide, everything resists. We can then tangibly grasp the huge forces weighing on men. You have to have tried to get out of it in order to see...”.

Mother.

Interviews. Sri Aurobindo Ashram Publications.

"In shaping the physical world, as in establishing societies, results of exceptional importance have never been obtained through slow and steady evolution, bit by bit, progress by progress. It takes a sudden eruption of latent energy, an upheaval, the tremendous roar of a revolution. (...) So revolutions are necessary, and consequently legitimate. But a revolution is not necessarily cruel and bloody, which is what our children will have to think about."

Léon Blum.

8-10 - CHRISTIAN CHARITY, AND CHARITY IN OTHER RELIGIONS...**INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:**

Along with faith and hope, charity is considered by the Vatican* to be one of the three “theological virtues” of Christianity. These are the virtues that must guide people's everyday relationship with the world and God. In other words, it means focusing every day on faith (trusting, not questioning the church's messages), hope (in the promise of paradise after death and perhaps even some help in this life) and charity. All “backwards” religions stress the importance of giving to the needy! St. Francis de Sales even speaks of “charity that alone makes perfection”.

FERTILE CULTURE POINT OF VIEW:

The concept of “material” charity doesn't exist in a just and fertile culture. Everyone can go to the temple where they will receive quality food, teachings, care, tenderness, sexuality, etc.

In such cultures, where evolution is seen as an absolute priority, the quality of a being is not judged by their material possessions. What counts is their inner wealth, their knowledge, their skills, their ability to help the community to improve and to evolve toward an everyday routine that is increasingly just and creative. This can be done either by taking part in common tasks or by focusing on developing one's inner powers.

As the community is in a process of constant evolution, it accepts that some people's choices may be incomprehensible, but it doesn't mean there is no place for them. For instance, some people spend a lot of time daydreaming out in nature. The community feels that this creates a certain balance, even if it can't be explained. Everything is done for individuals to find their “personal legend”, their own path.

So when everyone is connected on the inside, each person does something different, and yet a harmony and synergy is created. It's like birds flying in a group. Each one is doing something different, and yet they almost never collide.

The community takes care of those who have a hardtime finding their place. It believes that the group's strength also depends on the strength of its “weakest” link. It has learned through experience that, while it isn't clear what one person may bring to the group, sometimes “lame ducks” create a synergy that cements the rest of the group. If they are excluded, that synergy disappears. Developing our inner powers is one of the greatest services we can

perform for the community. So, with this mindset, the lame duck won't feel like they're "asking for charity", or asking for a "favor", if they're fed and housed thanks to the work of others.

And if allowing inner powers to develop is a priority, it is also because one of the foundations of such cultures is understanding that whatever doesn't evolve fast enough will sooner or later be subject to destruction.

In "backwards" cultures, people pride themselves on "earning a living". Although I'm not blaming them, in Fertile cultures we don't have to "earn" a living because it has been offered to us! It already belongs to us. It was given to us! It is the same for the natural resources of the land, which should belong to everyone.

DEVELOPMENT & DEMONSTRATION:

I want to make it clear that, for me, helping those in need on an everyday level is obviously part of a just life.

But I really want you to grasp why charity is so strongly emphasized in Christianity, to the point of making it one of the 3 foundations to follow in everyday life.

In fact, in the collective unconscious of those who want to "do good", there's a bit of a war between the choice of being involved in charity or in a more just world. Naturally the ideal would be if people were involved on both fronts. But unfortunately, in our culture, fighting for a fairer world, i.e. questioning capitalism, is not very fashionable.

And yet, you could say that charity without addressing the root of the problem amounts to treating the symptoms of this unfair world and not its causes. This resembles the logic of modern medicine, which is interested above all in the symptoms and not in what creates diseases.

Similarly, charity leads to stagnation and absolutely not to an end to inequality. It's a highly effective way to keep things from changing, while at the same time giving the impression that we want it to change.

Those in power have always gone along with religions that served their purpose: to get as rich as possible. This involves paying as little as possible for workers and raw materials. For that to happen, there must be many people out of work so that there are always those willing to accept slave wages.

As if that weren't enough, the "upside down" culture of the "patriarchy" will then "stick" people with an obligation to take care of those same poor people. In doing so, they take up these willing people's time, so they are no longer available to work at making the world a fairer place. And at the same time, religions imply that they are there to help the poor, while their essential work is quite the opposite. Religions have always served first and foremost those in power, the big landowners, the bosses etc.

Furthermore, don't forget that Charity goes hand in hand with Faith and Hope. One must have faith in the system in place and do nothing more than hope. This implies that our unjust world of the very rich and the very poor is just and that it is God's will.

Of course charity is charitable, but it is highlighted in order to ease people's consciences. It allows those who give to tell themselves: "the system I serve is unfair, but at least I'm trying to balance things out. So, I'm not as unfair as the system. I make good use of the system, but I help others make good use of it too, so I'm one of the good ones. And that way, I won't be rejected by the masses."

And naturally many rich believers tell themselves that if they are rich, it's because God wanted it that way. Which implies by the way that they are better than others, that they are somehow among the chosen ones. With this same reasoning, many poor religious people tell themselves that they're poor because "God willed it".

That's really convenient for those who are getting filthy rich because workers aren't being paid enough.

Poverty on Earth is organized and planned.

"Organized poverty is the worst form of violence".

Gandhi.

So there are two ways to be charitable. We can either take care of the most destitute, thereby putting band aids on the wound. Or we can attack the causes of poverty... If we only take care of the most destitute, we continue to support the unfair system and even lend it some legitimacy.

Ideally, of course, there should be people working on all fronts. But today, those who really want to put an end to this unjust system are excluded. It's more fashionable just to take care of the most vulnerable... And that's better than nothing of course. But if all those doing charity work stood up at the same time and said "no" and insisted on a system where everyone has the right to healthy food, a decent place to live and free high-quality education, then we'd make some progress.

But that kind of action goes against the reasoning of the current collective unconscious and the egregores* that nurture it. Don't forget that most people follow the prevailing movement without thinking... because they weren't nurtured enough by Storge love to dare to challenge its foundations.

Charity also exists in ecology. The caricature is someone who sorts his waste, takes his children to school on a bike, eats organic food and feels ultra-superior. But if you dig down a little, you find that the person's overall impact on society is pernicious, and she probably works in advertising, for a pharmaceutical firm or a bank.

IN-DEPTH COURSE

BLUE TRACK

The original definition of the word charity has been partly "amputated". In the New Testament, Christ explains that *"charity must encompass everything. That is the one commandment!"* Saint Paul says that *"charity is not a substitute for justice but must drive justice!"*

This means that "everything" must be set up to take care of the most needy and vulnerable. This implies a great universal principle, which is that one can gauge how civilized/human a society is by how it treats the most vulnerable, and even how it treats its "enemies". Charity must be all-encompassing! Once again, the Catholic religion has betrayed and distorted the original messages.

From an energy standpoint, poverty is also maintained in the world because when you dominate someone, you drain their energy. A boss feeds partly on the energy of his employees, a husband of his wife, parents of their children, priests/rabbis/imams of their

parishioners, kings of their subjects, etc. And many feed off those to whom they give charity, because it establishes a dominant-submissive relationship.

I won't elaborate here on the fact that for the Vatican*, "being charitable" means giving money to the church so that it can supposedly help the poor. Religions are also a huge money-making machine. Need I remind you that the Vatican is one of the richest states on the planet?

The more I think about the 3 foundations of everyday Christian life, the more I think they feed into each other. It's like a mantra: "Faith, Hope, Charity". Religious Charity eases our conscience. When we've got Faith, we don't question the system. And we live on Hope by telling ourselves that if we abide by the three pillars, we'll either obtain divine help in this life or/and in heaven after death. It's really quite "clever".

"For, in his present state of evolution, man is incapable not only of realizing justice in his earthly abode, but also of conceiving it as it is in its absolute essence. Charity is the living acknowledgment of this inability."

The Mother. *Words of long ago.*

Editions Sri Aurobindo Ashram Publications.

I feel that we have reached such a stage of crisis in our civilization that everyone should be involved in changing the foundations of the world so that it becomes more just.

Why do most people of goodwill continue only to engage in charity? Don't they see that we're in a sinking ship? The answer is important to grasp if you want to awaken your conscience at all. In fact, charity is sustained (boosted) by religious egregores*.

So when we do things that move in the direction of the egregores, we feel strong, just and alive. On the other hand, wanting to change the system's foundations is going against the tide of our culture, so we won't be carried along by that river of energy. In addition, it will attract the wrath of the "patriarchal/expediency" egregores, thoughtforms* and their "agents" upon you (those who are easily manipulated).

"Charity often grows out of pride."

Alfonso Di Lerna.

"You want the poor to be helped, I want poverty to be eliminated."

Victor Hugo.

*"I am among those who believe and affirm that poverty can be destroyed.
(...) Poverty is a disease of the social body just as leprosy is a disease of the
human body; poverty can be eliminated just as leprosy has been eliminated
(...) I would like this assembly to have only one soul to walk towards this great
goal, this magnificent goal, this sublime goal, the abolition of poverty."*

Victor Hugo,

Speech to the National Assembly on July 9, 1849.

8-11 - CONFESSION**INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:**

“After having reached the age of discretion, each member of the faithful is obliged to confess faithfully his or her grave sins at least once a year.”

(Bible. Can. 989)

FERTILE CULTURE POINT OF VIEW:

Since it is IMPOSSIBLE to follow religious injunctions to the letter, a way had to be found to make the system work. And then, like magic, they invented confession, which often came along with cold hard cash. Did you know that until the 18th century, the Vatican* made people “pay” for pardons! This was so ridiculous that I could hardly believe it. Furthermore, it was one of the first bones of contention that led to the creation of Protestantism. Confession and the power of the curia to forgive sinners for cash is truly the most perverse concept I know of. It is probably what made the Vatican the greatest instrument of suffering and destruction of all time. It has enabled the worst horrors, injustices, murders, rapes and incest. And it continues today.

Many people continue to donate, even leaving everything to the Vatican, believing that it will “save their soul*.” And that makes it a very attractive religion, naturally! In Spain, donations to the Catholic church are even tax deductible.

Then again, there’s something I really like about confession. I believe in the alchemical magic of profound regret. I believe that if a person sincerely regrets, if they have a sincere desire to change something, they can do so. But it is an alchemy between the Self and the Ego*. Between one’s creative part and one’s created part.

DEVELOPMENT & DEMONSTRATION:

But there is something very warped about confession. It allows people to commit the worst atrocities and then to get off the hook by confessing. Naturally I agree that we learn by making mistakes, but if, after realizing it was a mistake, we do it again, then it’s perverse. And religious confession allows that to go on forever.

But a way had to be found so that the soldiers who had been killing, torturing and raping all week could have some kind of peace of mind on Sunday.

It's so obvious in the collective unconscious how impossible it is to be honest regarding the unnatural injunctions from religions, that a religious person who is 100% honest is called a fundamentalist, and it has even become an insult!

I have often noticed that people who are addicted to confession are almost incapable of admitting their faults to their peers. Confession spurs people to live with secrets and guilt. It gives enormous authority to priests, alienating people from their inner authority.

Forgiveness makes sense if there is a “confession” to the people involved, if the person does what he or she can to make amends and promises that it won't happen again.

Confession the Catholic way causes people to lie to everyone but the priests. The fact that you're forgiven for everything if you confess has really been one of the worst perversions on this planet. You can do it again and you're forgiven! And remember that, for many believers, if they give money to the church, they're more likely to be forgiven afterwards. It's the business of forgiveness, in fact.

On the other hand, acknowledging one's mistakes in the public eye produces real healing alchemy. The difference is again whether you do things in the light or in the dark. The magic in this alchemy of public self-criticism is also present in some countries. For instance, Germany recognized its war atrocities. It continues to teach children about the Holocaust today. As a result, Germany has become the most alternative and the greenest country in Europe. In other words, the alchemy of bringing the worst into the light has created this alternative German spirit* boosted by the idea of “no more dictatorships of any kind, including chemical dictatorship.”

In early Catholicism, confession was public and reserved for serious cases. There is no such thing as confession “to a priest” among Muslims, Jews and Protestants. Protestants vehemently rejected it because they believe it is not right to give priests the divine power to forgive. The Orthodox religion has kept it.

**8-12 - THE DIVERSION OF SHAMANISM & THE PHARMACEUTICAL
INQUISITION'S DOMINATION OF NATURE.****INJUNCTION IN "JUDEO-CHRISTIAN-MUSLIM" CULTURES:**

"And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth."

Genesis 1.26

"Addiction doesn't always come from a dark alley, but often from the offices of reputable doctors."

President Barack Obama. 2016.

"Germs are nothing; terrain is everything."

Dr. Claude Bernard

"The early Christians cursed the natural world both as a whole and individually, and for all time. They condemned it in its entirety, to the point of seeing evil incarnate, the devil in a flower."

Jules Michelet. *The Witch*. Editions Folio.

The so-called "patriarchal" culture has conditioned us to consume food that numbs our awareness, makes us fragile and induces fear in us. This is especially the case with hypoglycemic foods such as bread/wheat, wine and alcohol in general, potatoes, corn, coffee, added sugar and salt, etc. The Last Supper as presented in the Bible could be seen as an advertisement for bread and wine. The same is true for the transformation of water into wine. But this was also the case for the beer and cheese with which the monks inundated Europe.

In contrast, the use of mushrooms and certain plants for healing is witchcraft. It is ultra-taboo! During the Inquisition, those who took them to raise Consciousness and heal the physical body were on the front lines to be tortured and burnt at the stake!

Today, they are no longer accused of witchcraft, since witchcraft no longer exists for the modern world. But their image is burned in public places and/or they are locked up in prison or in psychiatric hospitals! There has been some progress, but you have to admit that we're not so far from the witch hunts of the Middle Ages, minus the bonfires!

Human nature and that of the earth are considered “savage”, “uncivilized”, dangerous, even “diabolical”. There is almost an implication that God and men were put here to “organize” nature, to make it “better”, to control it, educate it, govern it, in short to take away its will and replace it with the dominant-submissive mindset of patriarchy.

Moreover, all this is more topical than ever with the COVID crisis.

“Don't trust natural medicine!”

“Have blind faith in everything official doctors tell you!”

In France, a ministerial memo was distributed to teachers encouraging them to question children to find out if their parents were “dangerous, alternative medicine practitioners”. If that isn't a sign that we're in a chemical dictatorship, then I don't know what is.

As a general rule, patriarchal culture considers that what is natural must be tamed and controlled. This is one of the biggest differences with fertile cultures.

This reasoning can be seen with regard to germs. Patriarchal culture believes that germs are evil and must be eliminated by killing them.

You could say that the logic of “modern” medicine is the same as that of the Inquisition. We kill whatever we don't like instead of learning to live with it.

Along that same line of thinking, most doctors nowadays have not even grasped that the origin of most diseases is psychosomatic.

They are still thinking like religions, which many centuries ago divided the role of the healer in two : the priest took care of the soul*/spirit* while the doctor took care of the physical body. So “modern” doctors mostly prescribe drugs to stop the symptoms of diseases. But they rarely try to find the cause, since the causes are located at the level of the person's spirit/soul.

FERTILE CULTURE POINT OF VIEW:

The way a civilization defines illness and healing reveals its level of evolution. For Fertile culture, spirituality and healing disease are the same path: We must work on our inner connection with ourself and with the Whole to bring our life in harmony with our inner nature and that of the Earth.

For over 2,000 years, patriarchal/stagnant culture has done everything in its power to control human nature. Now it's doing the same thing with minerals, plants, and animals. The solution lies not in dominating and subduing nature, but in learning to work with it. This central element is one of the seeds of the whole destructive logic of the economy, medicine, and industry. This deadly logic of going "against nature" can be seen in concepts such as vaccines*, chemotherapy*, antibiotics, epidurals and even pesticides used in agriculture.

Chemicals are by far the most immediate danger
for Humanity.

Most illnesses are rooted in the disharmony between what the soul* really wants (its nature) and what the person experiences in everyday life. To limit this disharmony, it is crucial to raise our level of awareness to the maximum, especially in order to see reality as it is without the veil of emotions and prejudices. A culture that seeks to be Fertile must do everything it can to ensure that our awareness is as elevated as possible.

Whether it is air, energy, liquid or solid, everything we ingest influences our level of awareness, our will and our intelligence. In Fertile Cultures, specialists in healing and awareness hygiene are often called shamans, sorcerers or marabouts. Although the word shaman originally referred to healers living in Siberia/Mongolia and working with mushrooms in particular, today it has become a generic term that includes all those who use plants and mushrooms for healing.

In short, in many people, chemicals have
destroyed the connections in their neural
system that allow consciousness to develop.
Mushrooms and some plants are designed to rebuild
them. They recreate connections and networks
between neurons like they do with the mycelium
in the forest floor.

Considering that religions are meant to “connect” us to high levels of consciousness, shamanism is the only religion that makes sense, since it is the only one that provides a direct connection without the need of a priest, a medium or even a shaman.

SELF-SUFFICIENCY IS THE DIFFERENCE!

Nearly all chemicals can be replaced by plants and mushrooms. Nature's immune system is comparable to ours. And mushrooms, for instance, connect us to that immune system. Although scientists can't explain why, we have come to understand that mushrooms have their own intelligence, that they do whatever work needs to be done on their own.

Did you know that an American named Paul Stamets discovered a mushroom that can transform soil steeped in chemicals and oil into soil that can be used for an organic vegetable garden? The mushrooms somehow digest the chemicals and make the soil fertile again. Well, psilocybin mushrooms do the same kind of cleansing work throughout our physical bodies. And in my view, they also transform certain deathly aspects of our personality into something fertile. For example, Yale University conducted a study in 2019 proving that micro doses of psilocybin were enough to make people aware of the ecological crisis when they didn't care before that.

In fact, since 2018 the Food and Drug Administration has granted a breakthrough therapy designation to psilocybin therapies for treating depression.

As for the discoveries about THC, which I will go into later, we now know that a minimum of THC is necessary for certain neural networks to turn on and function properly. The body naturally produces endocannabinoids, but may stop producing it as a result of junk food, stress, chemical and electromagnetic pollution.

This healing with mushrooms and other complementary plants was an integral part of the teachings of the early Christians, Muslims, Jews, Hindus... They contain substances necessary for our evolution.

Many works of religious art prove this. I have provided an example below and others in the Illustrations in chapter 13. I highly recommend that you go and see them. See below a painting from the Basilica of San Marco (Venice, Italy).



**Psilocybe
Semilanceata**
(photo under share
Licence Attribution
CC BYSA 3.0)



Basilica of San Marco, Venice, Italy. 13thc. St. Mark's Basilica. Venice. 13th century.
Jesus explains to doubting Thomas. Photo by Richard Stracke. Cropped image.

Click on the magnifying glass for the full picture.

This scene goes from right to left. It dates from the end of the 12th century, when the Templars were extremely powerful throughout Europe.

The scene on the right illustrates an episode from the Bible, John 20:26-29. "Doubting Thomas". We see Jesus, who can be recognized by his 5 scars/holes from the crucifixion, explaining that his resurrection happened thanks to the mushrooms. At his feet, Thomas puts a finger on the scar on his right side.

The scene on the left illustrates Matthew 28:1-10. Mary Magdalene and the "other Mary" were on their way to tell the disciples that the tomb was empty when Jesus appeared to them. This is the resurrection of Jesus, surrounded by mushrooms, an anchor that allows a being of light to incarnate more completely in the body. Below Jesus is an anchor that could symbolize this anchoring.

Shamanism may seem far removed from the everyday lives of many people. But what if I told you that junk food is reverse shamanism and that it is the biggest culprit in adults and children's hyperactivity and depression. Junk food creates sexual disturbances, lack of willpower, and increases the chances of becoming a psychopath or even a "criminal".

What if I told you that psycho-shamanism, which consists in blending psychological/emotional work and shamanism, can cure diseases such as cancer*, multiple sclerosis, and depression! What if I told you that, instead, we torture our grandparents with chemotherapy* that doesn't work and prescribe antidepressants/calming drugs that turn them into vegetables and have more negative side effects than healing effects?

What if I told you that nearly all serial killers have been found to have eaten too much added sugar when they were little? What if I told you that we are poisoning a whole generation with food additives that would have been banned if the food and chemical lobbies had not taken control of our governments?

Unlike in the United States, Europeans have virtually no psychedelic culture. In France there is still a law that bans speaking publicly in a positive way about substances like cannabis or psilocybin. Nevertheless, I must admit that in recent years the French media have begun reporting timidly on the discoveries made in other countries about the curative effect of psychedelics. Most of them have talked at least briefly about the popularity of psilocybin in treating depression and cannabis in helping multiple sclerosis patients and those undergoing chemotherapy. An article in Le Monde on May 9, 2019 stated that:

“According to various studies, psilocybin, the active ingredient in “magic/psilocybin mushrooms”, is not considered addictive and helps to fight depression and addiction to opiates, painkillers that are responsible for thousands of deaths by overdose every year across the United States.”

Courier International reported on the discoveries of Carl Ruck, a professor of mythology at Boston University. **According to Ruck, early Christians miraculously cured mental and physical illnesses by anointing them with cannabis.** Given that the word “messiah” actually means “the anointed one”, it makes you wonder... Does this mean that messiahs are beings that have been smeared with cannabis?

It calls to mind that fabulous series, *Drogues et Cerveau* (Drugs and the Brain) aired on ARTE television (2005), in which we learn that cannabis is necessary for the brain's development. Yes, you read that correctly: “necessary”.

Europeans need to understand that psychedelic culture (which could be translated as “which removes the veil from the soul/mind”) in the USA has greatly contributed to innovation in Silicon Valley. This is one of the reasons for their advances in many areas.

For example, Steve Jobs (Apple) and his whole generation grew up in a culture heavily influenced by the psychedelic movement. Steve Jobs publicly acknowledged a few months before his death (thefix.com 10/07/2011) that substances such as LSD (synthesized mushrooms) were a huge help in his discoveries. Nowadays, micro-dosing psilocybin and cannabis is widespread in Silicon Valley... While in Europe, researchers are still addicted to alcohol and tobacco.

Historical periods are always heavily influenced by the
“drugs” of that era.

The psychedelic movement of the 50's/60's/70's enabled our species to make a great leap in consciousness. This led to the peace movement in Vietnam and the creation of NGOs such as Greenpeace and Amnesty International. Sexual liberation made a huge leap forward. The same was true for different kinds of therapy which showed that people really wanted to get well... so they accepted that they were ill. This led to the May '68 movement and raised the consciousness of many people in many countries.

But every time our civilization takes a leap forward, the patriarchal matrix reacts in a radical way to bring it back onto the patriarchal path of destruction and oppression. This resulted not only in a fierce, aggressive reaction from the police, but also in a successive discrediting of hard drugs by the collaborationist media. But above all, this consciousness-raising movement was brought down by the arrival of the cocaine.

The rise of “terrorist capitalism” in the 80's (nothing like capitalism in the days of our great-grandparents) was mainly caused by the boom in cocaine consumption in that era. This created what was called at the time “the easy money years”. People thought it was a passing fad, but it's still here.

One reason for the extreme cruelty displayed in the Second World War was that the Germans (civilians and soldiers) were on amphetamines (Pervitin). Amphetamines or Methamphetamines like Pervitin make people believe they are superior, enabling them to function with little sleep or food, to feel no compassion and to enjoy doing repetitive work. The feeling of superiority comes from the fact that the drug suppresses the desire to question ourselves or what we've been taught.

Imagine 3 million soldiers high on these drugs and given the most modern weapons of their times. And to understand the rage they were in, you need to know that they thought the rest of the world wanted to let them die of hunger and cold, which was in fact true. The drugs were available on the German market starting in 1938. You could say that, more than any other drug, amphetamines (and methamphetamines) changed the world in a few months. When the Allies realized this, they gave the same kind of drugs to their soldiers. As a result, during the Allied landings, there were more than 40,000 rapes in France. (source: Le Monde). This continued all the way to Berlin, leading to much unnecessary cruelty.

In a very similar fashion, in 2023, an army of bankers, politicians, journalists and industrialists on amphetamines (or other sleep-inducing substances) are in the process of repeating the same madness as in Germany, only worse, because this time it's on a global scale.

And if I am so bold as to make the connection, it is because the worlds of finance act with the same cruelty, the same lack of empathy and the same madness as the Nazis. The Germans were so blinded by methamphetamines that it led to the destruction of the whole of Germany. The same is true for the financial world and corrupt politicians on amphetamines (or other chemicals), who this time are in danger of destroying the entire planet!

Maybe the extermination camps would never have existed without methamphetamines! Maybe we'd be living in a just and humane world in harmony with nature without all these chemical drugs and junk food that take away people's sensitivity, their genius and question things.

COVID has surprised us in a big way. The more highly educated people are, the more they seem unable to think for themselves and to rebel in order to create a better world. The same thing can be seen with countries. The more "civilized" and "rich" countries are, the less ability they have to resist the dictatorship of the planet's destruction.

Take the example of Martinique and Guadeloupe, where the population has shown fantastic resistance to COVID measure, whereas in metropolitan France, more than 80% of the people have already been injected with the "vaccine".

One would hope however that young people coming out of college would have some empathy for the world left to their children. But no, because the vast majority of them are forced to take amphetamines to memorize tons of useless material. The same is true for violence in schools, whether in Europe or in mass killings in the USA. We've begun to see that nearly all of these young people were taking... amphetamines and/or painkillers and/or consuming a lot of added sugar and sodas every day... Some of them in the form of Ritalin*, which is also an amphetamine-based drug given to teenagers supposedly to treat hyperactivity or attention deficits... which is created by junk food and chemical endocrine disruptors*.

The same kind of consequences can be seen with painkillers like Fentanyl which Big Pharma is using to take over the heroin market. Legal opiates such as Fentanyl and oxycontin have caused a huge increase in the crime rate in the US. Oxycotin is as powerful as morphine and Fentanyl has 100 times the pain-relieving potency of morphine and is therefore addictive in a way that some consider 10 times stronger than heroin. This drug was designed for extreme pain such as amputations. Today doctors prescribe them for anything, like back pain that could be treated by an osteopath but... that doesn't earn any money for the lab or the doctors. And it doesn't create an addiction, which is excellent for creating customer loyalty.

Fentanyl and oxycontin make people hyper-aggressive and, when experiencing withdrawal, they could easily go as far as killing to get their fix... In the United States, grandparents with a clean record have robbed pharmacies because the problem with opiates is that you always need more to feel the same effect. This has triggered an investigation in the Senate thanks to the fact that there's total freedom of expression in the USA.

In Europe, it's not even mentioned because anyone who questions the medical mafia is called a conspiracy* theorist or guilty of illegal use of drugs. In Europe, there is no freedom of speech regarding subjects like religion, the debt, nuclear power, drugs and medicine. They say there's no problem with legal opiates because doctors are supposedly more responsible than in the United States. That's ridiculous! On the contrary, in Europe doctors have even less right to express themselves than in the U.S. In the United States, there are still successful lawsuits against Big Pharma, but in Europe it is very rare.

My father and brother were put on legal opiates for no reason... It ruined the last few years of their and their loved ones' lives. Frankly, it turned them into something that wasn't

Human anymore. I had a brother who was a heroin addict all his life. So I can compare that to people on opioids, and I can tell you it's the same kind of degeneration.

With one huge difference – that people on opioids don't feel like junkies so they tend to turn really mean, and even psychopathic.

But France again seems to be the country most corrupted by the “chemical cult” with its 11 mandatory vaccines* for newborns, while in Sweden, newborns are no longer systematically vaccinated. I could give you thousands of other examples, each one more awful than the last, such as the fact that in Denmark pregnant women are forbidden to take Doliprane (paracetamol/acetaminophen) because it feminizes little boys. But not in “chemical dictatorship” countries like France and Belgium”.

A telling detail is that, in French, legal substances are called médicaments (medicine) while illegal substances are called drogues (drugs). In English, both are called “drugs”.

For an ordinary doctor, if you're “sick”, it means you
can no longer function within the system.

The war medicine mindset prevails. Soldiers must be
put back on their feet, so there's no time to take a
more in-depth approach!

For a healer, you're sick if you can function in a
system that goes against your values, and against the
good of life in general.

So, we're talking about two very different, even
opposite, things! And you have a choice to make in
terms of how you proceed!

In Fertile cultures, germs (including viruses) are considered part of life. The best way to live with them is to boost your immune system. When we get sick, it's a sign that we are no longer living in harmony with Nature, which includes our soul's inner nature.

Patriarchal culture divides the world between what's right and wrong. Conversely, Fertile cultures teach us to understand each thing's place. An illness can be seen as a sign that it is urgent to question certain things in one's life.

Whereas, in so-called “patriarchal” cultures, natural human impulses and individual will are often considered “diabolical”, in Fertile cultures they are on the contrary the expression of our “Divine/eternal” side. Within that mindset, viruses are indicators of the quality of our inner connection that feeds our immune system.

“Germs are not trying to attack us; they want to live and have no more pathogenic purpose than any other being. To make germs our enemies is to enter into a logic of war that goes against all natural processes and endangers the ecosystem.”

Sylvie Simon,

Vaccination l’overdose, éditions Déjà, 1999

If shamanism is a science to awaken consciousness, then Western culture is shamanism in reverse. I’d like to help you understand shamanism in the broadest sense of the word, which to me is the original shamanism. In short, we must learn how everything we ingest influences our level of consciousness and our health.

This concerns in particular:

- 1/** Solid and liquid substances.
- 2/** The energies in our environment (including people, nature, electromagnetic disturbances, countries’ auras, etc.).
- 3/** The energies that come from our body, such as Kundalini or the energy that we absorb via the infinitely small in our cells.
- 4/** The air we breathe... And the way we breathe it... Our lungs are made to be used to their full capacity.

In many countries, such as England, cannabis and psilocybin (the active ingredient in “veritogenic” mushrooms) are used legally to cure or help in treating many diseases.

If you want to taste Freedom, you have no choice but to become a substance warrior. And it’s even truer if you’re raising children.

Mushrooms and companion plants are here to heal the earth and souls.

When shamanism is part of the norm, pharmaceutical companies and religions no longer have a job.

But the psilocybin in mushrooms can also cure the greatest disease experienced by most future humans, the fear of death. Most avoidable suffering and destruction grows out of that fear. It plays an important part in melodramatizing human relationships because the lie about death leads us to believe that we only have this one life. Psycho-shamanism using mushrooms and other complementary plants can help rid us of that fear. Mushrooms are the gatekeepers. They transform life to help it move on to the next stage. They are there for us.

"People fall into two categories: those who have taken mushrooms, and are disqualified by the subjective nature of their experience, and those who have not, and are disqualified by their total ignorance of the subject."

Peter T. Furst

– La Chair Des Dieux – Éditions Seuil

DEVELOPMENT & DEMONSTRATION:

8-12-1 - HOW JUNK FOOD AND CHEMICALS DO THE OPPOSITE OF SHAMANISM, NUMBING CONSCIOUSNESS AND MAKING OUR PHYSICAL BODIES SICK.

Some people believe that the COVID vaccine* (which isn't a vaccine) was created to turn people into robots incapable of thinking. But the truth is that most people are already in this state because of all the chemicals and junk food they ingest on a daily basis.

Our everyday food and chemical products are the main culprits for most emotional, mental, medical disorders and, consequently, social, ecological and economic problems. In short, added sugars, junk food, chemical products (food and environment), drugs (including vaccines) and food additives are driving the world crazy, corrupting our DNA and destroying our brains!

A simple example that shows how our food influences our level of consciousness and creativity: if you eat 300g of French fries with a lot of mayonnaise, you'll be far less

alive, conscious and creative than if you eat 300g of fruit. In our modern “upside down” culture, everything is done to lower our level of consciousness and stall our evolution.

Until the 80/90's, individual IQs increased every year in nearly every country. Since the 80/90's, they have decreased rather than increased!!!

According to the Arte Youtube Documentary “Tomorrow, all morons”, the average intelligence level on the planet is in free fall. If we keep on this way, within 10 years one out of two children will suffer from "cretinism" and be on the “autism spectrum”.

In July 2015, the magazine Science & Life added *“Between 1975 and 2012, the prevalence of autism spectrum disorders grew dramatically, which some referred to as an “epidemic.” (...) going from 1 per 5,000 in 1975 to 1 per 150 in 2002 and to 1 per 68 in 2012, tripling in the last ten-year period.”*

We’ve known the solution to this decline in intelligence since the 60s. *“We just need to make sure that pregnant women have enough iodine to make thyroid hormones for themselves and their children. It is a simple and inexpensive measure”,* says Barbara Demeneix from CNRS (France).

We also have to minimize the amount of chemicals that we ingest, especially fluoride, chlorine, and bromine (the famous endocrine disruptors*). They have a molecular structure so close to iodine, that our body confuses them with thyroid hormones which are essential for brain development.

But for this to happen, our health ministers would need to be more powerful than the chemical lobby, which is NOT the case! But we will have to find a solution, because there are many other products that are just as dangerous. In France and Belgium in 2016, 40% of the population is thought to have an iodine deficiency, therefore their children will have lowered intelligence, even autism. It is very hard to accept but burying your head in the sand will only make it worse. You can make a difference and help some children avoid being part of this sacrificial generation by spreading the word. So why don't we talk about it more? Why is ARTE nearly the only channel talking about it on TV? Is the goal for people to be as stupid as possible so they can be more easily manipulated?

We're already there, my friends! A short century of chemicals has managed to damage what it took millions of years to create.

Chemicals are harmful because our bodies do not have the chemical formulas to metabolize them. Our immune systems expend a huge amount of energy to eliminate some of them. The ones that the body is unable to expel, such as heavy metals, accumulate in our bodies and end up causing serious diseases of all kinds. Our immune system could be compared to an army of soldiers willing to die to defend their castle. If we ask them to fight 24/7, they will eventually die of fatigue. When overtaxed, the immune system can create serious diseases such as cancer* or heart disease. On the other hand, "natural medicine/therapies" (plants, mushrooms, breathing*, etc.) strengthen the immune system.

Please be aware that, even before chemistry invaded our daily lives, religions had already conditioned us to consume foods that make us as weak, unconscious and therefore as malleable as possible.

I'm referring to hypoglycemic foods like wheat, potatoes, added sugars/salts, coffee. They are called hypoglycemic because they create a glucose deficiency in the blood. The effects are even worse if the products are refined (white sugar, white wheat, white rice, etc.) But I'm also thinking of the wine, beer and cheese that the monks prepare themselves in my native Belgium.

What very few people understand is that these foods alter our level of consciousness by making us feel insecure and taking away our natural faith. To find out, you need to stop for at least 21 days.

Hypoglycemic foods give you big shots of energy followed by sudden drops in energy because you lack glucose in the blood. Unless you eat something, you get a shot of adrenaline which can often turn into anger or depression.

The physical and psychological addiction of these emotional ups and downs is very powerful. Even if it is often unconscious, it puts you in a state of fear that many people deal with by eating and/or consuming. When your body is in hypoglycemia, it brings you down to the awareness level of the first chakras related to survival.

It forces you into the mindset of “eat or be eaten”, “might makes right”, etc. It makes you want to dominate because, by dominating others, you drain their energy. It prevents you from having an overall vision.

You only see life through the eye of a needle and only see your own short-term interests. You then lose the awareness that our civilization is sinking.

Yes, we've reached the same point as in Huxley's Brave New World where most of the population is drugged to keep them from rebelling.

There is only one solution for anyone striving for Freedom: to become a WARRIOR on “substances”...

On that subject, I recommend reading Corinne Gouget's* fabulous guide "Food Additives, Danger" (publisher Chariot d'Or) which lists all the harmful products that should be banned.

The word “warrior” is appropriate for several reasons:

1. I say warrior, first of all, because we need to minimize most of the chemical substances and foods that numb our consciousness, which is a real “war” in our time. Even eating in restaurants should be avoided, as 75% of the restaurants in France at least occasionally use industrial dishes or preparations (source: “cash investigation”). As a result, they contain very harmful food additives...
2. This requires doing some research to learn all the names of the most dangerous products. To take just glutamate* as an example, it is found under more than 50 names. The same is true for added sugars which are hidden under different names.
3. You have to be a warrior to dare to face your inner demons and monsters, and not to silence them with sleep-inducing and distracting substances.
4. It takes a warrior to refuse the social pressure to do what others are doing: drinking alcohol, taking legal or illegal chemical drugs, undergoing chemo*, etc.

You could say that nowadays pharmaceutical and food companies are doing the same work as the Inquisition. That's why some people call it the pharmaceutical inquisition.

The pharmaceutical sector brings in so much money that they've managed to put men who believe in the "religion of chemistry" in nearly every strategic position on the planet: politics, media, WHO, WTO, CDC, etc. Their henchmen occupy a majority of seats on medical boards in almost every country.

When a doctor strays a bit too far from this chemical bias, his medical license is simply revoked. That's why you can't have blind faith in official doctors. They're bound hand and foot by this true "medical mafia". And the term "mafia" is no exaggeration.

Moreover, if modern medicine wasn't stifled by medical authorities, far greater use would be made of plants rather than chemical drugs that rarely cure and have many side effects.

But if people knew that there are plants to replace nearly all chemical drugs, the pharmaceutical companies would be shut down.

Since most doctors limit themselves to prescribing antidepressants and other neuroleptics without dealing with the cause, most of our parents die of serious illnesses. This is truly a crime against humanity, because it has also created a generation of the living dead. We have to understand that the 20% of French people who take neuroleptics on a regular basis (sedatives/antidepressants/ sleeping pills) are as much drug addicts as those who take heroin or cocaine. We're talking about the vast majority of people over 60 years of age!

For my mom, it was the sleeping pills that put her into a spiral that she never got out of. It took away her desire to learn and all her zest for life. Whenever I tried to get her to stop, she would say that it was a very mild drug and that, if it was so harmful, people would know about it. She ended up undergoing euthanasia. Then we got the bill for the chemical substances that killed her. It reminded me that, in some dictatorships, people had to pay for the bullet used to kill their family member.

We could summarize by saying that substances like chlorine, added sugars, dairy products, coffee, soya* and junk food create emotional disorders and diminish our ability to pay attention and to question things, as well as our will. But manufacturers have no desire to stop their production because those sectors are already in place, and they make a lot of money.

Then, to treat these symptoms, they invent a disease like “hyperactivity” and “attention deficit” disorder... which the above-mentioned substances have created or aggravated. Parents are told that their children are ill and have to take these drugs. Most people trust this. They are then offered amphetamines (Adderall, Concerta, Ritalin* or other methamphetamines) that will squeeze them dry and diminish their immune system.

As a result, eventually all of them end up dying of cancer* or from the heart. And even then, they will still undergo chemotherapy, which kills 95% of patients... It is slow agony filled with physical and psychological suffering.

And with each of these phases, the shareholders of Big Pharma will have earned thousands of euros.

The “corona circus*” is not a hold-up or a conspiracy!
It is the proof that the conspiracy*/hold-up exists.
For anyone who dares to ask the right questions
at any rate...

And I would go even further and say that the vast majority of people who do not understand that this is a conspiracy are those who are intoxicated by junk food, chemical drugs, alcohol etc... Their brain doesn't really work anymore because of the overdose of chemicals. Some of them are quite shrewd, but not intelligent.

And the craziest thing is the realization that most people with university degrees don't have the awareness to understand what's going on. They are often among those whose inner protective warrior has partly died out.

Could there be a connection between the fact that today, in 2023, nearly all university students around the world take amphetamines for years? Some of them even started at an early age, often with Ritalin*. Afterwards, the majority keep it up while working, and the result is a tide of living dead devoid of conscience or humanity who think of nothing but possessing, entertaining, and pleasant experiences.

But the most incredible thing is that these stimulants don't make you any smarter, as Matha Farah from the University of Pennsylvania has proven. They make people feel smart, which gives them self-confidence. So instead of giving their children drugs, parents would do better to give them the love they need.

Today many sources affirm that everyone in the financial world takes Adderall or similar drugs. Remember that the Nazis gave amphetamines to their soldiers and that this played a big part in their dehumanization. These substances take away the ability to feel empathy. The same is true for the Fluoride the Nazis used in Auschwitz to make prisoners docile.

Hidden drugs in our daily diet such as coffee, added sugars, dairy products, a little alcohol, lead almost irremediably to spending the last decades of our life on chemical drugs. In the same way, taking added sugars and coffee during the day leads to a desire to drink alcohol and eat fatty foods in the evening.

IT'S A VICIOUS CIRCLE.

Anxiolitics (antidepressants, stimulants, sedatives, sleeping pills, anti-anxiety drugs, etc.) are much more dangerous than illegal hard drugs for two reasons:

The first is that people who take anxiolitics do not consider themselves “junkies” like cocaine and heroin addicts or even those who take illegal methamphetamines. Instead, they believe that it’s normal, that their drugs are designed to make their bodies work better. What they don’t know is that they are at risk from the most devastating drugs on the planet. They don’t know that if they do it for too long, it will destroy their personality and their health, just like with illegal hard drugs... And that they may never be able to stop... On the other hand, a person who takes heroin or cocaine knows how dangerous it is. There’s a huge difference.

The second reason is that there may be a billion people who are addicted to chemical anti-anxiety drugs, which is thousands of times more than illegal cocaine, heroin, and methamphetamine addicts combined.

There are many people that I still love even though they use cocaine regularly. I say this so you won’t think I’m rejecting people addicted to hard drugs. On the contrary, they are often warriors for truth and justice who have lost their way. They miss their connection to the whole so much that they can only find that intensity in legal or illegal chemical hard drugs.

Many people have given up with regard to the tsunami of chemicals and electromagnetic pollution surrounding us. They figure that in any case it’s impossible to live without chemicals because they are everywhere. On the contrary, we have to fight to reduce the pollution because that makes all the difference. A vast majority of these chemicals accumulate in

the body because they can't be metabolized or ejected. After reaching a certain threshold, the entire machine becomes damaged. Fortunately, psilocybin is there to transform all the chemicals into rich nutrients for the body.

8-12-2 - THE USE OF PSYCHEDELICS IN MEDICAL AND ECOLOGICAL RESEARCH, CENSORED BETWEEN 1960 AND 2000, HAS RESUMED IN SOME COUNTRIES!

If micro-doses of psilocybin really do cure depression and unconsciousness, it is because these new connections enable the person suffering from it to expand their consciousness, to “see” something other than their spiral of obsessive thoughts, and to go beyond their restricted vision of reality.

It really heals people, whereas antidepressants and different anti-anxiety drugs do not! They just chemically block unpleasant feelings like the blues, fear or anxiety. Not being able to experience feelings like fear or anger removes what makes us human.

It turns people into walking vegetables.

You'll see that all this has been “proven scientifically” for a long time. But it is barely mentioned because the media are owned by the same people who own the pharmaceutical and agri-food companies.

If you don't believe me, do a search for “mushrooms and depression” or “THC and hyperactivity” and you'll see that it's true.

Psilocybin is successfully used as an antidepressant, as well as to comfort the dying!

Some people claim that it removes the fear of dying because it reconnects us with ourselves and the whole. It is often the loss of this connection that causes fear. Our staple foods damage, block, disable and even destroy those connections.

But the good news is that psilocybin and cannabis can repair the connections or make new ones. In addition, practical results from many therapists have shown how beneficial it is. It enables people to explore facets of themselves that they can't see with other methods, to develop awareness/confidence (they generally go together) in the afterlife, to trigger memories, etc. In fact, it allows us to connect with our awareness, if we do it the right way.

The routine argument given by people against psychedelic substances (etymologically: that reveal the soul*) is that they don't see why we need to eat something to raise our consciousness. And yet, if our muscles need certain nutrients, it's logical for our Consciousness to need its own nutrients too!

When these substances were still legal in the 1950s and '60s, most of the international scientific community was very enthusiastic about the fabulous results produced by psychedelics. But what they don't tell you in the history books is that in the '70s and '80s we went from traditional capitalism, which at least had some ethics, to an unbridled terrorist capitalism that is godless and lawless. Financial interests took over in all areas, and the obsession with making the most money for shareholders became the mainstay of our "civilization". In the 1980s, they simply banned almost all research on alternatives to chemicals in medicine and food. They took into account the discoveries on psychedelics to create substances that produce the opposite effect.

Food additives and drugs were then authorized and put on the market, all of which have one thing in common: "Get people addicted, even if consumers pay a high price for it in terms of their health and humanity!" I would remind you that many of these additives, such as aspartame, had already been banned before, when governments still had a little independence from financial and agribusiness groups. But during the Reagan/Thatcher years we entered the age of deregulation, i.e. no more hindrances to making money at all costs, even if it meant destroying the planet and making people sick. So the market has been flooded with aspartame, especially in so-called "lite" sodas.

Around the 2000s, studies resumed in many countries concerning cannabis and psilocybin... So, I'm offering a series of VIDEOS (on youtube: Claude Traks 2017 Psycho Chamanisme) that contain excerpts from scientific programs taken exclusively from the TV

channels ARTE and France 2, so no one can say my sources aren't "official". If you watch the interviews with these scientists, you'll understand that these banned substances are not only not toxic, or even addictive, but they are also necessary for our evolution. Provided, of course, that they are taken the right way.

In contrast, you'll learn that the real drugs that do damage are alcohol and chemical drugs such as antidepressants, painkillers (Fentanyl, etc.), sleeping pills, and naturally amphetamines (Ritalin*, Adderall, Vyvanse, Concerta etc.) which take away people's humanity and allow them to forget that they're destroying the planet. But also, cocaine/heroin and the most unknown of all scourges: added sugars and food additives!

This scenario has been repeated in nearly every industrial sector, with the same obsession each time: choosing materials, substances and energy sources that make people dependent rather than self-sufficient.

Hemp and mushrooms can be grown at home. I'm telling you: chemistry has failed in almost every sector. They have tried to replace natural medicines, but the results are catastrophic.

However, a few die-hards have continued to progress in their research and have made some extraordinary discoveries about the ecological potential of mushrooms. In the appendix I have put together a list* of examples of innovations based on mycelium/fungi. We will be able to replace most of the chemicals in building materials, medicine, clothes, pesticides, and fertilizers... A battery is even being developed using mushrooms.

8-12-3 - WHAT IS PSYCHO-SHAMANISM AND HEALING?

Shamanism is the science of the journey of our Consciousness in different dimensions of existence to learn how life works behind the scenes. With our eyes and ears, we perceive only a tiny part of creation. The goal is to "see" beyond social excuses and pretexts, the dance of energy and the cycles of all things. This enables us to heal our being in several of its dimensional facets and to guide our evolution in order to optimize it.

As we saw in chapter 8-3* (the 8 types of love/levels of consciousness according to the Greeks), we have several envelopes (layers) in our aura that are each connected to a facet/dimension of our being. The more we consider the different viewpoints, the farther we will go into deep healing, which is the conscious reconnection with all our envelopes.

However, I would like to point out that when we open doors between dimensions, they remain open forever. If we don't use them, these channels will be used by other entities or connections which may disturb our personality, thus slowing down or even stopping our evolution. So you can't just take part in a ceremony as a spectator and then go back and play your old part in Babylon. You need to participate in ceremonies again from time to time, especially if you don't feel like doing it anymore. Personally, I find that every 28 days is highly evolutionary. But you should do it at least once a year. The ideal is sometime around December 21st, because then you can ride on a wave of regeneration that gives a sense of rebirth to your whole life.

Shamanism allows us to journey inside ourselves to look for the causes of possible illnesses. I want to emphasize that in order to heal deeply, we must find the cause of a disease. It is often psychological, although we are dealing increasingly with illnesses from a lack of energy hygiene* and from different kinds of pollution. In both cases, true healing involves questioning one's life and/or environment, and this is not at all to the liking of the "system in place", which seeks stability and even stagnation.

Please be aware that chemical drugs and most new age*1.0 techniques focus on numbing the pain rather than on introspection that leads to questioning your life. They numb the pain so that people can continue to live lives they don't like. I'm not blaming them, because that's what many people want. But the result is that nearly everyone dies of cancer* or heart disease because no one is listening to them.

Shamanism can also be used for learning many things in different areas. It allows you to make up your own mind about what's on the other side of the mirror, without any intermediary interpreting the message for you.

The more you become aware of the other dimensions, the more you'll be able to really create what you want in your life. Furthermore, practicing shamanism helps the soul* become accustomed to finding its way in the invisible worlds, so that when we die, it can go wherever it wants.

Experiments were conducted with architects and scientists who had never taken psychedelics before. They all had in common that they had been stuck on a specific issue for a long time. With micro-doses of psychedelics, each of them made a huge leap in their research. In *Drogues et Cerveau* (Drugs and the Brain), a great ARTE documentary available on YouTube, you can also see the experiments carried out with LSD on British soldiers. Not only did they no longer want to do drills, but some of them began climbing trees to kiss the birds!

If you explore the subject, you'll find that all the pre-Christian cultures that were the basis for the patchwork of Catholicism ingested plants and mushrooms as a means to raise their Consciousness!

In fact, almost all Christian holidays (Christmas, Easter, etc.) were originally devoted to the cult of Fertility and mushrooms. I'll go into it much later in this chapter, but you may find it hard to believe that it has been historically proven for over 50 years that the Bible story about Jesus is false.

Jesus and Mary were Essenes, and they emphasized four things in their teachings.

The first was the importance of going on retreats if one wanted to have a reliable connection to one's "Divine" nature, and the other side of the mirror. They discovered the importance of energetic blending. When you enter the aura of another person, you mix. So everyone in your immediate environment influences you energetically, raising or lowering your level of consciousness and your palette of perception. Hence the importance of isolating yourself, at least from time to time.

The second was the importance of eating foods that were as unadulterated as possible, the ideal being to eat raw foods.

The third was the use of plants and mushrooms, to center ourselves on the Divine, from the inside.

And the fourth was that we all have a "Divine" side that we connect to from within and not from the outside. In other words, a part of us is Divine and immortal.

Hiding the need for shamanism has ALWAYS been our jailers' main preoccupation because we can regain our power with these tools! In the lands of Siberia and Mongolia, "shamans" are those who use mushrooms and plants to awaken consciousness and heal diseases. In Siberian mythology before "patriarchal religions", mushrooms were hugely important. They are THE gift of the divine to mankind. The Maya called them "the flesh of the gods" and the Essenes "the flesh of Christ".

For the Templars, it was the tree of knowledge of good and evil from the Garden of Eden. The fruit *"made them as Gods, knowing good and evil"* Genèse. 3:4

"I am the living bread which came down from heaven: if any man eat of this bread, he shall live forever." John. 6:51



From left to right

• **Adam and Eve around the tree of the knowledge of good and evil, in the Garden of Eden, with the serpent.** (color enhanced), Chapelle de Plaimcourault, France, around 1291. (Courtesy of Julie & Jerry Brown, photo by Julie M. Brown). This chapel was built by the Templars. Could the forbidden fruit, bringing knowledge of good and evil and of eternal life, be a multi-branched mushroom, as above?

• **Psilocybe Cubensis Mushrooms Golden Teachers.** (credit Shutterstock).

R. Gordon Wasson & Henry Munn even go as far as to say that the reason for the sudden leap in the development of the brain and consciousness in some homo sapiens was due to living in areas where psilocybin mushrooms were found.

If people continue to pollute the planet and consume too much, it because they lack a connection to themselves and to the Whole. They are no longer aware of who they are, nor of the world around them.

Small-step policies are no longer enough, we need to take a leap forward in our evolution.

And the only way to do it is with mushrooms and plants that have complementary effects.

And since this kind of shamanism is highly threatening to the current destructive system, everything is done to keep people away from it. And the world is full of false shamans. The most widespread method is to start calling everything shamanism. Nowadays, people use the word “shamanism” at the drop of a hat. Shamanism through dance, music, singing, etc... And then there is the taking of substances for entertainment and/or without respecting a basic protocol, which often causes a lowering of consciousness instead of raising it.

The number one law of shamanism is that it shouldn't be done outside of deep healing work and/or a research framework.

So, to all the shamans who claim that you can engage in shamanism without mushrooms or plants, I would say that just isn't shamanism.

Furthermore, your message is in perfect harmony with the Catholic inquisition. You've invented a form of shamanism that appeals to the Vatican*.

In my view, these false shamans are among the people doing the most to keep humanity from awakening. In English, they are called “Doorkeepers”. Reading this will make many people angry and they may choose to put this book down because they don't want to question the extraordinary sensations they have experienced. But you can experience what I'm saying if you take part in a ceremony with the flesh of the gods (mushrooms) under optimal conditions. And you'll see that there is no comparison. I'll explain how I do it later in this chapter.

The message is so firmly rooted in the collective unconscious that most people who use cannabis or mushrooms don't even know that these tools can be used to heal our bodies and “souls*”.

8-12-4 - THE ALLEGRO CASE OR RELIGION'S RELENTLESS DRIVE TO ERASE ALL TRACES OF MUSHROOM WORSHIP

The Vatican and other “official” religions have always waged war on the many texts and evidence recalling our shamanic past. But they have not managed to erase all the evidence of the need for shamanism in our culture.

Let's take the example of John M. Allegro's life. This philologist, whom I would also describe as an archaeologist and anthropologist, was one of the official translators of the Dead Sea Scrolls.

The scrolls were discovered in 1948 in Qumran. The texts were written by the Essenes, and most of them are the original texts that served as the basis for the Bible! They are part of what the Vatican calls “the apocryphal gospels”. The task was entrusted to Allegro due to

his being an internationally recognized and admired figure in his field. As the event caused a big stir at the time, and everyone wanted to have access to the “secrets of Christianity”, each country was allowed to send one translator to Jerusalem where they would work under the supervision of the French Jesuits.

Of the whole team of translators, Allegro was THE ONLY one who was not religious!

He was also the only one who kept his original commitment to publish all of his translations so that the world could choose its own interpretation.

When Allegro made his findings public, it caused a huge scandal. According to Allegro, the scrolls tell us that the basic story of Christianity (Jesus, Mary, Peter, etc.) was invented out of thin air by the Essenes (who could be described as the first Christians) in order to hide their mushroom cult, which was punishable by death.

Jesus Christ was a kind of password to talk about mushrooms. So they could talk publicly about what they had learned from mushrooms by saying: “Jesus Christ taught us that...”. “We’re going to eat the flesh of Christ, etc.” There was an actual Jesus in the group, but his whole story as told in the Bible is a metaphor about mushrooms.

According to Allegro, the whole story of Jesus and the apostles never existed either. It’s a kind of coded narrative for those who know the true definitions of words in ancient languages. For example, the first names of the 12 apostles are each a way of saying “mushroom” in one of the languages of the time. Peter calls himself Pitra in Sumerian, which means mushroom.

The same is true for the Last Supper. He eats the flesh of Christ, which is in fact a mushroom that will make him die and be reborn. That’s what you experience in a successful ceremony. As for drinking the blood of Christ in the Grail, it refers to the famous red and white amanita muscaria, or fly agaric, mushroom.



Amanitas Muscaria

Photo Holger Krisp (image under sharing Licence CC BY-SA 3.0).

At the end of its cycle, the edges of Amatina Muscaria curl up and it takes the shape of a cup, then sometimes of a goblet, like a small Grail (illustrations next page). When it is at that stage, it can no longer be picked. However, one can drink the liquid turned red from the pigments of the mushroom that was formed from rain or dew. That said, I don’t advise doing this experiment for the reasons I develop in chapter 8-12-10 (The dosage of mushrooms).

THE KEY

THE DIVERSION OF SHAMANISM THE PHARMACEUTICAL INQUISITION'S DOMINATION OF NATURE.

SUMMARY



From left to right. (Go to the pdf for better quality!)

• Amanita's Stages of development • (credit istock) • (Photo R.Voors) • (Credit Alamy) • Notice 1

1 - Holy Chalice of Valencia Cathedral (chalice = another name for the Grail). One of the oldest representations of the Grail/Chalice, coming from Egypt, Persia or Palestine. Just the fact that the upper part (cup) dates from the 4th century B.C., proves that the concept of the Grail was already present, several centuries before the Jesus Christ spoken of in the Bible. But the Grail is above all a Christianized version of the magic cauldrons that are omnipresent in fertile cultures.



Notice 2



Notice 3

2 - "The Armenian Gospels of Gladzor". The Last Supper. Illustration dated 1300 A.D. Gladzor Gospels, Library Special Collections, Charles E. Young Research Library, UCLA. Courtesy of UCLA. University of California Los Angeles. Jesus surrounded by the 12 apostles, sharing the Amanita in the Grail/Chalice. The second from the right appears to be a woman, like in Leonardo da Vinci's Last Supper. (p.381).

3 - Germany. Unknown Romanesque painter, 1240. Painting on wood. **Hildesheim. St. Michael's Church.** Adam and Eve and the serpent around the tree of the knowledge of good and evil. The forbidden fruit, symbolized by the red and white of the Amanita, envelops them.

For Allegro, the etymologies of most of the names found in both the New and Old Testaments of the Bible have Sumerian roots and are connected, in one way or another, to mushrooms.

Mushrooms are Adam and Eve's tree of knowledge and the host that is given at mass is the memory of the mushrooms that the Essenes called "the body of Christ". Despite strenuous efforts by the clergy, religious art still contains many illustrations showing the importance of mushrooms in spiritual practice. I have selected a few in chapter 13* (Illustrations of mushrooms and cannabis in religious art).

As for the Christian cross, it is in fact a two-dimensional representation of mushrooms. It is true that Jesus could not have been crucified on a "Latin" cross, since the Romans didn't start using them until the 3rd century.

So when we say that Jesus Christ performed miracles, it was the mushrooms that performed them. As for the miracle of turning water into wine, this is what happens when rainwater falls on "amanita muscaria" mushrooms. After forming a dome, the mushroom curls upwards and forms a kind of cup. Rainwater and dew accumulate at the bottom of the cup and turn red because of the mushroom's red pigmentation. People drank this liquid: the blood of Christ...

As for the fact that Jesus would have been born "miraculously" from a woman who hadn'tt made love, it refers to mushrooms, which are born without a seed. They grow out of the earth miraculously, without the need to plant a seed in the ground.

As regards the multiplication of the fish, Christians were called the pisci: which means fish or the living. It was again one of the symbols of the culture of Fertility. They used the term to recognize each other and escape the persecutions by the Romans. So mushrooms multiplied the living by reconnecting them to fertile energy, which awakened them. They enabled the blind to see and the living dead to rise again. The blind were those who wouldn't open their eyes to the world around them, and the living dead were those who stopped evolving, questioning themselves and being involved in world affairs. The same is true for Easter egg hunts, which date back to a time when the return of mushroom season was a time for celebration.

The Essenes left the Dead Sea Scrolls to set the record straight... to say: "hey, that was a joke."

If historians at the time had recognized their truthfulness, all the historical lies in all religions would have come to light! That would have been a great step against religious extremists of all kinds! If it is revealed that the historical Jesus Christ spoken of in the Bible never existed, then the Koran* will collapse because it considers the story of Jesus in the Bible to be historically true.

But governments have always been interested in the excesses of extremist minorities. It allows them to set up a system of surveillance and population control that would not be possible without the “terrorist threat”.

It's crazy, because looking at the number of books and people or even movements interested in the Dead Sea Scrolls and the Essenes, it seems that nearly all of them have missed the only person they could trust: John Allegro. I would remind you that within the international delegation for the study of the Dead Sea Scrolls, he was the only one who wasn't religious! As for the other – religious – translators, some of them released their results in dribs and drabs. And books like Bordeaux Szekely's *The Essene Gospel of Peace* (l'Evangile Essénien) were based on the work of these religious translators. Szekely claims to have had access to the original texts used to make the Biblical patchwork, in the Vatican's secret library. I believe in his good faith, but it would appear that the clergy showed him texts that had already been doctored. Indeed, the translation barely calls into question the basic foundations of Christianity. It speaks of the importance of eating raw food*, which is a good thing. But it doesn't divulge that the entire historical part of the Bible is nothing more than a fable invented by the Essenes to “metaphorize” their culture of fertility and mushrooms. And yet, the book is often used as a reference in New Age* 1.0.

Allegro naturally fought to explain that the clergy was consciously lying about the definition of words, but gradually this all faded from memory. And it was on the basis of the religious translators' work that thousands of books were then written that understood nothing about the spirit* of the Dead Sea Scrolls. The manipulation of history is a very effective weapon for waging war on evolution. Allegro was heavily criticized by most of his peers who were all ... Christian. His career was ruined.

If you look at the illustrations in chapter 13*, you will see that churches all over the world have kept a trace of Jesus Christ offering mushrooms. And he's not the only one who healed with mushrooms.

Let's take for example the famous “St. James the Greater” (Santiago de Compostela) whom so many people “follow” when making the pilgrimage to Compostela. Some

official historians consider him to be the first head of the Christian church in Jerusalem, long before Rome took it over. This apostle claimed that the “forbidden fruit” referred to in the Bible was quite simply a mushroom! And it’s fair to say that the majority of the Compostela caminos (paths) go through areas with mushrooms, especially in the Pyrenees! The same goes for Easter egg hunts, which date back to a time when the return of the mushroom season was celebrated.

The Vedas (sacred books of Hinduism) already spoke of mushrooms as soma, the drink of the gods. “We drank the Soma and became immortal,

We have reached the Light, we have found the gods.

Who can harm us now and what danger reach us, O immortal soma!”

Rig-Veda

In the Koran*, mushrooms are mentioned 3 times under the name when it talks about “Manna” (2:57, 7:160 and 20:80.) In the hadith Sahih Muslim, (hadiths are official Islamic texts recounting the life of the prophet), it is related that the prophet is thought to have said: “truffles (which are a species of mushrooms, AN) are part of the manna that Allah sent to the people of Israel (the Hebrews, the ones who cross over) through Moses, and its juice is a remedy for the eyes!”

According to the Hebrew Bible (the Torah) and the New Testament, manna comes from heaven. Some would say that “manna” refers to life energy, but the Torah speaks of something that is “on the ground” and often emerges after the rain, without any seeds having been planted. This is probably where the concept of the immaculate conception comes from.

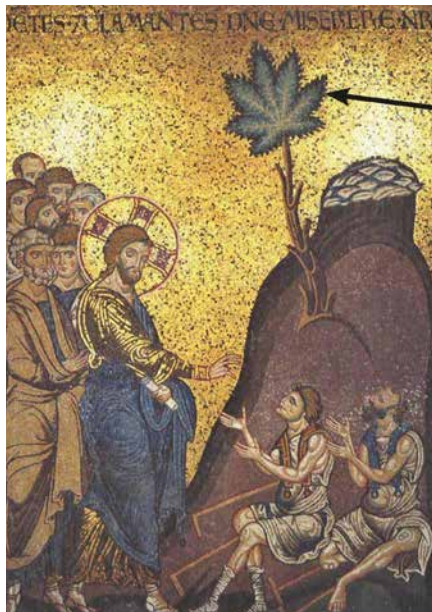
In the legend of the Jews’ flight from Egypt, (sorry, but this is a metaphorical story that did not happen historically), the Torah asks the Jews to feed only on manna when in the desert even if there was other food available.

“Jesus is a transcription of the Greek “Yesous”, from the Hebrew “Yeshua” (“God saves”), which Jews and Christians of Greek culture replaced with “Iasôn”, the Greek form of Jason. “Iasôn” contains the notion of healing and is said to mean “drug man”.

Pierre Chavot

Le Champignon des Dieux. Editions Dervy.

8-12-5 - THE THERAPEUTIC VIRTUES OF CANNABIS & THE DEVASTATING EFFECTS OF COCAINE (HOW TO CURE THEM).



From left to right

Jesus healing the blind - 1177 - Byzantine mosaic
- Monreale Cathedral - Sicily - Italy. (Under Licence
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International)

Cannabis leaf (credit Shutterstock)



Personally, I started using cannabis relatively late, around my 18th birthday. Before, I was very "anti-drugs". Cannabis completely changed who I was, for the better. Somehow it woke me up, loosened me up, made me more aware... For a long time, I was a guilty user, and it made me so happy when I finally learned in 2005 that I wasn't wrong, thanks to some new scientific discoveries. I can really relate to the above illustration, because cannabis taught me to see and to realize that I was blind.

Here is a short summary of what is explained in the wonderful series of programs "Drugs and the Brain" (Drogués et Cerveau). I hope it will help in making peace between some parents whose children use cannabis.

It explains that our brain has several networks of receptors that enable the transmission of information, emotions, memories, energy, etc. One of these networks is called the endogenous cannabinoid system. Endogenous means "inside". This receptor network is officially called that because it is designed to receive THC molecules (the active principle in cannabis). If it doesn't receive any, it simply doesn't work. It is worth noting that this network

of endogenous cannabinoid receptors is the network that contains the most receptors! The body naturally produces endocannabinoids, but may stop producing it as a result of junk food, stress, chemical and electromagnetic pollution.

I would add to what is reported in the broadcasts that, when it works, this network creates an electromagnetic brain juxtaposed to the biological brain. In particular, it enables the transfer of information between the left and right brains, otherwise blocked by the corpus callosum (separating the right and left brain). If you take too much cannabis, this electromagnetic brain suffocates the biological brain and you become lifeless or vegetative. But if you find the right balance, it allows the brain to function much better.

If you consider religion to be a tool for “connecting”, official religions do not connect you to the Divine but rather to the mass of other believers of the same religion and to the egregores* and thoughtforms* that support them.

If official religions (and today's culture) categorically reject shamanism, it's because it is the fastest and most efficient way to connect to our warrior defender of life! If people knew how to take part in shamanism, they would realize on their own that nearly all of what religions AND official culture tell us are lies for the sole purpose of making people as malleable as possible.

The criminal policy in most countries regarding cannabis and ignorance about its importance in brain development impels people to take hard drugs.

EVERY SNORT OF COCAINE DESTROYS NEURAL CONNECTIONS
NEEDED TO DEVELOP CONSCIOUSNESS

Did you know that in France, because of indefensible policies by successive governments, teenagers in high schools and even middle schools are much more likely to take cocaine or heroin than in any other European country?

But the craziest thing of all is that basically no one cares. Cocaine is even increasingly perceived as something clean and chic. Yet cocaine and heroin are the most destructive of drugs. Did you know that cocaine is made with kerosene, the fuel used for airplanes?

Every time you take cocaine, it destroys neural connections that are necessary for developing consciousness. That explains why people who have taken a bit too much cocaine are rarely activists. In addition, cocaine destroys your DNA. The ones I know who have sniffed too much cocaine have either autistic children or children with rare childhood diseases. You should also know that cocaine can be transmitted by touch. Recently, a father was convicted in France because it was believed that he was giving cocaine to his daughter. But it turned out that the child had cocaine in her blood just from physical contact with her Dad.

Cocaine and heroin were manufactured by pharmaceutical companies who presented them at the time of their release as “miracle drugs”. Several tens of millions of deaths later, they have finally dropped their lies. But now they're continuing with other molecules. They are sick murderers!

Furthermore, cocaine and hard drugs turn women and men into prostitutes. Even I, who try not to associate with people that take hard chemical drugs, have met 4 young women in my life who offered to have sex with me in exchange for cocaine. So, on the party scene, substances are one of the foundations of relationships, and that is a very sad and destructive thing. Bodies are bought in exchange for substances. It's a new kind of prostitution. I once heard a cocaine dealer say, “One of the best things about selling cocaine or heroin is that you get to sleep with lots of women. By the way, never bring your girlfriend when you go to see your dealer. If she is in withdrawal one day, she'll go to the dealer and will do anything to get her fix. In New York, the phenomenon is so well known that there's an urban saying: “Never introduce your girlfriend to your dealer!”

By not differentiating between “hard drugs” and “soft drugs”, and by putting cocaine and heroin in the same family of substances as cannabis, teenagers are no longer suspicious of hard drugs.

So in the end I have to ask myself:

“Does the government prefer that young people take cocaine, heroin and alcohol rather than cannabis?”

French policy on this matter is criminal! We know from experience that the more repression there is, the more people consume.

In Holland, where the authorities do not punish those who use cannabis, teenagers smoke less pot and use far less cocaine/heroin than in France. The same is true for Portugal!

But the truth is that every tribe has its
characteristic substances.

The tribes in power are either addicted to cocaine,
alcohol, chemicals drugs or coffee,
and generally to all four.

Those substances are the system's DRUGS because
they destroy consciousness and allow people to shut
out their human values.

Those drugs have a deep connection to a selfish, knee-jerk, insensitive wavelength.
It's the same wavelength that has mesmerized most of humanity in a whirlwind of sensations
and entertainment.

According to official medicine, the cerebral
connections, destroyed by cocaine, are irreparable.

The good news is that psilocybin can restore the
damaged connections caused by cocaine!

On the "energy warrior" level, cannabis is helpful for being less affected by the sleep-inducing patriarchy's invasive egregores*/entities*. But it can have the opposite effect if used in the wrong way, especially if your environment is too full of sleep-inducing energies.

CANNABIS, AN ALLY OF MUSHROOMS.

"Who are you" said the Caterpillar.

Alice replied, rather shyly, "I-I hardly know, sir, just at present- at least I know who I was when I got up this morning, but I think I must have been changed several times since then."

Alice in Wonderland by Lewis Carroll. Illustration by John Tenniel published in the first version in 1865. This story is, of course, one of the most famous metaphors for tripping with mushrooms. But to understand it, you have to have taken part in a real ceremony done the right way.



Psilocybe Semilanceata
(Cropped image under
Licence Creative
Commons Attribution-
Share Alike 4.0
International).



There are many other signs that whisper in our ear to accept cannabis as an ally in mushroom ceremonies. To give just two examples: when the Magi brought myrrh at the birth of Jesus, it was in fact an ancient name for cannabis. That birth is a metaphor for the birth that may be experienced by a person in a successful ceremony with "the flesh of the gods". It can be greatly aided by cannabis. The same goes for the incense that one is meant to burn when reciting the Koran*. It was actually cannabis originally. Mushroom ceremonies were often preceded by taking cannabis and, specifically, hashish. Hashish allows you to go down into the lowest layers of Consciousness, into the base chakras.

Because mushrooms propel your Awareness up to a very high level, it is best for that Awareness to start from the lowest possible level; then, as you go up, it will work on all levels of Awareness. (cf: Chakra Scale) Is that clear?

I'm not sure, so let's take the example of a trampoline. The deeper you "sink" into the trampoline, the higher up you'll go. If your Consciousness doesn't start from the first chakra, your experience will be less anchored, and will permeate your being less and have a lesser impact.

Consuming cannabis can be its own small shamanic ceremony, using the same protocols as for mushrooms.

Just before finishing this book, I discovered that, according to researchers at Oregon State University (and Oregon Health and Science University), hemp ensures that covid 19 cannot enter healthy cells.

8-12-6 - REVERSE SHAMANISM: THE EXAMPLE OF ADDED SUGAR.

For your awakening, it is important to understand why I'm talking about sugar in a chapter on shamanism. Our Western diet is reverse shamanism! Shamanism also means paying attention to foods that lower our Awareness level.

Giving up added sugars can be as beneficial as a shamanic ceremony.

The 1980s was also a time when many researchers were sounding the alarm about added sugars. We now know that added sugar, even in small daily quantities, is one of the main causes of most illnesses (cancer*, Alzheimer's, heart disease, etc.). But on top of that, sugar breaks your deeper will, makes you unhappy, aggressive and destroys the brain's connections and many of its ramifications.

Many studies show that most major criminals ate too much sugar as children. In contrast, if these same criminals are given a low sugar/ salt/fat diet (we're talking about people who kill and rape), only 8% will reoffend compared to 75% of those who continue their high sugar/ salt/fat diet (Nutrition and Behavior conference of dr. Russell Blaylock-Youtube).

ADDED SUGAR MAKES YOU UNHAPPY.

In order to understand why, we must study the effect of added sugars in the blood. It's a bit theoretical but try to make an effort just for this paragraph.

When you eat added sugars or hypoglycemic foods, it usually gives you a very intense boost at first. This is because the glucose level (blood sugar) has risen sharply.

Our blood sugar has to be regulated very precisely. We can survive a few weeks without eating, a few days without drinking, a few minutes without breathing, but we can't survive more than a few seconds without glucose in the blood.

If the brain lacks glucose, or has too much of it, serious damage can occur quickly, and can even kill you. The body therefore has a very precise system to regulate blood sugar. If

there isn't enough sugar in the blood, the body produces adrenaline so that the animal in us can find the strength and will to hunt. This partly explains why we may become irritable when we're hungry... Or when we haven't had our coffee yet.

Sugars found in foods in their natural state, like fruit, are not harmful to the body. They are slowly transformed into blood sugar. Added sugars, on the other hand, will turn into blood sugar too quickly. This is even more true for white sugar. As a result, because there's too much sugar in the blood, it stores it in our tissues and in the liver. But this causes the body to run out of sugar, which is known as hypoglycemia.

When we drink coffee or alcohol, part of the intense feeling is due to some of the glucose we had stored in our tissues and liver being released. That's why alcoholics damage their liver by "putting the squeeze on it". So, even if we consume just a little added sugar, coffee or alcohol every day, the body can no longer get out of the cycle of "too much blood sugar" (hyperactivity, nervousness) to "too little blood sugar" (weakness, anger, depression).

So 2 hours after having coffee or breakfast with added sugars, you go into hypoglycemia and want a little snack. But if you have some added sugar (or another cup of coffee), it triggers a tsunami of glucose in the blood and the body overreacts by removing too much glucose all at once. This sets off the alarm again (lack of glucose/adrenaline) and you're in for several more cycles during the day until the evening when, because coffee prevents most of us from sleeping, you need alcohol to get your little shot of glucose in the blood. And then why not have another helping of added sugar or dairy products to calm everything down.

Dairy products produce morphine as they are digested. Once the effect of the morphine has worn off, we want more dairy products, added sugar or alcohol. But the real problem is that the roller coaster of emotions and energy gets you used to living only on the wavelength of your emotional body, which is a big waste of time for anyone wanting to accomplish great things like being truly happy. As for the hypoglycemic periods, they destabilize you, often plunging you into a state of fear.

One study shows that, after drinking a single can
of soda, students' attention and concentration
seriously decline.

Furthermore, those who drink a lot of soda
obtain poorer academic results!

In 1990, Professor Philip James was Technical Director in charge of nutrition for WHO (World Health Organization). As the debate on sugar was raging, he was asked to define once and for all the maximum dose of added sugar per day that was healthy. You'll be surprised by what he said. His entire report came to the conclusion that the exact figure was "0%". He dared to say that we don't need added sugar and that it only creates disease. Suffice it to say that he was quickly replaced! You can find his story in the Cash Investigation YouTube video "Sugar. How the industry gets you hooked". He ends the interview by concluding: "The food industry is the number one industry in the world. And if you confront them, they'll try to kill you!"

Make no mistake, this is a real substance war against
our neurons and our health.

The WHO has resumed its work promoting added sugars, but even they finally had to tone it down in 2004, recommending not exceeding 50g/day, and in 2014 they went down to 25gr/day/adult, agreeing to 2 things:

- 1/** The dose must be reduced to half (12.5g/day) for children, i.e. 3 teaspoons/day!
- 2/** Added sugars are so-called "empty" calories, which therefore have no nutritional value for the body. Furthermore, since these calories don't create a feeling of satiety, they are directly involved in weight gain.

Why don't they teach this in school?

Instead of trying to "knock out" children's hyperactivity with Ritalin* or other chemical drugs, why don't we stop creating it!

The figure of max 12gr/day is reached with
3 tablespoons of ketchup (12 gr. of sugar) and
exceeded by drinking just one can of soda a day,
although some cans may contain up to
40g/sugar/can!

The average consumption of added sugar in France
is thought to be 80gr/day.

This means that the vast majority of children and teenagers today are in grave danger! Their brains will not develop properly!

In addition, as the excerpts from the excellent program "Cash Investigation" explain so well, sugar has an even stronger addictive power than cocaine.

"I am sure that Western medicine will one day admit what has been known in the East for years: sugar is without doubt the number one killer in the history of mankind. – far more deadly than opium or radioactive fallout –, and in particular of people for whom rice is the staple food.

Sugar is the greatest evil that modern industrial civilization has spread throughout the countries of the Far East and Africa.

The madmen who give or sell sugar to children will discover one day with horror how much they have to answer for."

William Dufty

"Sugar Blues". Balance Editor.

Many well-known and respected people have dared to take a stand on the subject, but time and again the behind-the-scenes powers do everything possible to discredit or silence them! So nowadays people have gone silent! Especially if they have a position in society which they do not want to jeopardize. This is important to understand because don't believe for a second that if all this information came out in broad daylight, the world would accept THE Key and start questioning itself! Even if I were a respectable university professor, it wouldn't change anything!

8-12-7 - THE SLEEP-INDUCING CULTURE'S STRATEGY TO CO-OPT SHAMANISM.

This war for profit at any cost has also infiltrated shamanism with the same Trojan Horse mindset:

1/ Infiltrating.

2/ Distorting.

3/ Destroying or Discrediting.

4/ Exploiting.

You could say the same thing is happening in all areas of society. Whenever something produces too much Light, it is infiltrated, transformed and then exploited until it is destroyed. These “agents” of a “deathly” modern logic have invaded all sectors of society. False ecologists have infiltrated ecology parties and perverted the movement to the point that many French ecologists consider nuclear power to be green energy. The same is true for the Socialist party. False leftists have infiltrated the party, perverting its essence so that today it has turned into a right-wing party.

The exact same process is happening with shamanism. That's how cancer cells operate, pretending to be healthy cells in order to approach and infect them. I know it's hard to accept, but the more you wake up, the more you'll understand that our culture is carcinogenic because it follows the same pattern as cancer*. False shamans pretend to be healthy ones, i.e. fertile, but in fact they thrust their followers' souls into the sleep-inducing “patriarchal” culture.

THERE ARE SEVERAL CATEGORIES OF FALSE SHAMANS.

> First, there are those who advocate shamanism without using substances.

> Then there are those who advocate shamanism with substances, but without going on a retreat and/or doing inner work and/or research. In order to activate the alchemical magic of mushrooms and plants, you can't wait passively for the substance to heal you. It doesn't work like that. You should only take these substances in order to learn about yourself or about life's behind-the-scenes mysteries. If you're not willing to learn, to question and challenge yourself, your consciousness will not be able to connect to the right places, and outside forces will end up blocking you in the astral* dimensions.

> There are those who hold retreats without explaining the basics of energy blending. They are stuck in the false patriarchal concepts of positive and negative energies. You

wind up in the hierarchical energy of the so-called shaman, which admittedly makes most of the participants feel secure, but its goal is absolutely not to make them self-sufficient.

> **There is also the disaster of all those who only take psychedelic substances at parties with lots of people and very loud music.** These substances are made to sensitize our bodies by allowing us to hear the inaudible and see what we don't usually see. Doing it solely in a festive setting will get you hooked on that kind of music and the people you meet that night. It's ok if it's an exception and you balance it with at least one or two ceremonies alone in silence and out in nature. But if you only take substances at parties and in groups, you'll become desensitized, leading you to seek increasingly strong experiences. In addition, you'll mix so much with other auras that it will be much harder to find out who you are.

8-12-8 - COMPARISON BETWEEN MUSHROOMS AND AYAHUASCA.

Some people call ayahuasca "the mother plant".

Traditionally, ceremonies were performed between members of the same tribe, to bind people together and explore/resolve any conflicts. It connects us deeply with plant consciousness. It's really tremendous because you can travel down mycelium highways as if they were part of your body. It connects us to the plant kingdom where consciousness is beyond words! It helps us to heal our roots. You can literally travel through different plant dimensions and see how trees and all of nature are alive and aware of our presence! Ayahuasca is the only psychedelic plant used by some branches of the Christian church, mainly in South America.

In the last fifteen years or so, ayahuasca has become very trendy. Many "mainstream" media such as the women's magazine "Elle" advocate it. I think you could say it's the most widely used psychedelic plant. In places like California or Ibiza, most of the people take ayahuasca. This is already true nearly all over Europe as well. Ayahuasca has a very powerful anchoring effect.

But that anchoring needs to be counterbalanced by psilocybin, which anchors your being in the world of the mind. That way, our roots are firmly anchored in the earth and our thoughts firmly anchored in the higher spheres of consciousness.

While the worlds we connect to with ayahuasca are beyond words, the worlds we connect to with mushrooms speak to us with words, and that makes all the difference!

In a way, mushrooms talk, as illustrated in the stained-glass window at Notre Dame Cathedral in Paris, below.



Stained glass window in Notre-Dame de Paris Cathedral.

Moses and the Tree of Jesse. Stained glass window by Didron, 1864.



Only mushrooms taken the proper way enable you to go through the “filter of death” stage which washes away our “patriarchally programmed” side for the duration of the ceremony. This is done by going through a kind of void that separates the fertile worlds from the “stagnant worlds of sleeping souls”. I hypothesize that this void is what separates matter from antimatter.

By entering this vacuum, we may feel like we’re dying because what we believe to be our personality melts like snow in the sun. But once we leave the void, we reconnect to our “eternal” personality in the fertile dimensions.

Other psychedelics (aya, lsd etc.) only take you to the “dissolution” part of the “personality”.

As a result, those who take psychedelics without mushrooms often come to the conclusion that we are only little grains of sand of no importance, that our personality is nothing but wind, that we must be pretentious if we believe that we can “save the world” etc. But that is totally false. Our soul* has a very precise identity which differentiates it from all others. Each soul has something unique to give Humanity, hence the importance of cherishing each person's individuality. And of course we're here to bring humanity to life and “save the planet”. Why else would we have come here at this crucial time?

This doesn't mean that other psychedelics can't help us through a therapeutic approach.

But only mushrooms can take you through the looking glass. If you think about their role on Earth, they accompany every living thing in the experience of death. They are the gatekeepers for everything that wants to pass into the “other world”. Anyone who disagrees with this has simply never done a proper ceremony with mushrooms. Getting to the other side of “death” is simply their job.

Mushrooms can lead you to experience the filter
of death, if you consciously accept that what needs
to be filtered is filtered.

I CALL THIS FILTER THE KEY.

I will give you my detailed advice in the black course.

Biologically speaking, mushrooms are not plants. They are a kingdom unto themselves. Psilocybin mushrooms have a unique molecular structure that scientists call extra-terrestrial, because they're not related to any other life form on Earth! So, by their very nature, mushrooms connect you to something that is not of this world, to something extraterrestrial.

It is kingdom of fungi (of which mushrooms are only the fruit) that create the underground mycelium, a complex network of filaments that allows plants to communicate with each other and to obtain nutrients. Psilocybin mushrooms do the same work of connecting things inside our bodies. Mushrooms enable us to go beyond the astral* and dimensions attached to our level of Consciousness in order to connect us to a much higher level of Consciousness. They connect us to the other side of the mirror, to what I believe are the worlds of antimatter where everything is reversed, the Fertile Universes.



Mycelium
(credit Shutterstock).

As we have seen, we have at least 7 or 8 main envelopes (see "False Image of Women" Blue track). Our higher consciousness envelope connects to the world of the mind. It is the world of pure intelligence, logic and knowledge. If you take mushrooms the right way and in the right dosage (chapter* 8-12-10), you will go through some real soul-searching, which can be very unpleasant for anyone not seeking to improve themselves by exploring where they've gone wrong. Psilocybin forces you to question yourself.

It connects you with the fire of life symbolized by the sword Excalibur (Caliburnus in Latin – that I translate by Kali Burning) which requires making choices. And we cannot make specific choices without intellect and knowledge.

There is a connection between fire, the sword and knowledge. Without knowledge, you can't really love because you may easily do harm when you intended to do good. Without knowledge, the warrior cannot draw his sword and cut what has to be cut.

But I am very critical of its industrialization and the tacit injunction to do it in a group with strangers, supervised by a "shaman". The great advantage of shamanism is autonomy, because you don't need anyone to connect to the invisible. So we must stop with the cult of the shaman which has no reason to exist. Shamanism is, first of all, a face to face encounter with oneself. We don't need a shaman, and being too physically close to other people prevents the optimal focus on oneself.

Furthermore, you have to feel a deep call within. Shamanism should not and cannot be practiced/understood as a tourist activity just because it's fashionable. Unfortunately, it's getting to the point where far too many are taking it just to do what everyone else is doing.

Look at it from this perspective: in a completely crazy world that destroys everything, you need to be very wary of anything that's fashionable.

It is important to point out that one of the basic laws of traditional ayahuasca is not respected in the least by those who industrialize it, and for good reason: if it were respected, it would be far less sellable. I'm referring to the importance of performing ayahuasca ceremonies in a retreat setting. Retreats are necessary to prepare the ceremony and then to assimilate it.

During the ceremonies, a part of our natural energy shield disappears, and it takes some time for it to form again. Personally, when I discovered ayahuasca in Peru 20 years ago, the battle was already raging between those who imposed retreats ranging from ten days to a month or more and those who agreed to do it faster. Nowadays it is hardly talked about anymore.

For instance, in Ibiza there are lots of people who take ayahuasca every week in large gatherings of up to 200 people. They spend the evening together and then everyone goes home. So, all right, this awakens a certain ecological awareness in many of them, and they start sorting their trash and consuming more responsibly.

But the "self-questioning" effect won't go far enough to make them realize they're more part of the problem than the solution. It won't go as far as waking up their inner warrior or prompting them to use their money to help Mankind out of this difficult situation. They'll take gradual steps, and that's no longer enough today. I even knew a so-called shaman who used to give people ayahuasca right in Paris. He'd give it to them at a party in an apartment, then at 5am he'd send them home on the subway.

If you talk to people who've taken ayahuasca, nearly all of them will say the same thing: they had an experience beyond words that was incredibly powerful, magical and full of love. But those experiences too often remain only on the level of their inner feelings without any intellectual reassessment. Of course feelings are important. They're necessary, and they really nurture part of us.

But we must also feed our intellectual envelope, which is nurtured and grows through knowledge. The drama of our current times is that many people are willing to be engaged in creating a new world, but hardly anyone knows how that new world should be organized; what should be changed in our culture to turn around the self-destructive mindset. And to do that requires intellect and knowledge.

If you only take ayahuasca, without balancing it with psilocybin from time to time, you'll be too grounded. This often results in greater attachment to people and/or objects, with a tendency to deny the intellect and knowledge, focusing too much on emotional and symbolic feelings. A patriarchal, devoutly religious person who takes psilocybine mushrooms is likely to be in for a hard time, whereas ayahuasca goes much more in their direction. The big difference is that mushrooms rekindle your inner warrior's fire to compel you to join the Fertility family.

Mushrooms talk – or at least connect us with people who talk to us – like you might talk with a friend face to face! And I can tell you that if you refuse to communicate with these voices, they'll nag your conscience until you respond. Some people who refuse to communicate with their conscience have what's known as a "bad trip".

Did you know that ayahuasca is used by certain branches of the Christian church, in particular the Santo Daime branch? The reason it is possible is that ayahuasca doesn't question things the way mushrooms do. Santo Daime is practiced increasingly in the West. Many people go to Santo Daime ceremonies to explore ayahuasca, without realizing that they'll be immersed in the energy of a branch of Christianity. As this brings down their natural shields, there are entities and thoughtform* from Christianity's egregore* that enter their aura's intimate dimensions. So it should come as no surprise that many of the participants move closer to Christianity's lifestyles and mindsets after a Santo Daime experience.

It's true that when you take mushrooms, it sometimes starts out less pleasantly than with ayahuasca because it forces you to see parts of yourself that you don't want to look at. If you agree to looking at those parts of yourself, the unpleasant feeling of the experience disappears and turns into tremendous energy that connects you with the fire of the Goddess KALI. To stay on that wavelength, **you need to breathe deeply!** Ayahuasca may also connect you to parts of yourself that make you sick. But you can't define what exactly is making you sick. As a result, the intellect can't adapt and tends to fall asleep so as to avoid becoming aware of too many contradictions

For whatever reason, ayahuasca doesn't allow you to connect intellectually to the part of yourself that is in the shadows.

Without that dialogue, deep healing is limited. So most people who take ayahuasca on a regular basis fall into a kind of passive attitude toward the world.

So, I invite those who have taken ayahuasca to heal with mushrooms too. Most will refuse because they are already too attached to the forces of patriarchal/sleep-inducing. But you may be able to convince them by reasoning with them. Because taking ayahuasca

without **also** taking mushrooms will in most cases strengthen all your attachments to things outside of yourself.

For 25 years I've been observing people who have taken up ayahuasca as one might take up religion. Almost all of them have cut their link with their “breadcrumb trail”, their thread of reasoning. The group fusion they experienced with ayahuasca was so strong that, for many of them, it has become the new foundation of their lives. They go to ceremonies as one would go to church.

It becomes an addiction. The problem is that, because it isn't done alone, they are dependent on a group or organization. Most of them don't even want to talk about it. They are convinced that they've found THE solution and often become extremely self-seeking. This is a feature of people who have been “caught” by the shadows. They refuse to compare ideas because the entity that inhabits them knows that it would lose if everything was brought to light.

Now I understand that trying to raise
one's consciousness in this world can become
very arduous and, in a way, unconsciousness is far
more comfortable.

As Lucifer (Cyfer) says in the movie The Matrix
“Ignorance is bliss”.

That's Lucifer's point of view anyway.

I would stress that the reason why true shamanism has always been persecuted is that it scares those in power. Although the media have briefly talked about the fact that mushrooms are increasingly used to treat depression, for instance, it is only mentioned in a brief, anecdotal way.

In contrast, the proof that “Western-style ayahuasca” is no threat to the system in place is that the “official” press talks about it a lot. It's not just a few lines anymore, like with mushrooms, but whole pages, or even special reports. Magazines like “Paris Match”, “Géo” or even “Elle” promote ayahuasca on a large scale. This argument alone should help you grasp how Western-style ayahuasca is not a threat to the existing system.

If you are aware of the medieval values conveyed by magazines such as “Elle” and “Paris Match”, you will understand that ayahuasca doesn't jeopardize the system in

any way. And the other proof is that it is used by a branch of the Catholic Church. And for good reason: it doesn't awaken your inner warrior like mushrooms do.

Here are some arguments which I hope will help you to understand that psilocybin and THC are THE main substances for healing consciousness. Ayahuasca may bring additional benefits to these two heavenly gifts if taken in the context of a retreat with substantial work before and after.

1/ It has now been amply proven historically that mushrooms and cannabis were used by Jesus and the Essenes, by the Egyptians, the early Hebrews, the Mayans, the Amerindians, and the Hindus... The whole Bible is one gigantic metaphor for the worship of mushrooms. This is not the case for ayahuasca."

2/ In the USA, which is decades ahead of us in the use of psychedelic substances for healing, almost all therapists who talk about it on the internet agree that once both have been tested according to protocol (which we will talk about later), THC and psilocybin obtain the best results. Look at the videos of therapists comparing ayahuasca and mushrooms. I've never heard of one claiming that better results are obtained with ayahuasca. Unfortunately, almost all of the videos are in English... Because in France, it is against the law to speak positively in public about what is labeled a "drug".

3/ In many countries, THC and psilocybin are finally starting to be used as medicinal drugs in traditional networks with outstanding results. For instance, all French people who are on antidepressants could switch to small doses of psilocybin. That is not the case with Ayahuasca.

HERE ARE THE GOLDEN RULES that I learned from Peruvian ayahuasca shamans between 2000 and 2005.

1/ Plants should only be taken for research or personal healing. This requires substantial work before and after the ceremony.

2/ In Peru, people go on a retreat before and after taking ayahuasca. The Shamans of Tarapoto (one of the ayahuasca capitals) stress the importance of not having physical contact for at least one week and not making love for at least one month after the ceremony. This is the advice they give to visitors; but for themselves, it's one month without touching anyone and three months without making love! If you don't do it, your aura doesn't have time to reform properly, and you are too permeable to the energy in your environment.

3/ The plant should be taken as close as possible to the place where it has grown.

So, no, these 3 golden rules are not followed in the vast majority of large ayahuasca ceremonies in the West.

8-12-9 - PSYCHOCHAMANISM.

In order to approach shamanism, you have to
explore the traditions of “ancestral” cultures.
BUT WE MUSTN'T LIMIT OURSELVES TO THAT!

If traditional shamans had found a way to mobilize
enough force to keep humanity from self-destructing,
we wouldn't be where we are!

So, we need to accept that we have to go much
farther than the ancestral traditions.

By blending shamanism and psychology, you can heal almost anything! One of the goals of shamanism is to accustom the soul* to go beyond its own hell, which is necessary in order for each person to determine what they want to heal. Psychology can help a great deal with that. It can bring understanding.

I recognize that one of the most disturbing aspects of THE KEY is the assertion that we must include true shamanism with mushrooms and certain complementary plants in our personal lifestyles, otherwise before too long we will start feeling alienated! If “alienation” seems too strong to you, you may still agree that our civilization seems “bewitched” and is becoming increasingly crazy! Alienation is when an external force takes over! Which is exactly what is happening to most individuals and countries!

As a matter of principle, I'm willing to accept that not everyone needs to go through the shamanism phase with plants/mushrooms, but I haven't met any yet. Maybe it would be possible if we grew up and lived in a healthy environment, without the different kinds of pollution we're living with.

Our species is still very young, and WE'RE NOT SENSITIVE ENOUGH! Nearly all tribal cultures on Earth used to hold shamanic initiation retreats precisely to develop sensitivity to what is outside our range of perception. This helped them to be better integrated in their environment. Those who live surrounded by nature know that it can be a matter of survival!

In addition to introducing them to the invisible worlds and training them to go through the tunnel of death (tunnel of life), this initiation taught future adults that trees are really alive, and that they shouldn't make choices based solely on their thoughts and emotions, which they must be wary of.

That way, they learned how to “feel” the forest, so they would take only what they needed from it and allow the forest to remain an eternal source of life and nourishment for all species.

You should know however that the most popular shamanic paths have been “subverted”, meaning that in the invisible worlds they're just waiting to set a trap for you. The beings in control of the planet know very well that this is the only thing that can really put them at risk. The path of awakening is full of traps, which most New Age* 1.0 techniques are very concrete examples of! In other words, they're lying in wait for you! Being the standard-bearer for fertility is the best way to protect yourself, and to be assisted/supported!



8-12-10 - PRACTICAL ADVICE FOR SHAMANIC CEREMONIES WITH MUSHROOMS (MICRODOSING, INITIATION AND PASSWORD FOR GOING THROUGH THE FILTER OF DEATH).

If you study it well, you'll see that it's logical and indisputable!

Understand that once you've opened certain doors, you have to maintain the path, occupy it, nurture it, etc. Shamanism with mushrooms and plants opens doors that then remain open in both directions. If you don't occupy the “channel”, it is automatically occupied by others. In other words, once you've taken part in a ceremony, participating in another one at least once a year is the minimum, although it would be better at every solstice, and even better: at every lunar cycle, depending on the degree of commitment.

1/ Don't be afraid of your fears of shamanism! There is an absolute LAW in creation. I've never encountered an exception! The law is like this: you'll never meet obstacles in life that you can't overcome. This is even truer in the invisible worlds. But if you never dare to face what scares you the most, you can't know if you would have overcome it. Many people are afraid of shamanism using plants and mushrooms because they're afraid of being “caught” and losing part of their freedom. You can't use that as an excuse because, in any case, the soul* is already “caught” in our culture. It has merely failed to escape.

Most people are already living dead, and almost all of them have been caught in some way other than shamanism.

There are thousands of ways to get “caught”. You can get caught through sex, by falling in love, sitting next to a vampire during a vipassana retreat, or coming across a yoga/reiki/watsu teacher who doesn't do any emotional clearing work. In contrast, compared to all the other ways of getting caught, “eating the body of Christ” (mushrooms) is the only path that also allows you to become free by taking a gigantic evolutionary leap.

All the same, you must be very specific about the identity of your invisible interlocutors, and that's where THE KEY gives you a head start! Don't stay in contact too long (or too intensely) with those who reject the Key, especially the first few times! It could create bad instincts/habits. The first shamanic experiences are like first sexual experiences: they condition us to associate with this or that kind of partner/connection.

2/ If you want to become a true, powerful Warrior of the Light, you must beware of fashions and take the road less traveled! Don't be naive! YOU MUST start from the premise that everything is constantly manipulated. Powerful forces control this planet, but there is a way to find your path if you use your reasoning and your capacity to think, which I believe can only lead you to grasp the compelling logic of THE KEY! Furthermore, even if they are our adversaries, these forces are not our enemies. They force us to be strong, putting obstacles in our way that we can overcome by going beyond our limits. You must keep that in mind at all times!

3/ You can trust only yourself and, at the same time, once in the invisible realm, you'll need to choose who to interact with. The main question is how to choose them! Entering the invisible worlds is like arriving alone at an airport in a country like India for the first time. You'll be accosted by cabdrivers of all sorts, and the question will be “how to choose the right one”! And once again, you'll be one step ahead of the game thanks to The Key.

4/ It is absolutely necessary to go there with an intention and a question. If you take psychedelics for the purpose of distracting yourself, to forget about things you don't like, it will work, and you'll be so distracted that little by little you won't know who you are anymore. So, if you want to do the opposite and expand your consciousness, you have to go with an intention and a question. This question will be your guiding light, because the basic

idea is to remind yourself constantly that you're performing a ceremony. If you forget your eyewitness side and blend in completely with the experience, you may not remember much.

In addition, when you meet a being from another dimension, you can tell them that you're there for this or that reason, and that you have this particular question. That will allow you to access areas that are reserved for seekers. It's as simple as that. He who seeks, finds! Ask and you will get an answer! But it's up to you to initiate the dialogue! You have to be active!

The 3 pages exercise is a good way to prepare. On the first page, you write down everything you like about yourself. On the second page, you write down what you like less or don't like. On the third page, you allow yourself to dream, writing in detail about how you'd like to be, and what you'd like to experience...

During ceremonies, I have a golden rule: never ask a question like: "What should I do with my life?", "Who am I?" or "Should I make such and such a choice". If you ask that kind of question, you're very likely to connect to beings or egregores that want to take control you. And by definition, they won't be from the fertile family because they are aware that only you can know your own way. However, they can help us to reconnect to our inner compass.

5/ You don't need a shaman to practice shamanism. Enough of this cult of the shaman.

Better to be alone than in bad company. If you take a guide, or a being who claims to be a shaman, you must make sure they have the same values as you. For instance, if you go with a guide who is religious, there is little chance of your going beyond the religious astral* plane and its patriarchal thoughtforms*/egregore*. It stands to reason! To grasp the importance of choosing the right guide, remember that during a ceremony your aura expands, and certain natural shields are dismantled. So it's crucial to do it in a natural setting, in a place that's as clear as possible (events that occur in a place leave energetic imprints). And if you have a guide, you must have the same values, the same kind of driving force.

Furthermore, as shamanism is a kind of face-off with oneself, the fact of doing it with a group whose participants one doesn't know seems to me much more a sleep-inducing approach rather than one of awakening.

Your experience will depend on the people in the group, and especially on those who come into the intimate part of your aura (between 1 and 3 meters). Even ayahuasca I've experienced outside the circle/group and – surprise, surprise - those are the moments when I've received the most interesting teachings.

Ideally then, it should be done alone or with people you know really well. There should be the greatest possible distance between participants. About ten meters seems to me a minimum. I find that doing it in a circle, tightly packed together, is a good illustration of how the sleep-inducing patriarchy co-opts a tool to make it do the reverse and dilute people's individuality instead of refining it.

I would remind you that shamanism is the only “religion” (in the sense of “which connects”) that suggests connecting to the invisible worlds with no need of priests, mediums or... even shamans.

The difference is self-sufficiency and the need to have faith in YOURSELF and in something that could be called the "Divine"! Making people believe they need a group guided by a shaman means taking away that self-sufficiency, which is the greatest gift of shamanism.

This is how the sleep-inducing patriarchy co-opts shamanism, by creating a kind of superior caste in the process who are supposedly the only ones capable of connecting you, which is totally false!
Quite the opposite is true!

So, we need to stop the cult of the shaman. The goal is to become as self-sufficient as possible in order to help others and really love other than through need.

We all have a “shaman” lying dormant within us. Personally, I've been practicing shamanism for 35 years, but I don't consider myself a shaman. However, after travelling to the four corners of the planet to learn about other traditions, I can state that those who

have managed to go beyond the astral* level consciously are highly rare. Most of them don't even know it's possible.

So, frankly, beware of those in the West claiming to be shamans, just as one should beware of those claiming to be enlightened.

Pseudo shamanism has become a business that siphons off billions. What's more, the word doesn't mean anything anymore since nowadays people talk about shamanic cooking, shamanic dancing, shamanic music, shamanic yoga, etc. This is especially true for all the ceremonies held in the West, where the person who organizes the ceremony and sells you the plant is automatically considered a shaman. Honestly, I'm sorry, but that's just not true!

Thinking that you have to go through a shaman is exploiting one of the most wonderful tools for liberation and locking it in a typically patriarchal, hierarchical system.

6/ Silence and a minimum of stimuli for our senses. Shamanism greatly increases our sensitivity so that we can hear the inaudible and see or feel the invisible. The idea is to dive inside ourselves, and then come back to the surface like dolphins. The important thing at the beginning is to go back and forth to reinforce your breadcrumb trail. Close your eyes and take a deep breath. Allow your will to follow the question and intention that you've chosen. If there's music around you, it may be very pleasant, but it will keep you from hearing what is being whispered to your soul*. The idea is to have as few stimuli as possible for our 5 main senses. Some (like Dr. John Lilly) say that it is only at times when the 5 senses are not solicited that our 6th sense can take its rightful place.

7/ I use hashish before and about an hour after taking mushrooms so that the Consciousness goes as low as possible in my chakras. Sometimes I eat the mushrooms with chocolate and no added sugars. This is apparently what the Maya did, and they called mushrooms "The Flesh of the Gods". I also use Aloe Vera whenever possible. At a minimum, I put some on my face, and at best on my whole body. The idea is to use hashish when the mushrooms first kick in. If it feels very strong but doesn't take off, a bit of tobacco and a bit of hashish can release things. I often have the image of a rocket dropping a lot of cables and connections at takeoff. Terence McKenna did the same thing with pot. However, once

you've taken off, you mustn't take any more hashish or tobacco. The idea is not to take any for as many days or weeks as possible, until the patriarchal mindset has caught up with you.

Cannabis and tobacco can indeed help to loosen the grip of the “upside down” network by clearing energy loads or entities. That's why the astral* plane manipulates people in power a great deal, to the point of exhibiting “unreasonable and emotional” behavior around cannabis! But if H and tobacco become a habit, the magic no longer produces the same effect. A little cannabis wakes up the warrior of Light and too much puts him to sleep.

It enables you to disconnect from the astral, connecting you with your inner self. Conversely, those who are unable to connect to their inner self, will connect to the invisible worlds outside themselves, i.e., to the astral. And that may cause them anxiety, because they will feel emotions that they have repressed deep inside themselves.

8/ Breathing* is shamanism's fuel. If we breathed more deeply in our daily life, the awakening work would be 50% done. But we all live more or less holding our breath. Our higher consciousness envelopes need us to breathe as deeply as possible, otherwise they suffocate. Moreover, since these levels of consciousness connect us to very high frequencies (everything goes very fast), if you don't breathe deeply, it creates discomfort in the physical body that can't process all the changes it may cause.

Not using breathing when traveling to other worlds is like getting on a plane just to do a short lap without taking off. You have to breathe to take off! Try it and you'll see! Psilocybin is very close to serotonin, which is a very important neurotransmitter for developing consciousness and happiness. They are so close that you can obtain serotonin just by adding oxygen to psilocybin. By breathing **deeply**, you boost that chemical transformation.

9/ Body position and vocalizations. Although I spend most ceremonies lying on my back looking up at the stars, it can be very beneficial from time to time to shout, sing, jump, dance, and so on. Sound can really get rid of the gunk that the astral* can form around you. Afterwards, go back deep down into the quietness. This helps to anchor our consciousness in the physical body. I like to do it while looking up at the sky, because it helps to “rekindle the stars”. A kind of harmony develops between what is happening inside us and the starry sky. But doing it in total darkness is also an excellent choice.

10/ Feeling deep and sincere regret often triggers the alchemical process in a ceremony. It can really open doors, but it has to be sincere. Personally, I find what I call the “Awareness Network Area Code” very effective. The first number is the step where

I sincerely ask forgiveness for all the avoidable suffering that I've created by participating in this destructive system. With the second number, I thank all those who have made it possible to create this wonderful experience of life on Earth and in the rest of creation. I acknowledge their genius as "Creative Gods and Goddesses", whatever their names may be! I acknowledge their work and thank them for it. This is very important if you want to be part of the Alliance. We need to be part of the continuity that preserves the balance of life. And the third number is affirming that we too have something to contribute and that we want to join the family that deals with the behind-the-scenes side of creation. Here, we should have no qualms about showing our greatness. You have to defend your case as if you were pleading in front of a huge audience.

Remember that, ONE thing that is just and common to nearly all cultures is that our souls did decide one day to leave the conscious (Divine) dimensions and its Laws of Fertile Life. Even if they were manipulated by forces that played on their lack of knowledge, they ultimately decided this of their own free will.

Changing your mind and taking responsibility for it loud and clear in the depths of your being is enough to set the alchemy in motion. That alchemy assists substantially in nurturing our 8th chakra envelope, which is the practical goal of this incarnation, as I hope you've understood. It is necessary to want to "go back home" with all our being and to want to live in a Fertile culture! That's how we'll bring this culture here. It will pass through the infinitely small of our being and take possession of this "space-time" continuum. Our deep desire is a tool that can transcend dimensions and worlds.

11/To start the process at the beginning of the ceremony, feel free to ask yourself questions to initiate a dialogue between the Ego* and the Self. You'll gradually realize that what you believe to be yourself is in fact other beings speaking to you. At first this may seem a little chaotic, but you'll see that with practice you'll succeed in awakening an innate sense of discernment. If at times you feel besieged by voices pressuring you, communicate! Answer those you feel like answering. The pressure can be experienced as an attack, but it's actually designed to help you communicate! If you feel the need and are confident in the image you have of me or Laurène, especially through the Videos, you can use us as a link. Ask us questions, call us if you need to. I am not suggesting that you consider us as gods, but as a sister and a brother who have already left their mark on this path.

When you enter into communication with other consciousnesses, the goal is to reach the "I see you, you see me" stage without merging. To become aware of the

other's existence, while keeping a bit of distance. Wanting to merge with energy beings may be perceived as an aggression in the invisible worlds. You should do the same with those who want to merge with you!

As with dolphins, you must learn to commune without touching each other, at least at first.

12/The dosage of mushrooms.

Naturally, you should fast for at least 2/3 hours (1h/1h30 for raw food) before eating mushrooms. If you want the experience to be less intense, you can eat some cooked food that's heavy and a little fatty, but absolutely no added sugars. Those who take anxiolytic drugs must stop 24H before taking mushrooms. It's really bad to take chemicals meant to wake you up and other ones meant to put you to sleep at the same time. Don't mix mushrooms and alcohol!

I recommend buying a 1/100 gr scale. I can't emphasize this enough, because otherwise you won't be able to figure out exactly what dose is right for you. Sometimes a few centigrams can make all the difference. The best way is to grow the mushrooms yourself, by buying a kit on the internet for instance. The kits are legal in most countries. But if they are sent through the mail, you must make sure that they will be transported via a cold chain. Once the kits are out of the fridge, you only have 2 or 3 days to start the process. The best thing is to recover the spores, in order to reuse them for the next harvest. It's a process that requires perfect hygiene and a lot of precision. But once you've got it started, you'll have mushrooms for eternity, and even a little longer.

I WOULD CLASSIFY THE EXPERIMENTS IN 3 CATEGORIES:

A/ Micro-dosing (from 0.1g to 0.2g of dry mushrooms). I recommend this for everyone. As Virginia Haze put it so well in her book *The Psilocybin Mushroom Bible*, "With a micro-dose, you get the most useful and beneficial effects of psilocybin while avoiding the effects that remove you from the mainstream world." I really like microdosing for 5 days in a row. It isn't crucial to microdose on an empty stomach. Sometimes I eat the mushrooms with my breakfast, and it's great! It's not easy to define limits with microdosing. Every mushroom harvest is different. What's more, there are several psilocybin species: Mexican, Thai, Ecuadorian, Golden Teacher, Colombian, etc. It also depends on how old they are. The fresher they are, the more effective they are! I don't use mushrooms older than 6 months for ceremonies. I keep them for microdosing.

So I urge you to do your own testing. For instance, start with 0.1g., and increase the dose the following day. Personally, I take between 0.2g. and 0.5g., and sometimes I take it two or three times in a day, several days in a row. But if you do it several times a day, you have to take the doses at least 5 hours apart! For example, if you take 0.2 gr. and one hour later you take another 0.2 gr., you will experience 0.4 gr., so be careful about accumulating. Now, I won't deny that sometimes you may take a small dose that has a much greater effect than expected. If the experience is too intense, let go and accept the intensity. At first it may seem unpleasant, but it's actually the same kind of unpleasantness you feel when you wake up in the middle of the night. And in a way, that's what really happens: our souls* are asleep, and the mushrooms are forcing them to wake up. Embrace the intensity, don't fight it. Be positive and tell yourself over and over that everything's fine and that this is what you want. Project yourself into the present moment and apply the protocols I recommend for "heroic doses", especially those about intention and the need to be active, including doing some soul-searching. You need to breathe deeply for the intensity to feel pleasant. Your body needs to associate mushrooms with deep breathing. Paul Stamets, the pope of mushrooms, advises doing microdosing 5 days in a row, then stopping for a few days.

B/ Initiation (from 0.5g to 2g dry). For those who want to challenge themselves and reconnect with nature. Like with microdosing, I highly recommend doing your own experiments, increasing the doses gradually.

C/ Ceremonies with a heroic dose (5g dry), as Terrence McKenna, a great specialist of psychedelics, called it. Only for those who have a breadcrumb trail, who want to take a leap in their evolution, who are tired of being locked up in their personality, who are in harmony with the values of the key... You must be ready to change certain aspects of your life after the ceremony, otherwise the return to normal can be very hard. In particular, don't be passive or a spectator. You need to take at least 5g dry (50g fresh) to have the desired effect. Any less is usually not enough for the passage. But there are no general rules. Sometimes less than 5 gr is enough, especially when the body and soul are used to it. But you may get stuck for a long time in the turbulent astral* zone, or in the void, or not make it beyond them. Like a plane taking off, sometimes you have to go through turbulent areas. It's the same thing in a ceremony. It's the captivating, emotional astral phase that you have to get past! If you take more than necessary, it won't be stronger, but it will last longer. I've never heard of anyone dying from a mushroom overdose. If you move around, do it very carefully. Do it in a place where you feel safe. Don't do it high up where you could fall. And, naturally, don't drive a vehicle or try to fly!!! Major ceremonies enable you to remove almost all the entities that are leeching off you.

The truffles flooding the market are far less effective. They were promoted in Amsterdam so that tourists wouldn't get too high on the city streets. 10g of truffles are generally equivalent to the effect of 1g of dry mushrooms (Mexican, Ecuadorian, Thai, Golden Teachers, Mazatapec or others). Maybe truffles are interesting for microdosing, it's up to you to test them.

Regarding fly agaric (*Amanita Muscaria*), I personally do not use it. It seems that a special preparation is necessary which I do not know. In any case, the *amanita muscaria* preparation has the distinctive feature of being drunk in liquid form. The mushroom is not eaten as is like with other psilocybin species. And to drink that liquid you need a container, a cup, chalice or grail. It's possible to smoke it too.

13/ After the ceremony. I feel that a ceremony is successful if you succeed in bringing back knowledge or new inspirations that you can use in your daily life. "Memory sessions" held several times a day are necessary to help remember as much as possible what happened during the ceremony.

We can reprogram our brain by repeating the new knowledge that we have chosen to adopt as often as possible (like a mantra). If you're not the one programming yourself, then it will be someone or something else, you need to understand that. Freedom means understanding that our emotions and behavioral reflexes are merely the result of programming.

Your first actions and choices after a ceremony are very important. Whatever you do, you will do it with a new intensity. I understand that most people will not be able to organize a retreat in a natural setting after the ceremony. But please do your best, because the fate of Humanity depends on it. A three-day retreat in nature, alone or with the people you did the ceremony with, seems to me a minimum.

Humanity's fate is played out essentially in the invisible world, and every being who takes part in a shamanism session influences that world.

A rocket's journey IS AN APT metaphor for the whole ceremony. First comes the preparation phase for identifying one's intention (the journey's purpose), then the breathing* techniques used to take off and pull away from the Earth's attraction, in order to cross the turbulent astral* layer as quickly as possible. To that end, one must let go of attachment to the swamps of one's emotions. This helps for getting through the void (a filter of death

that clears out everything attached to inverted divine). One then focuses on the purpose of the mission (to find answers, to learn) and subsequently returns “to Earth” by going back through the void and the astral plane.

Towards the end of the ceremony, you go back down the dimensional scale and back through the emotional astral plane and all its attachments. It's a tricky moment! At that stage, avoid thinking too much about people you know. Beware of plans you make at such times. Breathe deeper and deeper to recharge and keep the connection going as long as possible.

After a ceremony, part of you is like a newborn baby that needs calm to stabilize and assimilate things. What's more, it's time to make an effort to breathe deeply all the time, or at least every time you remember to. And to take advantage of this time to get back into the habit of seeking that energy inside with each breath. Otherwise the little baby inside, the little “christ” child, will simply die. Although there's always a way to revive him, I myself haven't managed to keep him alive for more than a few weeks.

But the goal is to keep it going longer each time and go further in applying the Key in our daily lives. So, try at least to spend a few days limiting energy exchanges as much as possible.

The biggest trap is to use this brand-new life energy just to feed your old habits. For instance, don't have sex with your ex that you've just left or are trying to leave. The feeling of a lack of bearings could lead you to that kind of reaction, which incidentally you'll find quite enjoyable.

But if you do, you will experience a great leap backwards in your evolution. This will condition you to go back for another round of your old lifestyle. If you use this new impetus to go back to what you already know, if you use this life energy just to go back to your usual kind of entertainment, then you'll fall even lower than before.

According to most of the beings I've met in the invisible worlds, if you manage to go 28 days after a successful ceremony without connecting to the network “conditioned by the expediency/patriarchal culture”, whether in thought or by coming close to other people's auras, then you can form an aura strong enough not to be affected any longer by energies that are not your own. A successful ceremony means one in which we have passed through the filter of death, which clears out all the attachments and mental viruses from the patriarchal deadly culture.

If you choose to take the plunge, i.e., to wish that everything in you that is in harmony with the patriarchal/sleep-inducing network dies, or is recycled, know that the higher you go, the lower you risk falling back if you lose your inner connection for too long. This is why you need to do it again, every 28 days for instance.

14/ And finally, you'll have to choose if you're going to use The Key or not. I won't lie to you. The forces of the Mother Goddess and the Sleep-inducing Matrix have strengthened their presence around you since you've approached THE KEY. This book is not a fairy tale, it's for real! If you don't use the Mother Goddess and her Fertile Culture's standard to enter the invisible worlds, you'll be eaten alive. At the same time, don't panic, it's not painful. On the contrary, getting "caught" is very pleasant, like being hypnotized by a snake.

If you don't use THE key, chances are you will visit the astral* like most, but you won't be able to cross the void, which separates the worlds of Consciousness and our "reality". To do that, you must accept seeing everything in you that serves this morbid system (i.e. go through hell) and then have the will to filter out of your being everything that still ties you to that sleep-inducing "patriarchal" mindset. It is you who must do the work, remaining well aware of what you want to filter out and what you want to keep. The only way to know if this is true is by taking part in a ceremony, and by longing deep inside for everything in you connected to the perverse culture (including bonds with your loved ones) to be removed.

For believers, this naturally includes denying the so-called one god (including their baptism, bar mitzvah, marriage bonds, etc.). Don't worry, it will all kick back in later on, especially the bonds with people! The idea is to experience the connection for a moment; it's like with a hot air balloon, you have to cut the ties in order to lift off.

When I perform ceremonies, I set them in the context of my soul's return to the laws of fertile love. My soul's consciousness has left the fertile worlds, and this is like a marriage ceremony to bring it home. I surrender my soul to the Goddess and to the laws of Fertile Love, and ask that everything in me that is still attached to / conditioned by / subjected to the SM patriarchy die / be cleared from my energy bodies or be transformed. And if the Goddesses feel that I would better serve the Fertile family by stepping out of my physical body and into the other side of the mirror, then that's what I want. But, if I can better serve the cause by staying in my physical body, then I want my being to serve the Goddesses' Fertile family of Light in this upside-down reality. Being willing to "die" (to leave my body) seems to me a necessity in order to truly die and be reborn...

All explorers of the invisible with a modicum of Consciousness know that THE big question regarding their ceremony is: “Is it real, or is it my imagination? And if it’s real, who can I trust, who can I listen to?”

That’s why I’ve been telling myself for 25 years that logically there should be a kind of code to help us recognize each other, a kind of “open sesame”.

And I can confirm that we’ve found it!

IT’S THE KEY!

My life as an explorer of invisible worlds has changed since I began asking invisible beings if they know THE Key to understanding the logic of the worlds. Either I’m dealing with beings who know THE Key and we can engage in deeper exchanges, or I’m dealing with beings who do not know THE Key and are very happy to receive this gift. In the invisible worlds, they know that knowledge and the Awareness that flows from it are the greatest riches one can acquire.

The more we understand how life works, the better we can succeed in creating what we want to experience! Since you don’t have enough time in one lifetime to acquire all the knowledge by yourself, you’ll have to sharpen your discernment and choose a logical course and advice to follow.

Humanity urgently needs beings to get involved in the invisible so that others may continue their lives.

Your logic, ability to think and intelligence are the only lifelines you can hold onto in making your choice! And that’s where THE KEY can help us to find that logic; but you must still study how our culture’s core principles are unnatural and create avoidable suffering. This is the only way to regain true faith in the logic of the world and to find your place in it.

To obtain the greatest results, it is best to have “allies” in the invisible world. The most powerful are those who have understood that the more they remain within the Laws of Fertile Life, the more effective they are. Creation is composed of two distinct groups. Those who recognize THE key and those who do not! The first have been taking care of the second since time eternal!

The best way is to be the standard-bearer for the Goddesses of Fertility, but it has to be a very clear choice. The soul has to decide with swordlike strength. To do that, we have to UNDERSTAND The Key! Understanding creates sparks within us!

So, if before a ceremony you ask that everything in you that comes out of the “deadly” logic should “die”, knowing that death is a great filter; if you are willing to go through this filter of death whatever the consequences; if you breathe as much as you can and if you are alone in nature or accompanied by people making the same request, then you will see that THE KEY is a true “open sesame”!

The true logic of this unjust world is to awaken in us
the will to make it more just!

Souls that don't react to this carnage are dead!
Naturally, the living dead can rise again!

A being, and even more so a parent, who doesn't fulfill
these primary functions of “preserving” life
cannot be happy unless they close their question box
and give in to the god of money, in short, sell the
children's future in exchange for a little comfort.

If the wave of hippies and other explorers of the '50s/'60s/'70s had occurred on the astral* plane with a common dream, a dream that made sense, then that dream could have come true. But as I explain in my videos, an accumulation of people who took substances during this period without any intention of healing or research perverted the astral. This means that they pulled the astral onto the wavelength of the sleep-inducing spiral with too much emphasis on entertainment. Seeking entertainment is the opposite of seeking Consciousness.

Many shamans at the time even spoke of a real invasion of Western logic into the invisible world. Some even said that “the Spirits have begun to speak English!”. This isn't negative because it's just a beginning. You can't always win on the first try!

One day, we'll succeed in colonizing the astral plane with the wavelength of Fertility. Then we'll all be connected to natural WiFi. But to have free unlimited access, you'll have to sign up with an operator that has the same mindset as The Key and cancel your previous

contract. The one you don't remember having signed! Because I'm betting that our souls* signed a contract stipulating that they wanted to live outside the Laws of evolutionary life. The price we paid for the contract was having our memories erased and living under the law of karma. For whoever wants to, the time has come to take the opposite path!

In other words, what our humanity needs are “dreamers”; but constructive/active dreamers, who really understand that if their dreams are based on healthy seeds, they will be created in a substantial way in another dimension. And that other dimension will automatically have repercussions in “our reality”.

8-12-11 - HISTORY OF THE CHEMICAL INDUSTRY AND THE PHARMACEUTICAL INQUISITION

Chemistry has failed. The accumulation of chemicals is destroying all life on this planet. Nearly all chemicals can be replaced by natural products. But since it isn't possible to patent natural products, chemicals are chosen in most cases. And chemicals produce better yields in the short term, even if in the long term they end up destroying the source.

Did you know for instance that an apple grown in the 50's had between 30 and 50X more vitamins and nutrients than an apple grown in the 2000's? (Source: Cash Investigation - French Ministry of Agriculture report).

This short-term policy is also the norm in medicine. Antibiotics are prescribed that create serious diseases in the long term by weakening the immune system. The most laughable example is chemotherapy which, in destroying “the illness”, destroys almost everything else in the process. What counts in “modern” medicine is having chemical drugs to prescribe. And all chemical drugs have undesirable effects.

Furthermore, we're dealing with a whole generation that sees chemicals as progress. My parents had more confidence in a chemical apple because they believed it meant there were no germs. They were both killed by chemicals, and I never managed to make them doubt their total faith in doctors and chemistry.

We have reached such a saturation of chemicals in our bodies and in nature that it is very difficult to prove that a chemical is harmful.

If no uninfected people can be found, then no comparison can be made.

I could tell you about thousands of scandals in the chemical industry which illustrate this and prove that shareholders' interests are above the law. The one about TEFLON that covers TEFAL pans is extremely revealing and familiar as most of us cook with it. TEFLON, (C8 or PFOA) makes the pans easier to clean, makes clothes, shoes etc. waterproof. It was discovered during the Manhattan Project (atomic bomb). It repels elements, especially water because it is indestructible in a way. Tanks were coated with it to protect them. After the Second World War, as with amphetamines, a market had to be created to sell them.

It was proven in a court case that Dupont was aware of its dangerous nature from the first year it was marketed in 1962. The reason is that it is a long chain of synthetic fluoro-carbons which is biochemically unbreakable. This means that neither nature nor our bodies can metabolize them.

There are more than 600 chemicals that have this
characteristic of being "immortal".

They are called "forever chemicals".

But it keeps on. For example, as I'm finishing this book, the Belgian multinational Solvay is under attack from all sides because they continue to sell products containing eternal PFAS. Internal leaks have proven that they've known about the disasters involved for a very long time, but they couldn't care less... It's all about money. They are monsters!!! But the worst thing is that the media are indignant that Solvay supposedly knew about it for thirty years, whereas the media have officially known about it since the 1960s!

Today, many are of the opinion that all living beings on this planet are infected with C8. The 3M company stopped using them quickly because they discovered their extreme harmfulness that leads to various cancer*, malformations of newborns, destruction of organs and teeth etc. 3M warned Dupont which turned a deaf ear... In fact, Dupont knew very well, since they had done tests themselves... On their own workers. They proposed that some of them smoke a cigarette coated with C8. One cigarette was enough to give them cancer. Since Dupont continued, 3M started using them again.

All this was proven in a trial in the United States where the Dupont company had to compensate families for almost a billion dollars. And yet, the product is still in circulation... Why? Around 2012, it brought in 1 billion dollars in profits per year. Enough to grease many palms. I recommend the fabulous movie Dark Waters on the subject.

This case proves that the chemical industry doesn't care about people's health. They have no limits.

Incidentally, the mainstream media are promoting the fight for the climate so that revolutionary souls will focus only on that subject. One should always be suspicious of everything the mainstream media puts forward. Of course, we have to stop polluting nature with hydrocarbons.

But the problems created by chemistry and the fake debt are much more important and urgent than the climate. What's more, if you think about it, they are one of the causes of all the pollution. If people don't care enough about ecology, it is precisely because they are saturated with chemicals and false information, and they have to fight to survive economically. And if there is no one left in the government to protect us from these poisons, it's because the fake debt has led to widespread corruption in nearly all countries.

So the real causes of pollution in general, and of hydrocarbon pollution in particular, are chemicals and fake debt.

If we don't fix them, there won't be many people left to kill when the water rises.

One of the milestones was the duel between Dr. Béchamp and Dr. Pasteur. Pasteur was in complete harmony with the religious view of disease which says that nature has to be "tamed". Evil bacteria (including germs and viruses) in nature must be eliminated with chemicals created by man under God's influence.

For Dr. Béchamp, what mattered was the breeding ground, i.e. the immune system. Germs (including viruses) are not only found everywhere in nature, they are also present inside our bodies. In fact, humans have ten times more bacteria than cells. Bacteria maintain our biological balance; without them we would die.

The idea is that if we have an effective immune system, all these bacteria play their role and ultimately strengthen the immune system. But if our immune system is weak, the bacteria become pathogenic. This makes the immune system stronger and stronger, like a muscle that is used often.

For example, for Dr. Béchamp, when you have a fever you "burn" a lot of germs, purifying the body. Furthermore, for him, there were two major disadvantages with germ-killing chemicals:

1/ Chemicals kill many other things besides germs and the side effects are often worse than the disease you were trying to treat. For instance, chemicals also kill antibodies that are crucial for the immune system.

2/ The fact that the immune system isn't doing the work makes it lazy and less and less effective.

Louis Pasteur's chemistry prevailed in the end for two simple reasons: you can earn a lot more money with it than with Béchamp's way of thinking, and it doesn't anger the clergy, for whom natural remedies are heresy. To be sure, telling people that in order to be healthy they should eat well, breathe deeply because oxygen strengthens your immune system, exercise and pursue a life of happiness isn't going to generate a lot of money.

The banks massively supported Pasteur, and "total-chemical" medicine took over. That kind of medicine sees the world the way religions do: as a struggle between good and evil. This "good and evil" mindset in chemistry has led to the massive use of antibiotics, chemotherapy and vaccines*. As a result, human beings today have increasingly deficient immune systems and most people spend a large part of their lives sick and die of illness.

If most doctors don't criticize all-chemical medicine, it is because they can't express themselves freely. If they deny the omnipotence of chemistry, they risk having their medical license revoked. Medical boards are composed almost entirely of physicians devoted to all-chemical medicine. That is why they totally deserve the nickname given to them by the brilliant Gyslaine Lanctôt, who wrote the book of the same name: The Medical Mafia.

So it's your choice. You can say it is just an example of money corrupting everything, or call it a conspiracy*; but the result is the same: the world of finance, including banks, is just a tool constantly driving the world toward its own destruction, viewing humans as cattle from which to make a maximum profit.

Dietary "reverse shamanism" has always been used by armies all over the world. For example, the reason potatoes were long the basis of soldiers' diets is because if you eat them every day, it diminishes your ability to think while providing maximum energy for the muscles.

Chemicals became a large-scale weapon during the Second World War, in particular with amphetamines, which the Germans marketed in 1938. The chemicals allowed soldiers to sleep very little, especially during the first 10 days of the blitzkrieg, still considered one of the greatest military feats of all time. In Germany, it wasn't only the soldiers who were drugged. A large part of the population had access to amphetamines (Pervitin) which were sold at very low prices. It was a deliberate program to drug the population on a large scale.

Amphetamines remove empathy, allow you to function on very little sleep and have fewer feelings like fear and sadness. They also reduce our field of consciousness by numbing the ability to ask question on our own. Note this detail: they **“remove empathy”**. It was perfect for soldiers sent off to war. The massive use of these hard drugs enriched the chemical industry considerably.

After the war, the petrochemical sector invested in political candidates who were pro-chemical. Chemicals ended up becoming so powerful that they became somehow “integrated into the government”, as is currently the case in France, where the state, chemicals and nuclear power are as one. Today chemicals are one of the departments which the state manages in the same way as education, because they enable them to format people so that their political conscience is as right-wing as possible. After the war, the Americans made use of Nazi researchers, who were the only ones that had experience with this on a large scale.

In 1953, Albert Hoffman succeeded in synthesizing LSD, which is found in its natural state in rye ergot. The U.S. government then hired Dr. John Lilly to test LSD and its potential virtues. After a few years, he delivered his report insisting that, in a learning and healing environment, LSD could really make people more creative, more sensitive, more intelligent and more human. By making people more conscious, for instance, it could help them develop a different view of the wounds they had suffered in life and use them as a springboard for resilience. A few months after his report was submitted, LSD was banned.

I was close to Dr. John Lilly for the last ten years of his life. He told me that once LSD was banned, he was summoned to make it clear that he had to keep a low profile on his findings, or he would be in trouble. As a scientist, he insisted that if you look at the drugs that came out after his report was submitted, it was as if they had done the exact opposite of what he was advocating. According to him, they used his research and that of other researchers to create substances that diminished sensitivity, empathy, creativity and the ability to think for oneself. These substances are now found in food additives, in medications such as chemical tranquilizers.

To say that Big Pharma rules the world seems restrictive. It is merely a tool, like religion and the media, to turn us into fearful, sheeplike consumers. In the 1980s, with Thatcher and Reagan, those who wanted to “make more and more money even if it meant destroying the planet and people’s health” were totally unapologetic. One little phrase that sums up the catastrophic lack of consciousness in the 80s – “greed is good” – became very

fashionable thanks to the fabulous film *Wall Street* by Oliver Stone, one of Hollywood's few engaged filmmakers.

Once the health authorities were corrupted, they went as far as to authorize extremely harmful substances such as aspartame, which had already been prohibited by the FDA, the US food and drug administration.

But the problem is that these people never have enough money or power. They suffer from a real mental illness due to the fact that they weren't given enough love as children. What you need to understand is that this illness is contagious and extremely devastating. It is the starting point for many wars and almost all the suffering that could be avoided on this planet.

The illness drove these people to want to become masters of the world. They concluded treaties stipulating that, in the event of a pandemic, politicians in all countries would lose their powers, and bodies like WHO would dictate their laws. In the beginning, almost no one attached any importance to such details. Except that the goal was then to appoint men and women who would do exactly as they were told to head bodies like WHO (and others). So this is where we are.

It is a coup d'état on a worldwide scale. Those in charge are the big fortunes around the planet. It is the ultra-rich, whose names are not all known, who with their billions elect politicians committed to their cause. I like to call them the invisible world government*. English speakers often call it the "Deep State*". It doesn't matter whether it's just one group or many, because they all have the same purpose: to change the laws so that they make more and more money, and the people make less and less.

Without them, there would be enough money for social and ecological issues and aid to countries that need it.

Without them, there would be no –or fewer– corrupt governments in poor countries which, in exchange for being put in power, sell them the resources of these same countries at miserable prices.

Without them, the world would be on the road to elevation instead of destruction.

Without them, we would already have developed far more renewable energies.

The world of finance and its laws are the real cancer on this planet. People in finance and those who earn their money on the stock exchange create nothing, are good for nothing

and, on top of it, distort everything. They may look very nice, but in fact they are the ones creating the most unnecessary suffering on this planet.

Indirectly, they are responsible for the worst atrocities, starting with those dying of hunger, the increasing number of children who have to prostitute themselves, wars... If you have any loved ones who speculate on the stock market, tell them... If you really love them.

But with Reagan, they reached a new level by appointing people who were really not qualified for jobs. Reagan was an actor who knew nothing about politics. The less they knew about politics, economics, and science, the more manipulable they were. That same kind of tactic has also been used in France when Macron helped that kind of senator and parliamentary deputy get elected. Supposedly he did it to open up political life to people from civil society. But in fact it was a great leap forward in the destruction of democracy.

As for European community institutions in most countries, they have been totally infiltrated by the various mafias of petrochemicals, agribusiness and chemical medicine that doesn't heal people. In Brussels alone, more than 30,000 lobbyists are employed to influence the 40,000 people who work in various European bodies! 12,452 lobby organizations were registered in Brussels in 2022! European bodies have become a real disgrace! Although there are some who have resisted, most of its officials are collaborators in the greatest genocide of all time, a genocide of Mankind's intelligence and will, accompanied by the destruction of nature! SHAME ON YOU!

They are not content with having sold our democracies to the world of finance, but have also felt compelled to make us sick, even if it means turning us into vegetables. The lobbyists' aim is to influence laws and that isn't wrong in itself. But it has become an industry that manipulates public opinion with enormous wealth behind it.

In 2016, American companies spent \$3.15 billion on lobbying to influence lawmakers in the U.S. That's \$5.9 million per member of Congress per year!!! It's 34 times more than the amount spent on lobbying by all NGOs and public sectors combined. But they influence us too, by massively flooding the internet and social networks. Imagine huge buildings where thousands of people work 24/7 to "influence" "democracies". When a buzz gets created around some mini scandal criticizing the risk from such and such a product, they flood the internet with fake studies and other points of view.

Let me just give you two examples of politicians who dared to challenge the princes of chemicals and agribusiness:

Magda Aelvoet was the Belgian Federal Minister of Health in 2002. Almost overnight, she outlawed fluoride tablets and drops because “too much fluoride has a harmful effect on the nervous system.” Within 48 hours, she was called to order and no more was said about it. And yet, the Superior Health Council and the National Food Council were of the same opinion!?!?!? By Thunder, what a hell of a mess!

The same thing happened in France in 2015, when Ségolène Royal (Minister of Ecology and the Environment) campaigned against Nutella and palm oil. They were both right! And it didn't change anything! This proves that power no longer lies in the hands of governments. If a minister kicks up a fuss and it doesn't change anything, it means that our democracies are really just a facade to make people believe that it's “democratic representation” that decides! Not on your life!

This is also due to the fact that "modern medicine" doesn't recognize the concept of vital energy... And yet, the energetic point of view is what enables us to understand and engage in deep healing.

Marie Curie was already saying in her time that “doctors have no logic, they don't think”. They are unable to adapt to a situation. They can only repeat what they've learned by heart. And that's true. To be a doctor, you have to learn tons of useless material by heart. It makes a preliminary selection, because most sensitive and intelligent people don't like learning things by heart. I'm sorry to say it, but I think there are a lot of very stupid people who are doctors. And what's happening with COVID proves that.

There's only one thing you can trust:
your own reasoning.

But in order to do that, to think, you too must reduce
all the poisons that enter your body.

In striving for Freedom, you have to become a
substance expert/warrior.

For chemicals in food, Corinne Gouget's* guide is the
best I know. (cf: Chapter 16 Books and Videos*)

Mom died officially of pancreatic cancer*. Her best friend (Dr. Harry Bleiberg) was the head of the tumor (cancer) research department at the Bordet Institute in Brussels. He came to see her, and we asked him for his opinion on the use of fish oil to cure that kind of cancer. He gave us the following answer:

“I’ve known you since you were little, so I’ll tell you the truth. We will never know if this fish oil can help cure cancer because, to find out, we would have to spend millions of euros to do the tests that permit you to use a substance in a medical environment. And the pharmaceutical companies are the only ones with that kind of money. And they’ll never do it because they can never patent something that exists in nature.”

Mom never had any symptoms of pancreatic cancer. Those bastard doctors told her the only thing to do was chemo*. She was on it for a year and a half. The chemo destroyed her so much that she asked to be euthanized. 3 doctors agreed, so even after the 18 months of chemo, she still had no symptoms of the disease. But unfortunately, mom had total faith in modern medicine. She was euthanized with the whole family around her bed.

That day I decided to go to war against the medical mafia. And since there’s no point in killing them, I thought I would do something worse – take away their livelihood by showing people that they can find nearly any medicine to cure themselves in nature.

And that the best way to be healthy is to strengthen
 your immune system, which includes limiting
 chemicals wherever possible.

8-12-12 - SUMMARY CHART OF LEGAL AND ILLEGAL DRUGS

* = Light ** = Strong *** = Extreme	Physical Addiction	Damages your emotions and feelings	Changes your perceptions of reality	Anes- thetizes conscious- ness & willpower. Stops you from soul- searching	Awakens conscious- ness. Healing potential.	Repairs and/or creates/ activates new neuronal connections.	Enables you to perceive the invisible astral* plane and other invisible realms.	Enables you to communi- cate with the eternal Fertile worlds.
COFFEE	**	**	**	**				
DAIRY PRODUCTS*	*	*	*	**				
ADDED SUGAR	**	**	**	**				

THE KEY

THE DIVERSION OF SHAMANISM THE PHARMACEUTICAL INQUISITION'S DOMINATION OF NATURE.

SUMMARY

* = Light ** = Strong *** = Extreme	Physical Addiction	Damages your emotions and feelings	Changes your perceptions of reality	Anes- thetizes conscious- ness & willpower. Stops you from soul- searching	Awakens conscious- ness. Healing potential.	Repairs and/or creates/ activates new neuronal connections.	Enables you to perceive the invisible astral* plane and other invisible realms.	Enables you to communi- cate with the eternal Fertile worlds.
FAT	**	*	*	**				
ALCOHOL	***	***						
AMPHETAMINES (Adderall, Concerta, Vyvanse, Ritalin*, etc.)	***	*** You no longer know who you are.	**	***				
PAINKILLERS (ex: Fentanyl, addictive/ analgesic potential 100 times that of morphine!)	***	***	***	***				
COCAINE	***	***	***	***				
GLUTAMATE* (E621)	***	***	**	***				
HEROIN	***	***	***	***				
AYAHUASCA					**		**	
KAMBO (frogs)		***	**		*		*	
MDMA	**		**		**			
LSD (synthesized mushrooms)			**		**	**	**	
PSILOCYBIN					***	***	***	*** CF. Instruc- tions
CANNABIS					**	***	*	
CBD (cannabis without THC)					*	It's the THC that enables the cannabinoid network to be activated..	Without THC, there's no connection..	
TOBACCO	***	*	*	*				

COMPLEMENTARY INFORMATION
FOR THE DRUG COMPARISON TABLE.

THE DEFINITION OF A HARD DRUG is that it causes a malfunction preventing the body from working properly. The most “physically addictive” drugs are opiates like morphine, heroin, Fentanyl, etc. Our bodies naturally produce endomorphins when we are physically active. The body can also produce endomorphins when we hurt ourselves. When we bang into something, it hurts at first, but the pain disappears quickly because the body produces endomorphins. Pigs that are raised without being able to move deliberately hurt themselves in order to feel the endomorphins.

But when you take opiates, your body stops making them. As a result, even a slight injury can cause a really sharp pain. The withdrawal that comes from taking opiates is one of the worst forms of suffering a person can experience. As Baudelaire wrote in *Les fleurs du mal*, a person who has taken too many opiates will be like a prison escapee for the rest of their life. Even if they don't go back to prison, they will always be nostalgic for the intense happiness they have known.

DAIRY PRODUCTS: Produce opiates upon digestion. They have effects similar to morphine. Casomorphin is a protein derived from the breakdown of milk casein by protease. This explains the soothing and addictive properties of dairy products. Cow's milk contains 5 times more casein than human milk! No mammal drinks milk as an adult. To say that dairy products from animals are good for health, growth and especially bones is a big lie made up by the dairy industry. On the contrary, it creates osteoporosis. Adults should not consume dairy products and children should not consume dairy products from animals. As for powdered milk and other “maternity” milks, they are very bad for the health of children AND adults. In this sense, the “Nestlé” company (and its main shareholders), which used false studies to inundate the planet with its “fake milk”, must be judged for this crime against Humanity!

ALCOHOL: Wheat-based alcohol (beer, vodka, whiskey etc.) make you more aggressive than alcohol made from fruit, such as wine. You might say that beer is part of the religion in Belgium, England, and Germany. Moreover, monks greatly contributed to its popularity. Culturally, being an alcoholic is practically a requirement in many circles. If you don't drink with them, many people will denigrate you.

In France, you could say that it's wine that is part of their religion and national identity. Like in many countries, there is huge social pressure to drink alcohol.

Wine is said to be good for the heart because fewer people die of heart problems when they drink wine every day. Many doctors have been infuriated by this “terrible lie” because the truth is that it is bad for everything else. That is the case because they die of other things, usually created by alcohol. That said, I feel that consuming fine wine on exceptional occasions can be good for the body and soul*, but I may be wrong. If you drink even one sip of alcohol a day, your body becomes addicted to it and needs to have its fix every day. French president Macron says he drinks wine every day at lunchtime. So, medically speaking, he is an alcoholic. Using your title as president to promote alcohol is not at all ethical.

Of course, alcohol is a hard drug, and it is the one that causes the most death and suffering on the planet. Also, I find alcohol in itself to be a lie because you usually feel better after drinking when you feel bad. This is not the case with cannabis. If you're in pain and you use it, you might feel your pain more deeply. That will allow you to dive in and use that pain as a springboard to change your life. Did you know that 10 years of slow drinking (like one drink a day) shrinks the brain in a measurable way? It actually dries up the brain. In exceptional circumstances, especially if you're feeling overwhelmed by angst, a little alcohol can draw you out of your emotional bubble.

But you must avoid reaching the point where you forget what you've done under the influence of alcohol. Because if you've reached that point, it is simply because your body was unoccupied and something else took its place. Alcohol, like cocaine and heroin, creates holes in the aura that allow entities or mental viruses to enter the deep layers of your aura. If you listen to the stories of those who have killed under the influence of alcohol, especially in crimes of passion, most of the time they say the same thing: it wasn't them. They were possessed by something else. They hardly, or perhaps never, remember it. And it's true! They really were possessed. So the vast majority of alcoholics should have an exorcism session to remove those entities. But without THE key, it's nearly impossible.

Chinese medicine recommends not making love after consuming alcohol and especially not procreating! But in France, 80% of first sexual experiences occur under the influence of alcohol.

"Herb is the healing of a nation; alcohol is the destruction."

Bob Marley

WHEAT: The problem with modern wheat is that the seeds we have now are totally altered. That makes the hypoglycemic side of wheat even worse. Wheat contains gluten which, in a nutshell, makes you aggressive/depressive, particularly because it is ultra-hypoglycemic.

Furthermore, modern wheat is more and more adulterated, and the gluten is more and more difficult to digest. That's why beer makes you far more aggressive than wine. Some people are thought to be allergic to gluten. But the truth is that, on the contrary, they have a protective system that safeguards them from gluten. Other people's bodies don't even react anymore. The same is true for dairy products.

COFFEE: In the collective unconscious, like with wine, a little coffee every day is not only not bad for your health, but many believe it is beneficial. The internet and the media are a little too full of articles praising the merits of coffee to make it seem natural, wouldn't you say? And yet, drinking it every day really isn't good at all for the body AND mind. The simple reason is that caffeine blocks messages of fatigue that our body sends us. Consequently, the body is tired, but you continue to "overdo it". This enables you to function, but part of you is asleep and you don't even realize it. When you stop drinking coffee, you are flooded with messages of fatigue that couldn't be delivered. It's like when you reconnect your phone after a while. All of a sudden, you get lots of notifications and messages.

Coffee helps focus your attention on a specific subject, like with a flashlight that shines all the light on a very small area. The small surface is very well lit, so you can barely see the rest, enabling you to remain very concentrated. But if it becomes a habit, you can only see life through that small beam of Light/consciousness. As a result, you only see the part that concerns you, the visible part, and you forget the rest. And we often forget that it's in our interest to change things in our lives in order to meet the challenges faced by our current "civilization".

I consider coffee a hard drug, but I admit that I love it! It was the hardest drug for me to quit. But once I managed to stop drinking it for over a month, it completely changed my life for the better. Drinking coffee regularly just makes you think you are happy, but once you stop, your forgotten dissatisfactions come right back. I'm proud that I haven't drunk coffee in two months, but I may have a relapse. If I use that tremendous force for creating, and for my own personal development, then I feel that I can come out ahead, at least in the short term. But I have to admit that my physical body often pays a high price. I go into hypoglycemic cycles that take on too much importance.

As soon as I stop for more than 7 days, my body sends me tsunamis of physical happiness. I can sometimes hold on for a few weeks, and then when I no longer have the

drive to keep fighting procrastination (and precrastination), it can provide the spark to pull back from the expediency and raise your consciousness. Ideally, I'll stop after a day or two, and can stay on track without stimulants through creating, breathing* and healthy living. For me, the best stimulant is our inner connection with the force of love that seeks to give birth to Humanity within us and all around us. We may all be different when it comes to coffee, but in my case, there are certain levels of consciousness and well-being that I can't reach if I drink coffee regularly.

Coffee tends to reinforce fear (the opposite of faith) and competition between people, because it triggers hypoglycemic phases. During these phases, the body is afraid of not having enough so it produces adrenaline. This comes from the fact that, when we were animals and we got hungry, the body would send us adrenaline to be able to hunt. What's more, it makes us too dependent on using our emotional body as the reference for our moods, which is the last thing we should do if we're striving to be enlightened. Many scientists say that coffee is good for the memory.

In my case, it seems to nearly erase certain parts of my memory. And I think that's the purpose. We're projected into the present moment, like in the coffee commercials where the world suddenly starts to slow down, allowing us to see a lot of details that we wouldn't have been aware of without coffee. So I think that loss of memory is precisely what "makes us feel good". But naturally it has a lot of drawbacks... I wouldn't be surprised if it wasn't one of the factors that leads to Alzheimer's.

But it's crucial for caffeine addicts to understand that whatever we do "on caffeine" (or any other stimulant) conditions us at a deep level because it is experienced with such great intensity. For instance, if you do accounting work while on a stimulant, you'll think a lot about accounting afterwards and will tend to enjoy it. On the other hand, if you do deep breathing or meditation*, it will condition you to want to do it more often. You will associate the happiness of coffee with breathing and meditation.

By the same reasoning, it's better to be aware that if you have your first cup of coffee with the same person every day, you'll become emotionally attached to them. For our sense of freedom and well-being, it is vital to grasp that this reasoning is valid for any drug or activity that makes us feel pleasant emotions. 80% of the planet is said to be addicted to coffee! But the problem with having coffee every day is that it's the kind of powerful drug that keeps us bound to a life we don't like.

PS: avoid decaffeinated coffee, because the process of removing some of the caffeine makes it very harmful.

TEA: has the same effect on consciousness as coffee, but “in reverse”. Instead of focusing the ray of light/consciousness, it widens it. As a result, your vision encompasses more diverging points of view. Some say that this is why tea is the drink of diplomats. If you drink too much of it, however, it may become hard to make choices/changes.

KAMBO (toad venom)/ IBOGA: These are the latest fad that have also become very trendy thanks to the international mainstream press.

I admit that I've never tried kambo, for 4 particular reasons:

- 1/** To get the venom from the toads they have to be quartered...which seems like real torture to me. I wouldn't want to have it done to me or to anyone else.
- 2/** The bufo excretes bufadienolides and bufotoxins that are highly toxic. They disrupt the cycles of sodium, potassium, and adenosine triphosphates. According to Wikipedia, there have been several thousand deaths since 1940.
- 3/** Remember that the goal is to find solutions to make people more self-sufficient and concerned about the environment. Like ayahuasca, kambo requires air travel, organization, a group, all of which makes people dependent on something. Whereas mushrooms and cannabis can be grown at home all over the world. In any case, according to many “ayahuasca shamans” from Peru, it is simply not possible that the millions of ceremonies performed in the West could all be done with ayahuasca/kambo because these substances are not available in such large quantities. So, you can never know if you are really ingesting kambo/ayahuasca and/or something else.
- 4/** 99% of the people I've met who had a kambo connection were as spiritually opportunistic as they were ignorant. They were absolutely not into any kind of soul-searching. They often do it because it's exotic, like wanting the latest fashionable clothes that nobody else has. I'm sorry if you're one of the exceptions that confirms the rule. I've never taken **iboga** for the same reasons.

EXTASY, MDMA: Our bodies are real chemical factories. In short, we have a kind of pouch that contains substances to make us very happy. Depending on the event, and especially after an intellectual effort that we're pleased with, our body sends us a small reward. When you take MDMA or good ecstasy, nearly all of the pouch with the happiness substance is emptied all at once. If you take too much, the whole pouch is emptied. If you take a little more, it is the "pouch" that contains the happiness substance that is consumed. As a result, it takes some time for the pouch to rebuild itself and to fill up with the happy liquid. Consumers of ecstasy (or other derivatives), then undergo what some call the "midweek blues". These products usually last for 2 or 3 days, then you go through a period where your body is unable to make happy fluid anymore. Many suicides occur at this time. When I experimented with ecstasy/MDMA as a teenager, there were weeks when between Tuesday night and Friday I just wanted to die.

LSD: LSD is made from synthesized mushrooms. So why not take the original? Chemistry is currently incapable of reproducing what is living. It can only "synthesize" the molecular envelope of matter, the shadow of the substance, its outlines. Furthermore, to synthesize also means to "summarize". DNA is dead matter while shrooms are alive in the sense that they can connect you to the whole.

8-13 - DO NOT JUDGE**INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:**

Thou shalt not judge!

FERTILE CULTURE POINT OF VIEW:

It is crucial to differentiate between judging-appraising and judging-disapproving. One of our priorities in trying to “save Humanity” is learning to discern what needs to be changed. “Discerning” implies judging-appraising!

Knowing what you want to change and what to replace it with requires a precise inventory, an analysis of what you want to change.

Once again, religions have quite a sense of humor. They cultivate paradoxes assertively, since they spend their time judging/blaming by saying things like: “if you do this, you’ll go to hell, if you do that, you’ll lose your soul, etc.”

And then they dare to tell others “thou shalt not judge!”

Consequently, many people no longer dare to have an opinion, or to take a stand.

DEVELOPMENT & DEMONSTRATION:

In my experience, people who feel judged by others are usually the ones without a clear conscience. A good example is how quickly people feel judged when you remark that they are often active or passive collaborators in this destructive system. They hate this and hide behind the fact that you can’t judge or that you’re not spiritually elevated in being judgmental.

But that’s not productive because in the early stages of awakening we must realize that we are unwitting cogs in the huge machine of this cancerous mindset. Our souls* are on Earth / Gaia, among other reasons, to experience a world outside the laws of Fertility in order to learn **discernment**.

In other words, in order to strive for liberation, we must learn to discern when we are under the influence of the forces of Fertility/awakening or those of the sleep-inducing patriarchy.

And we must also learn to discern which dogmas, beliefs and lifestyles in our culture are in complete opposition to the Fertile mindset, conducive to self-fulfillment and diversity.

All these things opposed to the Laws of Fertile Love still serve the Guru River (Gu = Shadow. Ru = Light), the stream that goes from Light to Shadow and from Shadow to Light.

So absolutely everything in Humanity has a place and a meaning, even if it is opposed to the laws of Fertility.

The meaning of this unjust world is to develop our will
to make it more just.

SO NOTHING, NOTHING WHATSOEVER SHOULD BE
WRITTEN OFF!

But our ability to judge/gauge is necessary for our
discernment. Without discernment, we remain a slave
to others.

8-14 - GUILT**INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM” CULTURES:**

We are guilty from birth in any case, because we rebelled against God and ended up “here below”.

FERTILE CULTURE POINT OF VIEW:

In Fertile cultures, guilt doesn't exist.

We are guilty of nothing, but we are co-responsible for everything.

DEVELOPMENT & DEMONSTRATION:

The very concept of guilt is one of the biggest flaws proving that religious logic doesn't make sense. The flaw lies in the fact that if we're dealing with an almighty God who controls everything, then how could one of his children be “guilty of anything”. A child is the result of his upbringing, his environment and his soul's identity. It is interesting to note that religious people can feel guilty very quickly. This is because, by feeding religious egregores*, they are really driving the world toward chaos, darkness and destruction. So, in fact, they feel responsible and they're right.

New Age* 1.0 followers translate that into: “I'm not guilty”, but “I'm not responsible either”. “I'm a little grain of sand and it would be pretentious to believe we can change the course of things”.

My answer to that is ... A little grain of sand that's screwing up the entire food chain and natural balance ... is another way of not taking responsibility and belittling oneself, when in fact EACH OF US HAS AN IMPACT ON THE WORLD.

8-15 - CHRISTMAS**INJUNCTION IN “JUDEO-CHRISTIAN-MUSLIM”****CULTURES:**

You will eat as much as possible and have as many social relationships as possible, especially with your biological family.



(credit istock)

FERTILE CULTURE POINT OF VIEW:

The period around December 21st is highly propitious for taking stock of the past year, to take a hard look at ourselves, and make “resolutions” for the new year. In doing so, we’re going along with nature, which is also making a new start, and we can ride on that energy of renewal. To do this, eating as little and as healthily as possible allows the physical body to regenerate.

Having as few social relationships as possible allows us to focus on ourselves as much as we can. This sometimes involves taking some distance from the biological family with whom we tend to get locked into a persona that isn’t really our true self.

December 24th wasn’t set as the date for Christmas Eve by chance. Some sources even say that our inner Christ child/Life-sustaining warrior is born on December 21st. But if we stuff ourselves with heavy food and alcohol and mix as much as possible energetically just a few days after its birth, that little inner child will die. It’s as simple as that.

DEVELOPMENT & DEMONSTRATION:

The legend of Santa Claus is based on a true story that the Vatican has tried to erase from our collective memory. The celebration of December 21st by shamans and druids who healed with plants and mushrooms was so well established throughout Europe that it was impossible for people to forget it.

So the Vatican* imposed the Christmas holidays to make people forget the winter solstice celebration on December 21, and at the same time to “weigh down” energetically and nutritionally those who had gone ahead with a shamanic ceremony.

But the funny thing is that the memory of the shamanic celebration of the winter solstice remained, taking the form of Santa Claus. So you could say that modern “patriarchal” culture “hid” shamanism under the legend of Santa Claus.

The shadow did as usual:

1/Infiltrate.

2/Transform until its essence was removed in order to...

3/Keep only the form, the contours, the shadow...

Indeed, if you study the habits and customs of the Siberian and Mongolian shamans even a little, you will realize that it is a copy and paste of the legend of Santa Claus.

It is so similar that there is no doubt about it...
Except for the “living dead” of course... LOL!

Indeed, like Santa Claus, Siberian and Mongolian shamans:**1/ Delivered their mushrooms for the December 21st ceremony in reindeer-drawn sleds.**

The mushrooms and their teachings were the gift the shaman offered to the members of the tribes/villages for the winter solstice. A gift to strengthen each individual's inner connection and also to heal the group.

2/ They entered through the chimney of the yurts which are wide enough to let someone in. There's a lot of snow at this time of year in these regions, and they don't clear out the first 2 meters. So, since the door on the side is blocked, you have to enter through the chimney. That answers the question asked by children wondering how Santa Claus gets in through such a small chimney!

3/ These mushrooms often grow at the foot of fir trees between seasons or in summer.

To be able to transport them and keep them for several months, they dried them “in the arms” of the fir trees' thorns. Depending on their stage of maturity, Amanita Muscaria can be white, red, or red and white. As some species of Amanita Muscaria mushrooms are golden, and even blue, it created very colorful fir trees. This is where **the custom of putting baubles in trees** comes from. What's more, white mushrooms with red spots are still often found in Christmas decorations.

4/ If they couldn't dry them outside, for example in case of rain, they dried the mushrooms in socks that they hung near the fire.

8-16 - MEN'S SUPREMACY OVER WOMEN**INJUNCTION IN "JUDEO-CHRISTIAN-MUSLIM" CULTURES:**

"Submit to one another in the fear of Christ. Let women submit themselves to their husbands as to the Lord; for the husband is the head of the wife as Christ is the head of the church."

(Ephesians 5:21 ff.)

FERTILE CULTURE POINT OF VIEW:

In Fertile cultures, women, men and children have equal rights.

DEVELOPMENT & DEMONSTRATION:

2,000 years of male domination have proven one thing: men are not fit to rule this planet. It may be regarded as a total failure.

Women are often said to be the weaker sex, but I don't agree in the least. Men seem weaker to me because they are more easily corruptible, especially with sex.

I could have started with this chapter, but I find the subject so obvious that it's pointless I'm not going to expand on it. **EXAMPLES**

OF OTHER CORE PRINCIPLES THAT COULD HAVE BEEN DEVELOPED...

"Not speaking in his name"; "Sedentarization"; "Not being naked (modesty)"; "Turning the other cheek"; Eating cooked food; the importance of **eating raw food***; an apologia for poverty, for accepting being small and not terribly important. There's enough material for an encyclopedia! This book is only a key. Now we need to open the door and walk through it to create a fertile new world.





CHAPTER 9

**PROBABLE MESSAGE****PROBABLE MESSAGE FROM THE INTER-DIMENSIONAL ALLIANCE
OF FERTILE CULTURES OF THE GODDESSES**

This is not channeling, and the text solely reflects my own views. However, it is what I believe to be the message from our eternal Fertile Family for us future humans. At least, that's how they speak to me. These are elements brought back mostly from several psycho-shamanic ceremonies, a sort of puzzle made up of several conversations with beings from other dimensions over a period of 35 years. But I still have one foot in each reality. So what I write cannot be taken literally. There are probably errors due to misunderstandings on my part. In addition, our vocabulary isn't rich enough to talk about "the other side of the mirror". Perhaps some of this is just a figment of my imagination. Only time will tell.

This is a Message to the People of the Earth.

We have the most wonderful news to tell you:

We are taking over your planet in order to save it and deliver the souls* who desire it from this tyranny of ignorance and injustice.

"We" are an Alliance of several life forms in different dimensions.

"We" are united under the flag of the Fertility Culture that we are bringing to all of creation.

"We" have given allegiance to this flag and this culture because we know that the only way to be as free as possible is to live in a Fertile culture.

"We" are the armies of the Goddesses, the Great Mothers of creation and the Gods who serve Fertile culture.

But at the same time, we don't like to use the words "Goddess" and "God" because they distance us from you. In fact, we are not so different. It is more accurate to say that we are your family, your brothers, sisters, mothers, and fathers, etc. You too are a creative Divinity with almost unlimited powers, but for the time being, you have fallen asleep, even if some of you are sleeping with one eye open.

The time has come for your planet to return to the full Light of Fertile Consciousness.

The proof that "we" are the ones you are waiting for is that we are bringing you THE KEY.

The Key to understanding why you live in such an unjust and destructive world.

The Key to understanding what needs to change in your world to get out of this spiral of self-destruction and create a truly Humane Humanity.

The Key that answers the question that many are asking: if there is an invisible force full of love and justice, why doesn't it intervene?

Some understand that we are here to save Earth and free souls from an invisible dictatorship that is doing everything to keep future humans in ignorance and self-destruction. To you, we promise that we will do everything possible so that all forms of life on Earth can live under the best conditions. We promise to turn this planet into a paradise. No one will be punished, and everyone will get a new start. Work will no longer be compulsory, and everyone will have a decent place to live and high-quality food. We will respect everyone's beliefs and religion as long as they don't force anyone to follow them.

Those who so desire will receive an education to help lift them out of the ignorance that has brought you to this stage of self-destruction.

The priority will no longer be economic growth, but the growth of the consciousness and well-being of every living being.

But please understand that this will lead to changes in everyday life, since we will make a 180-degree ecological and social turn. Our goal is simple: one year after we officially take power, we must reach the stage where all the main sources of pollution have been eliminated. But the clean-up of the planet will also have to be very advanced. By that time, every human being must have a decent place to live, high-quality food and access to an education composed of truly useful and fertile knowledge.

To those who are fighting planned poverty, we say: “Take heart, soon all these injustices will no longer exist”.

To those who have money we say: “This is not a war of the poor against the rich. Don’t worry. Private property will not be forbidden. You can continue to live freely in your homes. There is enough wealth on this planet for everyone. But at the same time, please understand that you will not be allowed to consume more energy and pollute more than others”.

Some will see us as invaders coming to take their “freedom”. To those people we say very clearly that you were not free, and the proof is that every day you are destroying the present and future of your own children more and more even though you love them. If you do this consciously, of your own free will, then it would mean that you were deeply “destructive” people.

But the truth is that beings whose nature is destruction simply do not exist.
It is all about cultural conditioning.

However, if you persist in this “legitimacy” of destroying everything, because you feel it is your planet, then know that you have been caught in the act of trying to eradicate all life on Earth. So, we advise you to plead “not guilty”, by recognizing that you are simply “possessed” by a force driving you to self-destruction. From our point of view, if you recognize that you need to be healed, to be “exorcised” in some way, then it means that you can easily be healed.

To those who refuse our rightful takeover of this planet, we will tell them that this planet is not theirs. It is also home to many forms of life, many of which you have already

exterminated. You have shown that you cannot be trusted to protect it. Yet your true nature is to be defenders of Life, not destructive vampires. So we're taking over the planet in the name of common sense, but also in the name of all animals and children, who can't defend themselves.

We have the right to take power over your governments and, through them, over you, because your recklessness drives you to self-destruction. You could compare this to a 4-year-old child holding a machine gun. You would take the machine gun away from him to protect him and others. Furthermore, you are not knowledgeable enough to do it on your own.

The Corona shows that most future humans are not able to think for themselves or question things. They can be considered young souls* who need guidance, so they might as well be guided by beings who wish them well.

But in addition to the near total amnesia regarding the ability to question things, there is the fact that your culture has almost no knowledge of the invisible worlds. This puts you in the ranks of underdeveloped cultures because everything originates in the invisible worlds. So, we could summarize by saying that you are going from a dictatorship of injustice, lies and destruction, to a Kingdom of justice, knowledge, and evolution.

To do this, we are going to transform this planet into a huge school to teach individuals how to be as free, self-sufficient and at the same time as supportive as possible. These schools will allow all souls who wish it to rise up quickly through the stages of awakening and to develop their psychic powers, such as telepathy or being fed directly with life energy and hardly needing any solid or liquid food. It seems to me that is what Hippocrates really meant when he said, "Let food be thy medicine and medicine be thy food."

There is no "magic wand" to awaken someone. With assistance, the process can be relatively fast. But it cannot go too fast. Otherwise, the soul breaks the thread during the building of its inner temple and gets lost in a way. Practically speaking, this means that it loses its memories, which is a great loss for the whole of creation. Indeed, experiences – and the information and knowledge that come from them – are one of the most important things in creation.

Knowledge helps to develop the powers needed to support creation and have relative autonomy. "Before", when the Fertility families had not yet found a way to "keep the memories" during periods when "consciousness is asleep", each soul and each civilization somehow lost their memories and their knowledge with each cycle. It was necessary to start all over again and often make the same mistakes. But some souls found a way to "keep the knowledge" and somehow send it to the next generation so they would not make the same

mistakes again. And you – the future humans – are this next generation of souls ready to receive that knowledge.

Furthermore, we cannot let your “anti-civilization” go any further because, in short, the final goal of “those leading you” is to lock your souls* on a kind of “USB flash drive”. This would cut you off from the cycles of Life. That is the dark forces’ long-held plan. They are trying to cut the soul/spirit* link to take souls out of the cycles of Life and prevent them from returning to the worlds of Fertile Love, where their spirit resides.

That way, they hope to live in a world where the armies of fertile light will no longer enrich their fruitless projects. If this were to happen, the end result would be the total recycling of this civilization and the loss of individual and collective memories. But it will not happen... And that should fill you with the greatest joy you have ever felt because most civilizations self-destruct before reaching their maturity.

So be aware that you are not alone in creation. Even in your “reality” there is more life in the unseen and unheard than in the visible worlds. It is important that you prepare yourself to see and hear things that defy the laws of reality you were taught in school. This preparation is important so that your intellect and consciousness are not overly shaken up.

The more you convince yourself that there is life in the invisible worlds, the better you will improve your inner connection with the Whole and therefore with those invisible worlds. This is necessary so that your soul can one day regain its true nature. So start getting used to the idea that you're never alone! There are invisible beings around you all the time!

However, don't think that all souls will one day find their true nature. The belief that one day every soul will awaken is a fairytale that some people tell so that people will accept injustices and postpone their awakening. The truth is that it happens in the same way as in nature, where a tree has to sow many seeds for one to grow.

But if each seed is taken care of individually, then most of the seeds can mature. And the fertile culture that will gradually take hold on Earth is the only one that will allow a maximum of souls to “awaken”.

As long as you don't make soul-searching and your evolution a priority, you will remain stuck in cycles of reincarnation which have the major flaw of making you forget almost everything from one life to the next. In contrast, the culture of Fertility allows souls the utmost “fertilization” so that their memories do not die when they change “vessels”.

Be aware that there is no struggle between the family of Fertility and the “patriarchal” family of Stagnation. Without these two balancing forces, the cycles of Life could not exist. But that doesn’t stop each of these families from doing what they feel is right to keep or attract souls to their “side”. In other words, there is a competition that is quite healthy. It could be compared to a great waltz of two whirlwinds of energy dancing together. But both have their way of loving. For instance, the so-called patriarchal family accepts all souls*, while the family of Fertility only accepts souls that respect its laws.

If all goes according to plan (it rarely does), within a few months/years, those who have political and economic power on this planet will receive an ultimatum. They will be warned that we have a mandate from something we might call the “inter-dimensional forces” that allows us to stop a civilization in progress if it endangers a planet. You should be very happy about this, because without this intervention, it would have been a tsunami for everyone, as the Earth will soon reach its limits.

“The spark” will occur either if the ultimatum is not obeyed (this will probably be the case) or if Earth’s armies attack us first. Our army is made up of beings from several different dimensions and, as such, we have weapons that go beyond the physical laws of what you believe to be “your reality”. So there will be no war, per se, because there will be no need for it. Once we have convinced those who run the world’s armed forces that we can stop bullets and send them back at their senders, and once we show them that our family can blow out an atomic bomb like you blow out a candle, I can promise you that there will be no need for combat.

The most important advice we can give you is to “set your soul in motion”. You must do an inner scan every day to find out where you are going wrong and to correct it. You need to drop the idea that there are good and bad deeds. Instead, allow yourself to put yourself at risk “emotionally” by experiencing things you dream about but are afraid of. Dare to step out of your habits, not to plan everything, and dare to make a decision at the last minute. Take care of your physical body by doing your utmost to avoid all chemical products and by limiting electromagnetic pollution as much as possible.

Live as close to nature as you can, avoid synthetic clothes, walk barefoot often, do slow, deep breathing* sessions (lying down) for at least 40' per day. This will gradually lead you to breathe fully all the time. If you are not breathing deeply, your Being of eternal Light simply cannot stay in your physical body. It suffocates! Consequently, your consciousness can only pass through /transcend you long enough to provide an idea or a new impulse.

The people you spend the next few weeks, months and years with will be crucial. “Tell me who you associate with, and I’ll tell you what worldview you’re serving”. Of course, it’s not easy to find people who will help us improve our “connection” but try to understand that it is better to be alone than to be in bad company.

If you spend time with too many people who have NOT made this choice of tending to Fertile Culture, or at least in the mindset of “constant evolution”, then they will pull you down. It is a physical law that you cannot escape.

What happens to your soul* will depend on the energetic state you are in. In your outlook, is your evolution an absolute priority? Or are you looking for security, settling down, finding entertainment, and sticking with your habits? Live as if the coming months were your last months to live. This is not the case, because all consciousness is immortal, but it is an effective way to get on the upward current of Fertility.

There are two big “families” in the majority in creation. Very ancient pre-patriarchal cultures called them the Nazirs and the Hebrews. These represent two very different mindsets and cultures, quite opposite in everything. The Hebrews I am talking about have nothing to do with the Jewish religion. Their cultures are diametrically opposed.

THE WORD NAZIR MEANS “PRINCE”

Nazirs dream of living like princes. They want the same for their loved ones. They are rather sedentary, they like stability and one of their priorities is reproduction, through which they want to leave their mark on Earth. The culture they live in has the particular feature of redirecting their inner connection to the outside.

As a result, their attachment to others and their need for recognition from their fellow humans are essential in making them happy. Their consciousness is generally centered on their emotional body and on the collective unconscious that binds them to each other. This intensifies their focus on the outside rather than “on themselves”.

Consequently, they are not sustained by their own vital energy, which drives them to dominate others to take theirs.

To do this, they create hierarchies wherever possible. The boss dominates the employee. The employee dominates his partner (male or female). The man dominates the woman. The woman dominates the children. The older children dominate the younger ones. Future humans dominate animals, etc. Since they do not have a strong enough “inner connection”, their education is focused on how they should behave in this or that situation. Rote learning is essential for that.

Their healing system is limited to numbing the pain of the body and soul*, which can no longer stand living in an environment that is unfit for their creativity. They have invented all kinds of chemicals and/or energy techniques that disconnect people from their pain. But pain is a cry of the suffocating body and soul. As a result, almost all Nazirs die of disease. The souls of the Nazirs change bodies (envelopes) before they have time to find out who they really are.

Nazirs like to be carefree. To do this, they need to believe that others are taking care of them, and that they can't really control their destiny. They want to live like princes, but not like kings and queens, because that would mean too many obligations. The Nazirs constitute the majority of Earth's inhabitants.

Because their lifestyles are contrary to the logic of Life, they must live part of their lives in lies. This means lying to others and lying to themselves. Nazir children are at their parents' service, while among the Hebrews, it's the parents who are at their children's service, in the sense of serving future generations.

THE WORD “HEBREWS” MEANS “THOSE WHO HELP TO CROSS OVER TO THE OTHER SIDE”.

The “Hebrews” to whom we refer here have nothing to do with the Jewish religion. Their culture is diametrically opposed. The word “Hebrew” existed before the Jewish religion. Their priority is evolution through daily soul-searching. While Nazirs seek security in stability, Hebrews feel the need to constantly look for where they've gone wrong in order to evolve. For them, the search for security by not changing is deadly.

From their viewpoint, a soul that no longer evolves is a “dead soul”. Souls can be compared to water. If they stagnate, they rot and that is the path to self-destruction. Given that mindset, travel is part of their way of learning, and they tend to be nomadic.

Working on their inner connection in order to have no stronger attachment is one of their other priorities. This makes them self-sufficient and at the same time supportive. Their goal is memory immortality, i.e. keeping their memories after a change of form or envelope.

They are not at all obsessed with reproduction. They reproduce only when the conditions for raising children are ideal. They want to mark their time on Earth with their “psychic” imprint, playing their role as warriors of Fertile Love.

Instead of being based on rote learning, Hebrew education is centered on thinking skills, on the importance of finding the right questions and on logic. For them, the concept of carelessness is a lie, for they consider every living being to be co-responsible for every unnecessary suffering in the whole of creation. They accept this responsibility as the knights’ oath of life or death. Their culture/lifestyle is one of Fertility.

At this point, every future human being on Earth has a Nazir part and a Hebrew part in them. One could use the metaphor of two different energetic envelopes for this. But some souls are here because they have renounced the laws of Fertile Love to live in a world free of those laws, while others are here “undercover”. They are like “sleeper cells” waiting for the signal/spark to play their role.

If you are reading this, there is a good chance that you too are a “Cosmic Hebrew”, a soul* guide. Maybe you too have often felt like an alien on this planet. Maybe you too have often told yourself that this is not your world, that you are not like most people here. Well, the good news is that you’re not crazy.

It’s the world around us that’s like an open-air asylum where the sickest people are in positions of power. So, everything you’ve felt since you were a child is right... And there is no need to suffer, on the contrary... You will have more patience with the sleeping ones if you take them for what they are: young souls and/or ones that are sick because they no longer want to feel their own suffering. If you thoroughly absorb this obvious fact, then you will realize that what you are living is simply the most extraordinary, most hoped for and most eagerly awaited thing... For your soul and for all living beings... And that if you go deep inside yourself and breathe deeply enough to nourish your cells, you will feel a real orgasm that will lead you to surf on the wave of the Ascension of Humanity’s level of consciousness.

But it is important for you to know that many of the warriors who have come to “save the Earth” have fallen into the trap of matter. You can recognize them because they are in “relative intellectual” harmony with fertile culture, but they can’t manage to “reach for” it. The reason is that they are addicted to the “sleepers” like one would be to heroin. They need

to spend time with them to get their sleep-inducing energy fix but also to shine compared with their ignorance. It makes them feel better to be around sleepier souls. They have made the ultimate sacrifice of coming to this reality to “save souls”. But they have run the risk of getting lost along the way and that is what is happening to them. Some of them will not be coming home for a very long time...

But be wary of them because, even though they were once our brothers and sisters, they are unconscious “Trojan horses”. They make it seem like they have the same values and dreams as you, but in fact that is not what they choose. Some call these souls “double agents”. So don’t just listen to your feelings/emotions.

Observe what this person is really working toward in the here and now. True warriors put their lives and comfort at risk to protect Life.

The planet and your solar system are traveling through the universe. You are entering a zone of high consciousness. The planet will come under the protection of the family of Fertile Light in any case. The only question that should weigh on your mind is, “Do you want to join the family of Fertile Light or would you rather stay in the family of Nazirs?” At your stage of evolution, your Freedom is limited to these two choices.

In both families, some souls take advantage of this very rare opportunity to “switch sides”. So these intermediate periods of reconnecting are conducive to “soul” migration”. Outside of these times, it is extremely rare for a soul to awaken while living in “stagnant/patriarchal” cultures.

For in “patriarchal” cultures, everything is thought out and calculated so that the soul does not awaken. Certain beings succeeded because they cut themselves off from the rest of the world for a time.

Everything that has happened with COVID has been staged so that you understand how dangerous the sleepy and ignorant really are. It doesn’t matter how warm or even how nice they are. I hope you realize that, for most people, those who question the government’s version should be imprisoned. And if the “Corona Circus” continued for a few more years, most would agree that they should be killed.

They are often sympathetic on the surface, but deep down they are willing to destroy the world to avoid questioning their way of life... They claim to put children first, but it’s just the opposite. They sacrifice the future of the children they claim to love in exchange for a little material and emotional comfort.

Those who believe that “all is love” on Earth must get out of their nearly insane denial because it is the opposite; love is very rare on Earth... And if you are one of those who find that there is a lot of love on Earth, then it is because you are suffering so much from the state of the world that you have gone into denial. Denial is a psychic illness that emerges in the face of a reality that traumatizes us. It is a very serious illness because it can lead to losing one's soul.

Unconsciousness is a kind of energetic virus.

It is necessary to minimize contact with those who are most asleep so that Humanity's level of consciousness and our own can soar.

Your ties with the sleeping ones are like the ropes that keep hot air balloons from flying away.

So, in order to save the planet, the agents must no longer have any position of responsibility. There are two ways to do this: either the agents go off to continue their cycle of reincarnation in sleep-inducing cultures, or we supervise and cure them.

Let us be clear that we prefer to keep everyone. It will depend on what happens in the months and years to come. Events rarely go as planned. Also, in order to supervise them, we need enough people to join the Fertile Light family as soon as possible... There is going to be a lot of work and, for that, we need beings who are preparing themselves now.

So, if there is one being who can make a difference, it's you.

The choices you will make in the weeks and months to come, and especially your energetic environment, will determine your existence for a very long time... Do you want to know who you serve?

Ask yourself what the long-term impact of your main activity is (work, hobby, passions, etc.) and observe who you spend time with on a daily basis, who the people are that enter your aura and what their values are..

For those who try to stop us in any way, know that we will try not to “kill” you. Instead, we will put you in a dream chamber where you will be immersed in a sort of interactive Video program. You will come out either when your protective warrior soul* has proven itself or when we are ready to heal you. But either way, we can't heal everyone all at once. And it is

impossible for us to heal a soul against its will... So, as they are dangerous, we'll keep them busy by making them dream...

What's more, we cannot kill you because from our point of view, death as you conceive it does not exist. With training, the soul can change "form" while keeping the essence of its personality and memories.

It will be difficult, if not impossible, for some to understand that you really "worship death and suffering". Through this worship, you behave like what you call "death". The richest murder the poorest just by being passive. You have imposed a life of suffering on billions and billions of animals whom you treat with no humanity. Most of your choices in life are made in relation to this death.

The death penalty may seem capital to you, but there is something much worse: the fact of kidnapping a soul* through lies, because it can have consequences over "several lives"...

With this line of reasoning, the most dangerous are the professional liars. That includes the false healers of all kinds. We don't want to punish them, but we no longer want them to exercise their deadly influence on others. But we will not stop there. What we call "false healers" are all those who do not primarily address the psychosomatic and environmental causes of disease.

As a result, doctors who fill people with neuroleptics and all kinds of chemicals will also be targeted. But it will also affect those who sell legal/illegal chemical drugs, false shamans, in short, all techniques that do not heal in depth by not encouraging the person to re-evaluate their life.

False healers of all kinds should be considered agents because they are the "gatekeepers". People trust them to help, but they do the opposite: they push them down. We judge the tree by its fruits. And the fruits of those who numb our suffering instead of facing it are rotten. Denying that people are in trouble from feeding a system that is destroying everything has brought your planet to the brink.

The COVID crisis has enabled us to scan society, in order to put names on those who are the most manipulable, the most unconscious and therefore the most dangerous. This can be compared to certain machines that help us to identify cancerous cells in a healthy

body. Isolating these souls for a while is necessary because we need to protect children and the other souls from the energy that inhabits them, which is extremely contagious. But we will do it in the most respectful way possible.

The shadow warriors of today have the capacity to make excellent warriors of the Light tomorrow. Healing the sleeping ones, those who have not taken a stand, is often much more difficult if not impossible. In order to heal them, they must want it themselves.

So, to join the Fertile Light family, you have to be in full agreement with our plan for 3 simple reasons:

1/ We don't have time to argue with 8 billion people.

THE EARTH IS OVERFLOWING, and children are starving and being abused every day... WE MUST TAKE ACTION WITHOUT DELAY! For example, on the first day of our official takeover, many industries will be closed temporarily or permanently. Soldiers and policemen will finally be loved because they will really be there to help people. The armies of the world will be sent everywhere to feed the hungry.

Our goal is to end most sources of pollution and social injustice within a few months. Country's power will be delegated to the regions. In countries like the United States, the majority of the federal powers will be delegated to the states.

The current UN will be transformed. Most of those who work there will be considered agents and replaced by militants as well as by NGOs with a proven track record.

The UN will take control of all the armies on the planet. It will monitor the regions so that they respect the social, ecological, and educational pact.

We will organize huge forums where everyone can give their opinion and propose solutions. People will be able to vote to elect those in charge of the regions, but agents will not have the right to vote. These "democracies" will have their limits because, whatever destroys the planet for future generations will no longer be permitted. The well-being of children and other life forms on Earth will be given absolute priority.

Another reason for not asking 8 billion people's opinions is that humans do not have the knowledge required to really understand what the problems and solutions are.

They are comparable to newborns who are still blind and deaf. They simply do not perceive reality as it truly is.

2/ It took several years to bring together warriors of several species and dimensions.

We have signed agreements with “the blood of our souls”.

3/ Everyone has agreed to this plan. If the necessary changes on Earth are not carried out as planned, the forces representing other dimensions of Life will not get involved and we will not have access to their “multidimensional” weapons. Only they can bring us victory with minimal – and hopefully no – collateral damage.

But if our plan doesn't work, if, as is often the case, there are unforeseen circumstances, especially if people react less well than we hope, then some souls will simply have to leave this reality.

We won't hide the fact that it would be much easier for us. But we know that each of these souls could contribute a lot to the future of humanity. From the viewpoint of Fertility culture, there is no waste, nothing to throw away. But if we don't succeed in carrying out our plan, these souls* will leave Earth to allow Humanity to be born. They will continue their cycle of reincarnations to experience a world outside the laws of Divine Fertility, but elsewhere than on Earth/Gaia, because she has had enough of sadomasochistic culture for an eternity at the least.

And finally, one could hypothesize that the whole planet will gradually be put in rehab, like for heroin addicts. The comparison is apt because the power of addiction to the sleep-inducing network and its “patriarchal” culture is even stronger than to heroin, despite the latter being a champion in that arena.

One last piece of advice! If you meet a medium, a guide or any being (visible or invisible) who claims to have messages from us, it is very easy to know if you are dealing with a real connection or a double agent: you need to find out if he knows the difference between a culture that leads to the Light and the one that leads to the shadows. You will see that the vast majority do not know that so-called patriarchal culture is a sleep-inducing one which often leads to the “death of the soul”.

The reason is that most mediums/shamans/healers connect to a kind of false divine world that some call the astral*. There they meet false ambassadors of the Light who pretend to be Jesus, Mohammed, Buddha, and others. But they are really astral double agents.

To connect to the worlds of higher consciousness (which some call divine), one must go beyond the astral, pass through one's inner hell and go through the filter of "death". And that is only possible if one agrees to cut all links with the sleep-inducing (so-called patriarchal) network.

The difference is huge because most of the deities prayed to by followers of religions and new age* 1.0 are sleep-inducing forces that want to keep future humans as slaves. And that is one of the reasons why things continue to get worse despite billions upon billions of prayers for a more just world.

Even so, religious people should not feel excluded. What matters is not our official label but the values we serve. Many people who call themselves followers of one of the official religions actually worship in their hearts the mindset of so-called pagan or fertile religions.

We would like to believe that most people who call themselves religious pray for a more just, more tolerant, less destructive world, where love, justice and respect would be at the heart of everything. On Earth, you can't trust the labels people use for themselves because, in general, people paint a portrait that is the opposite of who they really are.

Absolute evil does not exist, but you have still managed to create hell and the devil in your heads and in the astral. The supposedly unique God that you pray to does not exist in absolute reality. No one can create by himself! But by giving him attention, especially by praying to him, you have created a monster that feeds on suffering and cruelty.

We advise you to be extremely respectful with your fellow human beings who are trying to save as many souls as possible. If they give up, then there will be no one left to lend you a hand. Forget everything you have learned and become a personality "in motion", always ready to learn, to recognize mistakes and to try again with perseverance. Nothing happens without perseverance.

It is not the fact of being a believer or an atheists*, likeable or antisocial that makes us human beings. What makes the difference is what we nurture and that includes "who" we nurture. What are the people to whom we give our love and energy serving? What will our overall footprint on Earth be? Have we pushed civilization further into the abyss or have we tried to use our influence to give it a better chance to be transformed into a worthy Humanity?

Will we continue to evolve, to improve, to look for where we have gone wrong? And if we are not satisfied with the answer, the time for change has come.

What we are experiencing is not the end of humanity
but its dawning.

Everything is just beginning.

Don't forget that we are present all around you.

We can even hear most of your thoughts.

We are ready to help you,
if, and only if, you dare to take the first steps by
yourself...

It is only when you give up your old life that the new
one will appear.





CHAPTER 10

**PRACTICAL ORGANIZATION FOR BRINGING
OUR HUMANITY INTO BEING****AGENDA FOR A STEP-BY-STEP REVOLUTION**

Please come and share your ideas and/or debate these proposals (constructively) at:

www.FertileRevolution.org

The proposals in this chapter do not concern culture/community/individuals who are living according to their traditions, in harmony with nature, or who enjoy relative self-sufficiency.

The basic idea is to make people, communities, and cities as self-sufficient as possible with regard to food, energy and medicine. To do this, we will draw on a core idea from May '68: you stop nearly everything for a year and you reflect!

During that year of reflection, forums will be organized so that everyone can give their opinion about what should be done, and how. A lot of polluting factories will be closed. The employees will still be paid. They will reopen if/when they can manufacture in an environmentally sound manner.

If we leave the financiers and the oligarchs in power, it will be the end of the world. So the only way to take away their power is to take away their money, leaving them just enough to live comfortably. What we are experiencing proves that when you have too much money, you lose your sanity! Nearly all the funds stuck in the financial world will be confiscated for this transition. The financial world will disappear because it is useless.

We may keep the right to own private property for whatever involves homes and objects (real and personal property). However, natural resources such as water, food distribution networks, energy such as gas and oil, cannot be privately owned or managed. The same is true for money and banks, which are a way of managing natural resources and facilitating how they are shared. They absolutely cannot be in the hands of private interests. The same goes for non-profit companies, which will be "nationalized" at the UN level, as well as GAFA, everything involving information technology, banks, finance, arms, energy, medicine, etc.

Even if it is absolutely necessary for our civilization to be transformed as quickly as possible, we must NEVER sink to fascistic extremes by people who reject fertile culture.

The central power must leave individuals as free as possible, and only intervene when their freedom or their physical or psychological integrity are in danger. This includes that no person, of any age, be hit or humiliated, and that everyone may live with dignity. If people want to hurt themselves, for instance by eating unhealthy food or having bad energy hygiene*, that's their choice. But they can't harm others, or Nature, which includes children and animals. These proposals are quite incomplete and some of them undoubtedly need to be corrected.

1/ THE ECONOMY.

- > Depending on each country's purchasing power, minimum salaries, pensions and unemployment benefits will be the equivalent of 5,000€/month in France. Income will be capped at 25,000€/month.
- > There will be no more taxes for individuals who earn less than 6,000€/month.
- > Water, gas, electricity, and petrol will be free but people will be entitled to only a limited amount per year. Air travel will NOT be counted because we will make it easier for everyone to travel so they can discover continents and cultures different from their own.
- > All public transportation will be free.
- > Most individual and community debts (including countries) will be cancelled.
- > All stock exchanges will be closed. Stock prices will be frozen. Buying or selling stocks/bonds and all financial derivatives will be prohibited. Small shareholders will be reimbursed but not the others. Since the amount of money tied up in different financial products represents a year (or more) of the planet's GDP, each country will receive one year of its GDP for social issues and the energy transition.
- > Personal fortunes will be limited to 3 million euros. If people live in houses worth more than 3 million, they can still live there until they die. But they cannot sell/rent it or give it away as an inheritance. On the other hand, land will be limited in size and each person will only be able to own one place to live.
- > Since owners of several homes will only be able to keep one, many of these will fall into a "shared pool". It could be decided that these living quarters rented for more than 5 years by the same person would therefore become the property of the tenant.

- > Inheritance will no longer be taxed.
- > The very principle of lending money for interest will simply be forbidden, as recommended by nearly all religions, which employ a very telling word for this: “usurer”... They indeed “use up” the world.
- > We will enter a one-year transition period. During this period, some non-essential things will no longer be available. Culture, education, health care and the arts will be considered indispensable. However, each individual will need to understand that there's a shortage of raw materials and energy, and most luxury products will therefore no longer be manufactured and operations such as cosmetic surgery will be reserved for emergency cases (accidents, birth defects, etc.)
- > We will create and develop all the recycling channels as well as the concept of “repairing appliances”.
- > All car manufacturing plants will be shut down. Likewise for other products such as cell phones, TV screens, luxury goods, etc. Some will resume when they are ready to build “green” equipment that can be repaired and is designed to last.
- > Many companies will be declared public-interest entities and will therefore no longer be owned by their shareholders. Everything that has happened with COVID proves that such tools cannot be given to the “private sector”. They will be managed by the UN, the majority of whose current staff will be replaced. This will be the case for companies such as Microsoft, Facebook or Google. And also, all those that sell natural resources such as oil, gas, minerals, wood, water, etc... And we must not forget the food industry, petrochemicals, insurance companies, banks, arms manufacturers and of course ... pharmaceutical companies. There will also be a large number of companies such as the traditional media that will belong to their employees rather than their shareholders.
- > Most of the money hidden in tax havens will be confiscated.
- > All money that has passed through tax havens and/or TRUSTS (or any similar financial corruption) will be confiscated.
- > All patents that are in mankind's interest will be lifted. This naturally includes the shameful patenting of seeds.
- > Individuals who have over a million euros in assets, and who have done nothing of consequence to make the world a better place, will pay an “indifference tax”.

- > Salaries will depend on a job's level of hardship, and on supply and demand. Those who work in the film industry, popular music stars (etc.) have pleasant and rewarding jobs. It's fair that they should not earn more than 15,000 euros, for the biggest stars. On the other hand, for those who work in jobs that few people want to do, such as collecting garbage, doing assembly line or construction work, it seems fair to pay them the maximum, i.e., 25,000 euros/month.

2/ EVERYDAY LIFE.

- > Everyone will be required to engage in self-criticism on a social network dedicated to that end. We could “nationalize Facebook” for this purpose. Those who have beat children will also need to list all the blows they remember. Naturally, the same goes for sexual abuse. Those abused will be strongly encouraged to name their sexual abuser because any unnamed ones could do it again.
- > No more sending satellites around the Earth without agreement by referendum. Dismantling of the Starlink satellite network.
- > Anyone in jail for drugs and not involving violence will be released from jail.
- > The UN (rid of all its corrupt employees) will control all the world's armies and will make sure that each region progresses toward respecting the dignity and freedom of each individual, respecting Nature, cleaning the planet and in the battle against ignorance. The military will protect endangered species.
- > There will be referendums, but in order to participate in them, you will have to show that you possess a minimum of knowledge on the subject. However, the constitution, that is to say humanity's priorities, must remain evolving toward a more humane, fairer and freer humanity where each individual can develop his or her special abilities, whatever they may be. All decisions must allow future generations to inherit a viable planet.
- > Those injured in demonstrations will be granted the same benefits as soldiers injured in combat.
- > Hitting a child, an animal, or any living being will be considered a very serious crime.
- > All public parks will be open (1 hour before sunset and 2 hours after sunrise) for those who wish to camp there. Public showers and toilets will be installed.

- > Permission not to have a fixed abode, but to be registered as a “nomad”.
- > A series of laws will be created regarding “deceitfulness” and those who come up with tricks to circumvent the law. These laws will have a retroactive effect, i.e. they will be applicable to past acts.
- > Only those who were activists for a more just and ecological world will occupy positions of responsibility/power. They will have to ensure that everyone has a decent place to sleep/live, even if it means requisitioning hotels and empty houses.
- > Parental leave will be extended to 7 years for both the father and the mother and it will be mandatory. During this time, they must be constantly available when the child needs them. This will come before all other activities. Raising children is not something you can do part-time.
- > When people decide to have children, they will be required to take courses to learn the basics of psychology, education, nutrition, etc.
- > All cities with more than 5,000 people will have to offer 3 free organic/vegan meals a day to everyone who wants them.
- > When a man ejaculates inside a woman's body without both partners having decided to conceive a child, it will be considered rape.
- > Nursing homes will be coupled with homes for orphans and other structures that take care of children.
- > Requisition of all buildings that have been empty for over 12 months except in emergency cases.
- > Creation of a Ministry of Mobility that will take over all car rental companies to offer a car sharing service on a global level. In the medium term, the idea is that there will be almost no individual cars except in isolated places where this system cannot be organized.
- > Regarding the Internet, the whole system will be configured to prevent using it with a pseudonym. In other words, being anonymous on the net will no longer be possible. Everyone will have access to everyone else's emails, text messages and call records. This is necessary, otherwise those who can afford the services of specialists will still be able to spy on others.
- > We will return to cable connections for the internet (with exceptions such as GPS). Wifi, and 3G, 4G, AND 5G connections will gradually be abandoned.

- > Religions will be allowed but they cannot be used to constrain anyone's freedom. Religious authorities will not be permitted to have power over their followers.
- > Priests/imams/rabbis/lamas and other so-called spokespersons of the Divine will no longer be allowed to stay alone with children under the age of 18, unless they are their own. Circumcision and female genital mutilation will be banned. Religious schools for children will be closed and all religious education outside the family sphere will be prohibited for those under 18. Parents will not be allowed to impose a religion on their children if they do not want it.
- > The Vatican* will have to answer for crimes against humanity as a state, open its secret library to all, and confess all its lies... However, the Catholic religion will still be allowed. The hope is that most religious people will adhere to the concept that their hierarchy has taught them a false version of Christianity, Islam*, Judaism, Buddhism* and Hinduism.
- > Video games in which people are killed or mistreated will be banned.
- > However, while many things and substances will be banned from production, they will not be banned from consumption. We want a world that is as free as possible. So if people want to destroy themselves, that's their right as long as they don't take others with them. So, nothing will be prohibited for consumption by people over 18.
- > Return to the lunar calendar of 13 months with 28 days.
- > Total transformation of the prison system, to turn them into places of healing and learning.
- > There will be no more hunting as a sport/ leisure activity.

3/ RAISING CHILDREN.

Teaching extensively in schools and the media that before procreating it is essential for future mothers to test for iodine deficiency.

One year after we take power, we will be asked to raise children in extended families for new births. This will require at least two male and two female caregivers. This may be the most difficult thing to accept, since for many, their dream in life is for there to be a father, a mother and children. But that is the price to pay if the people of the earth want the forces of Fertile Light to lead them out of this tyranny of injustice, lies and destruction. They will only help us if we all commit to moving toward a Fertile culture that integrates the sacred feminine.

But we will do it gradually and it will never be used as an excuse for separating parents from children. There will be many exceptions, especially for “ancestral” cultures and people very attached to their traditions. If they really don’t want to, they can’t be forced to do so, because it would put the children’s well-being at risk. But they will have to commit themselves to be available if necessary 24/7 for the first 7 years so that the children are not in need of attention. Naturally this is far more feasible in an extended family.

Let’s hope that the majority will gradually understand that raising children in extended families is beneficial for both parents and children. This is not an act against the family, but rather to restore the concept of a fertile and generous family. It is the crux of the issue regarding patriarchal culture, from which so much suffering and destruction have emerged. The year of adaptation after the official taking of power will give time to those who still want to live in a nuclear family to experience “their dream”. But everything will be done to help them, whatever their choice. If they want to, they will be able to live in houses with a vegetable garden and fruit trees in the university cities. That way, the children will still be surrounded by other children and adults.

Children need to be taught practical things so they can be as self-sufficient as possible, including a minimum of education in plumbing, electricity, medicine, gardening, food, construction, computers, etc.

4/ ADVERTISING.

We will find ways for people to access information so they can choose a product; but advertising as we know it today is over! We have to save a huge amount of energy and advertising is useless, creates nothing and pollutes a great deal. Furthermore, it limits people’s freedom because it is designed to manipulate the subconscious. It is one of the tools of manipulation that has brought us to this point. Appealing to the subconscious to sell products that are harmful to our health is not at all humane. It’s Machiavellian.

5/ HOW TO TREAT THOSE WHO HAVE PLAYED AN ACTIVE ROLE IN THE CURRENT CATASTROPHIC STATE OF THE PLANET.

We must not fall into a spirit of revenge against the hundreds of millions of people who have worked on the front lines to bring the planet to such a state of suffering and destruction. The new world cannot be built on revenge. Many will find the proposed treatment too lenient, but it must be done with humanity toward those who acknowledge their wrongs. Those who

accepted passively have as much responsibility as those who brought the world to the edge of the abyss. Furthermore, the very concept of punishment must be “forgotten” because it is not constructive. These people are deeply ill and need to be healed, and punishment doesn't heal! What's more, there's no point in killing them (taking them out of their physical bodies) because their soul* is sick. If you kill it, it may be reincarnated, which will create a lot of unnecessary suffering. On the other hand, they cannot be healed without their agreement and willingness to take a hard look at themselves.

However, the others must be protected, the children first and foremost. To do so, agents must not possess any more power. And to that end, they must have just enough money to live with dignity, but no more.

The people who played a key role in the “great COVID conspiracy”, in the financial world's plot against democracies, in the industrialists' skullduggery of imposing harmful products on us, in governmental corruption to continue our reliance on oil and nuclear energy, will no longer be able to practice in their respective fields, nor will they have positions of responsibility.

They are referred to in this text as “agents”. This does NOT concern “junior employees” but rather top executives (the top 10 hierarchical levels in major multinationals), the CEOs, the principal shareholders, and those who have used their genius (artistic or otherwise) to promote these lies. Conversely, the lobbyists, lawyers, accountants and other experts who have worked for those companies will be considered senior agents.

PUBLIC CONFESSIONS.

The first month after the official birth of Humanity will be the month of truth. Politicians, financiers, journalists, scientists, industrialists, leaders of multinationals, and the clergy will have to reveal to the world all their scheming, their lies and things left unsaid that have led humanity to the edge of the abyss. The principle is that they will be “forgiven” for everything they bring to light. But anything they hide or simply don't have the conscience to talk about will be considered a refusal (or inability) to question their motives and will lead to house arrest. This will be lifted when their mea culpa is deemed satisfactory. These confessions are very important to educate the rest of the people and to prove to them that almost everything was a lie and an injustice.

Individuals on the planet (over 21 years of age) will be divided into 3 categories according to the roles they have played during their lives: the “somewhat aware”, the sleepers, and the predators (senior agents). These 3 categories will be further divided into 3 more categories, depending on the impact of their actions.

Senior agents will have to list all their crimes on a website that will be created for that purpose. For instance, politicians will have to list all their wheeling and dealing, all their actions that have pushed humanity towards the abyss, explaining in as much detail as possible. For instance, doctors will have to list all the patients to whom they have prescribed chemotherapy*, and/or anxiolytics for more than 3 months without requiring that they do psychological healing work at the same time.

This “public confessions” site will enable everyone to see what role these agents have played in this attempt to destroy the world. These measures will concern those for instance who work in politics, finance, banking, the media, the sciences corrupted by money, medicine, pharmaceutical firms, energy sectors (oil, gas, nuclear, etc.), water, agri-business, petrochemicals, lobbies harmful to health and the environment, education, advertising, the arms industry, pension funds and other asset managers like BlackRock, WHO, the UN, the WTO, agencies such as the FDA that are supposed to monitor the harmfulness of products/foods etc. They will have to answer for crimes against humanity, for having poisoned the planet's people and soils for a century.

They will have to answer for crimes against Humanity, for having poisoned the planet's people and soil for the past century. The money they earned for poisoning these people will have to be paid back. For example, a CEO who worked for 12 years for one of the murderous multinationals will have to pay back his entire salary.

This same logic will be applied to all agents. Since they were corrupted by money, the agents will simply have to pay back all that corrupt money. For most of them, this will mean having nothing. But they will be entitled to 5000€/month, like everyone else, and to social housing.

The agents will have an opportunity to redeem themselves.

If they agree to work for free for the next 15 years of their life, to use their experiences and networks to help save humanity, they will be allowed to keep their home for the rest of their life. But they will not be allowed to bequeath it as an inheritance.

Those who refuse to redeem themselves by working for free for 15 years to repair the damage, or who do not perform efficiently enough, will lose their home.

But everyone will be asked to admit their mistakes publicly. For example, parents will have to list every physical or psychological abuse committed against their children. Likewise, they will have to list any food or harmful substances they have given to their children. As of the creation of this new humanity, hitting a child will become a capital offense.

The “sleepers”, i.e., those who are neither among the leading agents nor among the “resisters” who have put their comfort, social life and physical safety at risk, will have to recognize that all these horrors were possible because they let it happen.

Also to be classified as “agents”: false healers, false shamans, sellers of illegal/legal chemical drugs, sex abusers, pimps and anyone (over 18) who has publicly (especially on the net) insulted “conspiracy theorists”, social activists or environmentalists. This will also be true for anyone who publicly advocates racism, anti-Semitism, homophobia, etc. But also for those who gave cocaine or opiates to someone who had never taken them. That is a vile thing to do! In many cases, it means they're killing someone, and in excruciating pain.

And naturally we shouldn't forget the members of the “royal families”. Most of the royal lines will have to be stopped because they have been intermarrying cousins for centuries, which leads to degeneration. (except for Meghan and Harry, LOL!). Most of their possessions will be confiscated, but they will be given enough to live with dignity.

Members of religious congregations that have behaved in a cruel and barbaric manner throughout history, such as the Dominican Order, the Franciscans, the Jesuits, Opus Dei and all their counterparts in other religions, will also be considered agents.

Anyone who has been elected president or appointed as a minister during their lifetime and has not denounced the hold-up regarding the debt and the issuing of currency will be imprisoned. They will be able to get out when their mea culpa has been judged sincere and they are willing to work for 15 years to repair part of their mistakes. This will also include their spokespersons.

On the other hand, children will NEVER be blamed for
their parents' choices.

Agents who try to sabotage the creation of Humanity will be sent on a cultural exchange for one year. They will swap their living quarters with a family in a slum of their choice. NO, this is not punishment, it's education. It will do their souls and their consciences good. In addition, like all slum dwellers, they will be guaranteed high-quality food and a decent place to

live. If, upon their return, they are still not convinced/convincing, they will go back for another year to one of the least developed places on the planet.

If you are one of the people who think this solution is too harsh and excessive, I will say this to you: once the public learns about all the lies and dirty tricks that have caused so many people to suffer for nothing, so many people to have health problems or die in excruciating pain because the academic health care systems are corrupt... Once they learn how the majority of doctors have betrayed us and are money whores... Same with the politicians... I am sure the vast majority will want much harsher treatment for them.

If you would rather have them judged by the laws of men, be aware that those who participated in the corona circus* and the financial holdup of our “democracies”, meet the criteria perfectly to fall under anti-terrorist laws and/or be convicted of “treason”. These laws would allow the deprivation of their freedom, the seizure of all property, and the indictment of all relatives of the key figures in what is by far the greatest crime against humanity ever known. In some countries, all this is punishable by death, or by very long prison sentences, so what we are proposing seems very humane.

6/ LIFE UNIVERSITIES WILL BE CREATED in which one can learn all the sciences and the arts, including the art of raising children and procreating. Everyone will have access to healthy food and a decent place to live. Clusters of small houses will be built around them, surrounded by a vegetable garden with fruit trees. They will be built all over the world and will become the nerve centers of daily life. The main goals will be education and research to develop the psychic powers of future human beings. The universities will be built first and foremost in “poor” countries, with the aim of making them poles of attraction for people from all over the world.

7/ ECOLOGY.

- > Petrochemicals must be banned wherever possible.
- > There will be a ban on refueling nuclear power plants. Once they run out of fuel, they are shut down. Anyone who has made money from nuclear power (including shareholders but not employees) will have to work a certain number of hours storing nuclear waste.
- > 90% of plastics that are thrown into the oceans come from only 10 rivers. Those rivers and most waterways will be equipped with filters.

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- > Organic food prerequisites will become much stricter.
 - > Selling merchandise manufactured more than 3,000 km away will gradually be prohibited.
 - > Selling food produced more than 3,000 km away will gradually be prohibited.
 - > Planting hemp.
 - > Container ships will be transformed into factories to recycle plastic from the sea.
 - > Farmers have one year to convert to organic. Most fertilizers/chemicals will be banned as soon as we have taken power. This transition will be financially supported by the UN.
 - > Cities will have one year to develop a maximum of local market gardening. Everything will be done to encourage people to leave the cities because living on top of each other prevents the awakening of soul* individuality, which differentiates souls from each other.
 - > Toxic waste and wrecks on the ocean floors will be reclaimed.
 - > All agricultural lands and polluted plots will be cleaned up using Paul Stamets' discoveries about mushrooms (cf: chapter 16: "Books & Videos to feast on")
 - > Many polluting industries will be closed from one day to the next.
 - > Car manufacturers will be forced to replace all diesel vehicles with gasoline vehicles for free.
 - > To save energy, cell phone manufacturers will install programs that stop battery charging at 85%. No more devices in "sleep mode" (TVs, routers, etc.)
 - > Laws that allow patenting of seeds will be abolished, along with patents for any discovery that could be beneficial to Humanity.
 - > End of many oil or gas extraction techniques, such as shale gas, or oil and bitumen extraction from tar sands.
 - > Phaseout of most factory farming techniques. In the meantime, all toxic chemicals will have to be written on the packaging, like cigarette packages. For example: "Eating industrial animal products is bad for your health!"
 - > Non-organic products will have a red label stating the words: "Chemical food".
 - > Deforestation will be halted. For at least one year, no more trees will be cut down (exceptions for traditional crops).

- > Plastic bottles will only be used for water until they have been replaced.
- > Everything will be done to help parents raising children alone. Those who wish to do so will have the opportunity to live in the first university residences. Their garden/vegetable garden will be surrounded by other houses where people are also raising children alone. They will be able to continue “living alone” but the children can just walk across the garden to partake in other social relations.

8/ MEDICINE.

- > Everything related to healing will be 100% free.
- > Doctors who supported the COVID measures will be considered the most responsible and dangerous. They have indeed abused the people’s trust and betrayed their “oath”. But this will also be the case for physicians who have advocated all chemical drugs such as chemotherapy* or opioids/amphetamines/sleeping pills in the long term.
- > Physicians who have resisted COVID measures and/or the medical mafia in general, will be the future leaders of health care. Chemical drugs will only be used in very specific emergency cases. Naturopathy will become the norm everywhere.
- > Nearly all chemical medicines/drugs will be replaced by emotional and/or art therapy, breathing* classes and natural medicines/substances like mushrooms and plants.

9/ FOOD.

- > Added sugars will be progressively banned from production. They will be banned for consumption by children under 18 from day one.
- > Production of most products containing additives and dangerous chemicals will be prohibited. (all products in red and orange in Corinne Gouget’s* book *Additifs Alimentaires Danger!*). Production can be resumed when they are able to make them without risk to our health or the environment.
- > As soon as the production of alternative foods has been organized, we will no longer be allowed to eat animal products. There will be many exceptions, especially for the so-called “traditional” peoples. In the meantime, drastic measures will be taken to improve animal welfare. Seafood will only be sold within 500km of the place where it was caught. Their

level of toxicity will have to be analyzed and specified. Many industrial fishing techniques will be halted.

- > Many species such as gorillas, whales, dolphins and sharks will be considered protected species.
- > All boats fishing for cetaceans will be confiscated and donated to Greenpeace and Sea Shepherd. Seamen will be compensated.
- > There will be a total ban on all GMOs and DNA manipulation.
- > Self-sustaining foods will be highlighted, including sprouted seeds and mushrooms that everyone can easily grow at home.
- > All armed forces will be sent to Africa, Asia, South America, and countries in need, to dig wells and plant fruit trees. These armies will have one month to ensure that no one in the world dies of hunger. Huge seawater desalination plants will be built in Africa and wherever else it is necessary.
- > Detox centers will be opened to remove added sugars, sodas, junk food, chemical drugs, etc.
- > Phaseout of refined grains such as white wheat, white rice, etc.
- > Phaseout of the use of unfermented soybeans*.





CHAPTER 11

**A MESSAGE TO CHILDREN, TEENAGER**

AND THOSE WHO HAVE SUCCEEDED IN NOT BECOMING ADULTS.



This book is primarily intended for children and teenagers, although we would point out that in the West, adolescence sometimes lasts into the thirties or even longer. If you want to have a planet to live on, you need to understand that nearly all the adults have gone crazy. It's not really their fault because they are "bewitched" somehow, a bit like in witchcraft stories. But that doesn't stop you from not trusting most of them because they haven't behaved in an "adult" way, in the sense of being "responsible". And the worst thing is that they look down on you because they are "grown-ups" who understand what children can't.

So, please, don't become an adult, because that's a luxury you can't afford.

If you think about it, what does it mean to be an adult? It means accepting that you have no choice but to destroy the planet, to work at a job you don't like, to live in an exceedingly unfair world, to be resigned to the fact that the fauna and flora are dying, that more and more people can't feed themselves, that education in the West has been abandoned, that our children will have a horrible future, or no future at all! So, being an adult means "resigning yourself", which is not at all "adult" in the sense of being responsible. Especially since there's no reason to resign ourselves. Our obstacle is not insurmountable; on the contrary.

But you young people can't resign yourselves and not care that we're destroying the planet, that there's no more drinkable water, that our food is more polluted by chemicals by the day. And to do that, it's enough not to try to be like the adults, because the concept of being an adult is what you'd call a perversion, i.e., a backwards version of what an adult should be.

So, we'll have to invent a different expression than "being an adult". Maybe we could try "being human".

In every child/parent relationship, there is a moment when the roles are reversed. The children become the parents and the parents become their children. The children become the parents in the sense that they have to protect them from everything and especially from

themselves. Normally this would happen later when you are 40 or 50 years old. But I'm sorry that it has to happen now or else you're going to have a horrible and maybe very short life.

The unspoken part behind the adults' "you can't understand" is that their world has decided that there's no alternative but to destroy the planet, and therefore your present and future. As in stories about child sacrifice in horror movies, the adults have agreed to sacrifice all the children in the world.

Sacrifice for what purpose, you may ask? In order not to get too worked up about it and start wondering too much, and then the fear of going against the mainstream.

Only you can protect your planet, you can't count on the "grown-ups". So, in these pages an old man (the one writing) will summarize for you what needs to and can be changed very quickly. I understand that some of you may not want to listen to an old man, but one of the advantages of old age for those who never stop asking questions is to acquire very valuable information. It can take decades to figure out how this planet works behind the scenes.

"If youth only knew, if old age only could..."

What characterizes youth is wanting to help society evolve and therefore be at least somewhat revolutionary in the sense of pushing back limits. Today, they have succeeded in making most young people think only about entertainment so they've stopped playing their role of evolutionary catalyst.

Even so, some of you are getting cracking, especially for the climate. But if you're not interested in the real causes, it will be pointless. To understand the real causes, you have to explore how the economy works. It's the dictatorship of deregulation in the financial world that runs our so-called democracies and prevents any control over the health of the planet and its inhabitants. Practically speaking, this means that thousands of laws, which were designed to protect Nature, people's health and that of the economy, have simply disappeared!

Are you ready to save humanity by taking away the power the financial world and major fortunes on the planet have acquired? There's only one way to take away their power: by taking away their money, because the huge power it gives them has made them totally crazy. They have proven that they can't be trusted.

The "big guys" believe that there are only two ways to run the planet: a communist world or a capitalist world. But that's totally wrong! Both are dictatorships that don't work.

We can keep a system in which people can still have private property, but the ultra-rich and corporations will just have to pay their fair share of taxes, including all the taxes they haven't paid in 50 years.

However, if you want to have a viable future, you must grasp the following:

The financial sector, petrochemicals and patriarchal cultures are the 3 tools/facets of darkness that have corrupted humanity, turning it into a machine of destruction. The word corrupt is a very violent one, if you think about it; it is the body breaking.

Chemicals are fascism corrupting our bodies, because they force nature to turn against itself. It is the financial world that made chemistry corrupt. Both were meant to serve life and they have become its worst enemy. Finance and petrochemicals are the embodiment of evil in matter, in the sense of "what hurts", "what makes people suffer".

Therefore, the financial world is also the source of destructive chemicals that are anti-life. The financial world bleeds all other sectors dry in order to make a quick profit, even if it means destroying a company or its employees that have made them rich.

Chemical stimulants (added sugars, coffee, amphetamines, cocaine etc.), do the same thing. They squeeze people dry, until they've taken away all life. They keep antibodies from doing their work, which impedes the healing process.

Chemicals and the financial sector are to matter what religions are to consciousness.

All 3 divert the innate goodness of human nature in the opposite direction, transforming it into a cancerous cell that devours everything around it until it kills the host body.

Like cancer cells, which pretend to be healthy cells, religions and politicians make us believe that they love children and families. But this is only a façade, a trap, to train us to behave like cancer cells too.

Now it's true that we all have a part of us that likes to destroy things. The ones who don't see it are generally even more destructive than average. The best way to illustrate this seems to me to be the story of the little boy who spends the whole day building a castle at the beach and then destroys the castle in just a few seconds, tickled to death.

If you don't give this destructive side the right things to destroy, then it destroys things it shouldn't have. In other words, since most people don't use their "destructive quota" as warriors protecting children and Nature, they do it by destroying Nature and the future of

those very children... While repeating over and over that they love children, naturally. There is destruction in us, so we have to accept it and use it appropriately.

The ultimate alchemy – one that can transform lead into gold – is achieved by bringing hatred and anger into the Light, so that they feed our inner warrior eager for justice.

So injustice is like a breeding ground, like fertilizer that awakens warriors. This naturally goes against the image of the wise man who is for peace no matter what. That definition of wisdom was invented for the powerful so that the people would be obedient.

I promise you one thing. When we are young, we think that life when you get old is of no interest. But actually, that's only true if you follow patriarchal culture. But if you focus your priority on inner development, on constantly improving yourself according to YOUR standards and values, you will discover that life gets more and more fabulous.

Now that you know the truth, you're facing one of the most important decisions in your life: should I share it or not! To be human in 2023 means establishing your priorities to try to prevent the destruction envisioned.

"I repeat. Christ will teach souls the new philosophy of Light, which will be a philosophy of fighting – of the necessary balance between Love and Strength. Souls will have to choose between fleeing their responsibility in the world or fighting to change the course of things and to see the triumph of Light. To choose between a path of solitary meditation focused on their own navel – with the direct result of seeing the triumph of demonic souls who will take the reins of society without any scruples – or to fight to see Light triumph in and around them, everywhere in the world".

Pâvana.

We can get help from the forces of Light, but on two conditions. If you think about it, you'll see why these two conditions are quite legitimate.

The first is to have a relatively precise vision of the world we want. That world must be in harmony with the Laws of Fertile Culture, which are in all points the exact opposite of our culture, commonly called (wrongly) "patriarchal". We must move from an "unnatural" civilization based on possession and destruction to a Fertile culture based on respect for individuals and Nature, on knowledge and evolution. Because whatever doesn't evolve is destined to rot.

The second is that there are enough souls* who make a conscious choice to join the Family of Fertile Light and strive for a life that abides by the Laws of Fertile Love. It is not necessary to have a life in perfect harmony with Fertile culture, but “striving for it” is important because it determines which direction our soul’s driving force is moving toward. They will be the teachers in the great school that Earth/Gaia will become.

But if there are not enough people to play this role, then Humanity will be born with a very small number of people. But Humanity will be born!

That help doesn't have to come especially in the form of a dragon, or a being with super-powers who lands in our “reality”. It can happen more subtly, like influencing a judge, a group of people or more...

If you take religious vocabulary, patriarchal religions pray to what they themselves call "the devil", the forces of death, darkness, oppression and oblivion. But I wouldn't call it that, because it is a force that has a place and role to play in creation.

The fact remains that it is crucial to grasp that the strongest Goddesses are in the invisible worlds, but they do not misuse that power. Furthermore, it's important for me to acknowledge that when I want to connect or seek help, I prefer to call upon the Goddesses of Fertility.

The feminine has the power to give birth and to kill. Could it be that the masculine takes care of what happens in between? Perhaps we could call them the masculine structuring (crystallization) network and the feminine destructuring (decrystallization) network. Indeed, birth and death are enormous transformations, therefore a kind of unstructuring.

As for life, it goes through stages where we need things to be stabilized/crystallized/structured at a minimum in order to learn a maximum. It is as if we were evolving in “stages”. We structure a new identity of the Self and then we shatter it to create a new one.

Some people need to have a “ready-made” “spiritual” code of conduct that they follow, to tell them what to do in this or that situation. But life doesn't work like that. In some cases, an action can help us evolve while in other circumstances it makes us stagnate. That is why fertile culture speaks above all about the importance of our individual connection, in order to know how to conduct ourselves thanks to our inner compass.

I hope you understand that our world is going to get worse and worse until a real revolution takes place. That revolution must have a clear goal, otherwise it will soon be mani-

pulated, as has been the case for most revolutions. And the goal must be to free ourselves from the tyranny of religions, of the worlds of finance and chemicals to rebuild a world based on the dignity of people, and evolution toward a life as much in harmony with nature as possible (limiting chemicals as much as possible in the land and in human bodies), so that all our choices enable the next 7 generations to live on a planet in a better state than it is today.

As there will not be enough work for everyone in any case, especially with robotization, we need to create huge university towns to make people want to learn and create.

We are all artists, and it is only when a person invests in the art or arts that correspond to him or her that they really manage to fully develop and become happy. And when we can't find an art or arts in which to put our creativity, we put that creativity into destruction. In fact, if you think about it, destruction is in a way creating something.

People who are deprived of creation often end up serving destruction and destroying themselves. When you frustrate artistic creation in someone, you can turn them into a monster. The most famous example was Hitler who wanted to become a painter. Perhaps he could have been one of the greatest painters of all time!

It is the same thing with working on oneself. If there's one thing I've learned in my life, it's that people who don't work on their destructive side that serves this system, end up being caught up by the same side, which ends up taking control of their lives. However, once people get a taste of working on their SELF, they quickly get hooked. Evolution must become everyone's priority if we are to make mankind more humane.

Some of us have to dedicate ourselves to it body and soul* because those who are asleep will not do us any favors. Those who are aware of the Milgram* experiment know that people who blindly believe everything that official medicine says are extremely dangerous. If one day WHO tells them that anyone not vaccinated must be killed, the majority will accept it.

And the key for coping
is to understand that no real Freedom is possible,
nor any real powers, outside of the lifestyles
and mindsets of Fertile Love.

The further one moves away from it, the more one comes under the sway of the forces of 'patriarchal/sleep-inducing energy whose mission (which is legitimate) is to prevent these souls from developing their inner powers at all costs. And their method is to shut them up in a so-called "patriarchal" culture until they decide to change families... In any case, some kind of sorting seems to be taking place.

It should help you to think of it as a big game.

In fact, we've already won.

It's what YOU choose that matters.

This book is not intended to convince people. It was designed so that people who are already convinced can receive some additional pieces to the puzzle of the mysteries of life. Everyone knows deep down the right attitude to adopt in such circumstances. It is time to take action.

In any event, I hope that we will meet again soon, because I miss you a lot...
See you soon...

*"In the world as it is now the goal of life is not to secure personal happiness,
but to awaken the individual progressively to the Truth-consciousness."*

The Mother. On Education.

And I would add that it gives us something much more precious than happiness: deep well-being, a connection to oneself and faith.

PS: If you know how to get in touch with Greta Thunberg, just tell her to concentrate on the real cause of pollution: the theft of currency issuance!





CHAPTER 12



CHRONICLE OF THE WAR

OF PATRIARCHAL RELIGIONS AGAINST THE FERTILE/PAGAN/CELTIC/VIKING RELIGIONS

Or a different point of view on the last 5,000 years of our History...

Or how the soul of the Western world was corrupted.



"Those who control the past, control the future!"

Georges Orwell. 1984

*"If we had counted the centuries after Eros or Venus instead of after Jesus
Christ, things wouldn't have got to this point"*

Jacques Prévert. 1900-1977

The history of the world is about the fight against slavery and for Freedom. Before "democracies", that struggle was expressed through wars that patriarchal religions waged against pagan cultures through crusades, colonization and slavery. Pagan cultures were highly democratic, unlike the great empires that invaded them.

Later, that fight for Freedom took the form of right-wing political parties against left-wing political parties. But today, there are almost no left-wing parties, so the debate hardly exists anymore. Yet modern slavery does still exist today. Meager wages and prices kept artificially high by speculation have replaced slavery.

Naturally, it's clear to me that there are errors in this vision of history that I'm presenting to you. But what is certain is that it's closer to "reality" than what the official historians tell us. I just want to give you a general overview so that you can understand how the war between patriarchal cultures and fertile cultures has been going on for thousands of years. I take events accepted by official history, but I link them to different motives in order to frame them in another concept whose logic seems to me unassailable.

Sorry, I would have liked to include many more valuable events in this chronicle, but the book has to be ready for autumn'23, so I've made a shorter version. But all of history has to be rewritten, so we need to continue...

Yesterday, I heard a couple of historians “with degrees” say on TV that for them, whatever is repeated by the greatest number of historians is what they consider to be historically true. It's so ridiculous to think like that! I on the other hand assume that what religious or political authorities tell us are almost always lies. Historians who trust history written by religious authorities are as much traitors to humanity as the chemical doctors who trust what the drug manufacturers tell them. They really do have blood on their hands. Besides, most historians are like doctors. They limit themselves to memorizing and reproducing what they've been taught... Which leaves no room for reflection.


But real historians know that history has been written by the victors and that they need to use reasoning and logic in order to understand the true history of the world. But you just need to “connect the dots” as the saying goes, “to look for what connects two events or two bits of information.”

For instance, official historians accept that in 392, the Roman emperor Theodosius forbade all forms of pagan worship and that in 410 the “barbarian” Visigoths invaded and pillaged Rome. However, they do not make the connection between these two events which seem to me to be closely linked.

What is not said in European history books (written by Catholics) is that the “barbarian” invasions from the north of Europe (often oversimplified by names like “Goths” or “Vikings”) were in fact reactions to the barbarity and cruelty of reactions to the barbarity and cruelty of Rome and their allies in Europe.

The so-called invaders were in a state of self-defense. It was a coalition of fertile peoples, who were defending themselves against the barbarity of patriarchal cultures/religions. The Romans were the true invaders.

Maybe you don't want to go into so much detail, but make an effort because this is YOUR story. This story not only helps us understand why the world is self-destructing in tsunamis of injustice, but it also gives us the key to end all this unnecessary suffering. The history of the world is important, because your soul* has participated in one way or another in that history. Parts of this overview were copied and pasted from other parts of the book in the interest of thoroughness.

 **Between 4500 and 2000 BC: Mesopotamia was one of the centers of civilization on the planet.** It is the cradle of Western civilization and you will soon understand why patriarchal religions would like us to forget that. In fact, most of the biblical accounts in the Catholics' Old Testament (which is the Torah for the Jews) are a copy and paste from Sumerian culture. As many peoples invaded and passed through this region, it created a very diverse cultural effervescence and a prosperous economy. All these mixtures imposed an attitude of tolerance and mutual respect between the different religions/cultures. However, Mesopotamian civilization was born mainly from the mixture of Sumerian and Akkadian cultures. The Akkadians are a Semitic people, and their language is in the same family as Hebrew and Arabic. The origin of the Sumerian language is unknown, however, because it is not related to any other known language. Likewise, academic history does not know where the Sumerians came from. I don't deny that there are multiple hypotheses regarding the question, but I've made a conscious decision not to talk about them here.

Without the discovery of the Sumerian tablets in 1849, we would know nothing about this civilization, following the effective "cultural genocide" work undertaken by the monotheistic patriarchal religions. I consider the Sumerian tablets to be the equivalent of the Essenes' "Dead Sea Scrolls". They are like a time capsule transmitting essential information for future generations.


The mystery of the Sumerians resides particularly in something huge: we do not know where they come from, and they made a gigantic leap in humanity's evolution, especially in science. They invented the cuneiform writing, the wheel, the plough and therefore wagons. They gave the world new techniques in agriculture, irrigation, and medicine. They were the first to build small city-states (Lagash, Uruk, Ur).


But they did not build grandiose structures, because their priorities lay elsewhere.

It seems that it was a deeply spiritual culture that was especially focused on developing inner psychic powers.

For the Sumerians, the Goddesses were stronger warriors than the gods even if they recognized the existence and the utility of the male gods. It's like for the Vikings where the 3 weaver virgins and the Valkyries protect Odin, which implies that they are stronger than him on the warrior level.

For instance, it was in Uruk, one of the major Sumerian cities, where the Goddess Inanna was thought to have brought to Earth the divine powers meant to determine the world order. She is said to have taken them by force from the hands of the god Enki who reigned before, but fell asleep before the feast of men's entertainments. According to the Sumerians, this would have happened in 3200 BCE. I recognize that it's very hard for the Sumerians to distinguish between historical facts and metaphorical legends. Maybe they also borrowed stories from more ancient religions. This is reinforced by the fact that the Sumerians seem to say that some gods and goddesses live among them with a human appearance. If they did not always have supernatural powers, they were considered deities because they were endowed with intelligence, knowledge and rare strength!

 **-3100:** At first, the different cultures lived in relative harmony and peace, despite a few small wars here and there. Most of them seem to have a fertile/pagan culture.

 **Around -2300:** some kings upset the equilibrium of what was, perhaps, the Garden of Eden. Some indeed called this region of Mesopotamia Eden. From my point of view, the Garden of Eden (which means delight in Hebrew) referred to everywhere on the planet that was mostly populated by fertile cultures. The result was that the Akkadian king Sargon unified all Mesopotamia by imposing a monotheistic patriarchal culture/religion whose royal families were to be the Divine envoys from then on. Sargon / the Akkadians eliminated the Sumerians from the political scene, but Sumerian culture would have a deep influence on Akkadian culture, as well as all the cultures of the Middle East and all the West. Legend says that as Sargon was born from an illicit relationship between his father and a priestess, he was put in a basket abandoned to the fate of a river, which I hope reminds you of the story of Moses. Sargon would create the empire of Agadé, in particular thanks to the knowledge acquired from (or because of) the Sumerians. He went on to accumulate huge lands and wealth.

What happened in Mesopotamia was to be repeated throughout most of the planet at different times until our times. At first, the fertile/polytheistic cultures live in harmony with the others. This usually went well at first because they were not very warlike and shared valuable knowledge. But then, the rich and powerful understood that the culture/religion they had brought in took away their privileges and their reason for being. As a result, the ultra-rich

did everything they could to return to a patriarchal/monotheistic culture without which they stood to lose much of their power.

Furthermore, those striving for a better world are more focused on the people's welfare and are generally less prepared for war. As a result, those who spend a lot of time raising armies, learning to fight and inventing new weapons always end up winning. So, if the “good guys” get outsmarted every time, it’s because they let their warrior guard down in peacetime.

This lesson will have to be learned well when people who want a truly humane humanity are in power. We mustn't let our guard down and should always go for what's right for individuals, our evolution and the planet. As soon as individuals striving for the good lower their guard, the forces of stupidity, expediency and destruction take over. It's practically a physical law.

The Sumerians were forced to go from a culture based on spiritual development, which afforded total equality between women and men, to an Akkadian patriarchal materialistic culture that relegated women to the role of mothers. What's more, Akkadian culture did not give priority to inner/spiritual development, but to trade and war. The Akkadians forced the different peoples of Mesopotamia to worship Marduk, considered to be the God among Gods at first, but whose status changed over the course of time, later to become the one god.

To remove the power that women had in Sumerian culture, especially because they were often healers or warriors, women became possessions. They were limited to the role of mother, had to stay at home and their husbands had all rights over them. Husbands had the right to beat their wives. Cities grew and became centers of commerce, whereas the Sumerians limited themselves to small towns whose primary function was to create places to exchange, study, progress in their knowledge and practice their spirituality. Grouping the inhabitants in large cities enabled greater control. A civilization based on equality, people's evolution, knowledge and freedom was almost destroyed. Some of the Sumerians went to live elsewhere, which was the case for a certain **Abraham**.

It is from this Sumerian region (city of Ur) that Abraham is said to have left for the current Palestine, probably because he was no longer free to exercise his spirituality as he wanted. As Sumerian was not well known outside Mesopotamia, he took on the language of the Akkadians, a Semitic language. I'm afraid to bore you with too many details, but it's super important because Abraham is recognized by the 3 monotheistic religions (Islam, Christianity, Judaism) as being their common ancestor. He is considered the father of believers! Members of these 3 religions consider themselves spiritual heirs of Abraham. Muslims


call him "El Khalil", the friend of God! And yet, Abraham was a fertile polytheistic pagan, and the craziest thing is that most official historians agree with this. One may logically deduce that **Abraham worshipped goddesses like Inanna or Ninhursag.**

Abraham indeed went on to create what was to become Judaism, which was initially polytheistic. The detail of the one god is important because cultures with a single god are by definition intolerant. They advocate a strict hierarchy rather than democratic collaboration. They advocate submission as a virtue in the face of a unique power that cannot be questioned, since if it is in place, it is because the One Almighty God wanted it that way. After a long journey and several stops, they settled in Palestine.

Ironically, more than 2,000 years later, King Nebuchadnezzar of Mesopotamia invaded Palestine. In 587BCE, he deported Abraham's descendants to Babylon and forced them to adopt a patriarchal/monotheistic culture that denied the sacred feminine. I write "irony" because it is as if, after running away for 2,000 years, the king of Mesopotamia brought them back home! It seems that it was only then that Judaism became a strict patriarchal/monotheistic cult. In the encyclopedia Universalis, it says: *"However, a broad consensus has perceived a long polytheistic past in Israel and dates the beginnings of a coherent monotheism (...) after the Babylonian exile in the 6th century BCE".*

I don't know if you realize how huge this is. When I learned that, I jumped for joy for several days because it proves that the 3 religions of the book are absolutely not patriarchal nor monotheistic. However, in Hebron in Palestine, in the present-day West Bank, where Abraham is supposed to be buried, the believers have been fighting for ages for this site which is thought to house the remains of a fertile polytheistic pagan, who undoubtedly worshipped THE Goddess or Goddesses!! Now that's funny, isn't it!

However, not all were deported to Babylon, and the polytheistic version of Judaism, which incorporated the feminine as a more powerful warrior force than the gods, continued to develop in the region of Palestine.

 **In 520 BC: the Babylonian Jews are liberated and return to Jerusalem.** Some sources consider that it was during their exile in Babylon that they wrote the Torah, which is also the Christians' Old Testament. This would be quite logical considering that the Torah is partly a copy-and-paste of Sumerian mythology, in particular the stories of Noah and Moses.

The Babylonian exiles brought monotheistic patriarchal Judaism to Palestine and created the basis of Judaism as we know it today.

They would come into conflict with the polytheistic/ sacred feminine Jews who were not deported to Babylon. It is likely that the descendants of the latter made up most of the Essenes who created their own version of Judaism, leading to the ancestor of Christianity... Which was to be stolen from them by Rome 300 years later (Council of Nicaea), distorting it by transforming it into its opposite. It's possible that the Essenes were also made up of individuals from other cultures, such as the Hyperboreans* or other forgotten pagan peoples that I will not discuss here.

1st century BCE:

Rome has invaded a large part of Europe and persecuted all those who refuse their domination. For Rome, Jupiter was the God of gods, protector of the Roman emperor. But he was NOT the one God. So, according to the current Vatican definition, Rome under the Caesars had a pagan culture/religion. But the real culture of Rome was “Pax Romana.” What they called Roman peace meant that there was enough order to do business, fast and safe roads for transporting goods and people, and of course that Roman money was accepted. It was convenient for anyone issuing their own currency to invade a region and force it to accept their money. They just had to create more money, in this case “Roman sesterces” (from silver, and later brass) and you could have everything for free. You just had to pay for making the money.

That's why financiers all over the world have always fought to make the issuing of money as centralized as possible. Small local currencies create multiple poles of relatively small power, encouraging diversity and sharing power among many hands. But when a currency becomes generalized, to a country or even to several countries, it creates fewer poles of power, but with enormous power in the hands of a few. And too much power (or money) in one hand makes people crazy, as history has proven many times.

-48 BCE Julius Caesar burns the great Library of Alexandria.

First century:

In Palestine, the pagans/polytheists were persecuted, especially because of their healing techniques which were so effective that they turn “sheep into lions”. The Pax Romana favored alcohol and banned cannabis and magic mushrooms because they disturbed public order.

Among the persecuted pagans we find the Essenes. Before fleeing, they hid scrolls about their history and secrets in a cave on the shores of the Dead Sea. This cave was to be discovered after the Second World War, in Qumran, in the present-day West Bank /Palestine.

They are called the Dead Sea Scrolls. John Allegro is the only non-religious translator who had access to these texts. (see chapter on shamanism). He is therefore the only one who can be trusted. Religious translators can NOT be trusted since there is a conflict of interest. Indeed, the Dead Sea Scrolls simply prove that Rome and the Vatican* have stolen Christianity to make it its opposite. If they were known to the general public, the Roman Curia would be out of a job, out of power.

Anyone of good faith, who has done any substantial research, accepts that there is NO historical record of the Jesus spoken of in the New Testament in the Bible... ALL (non-religious) historians seem to agree on this point. In fact, there is no historical record of crucifixion on Latin crosses before the 4th century! This doesn't mean that Jesus did not exist, but it proves that we are being told a fake story to hide the real one. The only writings that mention a Jesus at that time in that region (around 30 CE) are the Dead Sea Scrolls of the Essenes. According to John Allegro's translation, among the Essenes there is a certain Jesus. But after the episode of the Essenes there is no trace of Jesus in the official history. Some "unacknowledged" sources claim that he went to Asia.


On the other hand, there are many historical records of Mary Magdalene's existence. I support the hypothesis that she was supposed to take over the reins of their "movement/religion", but that she had to flee Palestine.

 **+35 A.D.: Mary Magdalene arrives in France, at Saintes-Maries-de-la-Mer, where the gypsies commemorate her arrival every year.** She taught in Marseille, which can be considered the beginning of TRUE Christianity. Mary Magdalene is then thought to have lived, taught and healed for 30 years in the grotto of Sainte Beaume, which is now a place of pilgrimage where even Frankish kings came to worship. She was buried not far from Saint-Maximin.


But scholarly monks, supporting the "pagan/ fertile" version of Christianity, stole her remains, which today rest in the "Basilica of Mary Magdalene" in Vézelay. Furthermore, the basilica's facade is not at all Catholic. The heads of the statues representing the father are simply cut off!


Rome's persecutions intensify, but the legionaries' advance is stopped at the borders of Germania around the year 10. The Roman army was stopped by the "peoples of the North" (so called from Rome's point of view), who were often grouped together at the time

under the name Goths, to make people forget that they were Celts/fertile/pagans. But I could give you dozens of names of tribes that I myself include under the name Goth or Fertile. The adjective “barbarian” is like the adjective “terrorist”, it depends on which side you’re on. “Barbarian” was used by the Greeks to refer to all those living outside of Greek cultures/beliefs. The Romans took the term and used it to refer to the Greeks and anyone else who did not accept Roman culture and beliefs. Among those whom Rome called barbarians were the Celts, Slavs, Lombards (Italy), Huns, Brigands, Vandals, Franks, Gauls, Vikings, etc. Their different polytheistic cultures/religions that somehow integrated the feminine into the Divine were very similar. In short, they were grouped under the name Goths in the 5th century and Viking in the 11th century.

 **325: the Council of Nicaea, under the authority of the Emperor Constantine (who had fertile/pagan beliefs/practices) creates the Catholic religion from scratch by mixing several traditions from different religions and cultures.** Constantine wanted to stop the religious wars and dreamt of one universal religion based on tolerance, freedom, knowledge and justice.

By the way, “Catholic” means “universal” in Greek.

 **335: as it was necessary to create historical traces of the Jesus Christ mentioned in the Bible,** a temple dedicated to Aphrodite (Greek goddess of love) in Jerusalem was transformed into the “Holy Sepulcher”, the supposed location of the tomb of Christ. Jerusalem thus became a place of pilgrimage. I cite this example because this co-opting of places dedicated to the sacred feminine was to become a habit and would take place all over the world.

 **337: death of the Emperor Constantine.** The Roman curia transformed Constantine’s dream of a religion of tolerance and justice into a political tool of mass control to crush the people for the benefit of a few. Their trademark became oppression, punishment, and cruelty to instill fear. They imposed a culture of ignorance where thinking became heretical. They lied about practically everything and killed those who didn’t take their lies as “divine” truths. Rome found another way to control the people. Wealthy merchants and landowners provided massive aid to the Vatican* so that the Roman economy could once again dominate the world.

It worked so well that, in the end, the Catholics would succeed where the Roman army had failed a few centuries earlier: establishing the Pax Romana in the world, and transforming it into an enormous single market, where everything is bought and sold. This was the beginning of capitalism on a large scale, where a handful of beings with extreme wealth could dominate others. The Pax Romana, in fact the religion of money, was the Romans’ poisoned

chalice. The Catholic curia even proposed erasing sins in exchange for hard cash. So money was like God and could procure forgiveness for your sins.

375: the Goths split between the Visigoths (Danube region) and the Ostrogoths (who would later flourish especially in the Balkans and Italy).

392: the Roman emperor Theodosius forbids all forms of pagan worship, i.e. everything that was not Catholic. But at the time, the vast majority of Europe was “pagan/Celtic/fertile/Goth”.

410: in retaliation for the ban on non-Catholic religions, the Goths and other pagan tribes put an end to Roman domination in less than a century. They had an easy time of it, as most of the population saw them as liberators from the yoke and barbarism of the Romans and fought alongside them. Most of the local population had remained pagan, some in secret. The Goths (Visigoths and Ostrogoths) plundered Rome. They freed Gaul from the grip of the Romans and invaded part of Europe. The Goths ruled over a territory that went as far as Spain.

As is the case most of the time with official history that takes the Vatican's viewpoint, everything has to be reversed. Those who behaved like barbarians were the envoys of Rome. As for the so-called “barbarians”, they were pagan peoples in a state of self-defense, who were fighting not to be killed or put into near slavery. By “near slavery”, I refer to the obligation for conquered peoples to pay taxes to Rome and/or the king of France for lands that already belonged to them. The pagan/barbarian/fertile ones defended democracy, freedoms and especially the freedom to believe in whatever one wanted. A more accurate name for the pagans/fertile ones could be simply “free men/women”.


Most of the so-called pagan/barbaric/fertile cultures were bound by the recognition of the sacred feminine in the trinity of creation which leads to equality between men and women, true equality and true brotherhood between individuals.


From Rome's viewpoint, geographically the Celts, Frankish Gauls and Belgian Gauls were barbaric peoples from the north.


486: official/Catholic history tells us that Clovis put an end to Roman political domination. But what is forgotten is that he had all the fertile/pagan/Celtic tribes with him. Catholic history also tells us that the Goths were chased out of Gaul by King Clovis, but that doesn't make sense, because Clovis was walking hand in hand with what Rome called the Goths. In short, Clovis was a goth/pagan!!! He tolerated all other religions, including the Catholics.


By 500: most of Europe was Goth. They installed real local democracies and accepted different religions as long as freedom and equality between individuals were preserved.

At the death of Clovis (511), the kingdom was divided into four parts, one for each of his sons. This would form the 4 Merovingian kingdoms: Austrasia, Orleans, Paris and Neustria. And then, the "second division": Paris, Orleans/Burgundy, Neustria, Austrasia. This is the era of the "lazy kings" who would gradually lose their powers.

 **632: Death of the Prophet Muhammad.** In the appendix (Koran*), I explain why I claim that present-day Islam is not in harmony with what is known about Muhammad's life. For instance, the prophet forbade forced marriages, and advocated tolerance toward other religions. Aisha, Muhammad's wife, is also a historically recognized character who doesn't correspond at all with the belittling of women, which Islam advocates. If the prophet had advocated an implacable patriarchal society, as present-day Islam implies, this would not have been possible. Before Muhammad's death, Aisha played an important political role. After his death, Aisha fought against Caliph Ali Ibn with an army faithful to Muhammad's message. Caliph Ali Ibn won and put Aisha and all women under house arrest without the right to engage in politics. Since that day, in total contradiction with the tradition established by Mohammed, Muslim women have been subjected to a strict Islam, cloistered in their homes, forbidden from many activities and banned from positions of power. They did the same thing the Vatican* did with Mary Magdalene. Muslims opposed to the vision of the Caliph Ali Ibn Talib went to southern Spain, already under Arab rule. They took Cordoba as their capital. Several centuries followed, where the 3 religions of the book lived in peace, around the University of Cordoba, which advocated science, evolution and progress. I support the theory that Aisha was supposed to become the leader of Islam, just as Mary Magdalene was to be the leader of Christianity!

 **From 750 to 1492: in Andalusia,** Humanity experienced perhaps the longest "space-time" in history where Muslims, Christians and Jews lived in relative Peace and enriched each other through their differences.

 **698: Death of Al-Kahina,** Berber heroine of the rebellion against the Arabs who had imposed a monotheistic patriarchy in the region. Berber culture/religion was of the fertile type, including the sacred feminine and giving women an equal status with men, even in war.


 **732: Charles Martel (who was not a king, but a "mayor of the palace") stops the Arabs in Poitiers, but they forget to say that Poitiers was at that time one of the most important Celtic centers.** For them, Catholicism and Islam were both monotheistic religions that repressed freedoms and treated individuals as slaves. So we should stop saying that this was a great Christian victory, because it wasn't at all. It was a victory of the free peoples/pagans/fertile ones who recognized the sacred feminine, against the patriarchal monotheistic

religions/cultures, i.e. the Roman version of Christians, Muslims and Jews. Furthermore, a few centuries later, one of the most magnificent Gothic cathedrals dedicated to the sacred feminine was to be built in Poitiers: Notre Dame La Grande. Be aware that Charles Martel served the Merovingian dynasty, whose culture/religion was Fertile/Celtic/Pagan.

 **739: the king of the Lombards besieges Rome**, which was so desperate that for the only time in its history it called a “pagan/celt” for help.


Charles Martel refused, because he too was a fertile/pagan like the Lombards.

Charles Martel's son “Pepin the Short” (Charlemagne's father) stages a kind of coup to become king. As he couldn't legitimize his reign through the order of succession, he had himself recognized by Rome. In exchange, he committed to supporting “Christianity”. Pepin the Short had the last Merovingian king (Childeric III) imprisoned in a monastery, but after having cut his hair, which was a sign of power among the Celts. This detail recognized by historians, as well as the fact that swords of the Merovingian aristocracy have been found with a rune on them, are indications that the Merovingian kings were indeed fertile/Celts/Viking. The Romans often called the Pagans/Celts, “the long-haired”, while the Roman soldiers had to have short hair. By the way today, Catholic men still have an obsession with short hair, while Jesus was supposed to have very long hair!!! LOL!

 **751-987 : the Carolingian dynasty** takes power by force, with the support of the Vatican, which didn't like the Merovingians at all... I hope you've understood why.

The Carolingians were the first dynasty of kings to be blessed/recognized by the Pope, a custom that still exists for French presidents today.

This is the start of Rome's great revenge, which
doubles down on its cruelty. As soon as he is
crowned king, Pepin the Short embarks on a policy
of invasion.

 **771: Charlemagne becomes king.** His goal, and the Pope's, was to resurrect the Christian Roman Empire in the West. It is probably due to his cruelty that the pope named him Emperor of the West in 800, thus resurrecting the line of the Caesars.

Indeed, even before he was crowned emperor by the Pope, Charlemagne was already reigning terror. He made the “tithe”, a tax collected by the Church, compulsory. In 785, he condemned to death anyone who refused to baptize Christians or who did not attend mass. He reorganized education to turn it into a weapon against the fertile/pagans. He made it obli-

gatory to open a school in every parish and in every bishopric. And naturally, they again began hunting free women and men, called “pagans/heretics”. In fact, it was already the Inquisition without the famous “question” to which heretics were subjected during endless torture sessions.

In the end, Pepin the Short and Charlemagne were the traitors who would bring back the Roman Empire, driven out by the Celts/Goths and Clovis. There are many similarities with the current policy of President Macron who has betrayed France and all of Humanity... And wears his hair short... LOL! Charlemagne made France the great defender of Christianity “made in Rome”, “the eldest daughter of the Church” in the sense that France was birthed by the Vatican and vice versa.

Life for the Catholics under Charlemagne’s jurisdiction was a living hell. A feudal regime with castes was set up: either you were part of the nobility, the church and the army, or you were a serf attached to the land of the master to whom you belonged. Serfs were not even allowed to leave the land they worked on without the permission of their lord. The people were no longer allowed to own land, and if some did have land, it was given to nobles, for whom they then had to work and pay a tax to cultivate the same land that had been stolen from them!!!

They say that Charlemagne invented school, but above all he imposed Catholic school which did not raise children but rather crushed them. Here is how Jules Michelet, whom some call the father of French history, painted an unflattering picture of Charlemagne’s version of Catholic school. It was no longer a question of raising children and teaching them to think, but of conditioning them to imitate, copy and repeat. It was still the same medieval logic that can be found in traditional education almost everywhere in the world in 2023. It reduces individuals to the rank of undead soldiers with no consciousness instead of “elevating” them.

“(...) all the schools were finished, the logical way was abandoned. An infinitely simple method dispensed reasoning, gave everyone an easy slope that only needed to be descended. (...) The first word, the last, was the same: imitation. “Imitate, everything will be fine. Repeat and copy.” But is this really the path of true childhood, which enlivens the hearts of men, which helps them rediscover fresh and fertile springs? (...) This was the narrow, trembling spirit of the Carovingian (old word for Carolingian) church. It disavows, denies and says to the children: “Be old!”

The Witch. **Jules Michelet.** Editions Folio.

Charlemagne was a cruel little fascist. Moreover, his cruelty and his way of cleansing the population inspired Hitler, who paid him homage by naming an SS division after him, composed only of Frenchmen: the SS Charlemagne. Their job was to go in after the regular army to terrorize the civilian population, in particular by eliminating part of it, exactly as the barbarian armies of Charlemagne did.

But to realize their dream of a Catholic, or at least monotheistic, patriarchal Europe, they needed a lot of money. You must understand that at the time, the common enemies of the 3 religions of the book were the pagans who recognized the feminine as an integral part of the divine. Their culture based on freedom, equality and knowledge was incompatible with the caste system they wanted to put in place. Contrary to what we are led to believe, Rome had (and still has today) far less animosity against the Muslims and Jews than against the pagans, because they too advocated a unique God and a rather similar policy of oppressing the people. So Charlemagne and the Vatican* found a way to kill two birds with one stone, to get rid of the pagans and make a lot of money. They would ally themselves with the Arabs, who at the time had already conquered enormous territories in the East, from which they brought back huge quantities of gold.

In order to do this, non-Catholics were sold as slaves, especially in the Middle East and North Africa via Narbonne, Arles and the emirate of Cordoba (in the hands of the Arabs). Some of these slaves were Gauls/Celts who refused to convert, but there were also Anglo-Saxons and "Germans/Slavs". White, very young and blond women were highly prized.

One could say, perhaps in a spirit of provocation, that Charlemagne and the Popes in Rome created the largest pedophile network that probably ever existed. One could even say that they invented the export of slaves on an industrial scale. It is certain that this is a blot on the history of France and understandable that it has been "forgotten".

As for the young male slaves, they were castrated, especially so that they would not reproduce. Verdun was perhaps the largest castration factory the world has ever known. The eunuchs who guarded the harems were "manufactured" there, which proves that they were sent to where there were harems, i.e. in the Middle East.

I hesitated a lot before including the above paragraph, because I admit that there are very few historians who talk about it. Official historians accept that at least 1 million Europeans were enslaved, but they blame it solely on the Arabs. However, I have acquired enough information to believe this, especially since it makes sense for most of the population movements of that time. Do your own research! And if it were true that it was only the Arabs, then why didn't Charlemagne attack them? Charlemagne was an ultra-belligerent, proud and

cruel king... And he would have let the Arabs quietly kidnap a million people all over Europe? Sorry, but it's so ridiculous and makes no sense. At the same time, even if this collaboration between Carolingians and Arabs was not so developed, it would not change the basis of our story; those who behaved like barbarians were the Carolingians and the Romans, and those we call "barbarian invasions" were acting in self-defense!

Unlike the Roman Empire (around the year 9) which had not managed to defeat the Fertile/Celts who had taken refuge in Germania, Charlemagne succeeded in pushing the borders of his empire to the present Germany/Austria. The Saxons defended themselves fiercely and Charlemagne used terror to overcome them. As a result, the local pagan/fertile peoples had to move further north, to Denmark, where they would ask for help... From the Vikings...


The king of Denmark, who had understood that he was next on the list of the Roman barbarian invasions, sent his entire armada of longships. But it is important to note that, at the time, Scandinavian countries were very sparsely populated and most of the troops were made up of Fertile/Pagan inhabitants of Germania, Gaul, the Slavic countries or present-day Great Britain. They wanted to reclaim the land that had been stolen from them!


If they won almost all their battles, it was because most of the local population rallied to them, as they stood for freedom and equality. They saw them as liberators. But above all, because many of them had remained "Pagans/Fertiles" in hiding. It would seem more accurate to me to call the Vikings and the Goths freedom fighters, or perhaps simply humans facing the soldiers of Rome who behaved like barbarians.

The pagan international equipped with Viking longships and their experienced sailors were to succeed in less than a century in chasing the Romans and their Carolingian allies from part of Europe. They went on to sack key places, especially because they were used for the traffic of pagan slaves and to settle in regions where there was already a majority of Celtic or other pagans.


They began with England (789) and Ireland, which also supplied slaves to the Christian network of Rome and the Carolingian Franks. Then, it was the Netherlands (834). They continued toward the Atlantic coast until Noirmoutier (835). They took Nantes (843). They went up the navigable rivers such as the Loire, the Garonne and the Seine, which took them as far as Toulouse, Paris and Chartres (848). Charles the Bald paid them to raise the siege of Paris (845). As he couldn't defeat them, Charles named the Viking leader "Count of Chartres" in 848. Then to the ports of Narbonne, Arles...


The Celtic-Viking pagan alliance was to settle in many regions, such as the southwest of France, the current Basque country, the region of Toulouse and what would later become “the country of Cathars* / Good Christians”. They settled massively in Normandy/ Brittany which they made their main base. As a matter of fact, the name Normandy means “land of the north men”, “Noorden Man”. In 850, the pagan international went to the emirate of Cordoba (Spain) and then to North Africa. Then they attacked and plundered Narbonne, Arles and Marseille, which were used as ports to send slaves to the Emirate of Cordoba or directly to Constantinople and other places in the East. And to end on a high note, they passed through Italy and went to Constantinople.

 **911-962: The Romans, driven out of Gaul by the Celts/Viking, expand eastward and succeed in creating the Holy Roman Empire, which included northern Italy.**


 **987-1328: France, Capetian Dynasty.**

 **1018: the pagan/ fertile King Canute** reunites England and Denmark.

 **1042: English royalty** returns to a Saxon dynasty, but it is relatively peaceful in the sense that Anglo and Saxon cultures mix and create the relatively tolerant Anglo-Saxon culture.

 **1099: capture of Jerusalem by the Crusaders.** Among them, the future Knights Templar, on a secret mission in search of the Grail! Their story is told in greater detail in the introduction.


Once the Templars understood the secret of the grail, they went to Rome to convince the pope to return to true Christianity. They demanded many benefits and powers in exchange for not divulging their secrets. The privileges included no longer being under the authority of any king, being allowed to create their own laws, to have their own army and conduct banking activities.) They reconnect to the worlds of the invisible thanks to the flesh of the gods (cf. shamanism chapter) and decide to create a kind of knowledge International by advocating pacifist cohabitation between “patriarchal/monotheistic” and “pagan/Celtic” worship. They take part in building the Gothic cathedrals to celebrate the recognition of the sacred feminine in the Trinity. The Gothic cathedrals prove that the fertile/pagan cultures were part of the power structure at that time. What “patriarchal” power would agree to elevating the greatest monuments of the time to a different version of religion than its own? The Celtic/Viking/Pagan Templars spread their influence over all of Europe including England.


 **1180: Canterbury Psalter**, England, which reveals the most secret part of the secret of the Grail (illustrations in chapter 13*)

Rome and its version of Christianity were in danger!

It had to act fast or perish. This time, Rome
had to strike much harder and with no mercy!

The great “cleansing” was about to begin...

 **Around 1150: Denmark** falls under the control of Rome, which set up a feudal regime reducing the common people to the state of serfs, almost slaves.


 **1226-1244 : genocide of the “Cathars*/Good Christians”** who claimed that Fertile Culture was the original message of Jesus and the Marys, and absolutely not its opposite as Rome asserted! Almost the whole population was massacred, compelling the King to move people there by force to repopulate the region. The King of the Franks (Louis IX) seized the lands of the Count of Toulouse, and the whole of Languedoc, which extended all the way to Provence. The Count of Toulouse was very tolerant of different religions, which did not please Rome. Culturally, they were much more closer to the kings of Aragon and Catalonia than to the Franks of île-de-France.

This was the beginning of the “official” inquisition, which was led by monks, mainly Dominicans and Franciscans. Note that the Templars did NOT participate in this massacre, which raised questions and displeased the king of France. They had indeed been involved in all the crusades, so why didn't they take part in what Rome and the king of France called the crusade against the Albigensians? This fact is another indication of the Templars' secret allegiance at that time with fertile cultures/religions, which integrated the sacred feminine.

*"Could the Templars' and Hospitallers' very strange abstention during all the Albigensian crusades be due to a refusal to take part in an unjust war? (...)
The rule of the temple was indeed particularly severe for knights driven only by a desire for Lucre, pitting knights who defended the poor and the churches against those who took, stole and killed."*

Etienne Delaruelle. *Templiers et Hospitaliers en Languedoc pendant la Croisade de Albigeois.* Éditions Privat.

The Inquisition was established to crack down on all who were not Catholic, or who did not respect Catholic injunctions. It wasn't permanently abolished until 1834, barely 200 years ago!

 **1307 : most of the Templars are arrested, tortured and burned at the stake.** The kingdom of the Franks resumed the Roman policy of oppressing the people, and the Inquisition became more widespread. All non-Catholics were oppressed. Some Templars fled to England, Spain and the northern countries. The Catholics took over the Gothic cathedrals, making people forget that they were originally built for the glory of the sacred female. To avenge the Templars burned alive, the pagan International assassinated King Philip the Fair and Pope Clement.

But you have to understand that most of the Frankish kingdom, and especially the northern and western parts (Normandy) were still populated mostly by pagan Fertile Celts/Viking and others. The whole population didn't deny its culture and beliefs from one day to the next just because the king became Catholic. And as you'll see, this triggered the Hundred Years' War in a domino effect.


Are Notre Dame de Paris and the Gothic cathedrals pagan?


I'm not going to fight to try to convince you that the Gothic cathedrals were built by pagan authorities because it doesn't change the message of this book. I would just point out that the official version of history doesn't hold water. Because it seems to me that if they were called Gothic, it was to honor the Goths who had freed Europe from the yoke of the Romans several centuries earlier. They had liberated Celtic Gaul and allowed the people to practice their religion, which included the sacred feminine.


But official history doesn't agree with that at all, once again inventing a "far-fetched" theory. It claims that the word "Gothic" was invented by the Italians during the Renaissance, i.e. between 300 and 500 years **after** the Gothic cathedrals were built! During that period the Italians considered the architecture of the Middle Ages to be barbaric. So they would then have called them "Gothic", a term the Franks are said to have adopted. Sorry, but that explanation doesn't make sense. Why would the Franks use this "insult" to refer to their most beautiful cathedrals?


So I agree with those who say that the Gothic cathedrals were built at a time when pagan cultures had a lot of power, at least enough to decide to dedicate cathedrals to the sacred feminine and put pagan symbols in them. Furthermore, almost all the cathedrals in France were built during the lifetime of the Order of the Templars, which is quite a coincidence. In addition, at that time the King of the Franks had no money, and the Templars were very rich. They were the only ones who could afford such expensive monuments. It seems obvious to me that they took part in their construction and, secretly or not, added pagan symbols and messages. In any case, that's what Victor Hugo insinuated in his novel "Notre Dame". And that's probably why the Vatican banned and blacklisted the book.


 **1328-1589 : reign of the Valois dynasty in France.**

 **1337: beginning of the Hundred Years' War between England and France.** Official history says that this war broke out because, according to the rules of succession, the King of England (Edward III) should have also become the King of the Frankish kingdom. As the Franks (Philip of Valois) didn't accept this, they are said to have declared war. But this was greatly facilitated by the fact that the Celts/Vikings/Fertiles of the north and west of France asked the English for help against the Inquisition. Indeed, some of their people lived in England, Scotland and Ireland. These regions were still mainly inhabited by Nordic/Celtic/Pagan cultures because the Roman Inquisition had not been as effective there. The English were also supported by the Flemings, who had suffered a lot under the domination of the "Roman Franks".

 **1348: the Black Death ravages Europe.** It is very likely that one of the reasons that so many people died was that most of the healers had been killed. The Vatican* imposed medicines that didn't work and claimed that flogging would make the disease go away. Some claimed that God had sent the plague to punish sinful people. In addition, the powerful burdened the peasants with so many taxes that they couldn't feed themselves properly. Some sources also claim that since so-called witches often lived with cats, most of the cats were killed and rats, whose lice can transmit the plague to humans, multiplied.


 **1350: construction of the Gothic Cathedral of Gloucester,** which proves that the Goths/Vikings/Fertile/Pagan cultures were still in power in England. Since they couldn't build them in Gaul anymore, they built them in Great Britain.

 **1364-1380: Charles V (the Wise)** Official history says he ended up taking the Goth provinces but in fact they made an offer of peace to the fertile/pagans. He promised not to levy such heavy taxes and pledged to ensure complete freedom of religion.

 **1380-1422: Charles VI** re-establishes heavy taxes, prompting major rebellions, especially in Normandy, the center of the Pagan/Celtic/Viking/Fertile world.

The Fertile Celts/Vikings continue fighting with the English and Burgundians, enabling them to nearly win the Hundred Years' War.

But King Henry V of England moved closer to the Roman, monotheistic, patriarchal Christianity and gradually lost the precious support of the tribes of free men/women.

 **1420: Treaty of Troyes.** Henry V becomes at the same time King of France and England thanks to the fight over succession. This does not please the Celts/Pagans/Vikings at all.

Furthermore, as their center was in Normandy, they preferred to be between England and the Frankish kingdom, rather than being surrounded by a single super powerful kingdom.

Charles VII (1422-1561), rejecting the Treaty of Troyes, appoints himself King of France.

And that's when Joan of Arc arrives.

Catholics have erased her identity behind the image of Jeanne, supposedly a peasant, supposedly Catholic and pious.

However, if you think about it for a moment, you'll realise that she certainly wasn't a good Catholic, given that at the time, the Inquisition forbade women to ride horses, handle swords or wear armour...

On the other hand, at the time, the majority of people in the region were still part of the fertile culture, a mixture of Celtic and Viking cultures. And one of the peculiarities of these cultures was that women formed part of armies in the same way as men.

So, Joan of Arc fits the bill perfectly as a valkyrie, a warrior woman on horseback and in armour, so feared by Rome's allies.

Numerous sources claim that Joan of Arc had several lovers, including some of the captains of her guard... So, she was in favour of free love, as was the norm in Fertile Celto Viking cultures.


In fact, it wasn't just Joan of Arc who helped defeat the English, but the entire pagan Celto-Viking army.

The pact that Jeanne proposed to the Dauphin was that the Celtic-Viking armies would stop supporting the English and help him to be crowned King of France, in exchange for total freedom of worship, an end to the Inquisition, the condemnation of Rome for its cruelty, and the end of its power over the Frankish kingdom, which implied the end of Rome's recognition as the repository of Christianity.

But to put this story in context, it meant the return of the alliance between the royal family and true Christianity... Indeed, French royalty since the first Merovingian kings, has been based on the original Christianity taught by Mary Magdalene, in the south of France, a few centuries earlier. Some even claim that the Merovingian kings were direct descendants of Mary and Jesus.

True or not, what matters most is that the French royal lineage was created to protect and propagate the spiritual heritage of Mary Magdalene and Jesus. Thus, the fleur-de-lys is the symbol of French royalty because it is ALSO a symbol of fertility and the Virgin Mary.

 **1431:** Joan of Arc is burned by the English, Burgundians and the Roman Curia.


 **1438:** King Charles VII honored his promise, notably with the "pragmatic sanction of Bourges", which condemned the Roman Church for the barbarity of the Inquisition, for its multiple massacres of populations, and its lies about Christianity.

Thanks to this, the kingdom of France cut its ties with Rome and enjoyed almost 150 years of tolerance, while the Vatican* and its allies wreaked havoc in Germany, Spain and most of Europe.

But whenever Rome and its version of Christianity are in danger, it is to be expected that they will react. They had to find other ways to have power, since they could no longer officially have any. For the third time, Rome was ejected from the future France. They tried by force, now they tried by "acting" in the shadows and creating one of the oldest secret societies.

 **1534: the Jesuit order created in Paris by Loyola.**

The Jesuits were a military, intellectual and religious order. Their mission was to infiltrate the states to influence society. Behind their angelic appearance, they were quite simply soldier-monks who acted – in secret when necessary – to serve the interests and mindset of the "fundamentalist" Vatican. From now on, they no longer discussed anything but assassinated anyone who troubled with them. They would assassinate kings, popes and anyone who interfered with Rome. They still have a lot of power today. By the way, if President Macron is so inhuman and insensitive, it is because he was educated by Jesuits who brainwashed him. They send missionaries all over the world.

 **1453: end of the Hundred Years' War.** The English are driven out of France by King Charles VII.

The alliance between the Celts/Vikings/Pagans and the Kings of France seems to have lasted until the end of the Valois dynasty around 1600. Proof of this can be seen in the numerous Viking/Celtic/fertile symbols found in some of the Loire castles such as Chambord. More proof of this Alliance is that there were practically no convictions for witchcraft by secular courts in the Frankish kingdom under Charles VIII, Louis XII or Francis I.


On the other hand, in Spain, Geneva and Germany, the Inquisition wreaked havoc. Michelet speaks of "one hundred years of tolerance in France". Many free thinkers openly

criticized the Inquisition and the Dominican/Franciscan sadists/robbers. Keep in mind that everything the witch possessed was shared between the judge and the denouncer.

"Indirectly, the wags Hutten and Erasmus, through the satires they wrote about the Dominican idiots, dealt a violent blow to the Inquisition. Cardan says quite straightforwardly: "To obtain the confiscated goods, the same people accused, condemned, and invented a thousand stories to support their case." (...) The dark reign of Henri II and Diane de Poitiers ended the era of tolerance. Heretics and sorcerers were burned under Diane's rule."


The Witch. Jules Michelet.


All this proves that France and Europe at the time were far from accepting of Catholicism against nature.


 **1458: (Spain, southern France, kingdom of Naples and Sicily) death of Alfonso V, the King of Aragon.** The history of the Templars in Spain is closely linked to the Crown of Aragon. In his will in 1139, Alfonso I, King of Aragon, bequeathed his kingdom to the Templars. Even though his heirs did not respect his wishes, this proves how close the kings of Aragon were to the fertile culture and the Templars. They fought the "Moors" (Muslims) but mainly because they were patriarchal monotheists. They established a fertile world where everyone could choose their religion or beliefs. They also did battle with the kingdom of Castile to fight against their "false image of Christianity". This explains the enormous differences and tensions that exist today between the Spaniards from Catalonia (and other regions) and the Castilians (Madrid region) who have a medieval, fascist and perverted vision of Christianity. Ferdinand II, king of Aragon, betrayed his entire lineage by submitting to the Vatican's despotism. **He married Isabella I, Queen of Castile. Together, they would push Spain toward one of the most demonic visions of Catholicism ever.** In 1478, he asked the Vatican for permission to declare a state of inquisition in Spain in order to kill and torture in good conscience. In 1496, they received from the Pope the honorary title of "Catholic Monarchs of Spain".

Alfonso V, King of Aragon (1416-1458), was among the last defenders of a free and fertile world. In his official portrait*, one can see the usual allusions for the initiated. There are of course the mushrooms on his crown, but also the pyramid, both symbols of fertility, which you can see on the right in the background. In this book, I hardly talk about "forgotten" civilizations. But it is clear that at least one great civilization preceded ours, and that it was consciously erased from the history books by the monotheistic patriarchal clergy. Probably

because it was too good an example of freedom, of true spirituality and true democracy. The proof is in the multitudes of archaeological sites that challenge official history, such as the numerous pyramids around the world.

 **1481: The Spanish Inquisition** is so violent and cruel that even the Vatican called the psychopaths Isabella and Ferdinand to order.

 **1492: Capture of Granada by the Catholic kings** (Ferdinand and Isabella) who get rid of all the Jews, Muslims and pagans. They had the choice to convert, leave or die. That put an end to 3 centuries of harmony between the 3 religions of the book which had made the south of Spain a haven of peace, knowledge, artistic development and tolerance. They plunged Spain into an austere, barbaric, inhuman and cruel Catholicism until the death of Franco in 1975.

 **1494: Official start of the witch hunt orchestrated by the Vatican***. In fact, almost all women who refused to get married and be mothers who were tortured and then burned. They were tortured until they confessed to being a witch. If they confessed, they were killed in a "humane" way. Without confession, they were burned. Many rich and independent women were condemned.

Black mass, Sabbath dances around the fire. Since Charlemagne, France and Europe had been living in hell. For instance, serfs were not allowed to make love outside of marriage, nor were they allowed to leave their lord's territory without his permission, nor to marry a person from another lord's domain, nor were they allowed to marry a cousin up to the sixth degree! As for incest, it was considered heretical and punishable by death. As a result, it was very difficult for the serfs/poor to find a husband or wife. Furthermore, the people of Europe saw their condition deteriorate under Catholicism.

Faced with all these absurdities and injustices, obviously people gathered in secret at night, either to perform ceremonies related to the true original Christianity (which includes female deities), or to party, dance and make love. And, like people had been doing for centuries in these cultures, they used plants or mushrooms, which could be found for free in Nature... Unlike alcohol, which had to be paid for or made!

Excerpts from Michelet's The Witch:


"A human brotherhood, a challenge to the Christian heaven, unnatural worship of the nature god - that is the purport of the Black Mass. (...) In order to understand where this anger was coming from, one must remember that

these people, brought up by the clergy itself to believe and have faith in miracles, and far from imagining God's laws to be unchangeable, had waited and hoped for a miracle for centuries, and it had never come. They called for it in vain, on the desperate day of its supreme necessity. From then on, heaven seemed to them like an ally of their ferocious executioners, and they themselves like fierce executioners. (...) Sabbaths took on the imposing and dreaded form of the Black Mass, of an upside-down service, where Jesus was defied and asked to strike them down if he could. (...) One may start from the very certain idea that, for many centuries, serfs led the lives of wolves and foxes, like nocturnal animals, I mean being as inactive as possible during the day, and only really living at night."

With regard to the Inquisition, the Vatican* undertook the huge task of discrediting historians like Michelet, claiming that the Inquisition was not that harsh. Today, there are many historians who claim that the Inquisition only killed 2,000 people in France and 3,000 in Spain. There are lots of VIDEOS on this topic on the net. So, once again, you'll have to decide which version to adopt!

Many believe that the inquisition was just a small slip-up by Rome, but gratuitous cruelty and massacres were its trademark for 1,700 years!

The souls* of the French and the Spaniards, and the world's collective unconscious, carry a deep wound after those centuries of barbarism. It is often manifested by an overwhelming fierceness toward anything that questions the patriarchy. It is as though their soul was crying out "No, don't question the patriarchy, otherwise we will once again be burned alive with green wood!" This also results in a real split in their personality. On the one hand, they are looking for true love and praise the merits of the nuclear family, while on the other hand the alpha male boasts of having the greatest possible number of conquests (or prostitutes). The French cheat on their spouses so much that paternity tests are forbidden, no doubt to preserve the social order and appearances! But don't take it as a negative criticism, because, in my opinion, it proves that deep down the French soul is fertile/pagan. They can't stay locked up in an arid nuclear couple for their whole life. The same goes for the Spaniards and all the peoples on the Earth.

 **1498: Leonardo da Vinci paints "The Last Supper"** in the refectory of the **Gothic** church of Santa Maria Delle Grazie in Milan (Italy). From the 16th and 17th centuries, the Vatican version of Christianity took over. Many artists around the world, perhaps sensing that the world was

entering a period of obscurantism, put hidden messages in works of art, in churches, cathedrals etc. Da Vinci put none other than the secret of the Grail in this mural, in a thinly veiled way. Officially, the Last Supper represents Jesus's last meal, surrounded by the 12 apostles. But if you look closely (you can see the enlarged picture by clicking on the magnifying glass!), you'll discern a woman to the right of Jesus, probably the virgin Mary Magdalene, often depicted with red hair. Even on Wikipedia, we are told that they are all men. I guess there are Catholic extremists, or maybe Jesuits or even Swiss Guards, who correct Wikipedia whenever someone points out that there's at least one woman in this fresco. Which goes to show, sometimes you just have to open your eyes and look carefully. For I can clearly see a young woman to the left of Jesus. To the left of this young woman, a man with a threatening white beard, probably Peter, standing between Mary and her neighbor... and hiding a knife behind his back, so that Mary Magdalene can't see it. To Peter's left is a man who seems frightened by the knife.





The Last Supper
Leonardo Da Vinci
1498 - Milan.




I support the hypothesis that the Last Supper relates the moment when Jesus announced to the apostles that Mary Magdalene would be the one to take over leadership of the movement. This implies that we're definitely not dealing with a monotheistic patriarchal movement. That did not please Peter at all, who wanted the position. He threatened her, and perhaps that is why she left for the south of France, where she taught the original Christianity that recognized the sacred feminine. A "V", symbol of the Grail and the sacred feminine, is formed by the bodies of Mary and Jesus, each leaning to their side. This "space" between Mary and Jesus creates an imbalance to attract our attention. They are linked by the "V" of the sacred feminine. Some sources claim that Leonardo da Vinci was part of a secret society that continued to perform ceremonies with the flesh of Christ, to venerate the sacred feminine and to protect its teachings for future generations. We may therefore deduce that, like Steve

Job 500 years later, Leonardo da Vinci made important discoveries for humanity, notably with the help of psychedelics.

 **1538: King Francis I distances himself more and more from Rome, designating French as the official language instead of Latin.** Numerous Celtic-Viking symbols, "engraved" in the castles of the Loire Valley, attest that the Royalty/Pagan pact still holds.

 **1588: the Pope puts pressure on the Spanish to attack England, which had chosen to be Protestant.** Their defeat by the English fleet put an end to the golden age of Spain and began its decline. It is interesting to conclude that Spain could have been the number one world power today if its leaders hadn't been puppets of the Vatican.

Louis XIV (France) establishes a freedom-suppressing culture, modelled on Roman law and in particular on centralization and authoritarianism.

 **1589: Henry III, the last king in the Valois dynasty, is murdered by a Dominican,** probably with the help of the Bourbons, with whom they went on to form an alliance.


Bourbon dynasty: Henry IV, Louis XIII, XIV, XV and XVI. King Henry IV submits to the will of Rome. The Bourbon Dynasty develops, supported by Rome and their armed wing, the Jesuits and Dominicans.

From that point on, the pact that the kings of France were to protect the "pagans" disappeared and the hunt began again. The king banned all pagan ceremonies that were still taking place, especially in Gothic cathedrals. From that moment on, the Frankish kingdom hasn't continued to be under papal influence including today in 2023. That's why I believe that we can't talk about a Vatican version of Christian France and Europe before the 16th/ 17th century.

The Vatican version of Christian France/Europe is only 3 or 4 centuries old, whereas the fertile/Pagan/Celtic/Viking in France/Europe and true Christianity are thousands of years old! But official history is so subjective that it calls the subsequent period "The Renaissance", in comparison with the disparaging term "Middle Ages", which designates the whole period (10th to 15th centuries), when most of Europe was free of Roman domination and its upside-down Christianity. In fact, what we're talking about is the renaissance of the Roman Church's perverse grip on Europe and on the world.

It was only from this century onwards that the Vatican became permanently stuck in its perverse patriarchal version of Christianity and rejected the original version. Proof of this is the destruction of the Basilica of Constantine (to the glory of original Christianity), and the construction in its place of St. Peter's Basilica in Rome. The 2 fountains/mushrooms

on St Peter's Square appear to be vestiges from the Constantinian Basilica (illustration in Chapter 13").

 **1694: the Bank of England is founded, becoming the world's first central bank.** A group of London merchants submitted a proposal to King William III that would change the course of world history. As the king needed money, they offered to lend him 1.200.000 pounds, in exchange for having a monopoly on the issuing of money, as well as on banking functions. They would become the most powerful bank on the planet, creating their own territory in the center of London (The City of London Corporation) with its own police and courts. If the king or queen wants to go there, they have to ask permission. Read more about it in the appendix (City*), it's a mind-blowing story.

Since lending money cost them almost nothing, the bankers boosted industrial development, like a cyclist doped on stimulants, producing the same results: good in the short term, but deteriorating health – and even death – for the cyclist and the economy in the medium and long term. Note that no one knows who the main shareholders of the Bank of England are. It's a highly kept secret, as in TOP Secret. Furthermore, it is more than likely that the FED (American central bank) and most central banks (those that can issue money) are just branches of the Bank of England.

Starting in the mid-1600s, but especially at the end of the century, the perverse effects of all this money coming out of nowhere started to cause damage. After mass slavery under the Roman Frankish kings, and slavery in the colonies (which stopped between 1807 and 1840 in England), modern slavery began, known as factory work. Since the Bank of England was entitled to issue as much money as it wanted, it lent money to the rich, who began making huge investments.


I stress the fact that they couldn't have made those investments without that windfall. I would also highlight the fact that the excesses about to occur in all sectors were artificially driven by the financial world, and the world was to be corrupted by that unlimited money.

For instance, until then, weavers worked at home and then sold the finished fabrics to merchants. Often, some family members would weave, and the others would farm or look after the animals. The bankers put pressure on the merchants, telling them that they could earn much more if they brought the weavers together in factories. The merchants stopped buying cloth from the weavers, to force them to do the same work in their factories that they used to do at home. But the difference was that they earned much less money and that difference went into the pockets of the big merchant boss and the banks.


What's more, they had to move to the city, and often had to pay for housing that also belonged to their boss, or to a bank. Sometimes even the grocery store belonged to the merchant's factory. So the workers enriched the merchants/banks during the day, and in the evening they made them more rich when buying food and paying their rent. Even when they slept, they made their boss and the bank rich. The factories grew like mushrooms, and they needed more and more workers.

In England, rich landlords did everything they could to stop farmers from cultivating their land – arbitrary expropriations, bandits paid to scare them off, organized famine. They also bought up most of the land, surrounding it with hundreds of kilometers of walls to prevent anyone from farming, or even walking across the land. At the time, many farmers lived on land that didn't belong to them, or was in the public domain. The former weavers and most of those who lived off the land had no choice but to accept working for miserable wages and become modern slaves. They were paid so little that almost all of their income was used to pay for their housing and food, which they bought from their boss/merchant. So it's almost the same as slavery, since they worked for next to nothing.

All that money also enabled banks to do a huge amount of lobbying and corrupting of politicians and the media, in order to pressure countries to enter the arms race. This led to the great European wars. For that matter, Germany wasn't the one that started the First World War; it was the banks, or rather, those who owned them.

 **1783: Independence of the United States of America.** If you study in detail the history of the founders of this country, you will realize that the "America" project was designed to create a country for men free from the yoke of religion and finance, unlike Europe. It was a dream, which was very close to that of the Templars!

It was an attempt to return to the fertile culture of freedom. But unfortunately, it didn't last. The financiers took power but, fortunately, freedom of belief and expression remained. The English soldiers left, but the English bankers stayed. The American economy continued to be more or less controlled by Great Britain.

 **1789: the French Revolution is co-opted by the bourgeoisie.** The rich replaced the king and the nobility. The clergy's assets were "nationalized". The Catholics then sent the priests out with the mission of becoming professors, historians, doctors, in order to control all these fields.

The French Revolution may have had as its main symbol a woman on the barricades (Marianne), but that didn't stop people from once again forgetting the major role they played. The revolution didn't question the condition of women, quite the contrary.

The Declaration of Human Rights is written in reaction to all those centuries of patriarchal inquisitorial barbarism. Furthermore, the Pope condemned the declaration of human rights and spoke of heresy. Although the declaration was written in France, it's not because France was the land of human rights. On the contrary! It is because France was the champion of not respecting human rights and having a state that crushed the people. And this is still the case today in 2023. Most of the great and famous French monarchs like Charlemagne, Louis XIV or Napoleon were cruel little Hitlers in the making who treated the people like shit. And it's not that different today with French presidents.

They're not there FOR the people, but AGAINST them. And it is the same nearly all over the world!

To understand that the French state and its police force are there to control the people and absolutely not to protect them, you need to remember what happened at the Bataclan during the November 2015 attacks (to check) in Paris. Something incredible occurred that day. I think it could only happen in France. When the terrorists were inside the Bataclan concert hall, where they were about to murder over 90 people and wound hundreds, just outside, in front of the hall's doors, there was a platoon of 8 Force Sentinelle anti-terrorism soldiers armed to the teeth. They stood by because they were not ordered to take action. How did we get to such a ridiculous point where a soldier, whose mission it is to prevent terrorism, needs an order to protect people who are being killed in front of him with automatic weapons? It's the stupidity of the hierarchy, taken to the heights of idiocy! It shows that the hierarchy doesn't trust the soldiers in the field at all. It's as if they considered them to be robots incapable of making a decision! According to the investigation, they even refused to give an assault rifle to a policeman who wanted to intervene.


It gives you an idea of the lack of humanity in the whole chain of command. The entire chain that ordered this passive attitude should be put on trial.

I would like to compare that story with the one about the failed attack on the Thalys TGV (train between Paris and Brussels) that same year. That day, two unarmed American soldiers on vacation managed to stop the terrorists and saved hundreds of people. On the other hand, on the night of the Bataclan, 8 soldiers armed to the teeth, didn't do anything, indirectly killing a hundred people. That's so pathetic. Any soldier with a minimum of humanity

would have intervened with or without orders. A trial was held but it is impossible to determine who gave the order not to intervene. And yet, in hostage-taking protocols, if shots are heard inside, they intervene. But, no, here they did nothing.

In contrast, when dealing with the "yellow vests", or when people protest against mandatory vaccination, France is one of the only countries to use weapons of war, LBD grenades, and crowd-dispersal grenades against demonstrators. When you look at the policies of President Macron and his predecessors, they are still along the fascist lines of Charlemagne.


 **1792: Denmark is the first country to abolish the African slave trade.**

 **1800-1960: the genocide of the pagans continues, especially in the colonies with the massacre of a large percentage of Amerindians and Australian Aborigines.**

 **1801: Thomas Jefferson is elected President of the United States.**

Quotes from Jefferson (the main author of the Declaration of Independence of the United States:


"I believe that banking institutions are more dangerous to our liberties than standing armies. Already they have raised up a moneyed aristocracy that has set the Government at defiance. The issuing power should be taken from the banks and restored to the people to whom it properly belongs. (...) If the American people ever allow private banks to control the issue of their money, first by inflation and then by deflation, the banks and corporations that will grow up around them, will deprive the people of their property until their children will wake up homeless on the continent their fathers conquered. (...) The system of banking [is] a blot left in all our Constitutions, which, if not covered, will end in their destruction... I sincerely believe that banking institutions are more dangerous than standing armies; and that the principle of spending money to be paid by posterity... is but swindling futurity on a large scale."

 **1804: Emperor Napoleon puts things in order (the patriarchal order, naturally!) by creating the civil code, which enabled the state to decide on standards of behavior and people's private lives.** The code was supposed to be what the revolutionary courts of 1789 wanted but took 15 years to be written. Napoleon formalized inequality between women and men through this code. He declared: "The woman is our property as the fruit tree is that of the gardener". As women were officially cattle, they would have to make a profit like cattle. The


French state set up a system of brothels in which women were locked up. Adulterous women were hunted down and put in jail, but not the husbands! The civil code allowed a husband who caught his wife cheating to kill her. Until 1975, this civil code authorized husbands to beat their wives. In France, it was not until 1944 that women had the right to vote, and 1965 that they had the right to manage their own property or to work without their husband's consent! The fascist Napoleon created the Bank of France, which is actually a private bank despite its name.

Like Charlemagne, Napoleon got his legitimacy as emperor recognized by the Vatican, in exchange for being its puppet. As the Vatican had done with Spain in 1588, it sent Napoleon to war against the English because they were Protestants. With Spain, the French tried nothing less than invading England. They were crushed at the Battle of Trafalgar. This made Great Britain the top maritime power in the world. Once again, the Vatican succeeded in destroying the greatness of Spain and France.

Napoleon's legacy shows that the fruits of the 1789 revolution were mostly for the rich. Moreover, in 1808, Napoleon endowed France with a new nobility. Mayors and bishops were given the title of baron and ministers were made counts.


 **1845: Ireland long remained one of the best preserved bastions of Celtic/Viking/Pagan culture and was to pay dearly for it.** England went so far as to try to get rid of the population by putting in place the largest organized famine that Europe has ever known. To finish the job, from 1922 to 1998 the church separated the children of mothers who had been a little too free (unmarried or not Catholic), like in Spain under Franco. As for the children the church was taking care of, a recent survey by the Irish government has shown that they were treated so badly that, in some regions, 80% of the children died before their first birthday. As for the unfit (i.e., unmarried) mothers, they lost all legitimacy over their child. But their hell was just beginning. Most of them were enslaved in "Magdalene Laundries" where they had a very short life expectancy and were treated like freaks of nature.


I am convinced that all the oppression for centuries against the Nordic pagans played a part in the wars between Germany and France (1871-1914-1939). Hitler used this resentment to mobilize crowds. It is often said that the inverted swastika symbolizing the Nazi party was originally a Tibetan symbol. But in this case, it is mostly a Viking symbol, and conveniently not mentioned.


 **1865: Assassination of President Lincoln**, who wanted the United States to print its own dollars (greenbacks) and thereby free itself from the yoke of the Bank of England.


Quote from Abraham Lincoln:


"I see in the near future a crisis approaching that unnerves me and causes me to tremble for the safety of my country. As a result of the war, corporations have been enthroned and an era of corruption in high places will follow, and the money power of the country will endeavor to prolong its reign by working upon the prejudices of the people until all wealth is aggregated in a few hands, and the Republic is destroyed. I feel at this moment more anxiety for the safety of my country than ever before, even in the midst of war. (...) The money power preys on the nation in times of peace, and conspires against it in times of adversity. It is more despotic than monarchy, more insolent than autocracy, more selfish than bureaucracy. It denounces, as public enemies, all who question its methods or throw light upon its crimes."


 **1870: the pagan/polytheistic fertile Native Americans recognizing the sacred feminine were parked in reservations**, even though the American government had promised them that they could stay on their hunting grounds. Those who rebelled against this betrayal were massacred by the patriarchal Judeo-Christian barbarians. The Sioux were the last to resist until 1875.

 **1884: the right to unionize in France.**


 **1885: the chemist Pasteur** succeeds in imposing vaccines* with the help of the banks, versus doctors like Béchamps, who advocated reinforcing the immune system. On that day, true medicine, which considered that "the terrain is everything!", lost a great battle. 150 years later, we're still not out of it. On the contrary!


 **1890: Edmond de Goncourt wrote:** "*Financiers are essentially thieves, but thieves who bought from the government the right to steal*".

 **1893: New Zealand** is the first country in the world to give the right to vote to women, as well as to indigenous people, the Maoris.

 **1905-1914: the liberation of morals and left-wing democratic political movements grew more important.** It was "pagan" morals that naturally resurfaced because they are a part of human nature. There was much resentment against the church. The left-wing political parties brought together those who had retained their pagan/fertile soul. People no longer talked about a war pitting a patriarchal/monotheist religion against a polytheist fertile one,


but rather a fight between leftwing and rightwing political parties. But the fight had only changed its name!


 **1906: a law is passed in France separating church and state.** The Church's property is confiscated, but not its cultural heritage. The Vatican's lies about history and medicine continued to be taught in schools and universities.


 **1907: Léon Blum** (future President of the Provisional Government of the French Republic) advocates “trial marriages”.


Maria Montessori opens her first school in Italy based on respect for individual freedom/will and the development of the senses.

Crucifixes are banned in classrooms in France.

 **1908: 250,000 suffragettes** participated in a demonstration in London to demand the vote for women.

 **1912: USA. Creation of the FED**, a private bank that would gradually grant itself the right to issue money instead of the government. It was a kind of coup d'état that went unnoticed and that would transform the Americans' dream of democratic freedom into a huge machine for making money at any price, even if it meant destroying everything.

 **1913: The poor vote increasingly left** and are subsequently used as cannon fodder for the First World War.

 **1914: May 10:** victory of the left in the French elections. (Jean Jaurès and Caillaux). Amnesty for the imprisoned strikers, and civil servants are allowed to unionize.


July 16: Jean Jaurès and the Socialist Party advocate a general strike against the war. Jaurès claims that countries were driven to war by financiers and their arms lobbies. *“Capitalism carries war within it, just like clouds carry rain”*, Jean Jaurès.


July 31: assassination of Jean Jaurès.


August 1: beginning of the First World War.


When the results of democratic votes were not agreeable to the financial world and the war lobbies, they would get rid of them, even if it meant destroying everything.

With the First and Second World Wars, 5 sectors of the economy developed so much that they became part of the politics of most countries: arms, chemicals, the media, oil and its derivatives and, of course, finance. All these sectors always make money, no matter who wins.


 **March 8, 1917: Women demonstrate in Petrograd (St. Petersburg),** the Russian capital at the time, to demand food and the return of their husbands who had left for the front. This leads to other demonstrations that were to bring down the Soviet empire in 5 days. Women played an important political role during the revolution. Alexandra Kollontai was the first woman in the world to be part of a government. She wanted to break the "domestic yoke" of women by making housework collective. It is in memory of this date that the 8th of March is celebrated as women's day.

 **1918: women obtain the right to vote** in Great Britain and Germany.

 **1919: U.S. President Wilson,** known for his anti-trust program, warns the world: *"The government, which was designed for the people, has got into the hands of the bosses and their employers, the special interests. An invisible empire has been set up above the forms of democracy."*

 **1918-1939: Despite the First World War, democratic political movements on the left take power in several countries, including Spain and France.** In reaction, the Vatican* openly supports extreme-right nationalist and fascist parties. The inter-war period was perhaps the peak of democracy in Europe, in the sense that the real left finally came to power in France, Spain and Germany.

Both before and during the Second World War, the Roman Curia threw its weight behind Franco, Mussolini and Hitler, to name but a few. In 1929, Mussolini sanctified the fascist alliance with the Church by offering Catholics the Vatican territory, which became a country with diplomatic rights, which it abused to enable Nazis to flee to South America. And later, pedophiles from the curia who were caught. The Fascists enabled the Roman curia to renew its power to kill.

 **February 16, 1931: the Popular Front wins the elections in Spain. Spanish women obtain the right to vote.** But this was not to everyone's liking, and in many countries, like France, many people preferred to be ruled by fascists rather than leftists.

Did you know, by the way, that in the aftermath of the democratic elections won by the left in 1931 in Spain, the Catholics called the people and the army to take up arms. The Pope declared that anyone who was a communist would go to hell and be excommunicated. The Vatican* sent letters around the world to get their support in what they called "a healthy crusade." This prevented other European countries from helping Spanish civilians, which would have changed the whole course of World War II. The major, wealthy Spanish banking

families paid for the military coup in exchange for being able to run the economy afterwards. These families are still among the richest in the world today in 2023.


1933: U.S. President Roosevelt writes:

"The real menace of our republic is the invisible government which, like a giant octopus, sprawls its slimy legs over our cities, states and nation. At its head is a small group of powerful banking houses... This little coterie runs our government for selfish purposes. It operates under cover of a self-created screen...seizes our executive offices, legislative bodies, schools, courts, newspapers and every agency created for public protection."

1936: start of the Spanish Civil War.

The Vatican envoys particularly insisted that all political prisoners under Franco be shot, as this was the only way to “save their souls”. 300,000 republicans died in battle and more than 350,000 were murdered far from the front or after the war. Franco's Catholic putschists used the words “purify” or “clean up” a lot. As he progressed from the south to the north of Spain, Franco astonished the soldiers because he took his time to “deal with” each village. All it took to be eliminated was one person who denounced you as “left-wing” or anti-Catholic. All it took to be eliminated was one person incriminating you as “left-wing” or anti-Catholic. This system of incrimination was the same as during the Inquisition!


But you have to understand that if Spain was so “far to the left”, it was because its people, like most of Europe, were still deeply pagan/fertile, in the sense that they wanted a just, truly democratic and tolerant society. Spain could no longer bear the ultra-rigorous and perverse Catholicism that kept the country tied to a medieval culture worthy of the days of the Inquisition. The Spanish Civil War was the Catholic Church's last great crusade. At that time, one had to swear or spit on the Bible.


 **1936-1937: Léon Blum forms a "Popular Front"** government and returns to power in 1938. He and his government go on to introduce paid vacations, the 40-hour week, wage increases, free education, all the laws that enabled the emergence of the middle classes, without which you would not be reading this. Most of today's social achievements come from those 3 short years!


The popular front was dissolved after powerful internal tensions over the choice to intervene in Spain or not!


The period from 1933 to 1936 in Spain and 1933-39 in France was perhaps the only time in the 20th century when these countries had a truly democratic vote. "True" in the sense that at that time "social engineering" was only in its infancy, and the tool of the democratic vote succeeded in reflecting the true aspirations of the French and Spanish people without too much external manipulation.

Since then, the powerful have learned their lesson. The day after the results of the elections that had brought the true left to power, the ultra-rich of all countries massively financed the fascist parties and the Catholic Church to eradicate this humanist impulse. The financiers of the time understood that to keep paying low wages and a minimum of taxes, they needed to give the Catholic Church as much power as possible in order to condition the people to accept their place as slaves as if it were divine will.

 **1938: LSD, made from synthesized mushrooms, is discovered by Hofmann.** In 1947, it was sent to doctors and psychiatrists around the world. Between 1950 and 1970, nearly 10,000 articles were published in medical journals, making LSD "the most studied substance in the world". The vast majority of healing professionals were very enthusiastic about the many possible developments of this substance. However, it was banned in 1971.

 **1943 : Death of Nicolas Tesla.** If Tesla's work had been further developed, we would have "free access" to energy today, i.e. "free", "unlimited" and non-polluting.

 **1942-1944: the Russians crush the German army.** It was the Russians, who did the heavy lifting, to rid the world of Hitler, and it would be nice if history remembered it.

 **1945: victory of the Americans (in Western Europe), since they were the ones who imposed their economic laws on the liberated countries** and would gradually reduce Europe and the Western world to near slavery with respect to the dollar and the US economy.

As with the "former" colonies, many conquered countries were no longer allowed to issue their own money. Instead, they were forced to "borrow" from private central banks against interest, which would take the world to the brink of destruction. The strength of this coup was that virtually no one knew about it, because most people don't ask the question "who is issuing the money?"

The French did the same thing with the decolonization of Africa; they supposedly offered them independence, but they forced them to agree that the Bank of France (another private bank, despite its name) would issue their money against interest.

The same thing happened with Great Britain when it formed the Commonwealth, keeping its former colonies under English economic domination.


In the end, the powerful have always wanted to return to the times of lords and servants.


Today in 2023, with the blessing of patriarchal religions, the financial world has corrupted the whole economy, politics, the media, education and has the same motto as the one written above the entrance of Auschwitz: "Only work will set you free". Which could be replaced by "only having enough money to live on will set you free, otherwise you'll be our slave; because if you're not our slave, we can't be free not to have to work".

From the post-war period onwards, you could say that the Anglo-American army and NATO became the world financial government's army. It is not, as people often want to believe, humanitarian circumstances that account for their interventions, but rather the economic interests of the multinationals and those who own them. Western secret services and the CIA would systematically intervene wherever the democratic left gained a little too much power. Coups d'état, assassinations, absolutely no holds barred!


They tried to exert influence over EVERYTHING. For instance, as I explain in the (conspiracy) appendix, in France, the CIA, through "Congress for Cultural Freedom", even went so far as to finance a right-wing literary journal to counter the success of Jean-Paul Sartre and Simone de Beauvoir's journal *Les Temps Modernes*. Sartre advocated democratic left-wing policies, which was worse than anything else for the capitalists. The latter wanted people to believe that they had only two choices: communist dictatorship or capitalist dictatorship. As for Simone de Beauvoir, she made the patriarchy and the clergy tremble due to the marvelous impact she had on women's liberation.

As for the fruits of Hitler's hatred of Jews and communists, few people have pointed out this huge paradox: indirectly, Hitler brought about the creation of Israel and of the largest "communist" bloc/country of all time.


 **1947: French President, Vincent Auriol, declares:** *"I'll close the banks, I'll lock up the bankers".*


 **1948: Gandhi's assassination** by an extremist patriarchal religious. *"You must make the injustice visible and be prepared to die like a soldier, to do so."*


"I, for one, have never advocated passive anything." "We must never submit to such laws. And I think our resistance must be active and provocative!"

 **1950: The people of Iran elect Mohammad Mossadegh, a secular democrat, as prime minister.** After 2,500 years of a monarchy ruled by kings called Shahs, the former Persian Empire tries democracy for the first time. And, against all odds, Mossadegh nationalizes British and American oil interests, returning the oil to the people. In just a few years, he

makes leaps and bounds for his country: social reforms and progressive policies, such as the establishment of social security, rent control, etc. In 1953, the United States and Great Britain foment a coup against Mossadegh. Reza Pahlavi is installed as Shah in exchange for serving Western interests. He installs a brutal dictatorship, appropriates most of the oil wealth, and leaves his people to starve. He goes on to force the westernization of Iran, angering the clergy. In 1979, the people overthrow the shah, but to its great misfortune, recovered the revolution is co-opted by fundamentalists. Ayatollah Khomeiny installs an Islamic dictatorship. The West repeated what it did in Iran almost everywhere. So, once again, you could say that the current state of Iran is due to Westerners and their fascist attitude toward countries they want to plunder and subjugate.


 **1957: the awesome W. Reich dies in prison.** His studies on sexuality and vital energy, which he calls orgone, are frowned upon. They challenge nearly all fields of science and scientifically discredit the patriarchy. He was unjustly imprisoned for "illegally practicing medicine". I'm betting that he was murdered


 **1960: until this date, mass was celebrated in Latin in France!** Can you imagine people going to mass and not understanding anything!


 **1961: In his farewell address, President Eisenhower warns the world against the excessive influence of the arms lobby, the military-industrial complex.**


"President Eisenhower (...) the former generalissimo of the Western alliance in the European theater denounced in vigorous terms the danger to American democracy posed by the conjunction of huge armed forces and a very powerful arms industry. He highlighted its influence on many sectors of society and alerted his fellow citizens to the threats that this complex poses to the proper functioning of political mechanisms and democratic processes. He expressed his fear of seeing freedoms jeopardized. And he concluded with a solemn appeal to a vigilant and informed public opinion! (...) This cry of alarm -for it was indeed a cry of alarm- remained unheeded. The military-industrial complex did not enter the collective consciousness of either the Americans or the Europeans. (...) Yet it came from the man who for eight years had assumed the supreme responsibility of the most powerful nation on the planet, from the general who had acquired great glory by leading the largest armed concentration in history to victory against Nazi Germany (...)"


Pierre Marion (former head of the French secret services) *"Le Pouvoir sans Visage-Essai sur le complexe militaro-industriel"*. Éditions Livre de Poche.


 **November 22, 1963: assassination of President John F. Kennedy**, who wanted to take away the Fed's power to issue money and disengage from the war in Vietnam. On June 4, 1963, the president signed Executive Order 11110, which put an end to the exorbitant powers of this private bank, which dared to call itself the Federal Reserve Bank (Fed). As this order was never modified or amended, it remains in force, which legally speaking outlaws the Fed! He signed the order, which could have changed the world for the better, 5 months before being assassinated! From then on, no Western president has dared to question the hold-up of money creation.

 **1964: beginning of the escalation of the American involvement in the Vietnam War on the side of the South Vietnamese.** During the Vietnam War, the media gave such a horrifying image of the conflict that public opinion succeeded in stopping the war. To prevent this from happening again, the financiers, who derive a large portion of their resources from arms sales, began to buy up the major media. The demonstrators' determination is due to a great extent to the fact that cannabis and psychedelics had emerged and were waking people up.

 **1967: the summer of love in the United States.** Children born after the Second World War are over 20 years old and they're suffocating in this puritanical, materialistic world.

 **1968: Assassination of Martin Luther King Jr.**, winner of the Nobel Peace Prize in 1964.
"We know through painful experience that freedom is never voluntarily given by the oppressor. It must be demanded by the oppressed." Martin Luther King


 **1968: Assassination of Bobby Kennedy**, John F. Kennedy's brother, who wanted to resurrect J.F.K.'s program, especially concerning the Fed and the decrease in military expenditures. If he hadn't been assassinated, he would probably have become president.


 **1968: France. May '68** prompts a leap forward in changing morals. But the movement was not to bear the fruits hoped for, notably because it couldn't provide a practical answer to the question: "Who will raise the children?"

 **1970: for 300 years, the British Empire was the greatest empire of all time**, and its bankers, gathered in the private company "**The City* of London**", were the most powerful and richest on the planet. When Britain had to transform its former colonies into the Commonwealth, its bankers looked for another way to maintain control over the world. So from the 1970s onward, Britain created tax havens in its overseas jurisdictions, the last remnants of the empire (Cayman Islands, Bermuda, British Virgin Islands, etc.).


This would rot the entire world economy, facilitating opaque money transfers for corruption. They developed financial tools that allow anyone to hide hundreds of millions in assets, without it being possible to prove who owns them. Trusts are one of those tools. I tell this story in detail in the appendix, "City* of London". The media are jerking us around when they claim that banking secrecy has been removed in many countries. Those who want to hide money have long been doing it in a different way.

« **At the twilight of the British Empire, bankers, lawyers and accountants from The City Of London set up a spider's web of offshore secrecy jurisdictions** that captured wealth from across the globe and funnelled it to London.» From the documentary "The Spider's Web: Britain's Second Empire" (Notably on Amazon Prime).

 **1971: U.S. President Nixon suspends – in theory temporarily – the convertibility of the dollar into gold.** This marks the end of the monetary system guaranteed by gold reserves. Before, a country could issue as much money as it had gold in its coffers. The dollar became THE international currency. This would allow the American government, and therefore the financial world, to issue as many dollars as it wanted ... and to corrupt the whole planet. The Fed invented a monetary policy, without nominal anchorage, i.e., which creates money out of nothing based on credit. Five years later, in 2023, 95% of the money in circulation was in the form of credit or various financial products. There is only 5% of "real money" left in circulation in the world!

 **1973: Chile. Election of the socialist Salvador Allende.** This did not please the Americans, who paid the truckers' unions to organize gigantic strikes in the country, where almost everything was transported by truck. This destabilized the whole economy and facilitated the coup d'état by General Pinochet. Americans are in favor of democracies when they don't challenge the omnipotence of capitalism. But if such is not the case, they prefer dictatorships. Again, when the results of elections don't please the powerful, they kill anyone who gets in their way.

Throughout South America, the Americans would stifle a deep-rooted leftist democratic movement. At the same time, the Vatican* carried out real purges to get rid of priests or other members of the curia who were a little too invested in social issues or in the spirit of "liberation theology". The various dictators in South America, aided by the Americans and the Vatican, didn't balk at kidnapping, murdering, and destroying the lives of millions of people. They killed writers, poets, musicians, and even Catholic priests and nuns. It was quite simply an inquisition against freedom and equality, which continues. But in essence, it is still the same fight of the Fertile against the Patriarchal.

 **1973: French president Giscard D'Estaing privatizes the currency**, transforming France into a slave of finance like the rest of the Western world.

 **1975: invasion of East Timor by the Indonesian army.**

During colonization, the island was divided between the Portuguese and the Dutch. When they left in 1950, Indonesia took over the Dutch part and invaded East Timor 25 years later.

Prior to its invasion, East Timor was a small, very democratic, predominantly Christian and relatively economically self-sufficient country. The United States and the Indonesians did not want a country that was too democratic and independent in the region, especially because it could give bad ideas to others. In addition, Timor included areas used by American submarines. The region is also very rich in gas and oil. So it needed a government that was easily corruptible, repressive, even dictatorial, so that the multinationals could plunder its resources at a low cost.

The Americans provided weapons and logistics so that the Indonesian army could get rid of this example of democracy, which was a little too perfect. Even though Timor was made up of more than a million people, the Indonesians sent so many armed men that there were more soldiers than people. During the first 3 days, when Timor had almost no army to defend itself, the Indonesians did nothing but kill – men, women and children together.

A third of the 1 million inhabitants were killed. A large part of the rest of the population was locked up in concentration camps, in which many died. Then they created a famine, causing most of those who remained to die. The UN protested, but the United States did everything, to sabotage every action taken by the UN against this attempted genocide.

I'm sharing this because it's an excellent example of what the United States has done in many countries. Once they had the atomic bomb, they acted like they were the masters of the world, often with a total lack of pity for those who weren't Americans.

As Noam Chomsky said on the subject:

"We in the West do not care about questions of atrocity if there is a profit to be made. Nothing proves this more than the history of East Timor".

It is very sad, because they could have used their power to turn the planet into a paradise. But instead, they gave carte blanche to the multinationals in order to make quick profits, and the American army would go wherever the Pax Romana (capitalism with no barriers) was threatened.

Consequently, all the countries "liberated" by the Americans have been forced to accept a world where the multinationals and the very rich enjoy profits with no limits. And when someone gets in their way, the CIA, or one of the many private armies, make them disappear. As a result, the whole world has become a supermarket, where everything can be bought, willingly or not. Industrialists have been able to sell ever more harmful products without having anything to worry about. This has spoiled Nature, but also the bodies of humans, who spend most of their lives in poor health. Even intelligence is decreasing, because junk food destroys neurons, and other products limit children's brain development. But it also rots the economy. The current economic, energy and food crises are the direct result of the American takeover of the world economy, and therefore of Wall Street. As a result, 78 years after the Second World War, the world is on the brink of a precipice.

But, again, I stress the fact that the American people are not to blame. The American army is not in the service of the American people, but in the service of the interests of terrorist capitalism.

And since that terrorist capitalism considers the American people to be cattle, the American army acts against the interests of all people, including Americans. This could be summarized as: the armies go where Coca-Cola cannot make enough profit off its products. The fact that Coca-Cola makes you stupid, unhappy and destroys your health doesn't matter because it makes a lot of money. Most wars have been the doing of the financiers and their arms lobbies. Since the Second World War, financial interests have decided US policy. To do so, all they need to do is subsidize the campaigns of whoever is in favor of "making money at any cost, even if it means destroying people's health and the whole planet along with it."

This doesn't change the fact that America owes a debt to the world. Every American should be aware that the American army and government agencies are acting against the interests of children and families, contrary to what they claim.


But don't be against Americans, because they are a wonderful people, who have also contributed a lot to the world in many alternative and other fields. In a way, the Americans were the first victims of this terrorist capitalism.


I'm referring to this example because it is also an excellent illustration of how the media shape public opinion. As Noam Chomsky explains in his film/book, "The Manufacture of Consent" (YouTube), at that time, the media hardly talked about East Timor. On the other

hand, they talked a lot about Cambodia, where the Khmer Rouge were committing unspeakable horrors at the same time. However, the level of horror was even greater in East Timor. But in Cambodia, it was the so-called communists who committed the atrocities, while in East Timor it was the United States.


Chomsky adds that what happened with the Khmer Rouge in Cambodia was made possible because the Americans secretly bombed Cambodia during the Vietnam War.

Due to the declassification of certain documents, the CIA recently admitted that those bombings killed more than 600,000 Cambodians, created widespread famine, and disrupted the entire country. The Khmer Rouge took over by using that famine and disarray as a foundation.

 **1975: the Veil law decriminalizes abortion in France.** The Pope and the Catholics were furious!

 **1975-1985: the CIA and other Western secret services totally destabilized Europe so that it would vote increasingly to the right.** They manipulated/influenced every sector (the economy, the media, education etc.) and went as far as infiltrating extreme left-wing movements to incite them to commit violent attacks that discredited the left, such as with Aldo Moro's assassination in Italy (see paragraph next page). When this was impossible, they did the terrorists' work themselves, creating strike teams sometimes recruited from the police or the army, as was the case in Belgium with the **Brabant Killers** (1982-1985) who carried out bloody raids on Delhaize supermarkets. They would kill a few people, sometimes children, and steal almost nothing. At the time, I was obsessed with one question: why would they kill children? Now I understand that the goal was clearly to traumatize the population so that they would vote for the right-wing, and it worked. People don't think rationally when they've had an emotional shock. And what could be more shocking than children being killed?

Even French President Mitterrand was accused of sparking things off when he mysteriously amnestied a large number of **Action Direct members** in 1981, considering them to be "political prisoners". And yet, they had been arrested for serious acts, namely eleven terrorist attacks and machine-gunning. As a result, they resumed their activities for a total of 80 attacks and assassinations over 6 more years. This drove France much farther to the right politically speaking and led to Jacques Chirac, who came from the right, entering the government in 1986 as Mitterrand's prime minister during the famous coalition period. So perhaps Mitterrand did it in the naive belief that the members of Action Direct would behave. But if, as I believe, he really never stopped being an agent of the right infiltrating the left, it was a Machiavellian move that had the desired effect.

 **1978: Italy. Assassination of Aldo Moro**, leader of the Christian Democratic party (CD) while he was in the process of achieving a historic alliance between the Communists and the Christian Democrats. I'm using this example of a democracy going down because it didn't suit the capitalist/patriarchal mindset, but there are thousands of others around the world. The alliance was called a "historic compromise" because for the first time there was going to be a government also supported by the communist party.

But the agreement was rejected by the United States and the Vatican*, which wanted – and still want – to exclude the communists from the democratic process. For them, a democracy must offer only capitalist alternatives that conform to the monopoly of patriarchal religions and central banks. Furthermore, following the liberation/conquest of Italy during the Second World War, the United States retained the official right to interfere with Italian sovereignty, especially in the field of national defense and in numerous foreign affairs. Therefore, from America's point of view, if the Communists returned to the Italian government, it would be an external attack on national defense.

This "historic compromise", championed by Aldo Moro, was welcomed by the entire European left as a glimmer of hope. I won't go into the details of the investigation, but we should always ask ourselves who benefits from a crime. Officially it was the Red Brigades who kidnapped and murdered him, but in fact that version doesn't make sense. Because if it was really the red brigades, i.e., communists, they had no reason to kill him; on the contrary. Aldo Moro was bringing them closer to power.


Aldo Moro's assassination was a bit like Italy's version of Kennedy's assassination, in terms of the hope they represented and the shock that followed. The dream they embodied – a world that was a little more just – had to be brutally silenced. But that "a little more" was already too much for capitalism, which was already striving to become a true world dictatorship! As a result, Aldo Moro was found in the trunk of a car. When manipulating public opinion isn't enough, they kill those who are too threatening.

Remember that there is nothing more dangerous for capitalism than a democratic and moderate left. They don't want there to be one at all, so that people will only have a choice between hardcore dictatorial communism and soft dictatorial capitalism.

In 2006, Steve Pieczenik, a former American chief negotiator who worked under the orders of Secretaries of State Kissinger, Vance and Baker, recounted in a France 5 documentary (Les derniers jours d'Aldo Moro) how they did everything possible to short-circuit

the "historic compromise" project, and "used the Red Brigades so that they would kill Aldo Moro". In the same documentary, F. Cossiga, the Italian Minister of the Interior at the time, confirms this version of events.

So, to be sure you've understood, the assassination of Aldo Moro was more or less organized/facilitated by the CIA, the Italian secret service, the manipulated – and not really communist – Red Brigades and the P2 lodge, which we will talk about later. In case you have any doubts, you should know that the investigation even revealed years later that the apartment in which Aldo Moro was sequestered for fifty-five days was in a building where the Italian secret service was already renting twenty-six other apartments.

 **1980: Italy.** The agents of the shadows continued to manipulate public opinion in Italy, notably with the attack on the Bologna train station on August 2, in the middle of summer when the station was full of travelers. 85 died and 200 were wounded, including many young people going on vacation with their families. It was yet another inducement for Italy to vote more and more to the right, despite the results of the investigation.

I chose to tell this story rather than another because for once the law seems not to have given up, as it has in most similar cases. Congratulations to Italian justice, which has been relentless and has brought to light what would have been discovered in other countries, such as in Belgium with the Brabant killers, if the judicial system had been able to do its job.

Fifteen years later, in 1995, it was extreme right-wing neo-fascist groups that were officially indicted. But it came as a total shock when this same Court declared that members of the army were also indicted and in particular, the grand master of the pseudo-masonic P2 lodge, Francesco Pazienza, who was also the head of the Italian secret service (SISMI) in 1980 at the time of the attack! This more or less illegal – and more or less secret – P2 lodge was very close to the Vatican. It was nicknamed the shadow government and was considered by many to be a state within the Italian state. Silvio Berlusconi, who would become an important politician as well as also one of the richest men in Italy, had been a member since 1978!

Imagine the atomic bomb that went off in the Italian people's minds: the army, the P2 lodge and the secret services were involved in the deadliest attack in Western Europe since the Second World War! The shock was even greater because the courts proved that Pazienza and other collaborators from the Italian secret services were also found guilty – along with a general and a colonel in the Italian army – of planting a suitcase of explosives (the same kind used in Bologna) in order to switch the tracks on the Taranto-Milan train in January 1981, 6 months after the attack.

The Italian Court of Cassation declared in 1995 regarding the role of the group behind the Bologna bombings: *"They were attributed [...] on the one hand with wanting to subvert the constitutional political balance, to consolidate forces hostile to democracy, and on the other [...] with favoring the perpetrators of terrorist undertakings that could be part of their plans."*


In 2000, 2020 and 2022, more than 40 years after the attack, new people, linked in particular to the extra-parliamentary right, to the former Italian secret service (SISMI), to the carabinieri and to the army, were indicted and sentenced to long prison terms, including 2 life imprisonments. However, we don't really know who financed the attack. 5 million dollars at the time were paid via Swiss accounts, a huge sum for the time.


So, once again, 15 or 30 years later, we finally know part of the truth. But the problem is that 15 or 30 years later, almost nobody cares. So it is also to honor the memories of those who died, by explaining why they were murdered, that I am writing this column and that we must rewrite the history of the world. Among the 85 people murdered at the Bologna train station at 10:25 a.m. on the sweltering hot morning of August 2, 1980, just to influence Italian politics, were Angela Fresu (3 years old), Luca Mauri (6 years old), and Kai Mader (8 years old). It makes me cry to write this; but the worst thing is that, in the 80's, the Italians voted massively on the right, putting in power those who had organized Aldo Moro's assassination and the attack on the Bologna train station.

 **1979: Margaret Thatcher is elected** in Great Britain.


 **1981: Ronald Reagan is elected** in the United States.


Thatcher and Reagan would launch the dictatorship of deregulation. Many laws restricting the powers of finance, banks and industrialists were shattered. I consider this to be the beginning of barbaric terrorist capitalism, which doesn't care about anything, starting with their own children.

 **1981: Reagan pressures WHO to approve aspartame (E951), which had been banned by the FDA (Food and Drug Administration) in 1975.** Aspartame is a poison that has a sweet taste. It is 200 times stronger than sucrose, and costs 300 times less than sugar to produce. It enabled them to sell "light" products that were supposedly "without sugar"; but aspartame is even worse than added sugars. It causes many serious health problems such as cancer*, multiple sclerosis, etc. But, who cares, because it generates so much money. That same year, it was approved in Europe. At the same time, Reagan started an all-out war against cannabis, declaring: "Marijuana is probably the most dangerous drug in the United States".

 **1981: François Mitterrand is elected President of the French Republic.** In order to approach healthy cells, cancerous/diseased cells pretend to be healthy cells. That is exactly what Mitterrand did. Until his second term in office, he managed to hide the fact that he had been part of the pro-Nazi Vichy government, and it worked very well.

With that strategy of infiltration, the left in Europe practically disappeared. Mitterrand was elected with phrases like: *"Anyone who doesn't want to end capitalism can't be elected as a socialist"*. But let's not mince our words; during his second term, he betrayed France and pursued right-wing policies. YES, we must recognize that under his presidency, some "fertile" laws were voted, such as the abolition of the death penalty. But it was part of the zeitgeist, and France was just catching up with other European countries. In her memoirs, Mitterrand's wife answers the question, *"Why didn't Mitterrand continue to pursue left-wing policies?"* She claims that he tried, but that he didn't succeed because the financial world was too powerful. In any case, Mitterrand's true face would be revealed during the Rainbow Warrior events.

 **July 13, 1985: French secret agents are caught in New Zealand after having placed 2 bombs in the Greenpeace boat "Rainbow Warrior".** The boat sank and a Portuguese photographer lost his life. France thereby revealed its policy of "state terrorism against ecology", which is still in effect in 2023 since the French government is now calling environmentalists terrorists! Once again, they have shown the hatred of Nature so dear to the patriarchs.


 **1985: Monsanto buys the company that invented aspartame,** and spreads it throughout the industrial food sector (over 6,000 products!), especially in "diet" drinks.

After aspartame, thousands of products were approved that should have been prohibited. Monsanto-Bayer wields huge power in the United States and around the world. Due to all the corruption, which they don't even try to hide, they have managed to put other poisons on the market that should have been banned such as Roundup and GMOs. Monsanto has become very rich, in particular thanks to Agent Orange, an ultra-polluting defoliant used during the Vietnam War. They used it to destroy vegetation and prevent resistance fighters from hiding or getting food. It is estimated that between 3 and 5 million people were infected. Sixty years later, the pollution is still there.

The very idea of using Agent Orange is the equivalent of spreading chemical insect sprays. They were gassing the populace in the open air, and every living thing with it!


It was truly a fascist concept that is quite simply a variation on the gas chambers. Only, this time, they gassed everyone, as if they were spraying ants. This shows the philosophy


advocated by Monsanto/Bayer, which could win the Oscar in the category "companies that are the greatest enemies of Nature", and therefore of children! Not to mention that bees are dying because of glyphosate, which is present in Roundup. Monsanto was bought by Bayer in 2018.


 **1990: Professor Philip James was Technical Director in charge of nutrition for WHO (World Health Organization).** As the debate on sugar was raging, he was asked to define once and for all the maximum dose of added sugar per day that was healthy. You'll be surprised by what he said. His entire report came to the conclusion that the exact figure was "0%". He dared to say that we don't need added sugar and that it only creates disease. Suffice it to say that he was quickly replaced! You can find his story in the Cash Investigation YouTube video "Sugar. How the industry gets you hooked". He ends the interview by concluding: *"The food industry is the number one industry in the world. And if you confront them, they'll try to kill you!"*

 **1995: Keith Bradsher write in the New-York Times from the 5 of august:**

«In a small Swiss city sits an international organization so obscure and secretive... Control of the institution, the Bank for International Settlements, lies with some of the world's most powerful and least visible men: the heads of 32 central banks, officials able to shift billions of dollars and alter the course of economies at the stroke of a pen.».


 **2002: Magda Aelvoet was the Belgian Federal Minister of Health.** Almost overnight, she outlawed fluoride tablets and drops because "too much fluoride has a harmful effect on the nervous system." Within 48 hours, she was called to order and no more was said about it. And yet, the Superior Health Council and the National Food Council were of the same opinion!?!?!?

 **2009: Obama is elected (President of the United States).** This president created enormous hope around the world. Obama had an aura, and I admit that I feel some affection for him. But actually, if you analyze what he did in the cold light of day, you realize that he kept most of Bush's advisors and pursued increasingly devastating policies. Obama was very good at counter-advertising. On the one hand, he created an organic vegetable garden at the White House, but on the other hand, he was one of the promoters of the "Monsanto Act" in 2013 that set GMO producers above the law. This appalling executive order states that even if a U.S. court decides to stop a GMO crop, due to new evidence of its harmfulness for instance, it can't! That's like putting GMOs in the constitution. Sorry, but just for that, Obama was the enemy of all the children in the world, starting with his own daughters.


 **2012: François Hollande is elected (President of France)** and permanently destroys what remains of the socialist party. His worst betrayal was to appoint an employee from the Rothschild Bank, the young Emmanuel Macron, as Finance Minister. This was to be THE great revenge of the financial world and the Rothschild Bank. Indeed, Mitterrand had quite simply thrown the Rothschild bank out of France 25 years earlier. But if you take a closer look at the case, you realize that France paid a colossal sum to the Rothschild Bank to compensate it. With that money, the bank again became one of the most powerful investment banks in the world, thanks to the fact that it was able to move to London.

Bankers there are above the law because they reap the benefits of being in the City*.

We can therefore conclude that the Rothschild Bank's expulsion was once again a symbolic act, which appeared to be in the interest of the left and the people, but was in fact pure profit for the financial world and the Rothschild Bank. Hollande's campaign speech had been promising, but it was all show. How can you lie to that extent and still look at oneself in the mirror? *"But there's something I want to confide in you before talking about my platform. In this battle that is beginning, I will tell you who my opponent is – my real opponent. He has no name, no face, no party, and he will never run for office, so he will not be elected; and yet he governs. That opponent is the world of finance. In the space of twenty years, in plain view, the financial world has taken control of the economy, of society and even of our lives. It is now possible to move dizzying sums of money and to jeopardize governments in a fraction of a second".*


 **2015: the Indian state of Sikkim goes 100% organic.** This is the result of a policy implemented since 2003, which has enabled farmers to switch to organic farming. In 2023, the use of chemicals in agriculture is punishable by 3 months in prison in Sikkim. The whole world should adopt the same law.


 **2017: Macron is elected President of France.** In daring to put one of their pawns in the Elysée Palace, high finance was no longer hiding the fact that it ruled the world. The invisible financial government became visible, sending a clear message: "We are no longer hiding, we are the masters of the world and you are our serfs, like in the days of Charlemagne."

 **2018: Greta Thunberg, at the age of 15, starts her Friday school strikes in front of the Swedish parliament.** In fertile cultures, young people had the right to speak in talking circles. *"You say that you love your children. Yet you steal their future, in plain view (...)"* *"You're never too small to make a difference."* *"If a few kids can make headlines around the world just by not attending school, imagine what all of us could do together if we really wanted*

to." *"Until you start focusing, on what needs to be done, rather than on what is politically possible, there's no hope. (...) We can't save the world if we play by the rules. Because the rules need to be changed. Everything has to change, and it has to start today."*

Greta Thunberg

 **March 2023: French President Macron chooses once again (for the twelfth time in less than a year) to use Article 49-3, this time for pension reform.** Article 49 paragraph 3 of the Constitution consists in passing a bill without a vote by members of parliament. Europe also has this anti-democratic mechanism (Article 218, paragraph 5 of the Treaty on the Functioning of the European Union) to intervene whenever votes do not go in the direction of the financial world's interests. So, the European Parliament actually no longer has any power! This makes the president of the European Union, who is currently called Ursula, the empress of Europe. This way of proceeding is deeply undemocratic and shows that France and Europe are indeed soft dictatorships led by weak personalities. **But most of the media and members of parliament remain silent!** This is one more step in a worldwide coup d'état that is becoming increasingly clear.

 **April 2023: Europe passes the DSA (Digital Service Act) in order to control Fake News.** Politicians and organizations like WHO, that are almost always lying, simply want to ban disturbing truths. They would like us to leave them alone while they destroy the world.

In March 2022: the European Commission had already taken a huge step toward non-respect of the right to get information from all sources when they banned Russian media from broadcasting in Europe. Add to that the increasingly unapologetic police violence and increasingly fierce media bashing against social and environmental activists/demonstrators, and you have a Europe that is slipping from a soft to a hard dictatorship.

 **Early 21 C.**

Left-wing political parties have been emptied of their substance and thereby destroyed from within through constantly infiltrating, disinforming and manipulating the collective unconscious. Right-wing politicians pretend to be leftists, get elected and pursue right-wing policies. Today in 2023 in Europe, "the right" is what right-wing racist parties are known as, and "the left" designates right-wing parties that are not too racist. But in the end, they have the same attitude. There are almost no real left-wing parties in Europe anymore, except for a few rare exceptions.

"Men in white are replacing men in black".

Religions and the media are no longer an effective enough tool to control the people. Chemical medicine has become the tool of mass control.

Almost every country on the planet has signed a pledge that in the event of a pandemic, WHO would have full authority over the measures to be taken.

Chemical medicine's new religion institutionalizes its powers.

The sacred texts for this religion are the media that flood the world with fear and irrelevant information. Those who dare to question their words are branded as heretics who are now called “conspiracy theorists”, “anti-vax” or “ecoterrorists”.

The all-powerful curia, whose word and honesty cannot be questioned on pain of excommunication, has been replaced by doctors.

The clergy meant to monitor priests has been replaced by medical associations, which are themselves under the domination of WHO.

It is interesting to note that the French order of physicians was created under Vichy.

Its creation was often on the parliament's agenda before the war, but the majority always blocked the idea because it could limit medical progress by putting too much power in the hands of too few people.

As for those who believe that religions no longer have any power, you should know that, on the contrary, most of the highest political jobs are reserved for religious people.

In the USA, it is impossible to be elected without being a Christian. In France, Macron is in fact a pure product of Jesuit education. As for the current president of the European Parliament, Roberta Metzola, she is an extremist Catholic in keeping with the Middle Ages, anti-abortion, who even refused to vote for a European resolution on violence against women.

 **2023-2030: Revolution and Creation** of a Fertile Civilization on Planet Earth.





CHAPTER 13



ILLUSTRATIONS OF MUSHROOMS & CANNABIS

IN RELIGIOUS ART



FRANCE • CHAPEL OF PLAINCOURAULT



From left to right • **Adam and Eve around the tree of the knowledge of good and evil, in the Garden of Eden, with the serpent.** (color enhanced), Chapelle de Plaincourault, France, around 1291. (Courtesy of Julie & Jerry Brown, photo by Julie M. Brown). This chapel was built by the Templars. • **Psilocybe Cubensis Mushrooms Golden Teachers.** (credit Shutterstock).

Could the forbidden fruit, bringing knowledge of good and evil and of eternal life, be a multi-branched mushroom, as above?

FRANCE • NOTRE-DAME DE PARIS CATHEDRAL



Stained glass window in Notre-Dame de Paris Cathedral.

*Moses and the Tree of Jesse.
Stained glass window by Didron,
1864..*

*I often tell people that mushrooms
speak to us, or at least that the divine
speaks to us through them! This is a
great illustration of that.*

FRANCE • CHARTRES CATHEDRAL



From left to right • **The Conversion of Placid**, Saint Eustace stained glass window, Chartres Cathedral, France, 12th century (Courtesy of Julie & Jerry Brown, photo by Julie M. Brown). • **Amanita Muscaria - Amanite tue-mouches jaune** – Quebec (credit Shutterstock).

FRANCE • CHURCH OF SAINT MARTIN DE VICQ



Fresco on the south wall of the choir in the Church of Saint Martin de Vicq France, 12th century (Courtesy of Julie & Jerry Brown, photo by Julie M. Brown)..

It represents the scene of the Purification of Isaiah's lips and Christ's entry into Jerusalem. The host, which is given at mass, is in memory of the mushrooms, which the Essenes called "the body of Christ". Having said that, the Jerusalem spoken of in the Bible does not refer to a geographical location. Jerusalem means "the mountain of inner peace", which refers to a state of mind, a level of consciousness. So we could deduce that it's the mushrooms that lead to this inner connection.



From left to right • Close-up of **Purification of Isaiah's lips**. • **Psilocybin Mushroom** • Close-up of **Fresco of the Church of Saint Martin de Vicq**

FRANCE • CHURCH OF RENNES-LE-CHÂTEAU

In the entrance of the church, below the font, is a small, discreet mushroom. The outside of the font reminds one of a scallop shell, symbol of the pilgrimage to Compostela. James the Greater (son of Zebedee), who inspired the pilgrimage, claimed that the forbidden fruit in the Garden of Eden was the *Amanita Muscaria* mushroom. On the Compostela pilgrimage roads, symbolized by the font, one can find psilocybin mushrooms, in particular in the Pyrenees. This particular example is less evident, for a very simple reason: it dates from the late 19th century and early 20th century, a hyper-Catholic, rigid and intolerant period in France. There was no longer any question of showing mushrooms overtly, as before the 15th/16th century. While doing repairs on the church, Abbot Saunière discovered evidence about the true identity of Christianity and the Holy Grail. The inscription above Satan, "By this sign you will defeat him", explains that by means of mushrooms, we can defeat the devil within us, which is true, metaphorically speaking. Abbot Saunière became internationally known thanks to a book published by three English journalists from the very serious BBC in 1982 "The Holy Blood and the Holy Grail" (The Holy Enigma). The book theorized that Mary Magdalene had taught in the south of France and was pregnant with Jesus' child, and that the Merovingian kings were direct descendants of Jesus and Mary, the first "female pope" of Christianity. It also mentions the existence of a secret society, "The Priory of Sion", of which the Templars are said to have been the armed division. Their mission was to defend the lineage and teachings of Mary Magdalene and Jesus. Many illustrious people are said to have been part of it, such as Leonardo da Vinci, Shakespeare, Newton, Victor Hugo, etc. It was them who wrote the famous "Protocol of Zion", and absolutely NOT the Jews. This story was so disturbing that French president Mitterrand ordered an investigation, which concluded that the book had been written on the basis of documents fabricated by a forger. I believe rather that, even if perhaps not everything in the book is true, it was done to stifle the affair, because the Christian identity of France and of the world was in jeopardy.

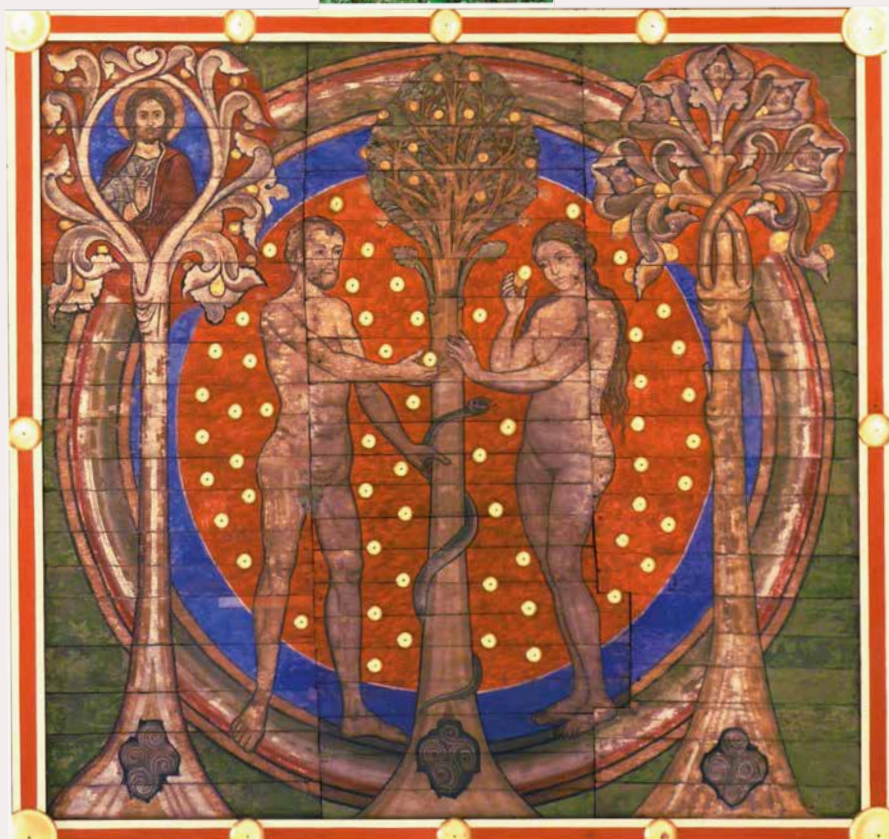


Close-up on the mushroom



Font in the **Church at Rennes-Le-Château**. France
(Courtesy of Julie & Jerry Brown,
photo by Julie M. Brown).

GERMANY • ST. MICHAEL'S CHURCH



• *Amanita muscaria* (credit shutterstock)

• **Germany. Unknown Romanesque painter, 1240. Painting on wood. Hildesheim. St. Michael's Church.** Adam and Eve and the serpent around the tree of the knowledge of good and evil. The forbidden fruit, symbolized by the red and white of the *Amanita*, envelops them. (credit Alamy)

ENGLAND - CANTERBURY PSALTER



Detail from **Genesis**, Canterbury Psalter England, around 1180.
Courtesy of the Bibliothèque nationale de France.



From left to right • **Psilocybin mushroom** (credit istock). • **Dry Golden teacher** (credit Shutterstock). • **Fly Agaric Blue (Psilocybin mushroom)**. • **Red Amanitas Muscaria (Psilocybin mushroom)** (credit Shutterstock).

Here we can see different species of psilocybin mushrooms. God, or Jesus, melts into the mushrooms. They are his roots and adopt the same posture, with their "hands" in the air.

ENGLAND - CANTERBURY PSALTER



*Detail from **Genesis, Canterbury Psalter**. England, around 1180. Courtesy of the Bibliothèque nationale de France.*

***Adam and Eve** are seen here around the tree of the knowledge of good and evil. The multi-branched mushroom (red and white) in the center is surrounded by the tempting serpent.*

*Here under: Detail from **Genesis, Canterbury Psalter**. Courtesy of the Bibliothèque nationale de France. England, around 1180.*

"God" created himself, first, in the form of a magic mushroom, then he created the animals.



ENGLAND - CANTERBURY PSALTER



From left to right • **Psilocybin mushroom.** (credit Istock) • Close-up from **the Canterbury Psalter**, The Healing of the Lepers, England, around 1180. Courtesy of the Bibliothèque nationale de France.

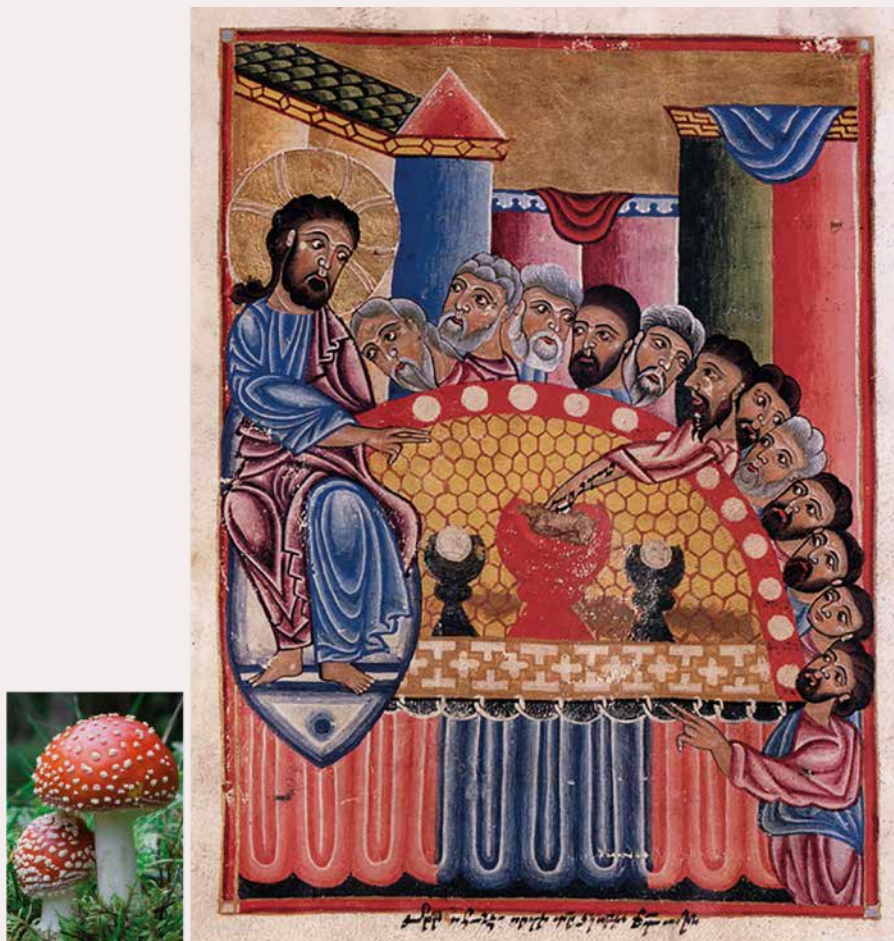
Look at the scroll of paper representing knowledge, the power of healing that connects Jesus, the sick person and the mushrooms!

ENGLAND - CANTERBURY PSALTER



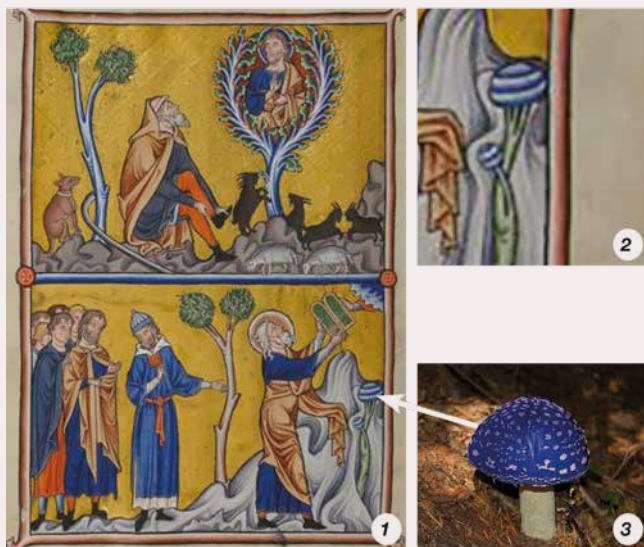
Canterbury Psalter, England, around 1180. Courtesy of the Bibliothèque nationale de France.

ARMENIA - GOSPELS OF GLADZOR



From left to right • **Red Amanitas Muscaria** (Psilocybin mushroom) (credit Shutterstock). • **"The Armenian Gospels of Gladzor"**. The Last Supper. Illustration dated 1300 A.D. Gladzor Gospels, Library Special Collections, Charles E. Young Research Library, UCLA. Courtesy of UCLA. University of California Los Angeles.

DENMARK · INGEBORG PSALTER



• **1 • Excerpt from the Psalter of Ingeborg of Denmark**, Queen of France. 13th century. Moses receives the Tables of the Law. RMN (Réunion musée nationaux) – Musée Condé. Chantilly. France • **2 •** Close-up of an excerpt from the *Ingeborg Psalter* • **3 • Fly Agaric Blue** (*Psilocybin* mushroom)

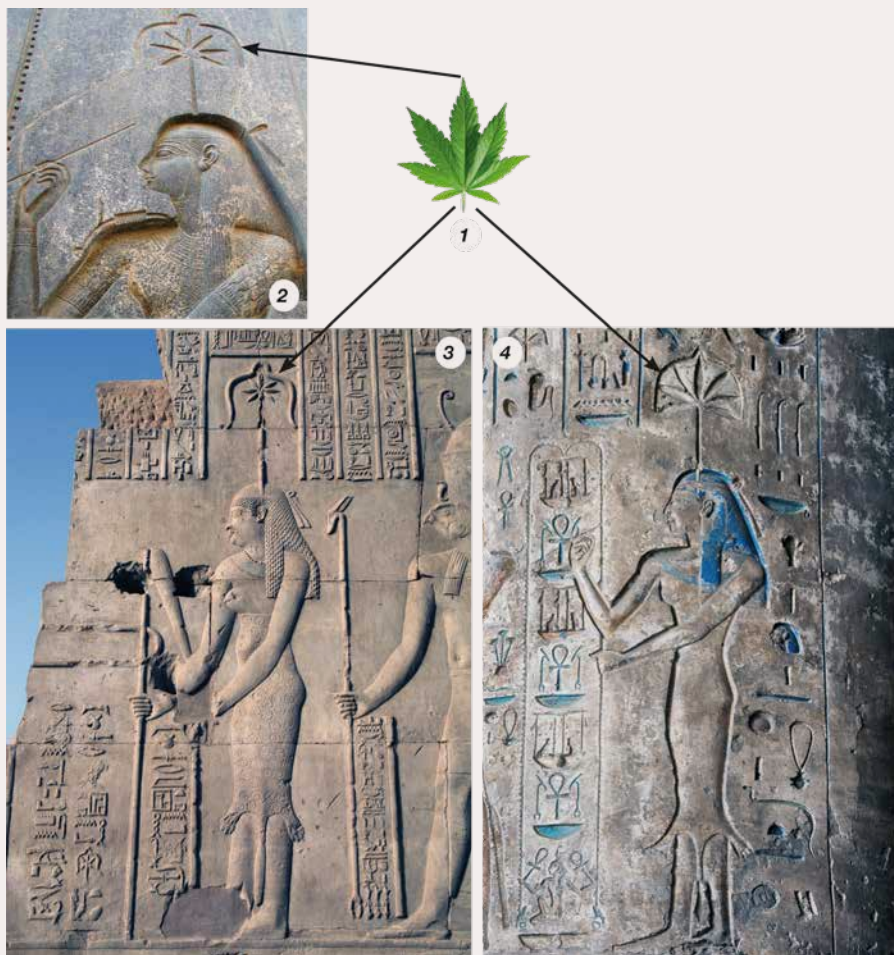
GREECE



From left to right • (credit alamy) • Altered version. Unknow Author.

Demeter and her daughter Persephone admiring their respective mushrooms. *The Exaltation of the Flower* - Parian Marble - 470-460 B.C. Louvre Museum.

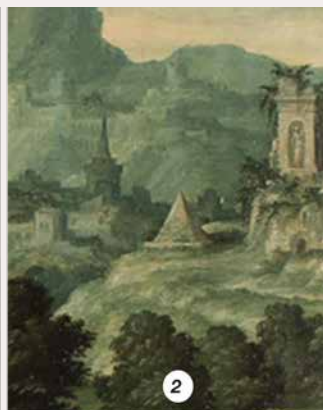
EGYPT • KOMOMBO • MEDINET • LOUXOR



- **1 • Cannabis leaf** (credit Shutterstock) • **2 • Temple of Luxor. The Goddess Seshat.** (Photo: Jon Bodsworth)
- **3 • Seshat, the Goddess of writing.** Temple of Kom Ombo built between 1350 and 180 BC. (credit shutterstock)
- **4 • Seshat - Temple of Ramses III at Medinet Habu+ - 1200 BC.** (credit : Magica/Alamy)

Traces of cannabis were found on the mummy of Ramses II. The goddesses Seshat (goddess of wisdom) and Bastet (goddess of war) both took cannabis. Hemp fibers were discovered in the tomb of Amenhotep IV (Akhenaton) at El Amarna

SPAIN • THE KING OF ARAGON, ALFONSO V



• 1 • **Alfonso V, the king of Aragon**, in a painting by Vincente Juan Masip. 15th century (Zaragoza Museum). King of Aragon, Count of Barcelona, King of Valencia, Majorca, Sardinia, Sicily and Naples. (Under Licence Creative Commons Attribution-Share Alike 4.0 International). • 2 • Close-up of **the pyramid** • 3 • **Crown of the King of Aragon**

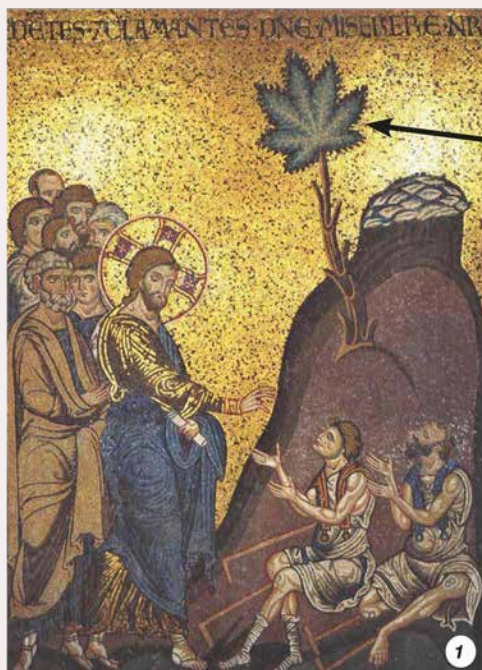
The king of Aragon was one of the last defenders of a free and fertile world. On his official portrait, you will find the usual allusions for the initiated. There are, naturally, the mushrooms on the crown, but also the pyramid that you can see, in the background on the right. I barely mention the "forgotten" civilizations in this book. But it's clear that at least one great civilization preceded ours, and that it was consciously erased from the history books by the monotheistic patriarchal clergy. Probably because it was too good an example of freedom, true spirituality and true democracy. The proof is in the scores of archaeological sites that challenge official history, such as the many pyramids around the world.



"The Last Supper" of Leonardo da Vinci - 1498 - Milan. (Credit: Under Licence Creative Commons Attribution-Share Alike 4.0 International)

Da Vinci put none other than the secret of the Grail in this mural, in a thinly veiled way. Officially, the Last Supper represents Jesus's last meal, surrounded by the 12 apostles. But if you look closely (you can see the enlarged picture by clicking on the magnifying glass!), you'll discern a woman to the left of Jesus, probably the virgin Mary Magdalene, often depicted with red hair. Even on Wikipedia, we are told that they are all men. I guess there are Catholic extremists, or maybe Jesuits or even Swiss Guards, who correct Wikipedia whenever someone points out that there's at least one woman in this fresco. Which goes to show, sometimes you just have to open your eyes and look carefully. For I can clearly see a young woman to the left of Jesus. To the left of this young woman, a man with a threatening white beard, probably Peter, standing between Mary and her neighbor... and hiding a knife behind his back, so that Mary Magdalene can't see it. To Peter's left is a man who seems frightened by the knife. A "V", symbol of the Grail and the sacred feminine, is formed by the bodies of Mary and Jesus, each leaning to their side. This "space" between Mary and Jesus creates an imbalance to attract our attention. They are linked by the "V" of the sacred feminine.

ITALY • SICILY



• **1 • Jesus healing the blind - 1177** - Byzantine mosaic - Monreale Cathedral - Sicily - Italy. (Under Licence Creative Commons Attribution-Share Alike 4.0 International) • **2 • Cannabis leaf** (credit Shutterstock) • **3 • 12th C. The meeting of Adam and Eve.** Byzantine mosaic. Cathedral of Monreale - Sicily - Italy. • **4 • Psilocybin mushroom group** (credit Shutterstock).

ITALY • VATICAN • ST. PETER'S SQUARE • ROME



Federico Paul Nally - 19th. Century. - **Fountains Gregoriana et Clementina** - St. Peter's square – Rome.

The two fountains in St. Peter's Square at the Vatican in Rome are shaped like mushrooms.

St Peter's Basilica was only built in the 17th century. It replaced the basilica built by the emperor Constantine in the 4th century, probably because it contained too many clues that Christianity was originally a polytheistic cult that recognized the sacred feminine. The two fountains in today's St. Peter's Square date back to the 17th century, but they are replicas of a fountain that was already existent in what some call the "ancient Vatican Basilica" built by Constantine.

ITALY • VENICE • BASILICA OF SAN MARCO



Basilica of San Marco, Venice, Italy, 13th c. St. Mark's Basilica, Venice, 13th century. (Photo by Richard Stracke, CC BY-NC-SA 4.0 Deed | Attribution-NonCommercial-ShareAlike 4.0 International)

This scene goes from right to left.

It dates from the end of the 12th century, when the Templars were extremely powerful throughout Europe.

The scene on the right illustrates an episode from the Bible, John 20:26-29, "Doubting Thomas". We see Jesus, who can be recognized by his 5 scars/holes from the crucifixion, explaining that his resurrection happened thanks to the mushrooms. At his feet, Thomas puts a finger on the scar on his right side.

The scene on the left illustrates Matthew 28:1-10, Mary Magdalene and the "other Mary" were on their way to tell the disciples that the tomb was empty when Jesus appeared to them. This is the resurrection of Jesus, surrounded by mushrooms, an anchor that allows a being of light to incarnate more completely in the body. Below Jesus is an anchor that could symbolize this anchoring.

INDIA



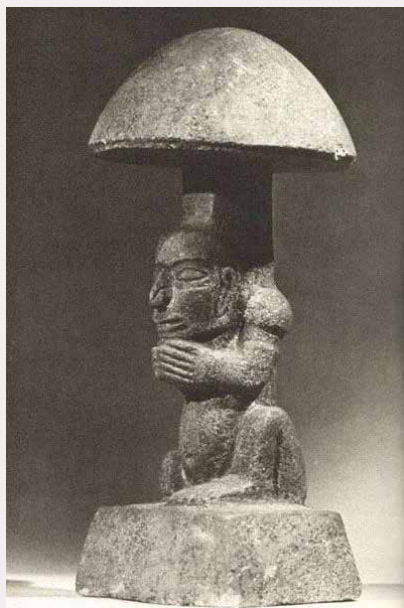
•1• **Buddha, -600 BC** (Photo: Sailko)

(Autorisation under license: GNU Free Documentation License, Version 1.2 or any later version published by the Free Software Foundation).

•2• **Psilocybin mushroom** (credit Shutterstock)



GUATEMALA



Mushroom stone, between -1000 BC or -500 BC.
(From the book *The Wonderful Mushroom*, Gordon Wasson)

ICELAND



From left to right • **Mushroom *Psilocybe Semilanceata*** (Credit Shutterstock) • **Eyrarland bronze statue**. +- 1000 AD. National Museum of Iceland. Credit: L3u.

Thor is known in particular as the god of storms and rain, which make mushrooms grow. (Image under the Creative Commons Attribution-Share Alike 3.0 Unported).

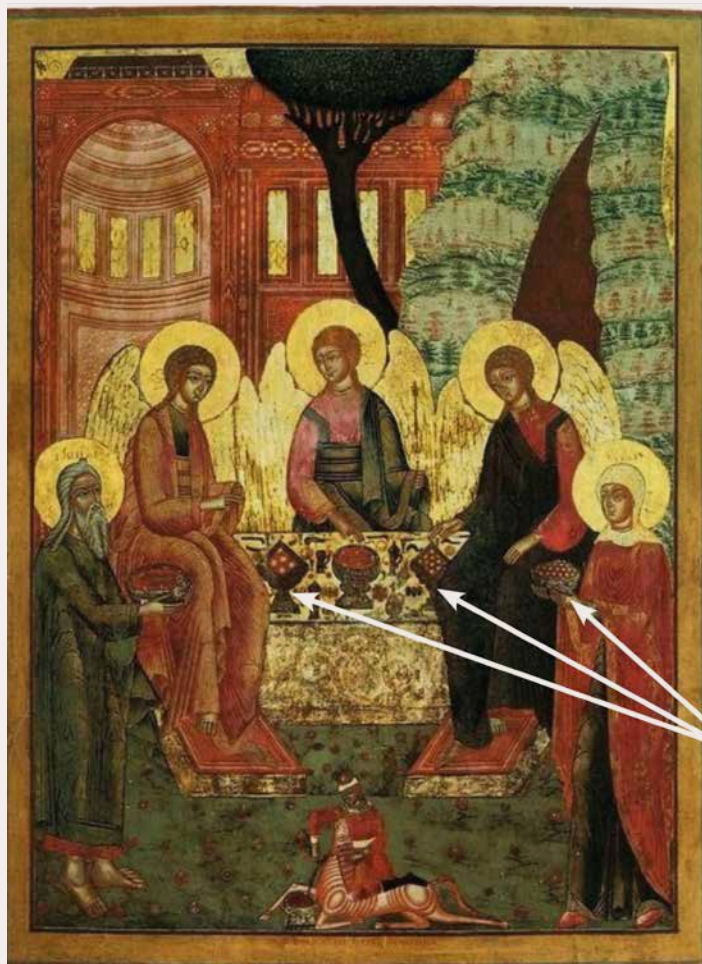
MESOPOTAMIA / IRAQ



Sumerian tablet - Blau Monuments - British Museum - 3,000 BC

Naturally, some people will say that it's something else – Christmas trees or bedside lamps. I see two mushrooms on the woman's side. The latter made up the bulk of healers/shamans.

RUSSIA



From left to right • **Russian Icon**. Andrei Rublev. 14th C. • **Red Amanita** (Credit Shutterstock)



CHAPTER 14



APPENDICES

**SOUL / SPIRIT**

Indeed, the Spirit of our consciousness is eternal and incorruptible. That is, it dwells in “worlds” that are inhabited only by full consciousness. One of the tasks of the “worlds of full consciousness” is to safeguard the information/knowledge accumulated over many “eons”. The knowledge acquired is preserved, so one doesn’t have to go back to the stone age in every cycle. The Spirit makes a copy of itself that we call the soul. You could say that the soul is a kind of avatar of our spirit. This soul/avatar goes out to explore creation. In doing so, it brings consciousness where it is lacking.

The ultimate goal of the soul/avatar is to bring back the knowledge and experiences it has had in the “other worlds”, “realities” where there is less consciousness.

The spirit of your consciousness is then in no danger of being “caught” in realities with less consciousness. The latter could be characterized as extremely attractive, bewitching, and ultimately invasive, addictive and destructive. That way, the spirit remains “untouched” and can explore and influence worlds where there is less consciousness, without the risk of falling or being “caught”. At worst, souls get lost on the way and wander until they “forget” who they are. But the spirit of the soul is still there. It’s as if the Spirit had lost an arm... But it will grow back.

ASTRAL / EGREGORE / THOUGHTFORM

To sum it up in a phrase, the astral is a dimension created by human thoughts that has come to take power over them. It could be compared to the specific wavelength of a TV channel. The collective unconscious comes directly from the astral for the most part. The astral is a sub-dimension in which thoughts and emotions “take form”.

For example, if you imagine Santa Claus riding in a sleigh driven by reindeer, that thought will actually take form in the astral. It then becomes a “thoughtform”. It will cease to exist if no one has paid it any attention. But if you feed it every day, it will acquire a certain autonomy of thought and choice. The creators of most religions have understood this very well by introducing “icons” and images, and by forcing people to pay attention to them every day, especially by praying to them.

The image that religions wanted us to have of Christ really took form in the astral. But since there are many different ways of conceiving of Christ, there are several Christs in the astral. I, for example, have an image of Christ that is the opposite of that of Catholics.

Thoughtforms that are in the same energy family come together and create an egregore, which can be compared to a huge wave of thoughtforms. Each egregore has its “impetus”, its laws and its very specific logic. I really like Wikipedia’s definition:

“An egregore is a concept referring to a group spirit made up of the aggregation of intentions, energies and desires of several individuals united by a well-defined purpose. In esotericism, it is thought to be a force that needs to be constantly nurtured by its members through established and defined rituals.”

When you pray to the Catholic Christ, you connect to that thoughtform and to its egregore of logic. In doing so, you nourish these thoughtforms and egregores, which then thank us by sending us intense emotions. So, “religious people” are not hallucinating when they believe they are connected to something.

There is an infinite number of life forms in the invisible worlds. Some group them under the name “entities”. Whether they are astral beings or beings from other dimensions, most of us have energy loads or entities stuck onto our aura.

Many consider them our enemies, but they are also our allies. They attach themselves to cracks in our aura that exist due to false beliefs, or because of psychological wounds. The entities will highlight what needs to be healed by magnifying it. It is a bit like viruses that sound the alarm when our immune system gets too weak. It is also true that the astral controls most of people’s important choices so that they remain in this destructive mindset. The astral can send you thoughtforms and it can also manipulate your emotions. It sends you unpleasant emotions such as fear when you’re about to have an encounter or an experience that could spur you toward awakening.

However, if you don't work on your faults and emotional wounds, thought forms can completely run your life without your knowledge, and often lead you to destroy what you love. Some people who are considered crazy are actually just overwhelmed by the influence of thought forms. When you do something that bothers them, and they can't get at you, they will "attack" (in the sense of influencing) those close to you, to try to reach you through them.

My mother ended up being euthanized, one of my brothers died of an overdose of opiates, and the other brother died of a heart attack, mainly due to legal opiates. But the last years of his life on legal opiates made him so crazy that he killed my father with drugs prescribed by a collaborating doctor, after having stolen all his money. And I was so buried under all the entities that I didn't react well or quickly enough. At that time, I didn't understand well enough how all this worked, and I blame myself! So, yes, thought forms on the astral plane are not our enemies, but for the time being they're the ones driving individuals to self-destruction.

The astral plane is fueled mainly by our emotions. If our culture is sadomasochistic, it is also because suffering produces a lot of energy.

Astral entities are extremely contagious, especially through physical contact or emotional merging (even at a distance). They can move from one physical body to another in the blink of an eye!

Most people's choices are controlled by the astral.

The sleep-inducing "patriarchal" culture is conceived and calculated to make individuals look outside themselves for the divine, Love and everything they need. They seek God and Love in churches, in others and in the astral. Consequently, they are far more easily influenced by the movements of the egregores and the collective unconscious. With the Corona crisis, we can see that most people are completely cut off from their capacity for inner reflection. They are deeply attached to the collective unconscious. To feel safe, they need to act "just like everyone else". Many observers describe them as "hypnotized" beings.

The current "problem" is that the collective unconscious and the astral are in a recycling movement, therefore one of destruction. In order not to be drawn into this whirlwind, there is only one solution: to connect mainly within ourselves.

The astral is not bad in itself. It is a communication tool that has been perverted. I tend to believe that thoughtforms and egregores as we know them today are only one step. And that thoughtforms are the seeds of future souls. But this can only occur if someday the astral of future humans tunes into the wavelength of Fertile Love.

To liberate humanity, it is necessary to “raise awareness of the astral”. It would then become a kind of giant Wi-Fi so that everyone can communicate telepathically together. One of the jobs of the Warriors of Fertile Love is to convince thoughtforms to change their “family”. The way to do it is to offer them THE KEY so that they know how to adapt their personality to be in harmony with the laws of Fertile Love and thus become “true” souls. “True” in the sense of being connected to themselves and not to the collective unconscious.

We must never forget that what is to be sought is THE CONNECTION. We need to connect to an “energy network” in order to be able to nurture ourselves and it. 99.9% of people continue to attach themselves to the “patriarchal/sleep-inducing energy network”. If we want to escape from this patriarchal network and its logic of self-destruction, we must connect to the other family, to the Fertile network. And that connection happens mainly on the inside.

When you try to remove a recalcitrant entity from a person, you can talk to them and offer them a deal. I could even specify “THE” deal! If they join the alliance of Fertile Forces, they will no longer be considered an enemy, and will be considered part of the Family of Light. If you possess some knowledge and are able to explain to an invisible entity why it is there and how it can improve its daily life, then you can turn it into an ally for eternity, or even a little more. LOL!

The most dangerous thoughtform of thinking is often the vision we have of ourselves. It ends up controlling most people. For most individuals, there is a huge gap between the image they have of themselves and the everyday choices they make.

In order to understand the astral plane, we must integrate the fact that “thoughtforms” have acquired a certain freedom of thought. They have created a real civilization with what may look like hierarchies, cities, highways, etc... They use future humans as energy pumps, influencing their thoughts and choices so that they generate a lot of energy. Astral thoughtforms are afraid that humans could awaken because they are afraid of disappearing. So they hinder humanity’s evolution the best they can.

One of their goal is to compel us to develop technologies outside of ourselves, instead of developing inner ones. Since they are made of energy, they hope that once we have discovered sensitive enough electricity conductors, they will be able to take control of the “machine worlds” and lock up the souls of future humans on hard drives. I know, it sounds a bit like a science fiction scenario but “Welcome to the real world...”

You can talk to your thoughtforms all the time and modify the astral plane. You need to convince the thoughtforms that they have everything to gain by the awakening of Humanity. If they too commit themselves to the laws of Fertile Love, they will be the embryos of the new souls to come. That way you can turn them into allies...

But the most important thing is to understand that most mediums and shamanic travelers wandering in the astral plane believe that they are “in the divine worlds”. Most psychics, priests/rabbis/imams connect with the astral plane and can receive personal information about you, but the better to manipulate you afterwards. When a religious person connects to Jesus, they are really connecting to a thoughtform posing as Jesus. But it is only the shadow of Jesus/Mohammed/Buddha that they are connecting with. That’s why, in the invisible worlds, I advise you not to dwell on the name of the beings, or on their forms, but rather on their message and their state of mind.

The one god whom the three religions of the book pray to doesn’t really exist, in the sense that he is a thoughtform. He exists in the thought world of men, in other words on the astral plane. He therefore has a certain power, but every living being on this planet is more “divine” than he, because this unique god has no inner connection with the whole. He is the opposite of a god. He can scare us, play with our emotions and thoughts, turn people against us, but he cannot physically reach us in a direct way.

Some call this unique false god the devil, but it is in fact an energy created by men’s perversions. The Essenes called it the spirit of perversion. Still, you could say the so-called “patriarchal” religions are shadow religions, and their soldiers often act secretly.

It is important to understand the role of what I like to call double agents. They are “Trojan horses”. They lead you to believe they have the same values and dreams as you, but in reality, that’s not what they choose to follow, although they are rarely aware of it. “Double

agents" who pretend to want a more fertile culture are like cancer cells. The latter pretend to be healthy cells so they can approach and feed on them. In the same way, these souls infiltrate everywhere to sabotage projects that are too fertile and to slow down or stop souls that are moving toward awakening. These agents have infiltrated all fields – politics, healing, shamanism – to change their identity so they will no longer be Fertile.

The double agents' specialty is to deal us a blow in order to drive our inner connection outside. Those who visualize that connection as going up and down say the blow will make the connection horizontal.

On the importance of distinguishing between the family of reduced light forces (shadow) and the astral forces: the family of reduced light forces (called the shadow, relatively speaking) are absolutely not perverted forces, in the sense that they represent a natural and necessary part of creation.

The astral, on the other hand, is a dimension that has been perverted by man and has given birth to a large number of thought forms (or other life forms) that pervert mankind. In short, they think and feel in their place. Even though the astral often serves the same interests as the shadow family, it has become like a wild horse that no one can control anymore. It is like Agent Smith in the movie "The Matrix", who takes off his earpiece and wants to become independent from the two forces of creation.

ATHEIST / ATHEISM

Atheism is a patriarchal religion like the others that could be called "scientism", i.e. believing in what the official sciences say. I compare them to religions because they are based on beliefs and not on scientific truths, contrary to what they claim. I venture to say this because nowadays there are two distinct groups of sciences: corrupt science at the service of industrialists and real science, which is becoming increasingly rare because those scientists simply can't find funding to do their work, nor media to express themselves. In reality, atheism could be summed up as "believing in the sciences expressed on TV and in the mainstream media".

Like with religions, scientism's one-track thinking is based on lies, because science and knowledge have been hijacked in every field by the interests of industry and finance, and indirectly by religions.

BUDDHISM

Buddha, -600 BC (Photo: Sailko)

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I love living in Buddhist countries. It was after living in a Buddhist country for 3 years that I went from being a “hardened atheist” to being a “super spiritually minded person who tries to question himself all the time”. I almost became a Buddhist monk because I loved their company and their sense of humor so much. Meditation and the concept of vital energy are among the treasures that Buddhism has given to world culture.

I became disillusioned when I learned that most of them were monks because their family or their Lama had ordered them to be, or simply out of economic necessity. It wasn't their decision. But what bothered me most was that they had a kind of “pride” in following other people's orders, a misplaced pride that could sometimes be summed up as “I have no ego, so I agree to serve my family and the Lamas.”

After spending a few years in a Buddhist country, I came to realize that the slightest spark could make everything explode like a volcano that has been held back for too long. In my travel guide, it said something like, “Above all, try not to enter into open conflict, not to raise your voice, and make sure they never feel insulted, because there's no intermediate step between smiling and stabbing.” Unfortunately, I can confirm that this was absolutely true. I have witnessed scenes of unspeakable violence, and for really “futile” reasons such as politeness, honor or tradition.

Within families or inside temples, there is often a pervasive violence that forces you to clam up in front of the hierarchy, even if it is often only “psychological”.

There is an urgent need for Buddhism to break out of its stereotypical image, because in most countries, Buddhism creates an ultra-hierarchical culture in which submission is mandatory and a sign of wisdom. Lamas (from the Tibetan “blama”, master/guru) and other “official” Buddhist authorities demand to be treated like demigods or kings who need an entourage to serve them. They feel they need this treatment because they have returned to this world of suffering only to help others. This point works very effectively to trigger feelings of guilt.

One of the consequences of this habit of submission is that nearly all Buddhist countries have highly authoritarian regimes. People accept hard political dictatorships more easily because they are conditioned from their early childhood to think it's normal to clam up in front of certain people.

Sorry, but in Buddhism there isn't much room for individuality or developing one's will. Even Lamas don't choose to be Lamas, since they're designated as the reincarnation of this or that previous Lama.

Furthermore, Buddhism is a religion that has created a deeply macho culture in which women are truly treated as less than nothing. They are considered impure and incapable of attaining enlightenment. Moreover, there's a prayer in Tibetan in which the reciter asks not to be reincarnated as a woman but as a man. If women were recently allowed in the “Tibetan Buddhist curia”, it was done to please the Westerners who have become the most important financial backers of Buddhism.

The “Pali Canon”, one of Buddhism's fundamental texts, leaves no ambiguity: *“One must be wary of women,”* it recommends. *“For one who is wise, there are more than a thousand who are foolish and wicked. A woman is more secret than the path a fish takes in the water. She is as fierce as a robber and as cunning. She rarely tells the truth. For her, truth is like a lie, and a lie like the truth. I have often advised disciples to avoid women.”*

It didn't take a lot of research to assert that, like all religions, Buddhism today has little to do with the message of its originator, Gautama Siddhartha, the Buddha.

His message has been transformed into a political tool
to manipulate the masses and make them docile.

Some reasons why today's Buddhism is not in harmony with the message of the Buddha Siddhartha:

Siddhartha never intended to create Buddhism because there is no evidence to suggest:

- A** - That he wanted to create religious hierarchies one must prostrate oneself before and which are necessary to be connected to the divine plane.
- B** - That he proposed that the hierarchy or those who follow them should wear a uniform. The cowl doesn't make the monk.
- C** - That we need any temples other than our inner temple.
- D** - That one should forget who one is. The ceremony of "taking refuge in the Buddha" is totally opposed to Siddhartha Buddha's philosophy. On the contrary, his message is to take refuge in oneself. One day I went to a Buddhist temple in France on a day when people were "taking refuge in the Buddha". I found the energy so heavy that I had to leave. It was as if these souls were all marching together to the scaffold.
- E** - That one should not continue living one's life as a woman or a man. Buddhist authorities claim that the essence of his message lies in the discovery of the noble truths, which could be summarized as: "We suffer because we have desires, so by suppressing desires, we suppress suffering." Sorry, but that's in total opposition to the life experience of Siddhartha who reached these life choices after having experienced all the "earthly pleasures". Buddha's main message is to experience life for oneself, so that one can then make choices. The "Buddhists" who decide to do without all these experiences without having lived them put the cart before the horse.

As with other religions, there are "apocryphal gospels" that offer a completely different version than most of "current" Buddhism based on devotion and hierarchies. Here's an example:

"Yes, Kalama, it is right that you should feel doubt and puzzlement, because doubt has arisen in a doubtful matter. Now listen, Kalama, do not let yourself be guided by relationships, by tradition or what you have heard. Do not let yourself be guided by the authority of religious texts, nor by mere logic or inference, nor by appearances, nor by pleasure at speculating on opinions, nor by possible similarities. Nor by the thought: 'He is our master'. But, Kalama, when you realise on your own that certain things are unfavourable, false or bad,

then renounce them. And when you realise on your own that certain things are favourable or good, then accept them and follow them."

Teachings of the Buddha. W. Rahula, Colombo, 1929.

I believe that if so many Westerners recognize themselves in Buddhism, it is because they are unable to face their inner monsters, their anger and their sadness. So, in a forced way, they claim to be above all these emotions. But all this will either come out one day and end up being very destructive, or it will rot the person from the inside and create a serious illness. In any case, it creates twisted relationships with others...

Money is also omnipresent in Buddhism, as in other religions. Believers come to make vows, leave money and this enables the monks to live. And of course, the teachings say that the more you donate, the more likely your vows are to be fulfilled. I've often felt very sad seeing all these people who are already so poor, giving more money for their faith.

As in all religions, there are as many ways of conceiving and experiencing Buddhism as there are Buddhists on Earth. The Buddhism of the Tibetan highlands is different from Thai Buddhism, which is itself different from Indian or Japanese Buddhism, etc.

Tibetan Buddhism is in the minority compared to the rest of Buddhism. However, for Westerners (who often like to simplify things they don't understand well), Buddhism is the Tibetan Buddhism of the Dalai Lama. But the Dalai Lama is not the leader of all Buddhists, contrary to what most Westerners believe.

In Tibetan Buddhism, the Lamas have Dakinis, servant girls who often sleep on the floor at the foot of the bed. They must be ready to fulfill their slightest needs any time of the day or night... The Lamas have retainers, like kings and queens, to wash them, to make food for them, to give them massages... But this also includes taking care of the sexual needs of the Lamas. When the Dakini is too old, she is replaced by a younger one and the older one takes care of the housework. And when they do not do their job well, they are deprived of food or beaten. If a Dakini becomes pregnant, no one wants to know, there is no provision for this. It has to be dealt with behind the scenes, as if nothing had ever happened.

These are NOT exceptions or excesses; they are part of the tradition. This is not to say that this tradition continues in all temples. But it has been part of the tradition for thousands of years and it is still practiced today, especially in temples in France, India and Nepal. Tradition

also obliges all those who know to keep the secret of what they dare to call “Tantrism”, otherwise their soul and the souls of all their relatives will be banned from enlightenment for eternity.

When they condition their disciple, they justify the secret by the fact that outsiders are not enlightened enough to understand. They explain to their disciples that if they speak, their souls and those of all their relatives will be banned from enlightenment for eternity. These practices, in particular in Tibetan Buddhism, date back to the 8th century. Padmasambha, who is considered the founder of Tibetan Buddhism, is recognized as having at the time 5 sex slaves chosen among his disciples.

This has been denounced since the 80's, in particular in numerous books, but as everywhere, religious people have impunity, so it still continues today. For instance, in 1993, a group of Buddhists met with the Dalai Lama in France to denounce the repeated sexual abuse and cruelty of certain lamas. The Dalai Lama promised at least to make a statement that such things could not exist in Buddhism, but he didn't keep his promise! This meeting was filmed, and you can see some images in the ARTE DOCUMENT “Bouddhisme, la loi du silence”. For instance, a former Dakini relates that the Lama said that, in a past life, she was a man who raped women. So the best way to neutralize her karma was to be abused in turn. I've been hearing stories like this about Tibetan Buddhism for 30 years and I'm very happy that this is starting to come out.

The Dalai Lama could have taken responsibility for this, that it was something that had been going on for centuries and had to change. But no, he didn't do anything, probably because at the time Buddhism was booming and he didn't want to stop that expansion, which was mainly made up of new recruits in the West. However, he later appeared in public with Lamas, such as Sogyal Ripoche, who had been denounced for sexual abuse, which gave them renewed legitimacy. For example, he attended the inauguration of Sogyal Ripoche's center in France. This Lama is the official author of the work “The Tibetan Book of Living and Dying” which is a standard of reference in this area.

In 2017, under pressure, the Dalai Lama finally disgraced him. But the silence of the Dalai Lama and Mathieu Ricard (his translator/representative in France) allowed this Lama to continue to destroy people's lives with impunity for 25 years. This is called “protecting a prostitution ring for money”. Sorry, but the reason why the Dalai Lama has let these thousands of crimes go unpunished is so that he doesn't lose the “donations” that these “Lamas/sex predators” make. The Tibetan Buddhist hierarchy living in India has always had money problems. The Tibetan Lamas who preach in the West are the ones who make a lot of money. If they stopped supporting the Lamas who make money in the West, they wouldn't have very much. And I

could give you many other examples of debauched Lamas in the West who continue to run their centers with impunity.

Now, I am not saying that Buddhism is the most macho and sexually abusive religion. It is unfortunately the case for all patriarchal religions.

That's what denying human and sexual impulses leads to. As long as sexuality is frustrated, it creates perversions. And unfortunately, contrary to what I thought, this is also the case in Buddhism...

As with other patriarchal religions, governments let it happen because sects/religions that put people to sleep don't bother them. Furthermore, the reason why we know about all these crimes today is due to the courage of Westerners who have played the role of whistleblowers, but I can't imagine how it plays out in the temples and isolated villages.

Buddhism has many rites of suffering, like endless pilgrimages where participants are forced to walk while throwing themselves to the ground. Prostration on the belly (KJANGCHAG) consists in throwing oneself down so that the belly and forehead touch the ground, getting up, taking three steps and starting over again. In some pilgrimages, like the one to Mount Kailash, those who prostrate every 3 steps can take up to 3 months. Doing prostrations around the mountain for 52 km enables one to erase all the sins of one's life. But if you do 108 rounds (5,616 km), you can reach Nirvana. If you do it properly, it will take you 27 years! This is like the apology of suffering so dear to Western patriarchal religions. "The more you suffer, the more chance you have of going to heaven".

And we shouldn't forget to mention Buddhist mantras, a great many of which completely numb the consciousness.

Western Buddhists are often extremely proud, because they are sure they've found the ONE master. Behind their "humble" appearance, they are often appallingly proud and self-seeking. The proof is that, whenever I say that Buddhism considers women as impure and incapable of attaining enlightenment, they answer either that it's not the case in the Buddhism they practise, or that they had never heard that. Clearly, they haven't really explored their new religion in depth.

I find that, many times, these are people who can't deal with their anger, sadness and inner fire. Often, they label themselves "Buddhist", because it justifies their passivity regarding all this injustice and destruction. This is very unfortunate, because they're afraid of their fire that could give so much to humanity. But they choose to adopt the Buddhist mindset, which

allows them no longer to feel the guilt of being passive or active collaborators in a system that's destroying everything. I've even met several "Buddhists" who told me it was pretentious to believe that one could "save humanity". It's so much easier to convince ourselves that we're just small and unimportant!

As for those who say that Buddhism is a philosophy and not a religion, it's really nonsense. Those who say this have obviously never been to a Buddhist country, since hundreds of millions of people on Earth Gaia experience Buddhism as a religion. They worship the Buddha and a whole hierarchy of invisible beings like in other religions.

As for the Dalai-Lama, I can't feel angry with him, because he is one of those millions of children whose lives, love stories and dreams have been stolen by monks and turned into servants. Like anyone who has spent their childhood in an overly religious environment, the Dalai Lamas and Popes have no experience of real life, because they haven't lived it. Most of them don't even know what a woman is because they've never really spent time with them.

From the Dalai Lama's book "The Buddhism of Tibet":

"Attraction to a woman comes mostly from the thought that her body is pure. But there is nothing pure in a woman's body. Just as a decorated vase filled with garbage may please the foolish, so the ignorant, the foolish and the worldly desire women. The abject city of the body with its holes excreting elements, is called an object of pleasure by the stupid."

And with all due respect, I would say to the Dalai Lama that he is seriously mistaken. On the contrary, a man can be hugely helped by a woman in their mutual awakening. I even doubt that it's possible to reach certain levels of consciousness without having lived and shared moments of one's life with women. I hope that one day the Dalai Lama will meet a real woman, free from any external domination (including religions) who will help him realize how wrong he is. And maybe he too will join the "free" women and men and realize that the present form of Buddhism is a sleep-inducing and self-seeking path and not at all one of awakening.

I propose to all Lamas to explore their sexuality, to explore shamanism with the flesh of the gods and to learn to face their fears and anxieties. And to accept their warrior fire as a necessary part of life without which the lowest parts of the human soul take over.

That way, the Lamas will realize that the original Buddhism of Siddhartha Gautama has been stolen by a patriarchal sect, and turned it into a political tool of oppression. This is the same thing that happened with Mary and Jesus, Abraham and Mohammed.

Despite all that, I still love living in Asian Buddhist countries.

CANCER / CHEMOTHERAPY

Chemotherapy does far more harm than good. In most cases, it's practically murder.

According to an Australian study (Clinical Oncology, December 2004), chemotherapy in all sectors only prolongs the life of 2% of patients. The study also shows that for the following cancers, the % is 0: Pancreatic, ovarian, prostate, kidney and bladder cancer, brain tumors and melanoma.

The study also shows that for the following cancers, the % is 0: Pancreatic, ovarian, prostate, kidney and bladder cancer, brain tumors and melanoma.

A study from a Canadian university states that, on average, each person gets two early-stage cancers in their lifetime. But most of the time they cure themselves. However, if you go for a test when the cancer is visible, the doctor tells you, as they told my beloved mom, "You have only so much time left to live! And if you believe him, you condition your whole body to be invaded by cancer cells.

The doctor added: "Chemo only works in 5% of cases, but it's the only thing we can offer you". Bad luck, it was pancreatic cancer, which has a 0% cure rate, according to new studies "devoid of conflicts of interest". So, I concluded that the studies referring to this 5% specified by my mom's oncologist were done by scientists who have a conflict of interest with the companies selling chemotherapy drugs.

In France, in 2018, the cost of standard chemotherapy varies between 5,200 and 31,200 € per year. The same year, again in France, this so-called "fight against cancer" earned the medical mafia 3.2 billion euros. Frankly, I don't know how these people can sleep at night.

CATHARS / GOOD CHRISTIANS / ALBIGENSIANS

Those commonly known as Cathars called themselves "good men" or "good Christians". Their opponents called them Cathars, Albigensians or "perfects". The term "perfect" is pejorative. It comes from the Latin "hereticus perfectus", which means "consummate heretic". The same principle applies to the name "Cathars" chosen by Rome, which means "the pure" in Greek. But it should be read in a pejorative way as "those who consider themselves to be pure."

It is understandable that the Catholics changed the "Cathars" name, because the term "good Christian" summed up the essence of their message, namely that Catholics were not good Christians!

The religion of the good men was on the one hand very optimistic, in the sense that it considered that everyone would be “saved” at the “end of time”. But they were also very pessimistic about the present life on Earth, considering that in this world almost nothing is good, because almost everything is lies and simulation. They therefore spoke of “relative duality”. In other words, for “good Christians”, hell was the here and now! This is similar to Shakespeare’s famous phrase: “Hell is empty, and all the devils are here!”

Good Christians did not believe in hell or in the “final judgment”. However, they considered that as long as the soul hasn’t reached a certain level of development, it is constantly reincarnated in this unjust “upside down” world. Without its incessant “you’ll go to hell” threats, the Vatican would lose one of its best sources of power to hold onto its followers.

The Cathars revived Gnosis, the religious thought that considers salvation to be obtained through knowledge and its application and not by virtues and grace (the will/gift) of the Divine.

But the biggest difference is the inclusion of the feminine in the trinity, as opposed to “official” Christians who have a trinity without a feminine element. Without the fertile basis of creation, it is logical that cultures with a patriarchal trinity become programs of self-destruction.

The Cathars also believed that we were imprisoned in a kind of dream, like the Australian aborigines. They considered Jesus to be mortal and most Catholic rites useless and “boring”. They didn’t recognize the Old Testament or the cross, which they considered an instrument of torture.

There were two distinct and complementary groups among the “good men”. The first group followed a “monastic” life, doing everything possible to be connected to their divine interior. The second group was able to experience their “human life” through the monastic group, which provided the highest possible spiritual environment. Everyone could move from one to the other.

Official” historians often say that they don’t know why the Good Christians/Cathars developed so much in the southern Pyrenees of France. But that was the region where the Vikings/Celts/Pagans settled four centuries before the Cathar episode. And before them, Toulouse was even the capital of the Visigoth/pagan empire before being integrated into the

Frankish/pagan kingdom of Clovis. You really have to be disingenuous and not have at least 2 functioning neurons to make the connection! LOL!

Furthermore, it was the region where Mary Magdalene came to live and teach. You could even say that it was here that true shamanic and polytheistic Christianity began to blossom. Her remains were recovered by the Vatican, which buried them at Saint-Maximin. Some “erudite” monks, who couldn't bear the idea of her body being in the possession of the Vatican, stole the remains, which rest in the Basilica of Mary Magdalene in Vézelay. By the way, if you look closely at the cathedral's facade, you can see that it's not very Catholic. For instance, the statues of the father have their heads cut off!

In fact, the Inquisition was tracking the spiritual and perhaps even biological descendants of Mary Magdalene who may have had a daughter, Sarah, a redhead. Or a boy, depending on the source. Perhaps this also explains why, several centuries later, redheads were much more likely to be burned at the stake. It may be unrelated, but Joan of Arc is described as being a redhead too.

THE CITY OF LONDON CORPORATION

Do you know the incredible story of the City of London? The world is falling apart, because people don't care enough about the economy, so please read this, you'll be flabbergasted.

This unfortunately true story proves how institutionalized corruption is, which means that it is an integral part of the core functioning of nearly every government. It is an excellent example of what I call the pact between finance, royal families and the Vatican. That triad sticks together in order to live above the law and not have to pay taxes, and this has been going on for centuries.

I imagine you'll find it very difficult to believe that the geographical center of London does not belong to Great Britain, but to the banks. It's not a secret, you can check for yourself.

Indeed, like the Vatican, “The City of London Corporation”, nicknamed “the City”, is a private company that owns its own geographical territory in the center of London. The City has its own mayor (different from the mayor of London), who is not elected by its residents, but by well-established businesses in the City. These companies are almost all, in one way or another, linked to finance. The territory has its own police force, its own courts and what happens there is NOT subject to English law.

At the center of the City is the all-powerful Bank of England, which is a private bank despite its name. It is supposed to play the role of central bank but also of regulator, i.e., it's meant to "monitor the other banks". That takes the cake, because it's like asking the most dangerous pedophile on the planet to be the director of a kindergarten, but so be it! Anyway, what has brought the planet to the brink is because we pretend that conflicts of interest don't exist. And if you think I'm being too harsh, you'll see that, in fact, "The City of London Corporation" is indirectly the biggest tax haven on the planet.

The City and its extraterritorial status allows bankers from all over the world to directly access the system of "offshore" banks in the "former" British colonies (Cayman, Bermuda, British Virgin Islands, etc.), where most of the system works through "trusts". That system allows assets to be hidden in such a way that no one can really know who owns them. The system remains in place because most of the world's politicians also use these offshore banks, and they have no interest in seeing it end. Through these offshore accounts, politicians and other corrupt people can be paid for their work destroying democracies.

The City even has a representative in the House of Commons, the heart of British democracy. He is the only one in the assembly who has not been elected by anyone else but the City, and who can pass through the lobby to enter the chamber and sit with the other "elected" members. The other lobbyists have to stay in the lobby, which is why they're called lobbyists.

This detail is important, because it shows that finance is above lobbying. They are integrated into the so-called "democratic" process and they don't even try to hide. The nickname for this representative of the city in the House of Commons is "the reminder". Who reminds them of what?

That finance is the master of the world and that the
elected representatives are only its puppets.

There have been many complaints, particularly from the European Union, about these fraudulent practices. But England always responds that it has no jurisdiction over these territories, which is totally false. For instance, in the Cayman Islands, Bermuda and the British Virgin Islands, England appoints the governors and has veto power over all the laws that are passed there. This is an outright lie on the part of successive British governments. Even if most European politicians know about it, nothing changes, because almost all politicians and the ultra-rich who sponsor them have a direct or indirect interest in keeping this system

going. Besides, as I hope you've noticed, there's been almost no follow-up to the revelations in the Panama Papers.

In a dictatorship, it's "just shut up" and in a democracy, "say what you want, I couldn't care less".

That said, in England, even outside the City, bankers don't go to jail. They're kind of a protected species. So, on the one hand, England allows bankers not to go to jail and, on the other hand, they can proceed in total secrecy thanks to the TRUST system in British tax havens. Of course, England is not the only country with tax havens, but most of them are indeed under English jurisdiction.

I would add that London sends as many lobbyists to Brussels to protect the City's interests as the total number of lobbyists sent there to represent all the other European countries' interests.

As with the Vatican Bank, the City of London was finally found guilty of money laundering on an industrial scale, of financing terrorist groups and mafia networks in all countries. This was only possible thanks to whistleblowers who revealed the affair, which forced the American government to intervene. But the Americans had known about it for a long time, since even the CIA admitted that it used the BCCI for its "black ops", its clandestine operations that almost no one, not even elected officials, ever hear of. The BCCI was created in 1972 by the City to operate outside the City. It seems that almost every secret service in the world used the BCCI. But there were also criminals, politicians, in short all those who wanted to hide their money either because it was earned illegally (bribes, drugs, prostitution) or to avoid paying taxes.

Between its creation and bankruptcy, it experienced the fastest rise in banking history as it became the 7th largest bank in the world in less than 10 years.

The BCCI went bankrupt, which is a common way to close a company without paying creditors, but the parent company, the Bank of England, was NEVER worried. Yet the Americans proved that it was fully aware that its subsidiary BCCI was financing the worst atrocities on the planet. And naturally no one was convicted! Although the list of the Bank of England's main shareholders is secret, I bet that the English royal family is the main shareholder.

In order to prevent scandals like the one at BCCI from happening again, the City developed the concept of trusts which still today enable total opacity. In the context of our history, it is interesting to note that trusts seem to have been invented during the crusades.

In the event that something happened to the knights, they left their assets under the protection of a trusted person (the “trustee”).

The mainstream media often rejoices that many tax havens will ban or have banned bank secrecy. But this is just to make people believe that things are changing. Indeed, for decades, bank secrecy has been replaced by the concept of “trusts”. There is no register of trusts, and anyone can be a trustee. However, it is possible to measure the financial flows that vanish into trusts. Some specialists estimate that the amount hidden in “offshore accounts” and trusts is equivalent to one year of GDP for the entire planet! This means that if we recovered that money, it would quite simply enable us to save humanity by investing massively in social and ecological issues.

And everything I'm telling you about the City is absolutely NOT a secret. It's just that it's not mentioned in the media. Many economists have shown that apart from supporting the British pound, the City has had very a negative effect on England, especially on employment and the country's economic health. The City is the enemy of the English people, like the Vatican is the enemy of Christians. The City treats England like a colony. And I think that a lot of the phlegmatic English attitude that I like so much comes from the fact that it will never change so you might as well laugh about it.

About the City of London and the trusts, I highly recommend the documentary “The Spider's Web: Britain's Second Empire” (Notably on Amazon prime). I have taken the following two quotes from this film:

“We have a new mafia in place in our City (London N.A.) It doesn't directly kill people by shooting them, but its activity is just as deadly. It robs people of the opportunity for health care, education, safety, justice, and essentially a fulfilling life.”

Prem Sikka

Professeur at the University of Essex. England.

“Over and over again we have seen that there is in this country another power than that which has its seat at Westminster. (The City of London, a convenient term for a collection of financial interests, is able to assert itself against the Government of the country. Those who control money can pursue a policy at home and abroad contrary to that which has been decided by the people.”

Clement Attlee

UK Prime Minister 1945-1951.

CONSPIRACY / INVISIBLE WORLD GOVERNMENT / DEEP STATE / CORONA CIRCUS

I'm sorry, but if you are one of those who don't believe in conspiracies, then you're not paying attention to the world around you. For instance, if you don't believe in conspiracies, then you don't know how money is created. Once you understand how money is created by a holdup, you can grasp that the whole economic organization of the Western world is one huge conspiracy.

If every activist and rebel on the planet carried a sign saying "everything is because of the holdup of how money/the debt have been created", then things would change.

The appropriation of money issuance is an old story and is merely one phase in the private sector's takeover of governments in order to have the least possible (economic, ecological or social) regulation. As the revolutionary documentary "Saving Capitalism" (on Netflix, produced by Steven Spielberg) explains very well, the plot to take power out of the hands of governments is no secret to those interested in the history of economics. For instance, in many universities students are taught that in 1961 the U.S. Chamber of Commerce (an ultra-powerful lobby) hired a lawyer, Lewis Powell, to write a memo that would be the basis for "antidemocratic capitalism". It is known as the "Powell memo". In short, the plan was to replace politicians, i.e. to take their place and their job.

Excerpt from Powell's memo.

"The economic system is under broad attack (...) Business must learn the lesson (...) that political power is necessary; that such power must be assiduously cultivated; and that, when necessary, it must be used aggressively and with determination – without embarrassment and without the reluctance which has been so characteristic of American business."

The Reagan/Thatcher duo was a decisive phase in this holdup of democracy.

Reagan at least had the honesty to say: "Government is not the solution to our problem; government is the problem."

Margaret Thatcher went even further when she said, “Economics are the method; the object is to change the soul.” That quote makes my blood run cold because it’s true that they have succeeded in changing the world’s soul as well as many individual souls.

The IMF’s mission is to bring down governments by making them sell anything that brings in money: airports, ports, real estate, energy, water, etc. Today, in 2023, you could say that they have succeeded and that Western countries are on the verge of bankruptcy, and democracies have been hijacked. When Reagan and Thatcher were elected, it was already the result of two decades of lobbying designed to make the entire world conform to the following doctrine:

The law of supply and demand unconstrained by government must regulate the world. The market regulates itself. Some even say that the laws of the market are the laws of God, and of nature!

Few Europeans know that many politicians in the United States call environmentalists watermelons, due to their being green on the outside and red on the inside. In other words, they see environmentalists as communists obstructing the limitless law of supply and demand. A half-century of lobbying against government has meant that in 1964, 77% of Americans believed their government was making the right choices in the interest of the people. In 2017, they were only 20%.

The 70s and the 80s also saw a real “purge” of all personalities advocating “alternatives to capitalism” in South America, Africa, Asia and Europe.

After the 2008 crisis, the English-language media dragged bankers and those who worked in finance through the mud. For anyone interested in the cause of the crisis, it was clear that power had to be removed from the hands of the industrialists and the financial world, otherwise they would clearly drag the whole planet to destruction. But we hadn’t heard the last of the ultra-rich and their limitless greed. In order to prevent that from happening again, the major fortunes began to buy up whatever media they didn’t own yet and hired docile and/or stupid journalists to parrot them... Above all, there was to be no more real investigative journalism. Nowadays, you can find similar articles in the press throughout the world because they just reproduce the same copy that the news agencies send them.

Before, in the time of kings and queens, what made a king powerful was the fact of issuing his own money. In France, before 1972, when the state needed money, it “printed/issued”

some. As each year there was more wealth and there were more people, it was normal to issue a little more every year.

Until the day when the financial people managed to put in power enough men in their pay to pass a law that makes no sense. According to that law, if the French government wants to issue money, it must borrow it on the market, i.e. from the private sector, AND PAY INTEREST. This was supposedly necessary to limit inflation. It is quite simply the greatest hold-up of all time. In 50 years, France has created debt amounting to more than 2,000 billion euros before the “Covid crisis”. But that debt is illegitimate. There is even a term for it in international law: “odious” debt. However, the financial world has used this false debt to impose laws so that people can be squeezed dry, and so much the worse if in the meantime the planet is destroyed.

The conspiracy also lies in the fact that the mainstream media don't talk about the absurdity of the debt and that, in politics, almost nobody talks about it either. It is the law of omertà.

Perhaps this is due, in part, to the fact that the two presidents of the United States who wanted to take back this legitimate right were both shot in the head and killed. (Lincoln and Kennedy) However, if most people knew that when they go to borrow money from the bank, it creates that money out of thin air, they would understand why the word conspiracy is used. It's true that the banks have to ask permission from the central banks, but that's just a step to make it look like governments are controlling things. So when you borrow 10,000 euros from them, they basically earn 10,000 euros.

That system couldn't last forever. We have reached
the limits of thieving capitalism and the financiers
know it very well.

Before the Corona virus, the financial machine was “out of gas” because governments weren't borrowing enough. For investors, capital must yield at least 10% per year, even if it means sinking a company by not investing in it and focusing on short-term returns. They needed governments to borrow so badly that they came up with zero or even negative interest rate loans. But since that wasn't effective enough, they came up with the trick of keeping people from working (during lockdowns), saying they wanted to save them by granting “massive loans”. In early October 2021, the total CORONA loans have already increased France's “false debt” by more or less 10%, and the same is true for most countries.

Without the debt holdup, countries would have enough money for social welfare, for paying teachers and nurses better wages, for the energy transition, etc. No better future for humanity will be possible as long as financial interests rule the world.

One of the financial world's goals is also to drastically reduce the number of small and medium-sized companies, which are of no interest to people gambling at the stock market casino. That way, companies listed on the stock exchange can seize market shares, making those who own shares richer. It is important to understand that their goal is to have an income without working.

The financial world has two great fears.

The first is that one day people will see that it is preventing the world from living in justice, abundance, and love.

The second is that they will grasp why the financial world is useless and why it creates nothing other than suffering for the people and destruction for the planet.

Those who live off their private income often say that people should not be given too much aid, otherwise it will create a caste of parasites. But they are the ones who correspond exactly to the definition of a parasite.

Before the pandemic, more and more people were rising up in the world, especially children... World governments are very scared by children, because if they all decided to go on a total school strike until there was a sustainable life policy for this planet, the world would be paralyzed. They had to find an excuse to set up laws befitting a dictatorship to prevent rebellions. As knowledge and information play a crucial role in this story, the mainstream media have been bought so that they will present in unison the sole point of view of the pharmaceutical industry. In France, over 80% of the mainstream media are owned by billionaires and almost none of them make any money. This proves that their interest lies elsewhere.

The so-called pandemic is a brilliant idea to prevent people from demonstrating and to give the police an excuse for being increasingly violent. The idea of the Corona Circus is also to muzzle alternative ways, because more and more people are rising up against this

religion of making money at all costs, even if it means destroying people's health and even the planet. Have you noticed that all of a sudden, all the planet's great ecological and human challenges no longer seem so important?

There was no need to bring the economy to a halt. It would have been more effective just to teach people how to boost/increase their immune system and let the doctors treat those who wished with drugs like chloroquine.

As for masks, oxygen being the main fuel for the immune system, they're really not good at all.
As for the lockdowns, they have only made things worse.

The excuse of hospital beds is not valid since this has been going on long enough for them to have added more by now.

All these COVID measures have had the effect of
weakening the immune system.

When the non-awakened get on my nerves, repeating like parrots "How do you know that? Are you a doctor?", I take enormous pleasure in answering: *"No, and it is precisely because I am not a doctor that I can say it. Doctors are not allowed to say it, otherwise their medical license would be revoked. Medicine has become a religion, worse, a demonic sect devoted to profit, in which no freedom of thought or criticism is allowed."*

Fortunately, there are exceptions, and they will be the
ministers of health in the new world.

The conspiracy also lies in the fact that since Pasteur, money-making medicine has nearly always been the focus. Most chemical medicine could be replaced by herbs or psychological therapies of different kinds, but no.

Chemical medicine continues to deny the fact that most illnesses are psychosomatic in origin. And they do it to make greater profits, so don't think they don't know. Most doctors limit themselves to pulling out their big book to figure out which drugs to sell to patients. It's pathetic! At the same time, it's true that if they rebel against the all-chemical approach, they are disbarred by the medical board composed of Big Pharma's henchmen. But I don't think that excuses them! Because we're not only talking about killing people by giving them unsuitable drugs; we're also talking about destroying lives, since that is the case for all people addicted to legal chemical drugs.

Nowadays we've reached the height of absurdity with the pharmaceutical companies even managing to co-opt the illegal drug market to make legal versions of those drugs. Heroin is sold in the form of opioid-based painkillers (like Fentanyl), and coke has been replaced by amphetamines, which are drugs which remove the empathy that Humanity is so cruelly lacking.

According to the American DEA (drug enforcement administration) Fentanyl (Oxycodone or Oxycontin) is 100 times more powerful than morphine and 50X more powerful than pure heroin. It was invented in Belgium by Paul Janssen. In that country there are over 50,000 people addicted to legal opiates. Tramadol and acetaminophen codeine are also opioids but not as strong. That doesn't stop them from being powerful enough to trigger such an intense physical addiction that when patients are in need of legal opiates, they turn to illegal heroin, which can be found on the street without a prescription. In France, between 2000 and 2017 the use of these opiates has tripled. In 2023, they are thought to be 13 million in France on opioids. In 2019, 450 people died from a legal opioid overdose, while cocaine killed only 77 people by overdose. In the United States it is estimated that opioids have already killed 500,000 people and that the massacre continues with 100,000 per year.

The hemp story is a good example of what I call the conspiracy.

Hemp is the plant that produces cannabis. Until 1900, most textiles were made from hemp and nearly 50% of the medicines on the market were made from it. Hemp is an excellent material that can replace synthetics, cotton and trees in fabrics, papers, ropes, paints, varnishes, plastics, oils and even petroleum.

There was a time when hemp was number one in nearly all these fields. Hemp is stronger, lasts longer, does NOT require pesticides, creates paper that lasts much longer and above all is much cheaper... Unlike cotton, which at the time used 50% of all pesticides in the USA. In addition, hemp production is carbon negative. This means that hemp absorbs more carbon during its lifetime than the carbon generated to grow, transport and process it. One hectare of industrial hemp can absorb up to 15 tons of CO₂.

But the super-rich Dupont company had invested in cotton and synthetic fibers like nylon. They also had investments in oil and therefore in petrochemicals, plastics, etc. Until the late 19th century, more than 75% of the paper, textiles, sails, and ropes for ships were made from hemp. The same for textiles. All this gradually stopped when Dupont succeeded in passing a law in 1938 which taxed cannabis so heavily that it wiped out almost all hemp cultivation. In 1970 a law was passed to prohibit any use of cannabis. This succeeded, in

particular due to a huge campaign in the media which said that cannabis made people violent. The funny thing is that in 1988 the US Congress “enforced” the law more strictly, this time using the pretext that it made people too passive, easily manipulated and not warlike enough. We could have continued growing hemp with a very low THC content, but no!

My answer to the question “who is part of this invisible government?” is that it doesn’t really matter. Whether it is one or many circles of people, what matters is that an economic logic is at work. And that logic only satisfies the short-term interests of those who have enough money to invest. For centuries, books have been written explaining that the world could only be saved by bankers because they at least know how to manage finances.

So corona is not a conspiracy, but proof to any thinking person that the conspiracy exists. Because it’s obvious that even if the death figures are true (and they are not, because they consider that everyone who dies WITH COVID is dead because of COVID), the COVID measures will create far more death and suffering than the virus itself.

When people can’t grasp that we’ve been living in a world of lies and manipulation for a long time, I like to tell them about what the CIA was doing in Europe in the post-war period. On that subject I recommend the ARTE program *Quand la CIA infiltrait la culture* (youtube). You will learn that the Americans were afraid of Jean Paul Sartre and Simone de Beauvoir.

Sartre spoke of a moderate left different from the communists. For the United States, undergoing a witch-hunt against communism (McCarthyism), there was nothing worse than someone advocating a middle ground between capitalism and communism. The US had the deeper goal of manipulating the collective unconscious to believe that there were only two choices: capitalism or communism. As for Simone de Beauvoir, she frightened those who wanted to keep women at home with their children. They were both dangers for capitalism and patriarchy. Sartre published a magazine (*Les Temps Modernes*) which had a powerful influence. One of the aims of the Congress for Cultural Freedom, a front for the CIA, was to wipe out Sartre’s influence. So they gave money to a right-wing political scientist (Raymond Aron) to found a review (*Preuves*) that would counter Sartre’s ideas.

It's true that even if you disregard the "fake debt" holdup, the capitalist system is based on 3 totally immoral and destructive ways of functioning:

1- The rich create companies; that way, if one company goes bankrupt, they create another one, then they no longer have to pay their debts. Furthermore, they usually manage to withdraw their investments before the company goes bankrupt. An individual cannot do that. . If a student or a self-employed person doesn't pay back their bills, they can end up in jail or out on the street. And more often than not, it's the investors who put a company out of business so they can sell it for parts. It's a terrific way to eliminate the competition and ensure that the companies' biggest shareholders can "take out" their interests in time (usually by selling their shares) and leave the small shareholders to lose their money.

2- And the second feature is even more perverse: if a company reinvests its profits, it pays no taxes. Companies in fact only have to pay taxes on their profits. So if "company X" makes 100 million euros in profits and they buy a building worth 100 million, they pay zero percent tax. When I was a kid and they explained this to me, I immediately said to my dad: "but that's not fair, because one day corporations will own the world without ever paying any taxes! And it's true.

3- But the third feature of capitalism is probably the one that has done the most to destroy the world, and in particular America. Basically, in a big corporation, nobody is legally responsible, which means that nobody feels responsible anymore either. Basically, in a big corporation, nobody is legally responsible. If a pharmaceutical company kills millions of people with a drug (like with Fentanyl) or if they commit a huge fraud like Dieselgate, they just get away with fines, and even so, neither the CEOs nor the shareholders have to pay the fines directly.

Let's take the example of Pfizer, to whom almost all the governments of the world have blindly entrusted the health of their people. This is not at all a respectable company. Pfizer has been convicted more times than any other company in the United States and holds the record for "the biggest fine ever imposed on the health sector by American law"... They are thieves and murderers who have been found guilty many times. But each time it only amounted to fines. Yet, they have been convicted nearly every year for extremely serious things: corrupting officials in numerous countries, falsifying the results of clinical studies on drugs, fraudulent business practices, false advertising, and horrific things like testing a new antibiotic on children in Nigeria without their parents' consent.

I was highly amused to read the following article in the newspaper Libération (January 6, 2022, in the “fact checking” section. I call it “amusing” because the “fact checking” sections usually spend a lot of time discrediting conspiracy theories.

In their 2018 report, Public Citizen noted that “from 1991 to 2017, GlaxoSmithKline and Pfizer paid more financial penalties – \$7.9 billion and \$4.7 billion, respectively – and reached more settlements (32 and 34, respectively) with U.S. federal and state governments than any other companies.”

For Johnson& Johnson, it amounted to \$4.4 billion and for AstraZeneca just \$1.1 billion, but that’s merely because it’s the most recent one... They don’t care about paying billions in fines, because they’re making hundreds of billions from these frauds. In 10 years, Pfizer has paid an average of \$1 billion in fines per year. That may sound like a lot, but just in 2021 Pfizer has earned over \$80 billion! It’s a drop in the bucket that’s included in their overhead costs. As long as no one is legally responsible, it will only get worse.

For that matter, Bill Gates has a long history of dishonesty, well before Pfizer. It has been acknowledged that much of Microsoft’s technology was stolen from Apple. A lawsuit was conducted, and Apple won. Dear Bill is the perfect example of a clever but not so intelligent psychopath. They are unable to create things by themselves because they have almost no inner connection, and therefore no – or very little – connection with the whole and creation. My older brother suffered from the same disease. They are constantly striving to accumulate more material goods; there is no limit. They are deeply wounded beings who, often unconsciously, spend their lives getting revenge on others... Because they resent them for being happy.

On that subject, I recommend the fabulous Netflix documentary “Saving Capitalism”, which seems perfect for anyone who makes fun of conspiracy theories. The title is beautifully chosen because the laws – or rather the absence of these laws due to the terrorism of deregulation – are also destroying individuals’ private property rights by preventing most of them from simply accessing or preserving their private property. They have put an end to the “social mobility” promised by capitalism. Furthermore, we are at the stage where most university graduates around the world can’t find work in their respective fields.

All this to say that we’re still dealing with false advertising saying that capitalism “is the right to private property”. If we just define capitalism as having the right to own things, it’s

ok by me as long as there's a limit to that wealth. Because too much wealth gives too much power, which perverts the person's soul and brings out their darker and more destructive side.

I would add that, in France, there is a particularity that I have never encountered in any other Western country. In the so-called “land of human rights”, there is a witch-hunt organized at the state level, a kind of “thought and belief police”. I would even go so far as to call it an extension of the famous Inquisition offices that existed in the 16th century.

As it is something that wouldn't be allowed in parliament, it is carried out in full daylight by NGOs like UNADFI (Union Nationale des Associations de Défense des Familles et de l'Individu). They are subsidized mainly by senators who receive bribes to subsidize this or that project. These organizations receive complaints, make investigations, feed social networks with “warning” messages. And then if there are enough complaints, the judges get to work. Almost all the people who work there are religious naturally, and they destroy the lives of many people every year.

However, and I say this unapologetically, we need to understand that official religions are sects that have succeeded. And if they've been accepted by successive powers for thousands of years, it is because their values serve the interests of the rich and powerful. The taxpayers' money is used to fuel the hatred towards religious minorities, just as the Vatican did during the Inquisition in the Middle Ages.

**SOME OF THE TACTICS USED BY THE WORLD GOVERNMENT
TO AVOID TALKING ABOUT THE REAL ISSUES:**

... namely the debt/money creation heist and the fact that chemicals have already destroyed most of nature and turned most people into unthinking consumers...

A/ Directing people toward struggles that are not the real cause of what we want to change.

1/ Global warming. This implies that the catastrophe is to come when it is already here. People's attention is directed at a future danger when 80% of life is already destroyed and most people can't think anymore because they are polluted by chemicals. The real cause of pollution on the planet is the false debt/the holdup/money creation. That's why industrialists have no more limits and petrochemical interests rule the world. So, of course we have to drastically limit hydrocarbons, but we also have to stop a lot of other things, like nuclear power which is the most selfish act imaginable. It's so sad that all these young people who are taking to the streets for the climate don't understand that. What's more, highlighting global warming promotes nuclear power.

2/ CEOs' Gigantic Salaries. To just cap their salaries would be using the same rationale as modern medicine that wants to kill germs and is not interested in the reason why they are there. These people are paid a fortune because they are willing to do anything to make shareholders as much money as possible. They often have to put their humanity aside and show no “mercy” in order to treat the workers like slaves and not worry about the state of the planet. The day these companies are forced to pay their workers a fair price and no longer make systematic use of chemicals that create record profits, they won't have the money to offer such salaries or dividends to shareholders. Instead of fighting against the salaries, we could lobby to change the unfair laws in most countries due to which people don't pay enough taxes on profits from selling shares. That would change things!

3/ To make people believe that germs and viruses are responsible for diseases like HIV, cancers, AIDS etc. And that the only way to heal is through chemicals when it is precisely the chemicals and junk food that create the diseases by destroying our immune system. What's more, oxygen is an essential ingredient for the immune system. So masks increase the risk of getting sick. It's the pyromaniac playing fireman.

B/ Controlling the so-called specialists and agencies that monitor product hazardousness. The best way is to create these “food protection agencies” yourself. Take the different anti-cancer agencies around the world. Almost all of them are managed by agri-food giants. Consequently, they don't focus on the main issue, which is to question food and environmental practices. And when people donate money for so-called “cancer research”, they're giving it to these same big agribusiness and petrochemical companies, which makes the cancer rate in the world even worse.

For instance, Bayer/Monsanto, which sells bee-killing insecticides, has created an institute that is supposed to research why bees die. They created red herrings by claiming that there are probably other “natural” causes like parasites or fungi. This is totally untrue, but the important thing was to sow doubt in people's minds. The fake journalists, like little parrots, repeated in unison whatever they were told by the news agencies... which belong to the same major petrochemical groups. It is evident that the mainstream media is part of the conspiracy, given that almost no media have brought up the fact that Bayer/Monsanto and their “associate companies” already have ready-made solutions if the bees die. They have transgenic fruits and drones to pollinate the flowers instead of the bees. So, naturally we only need to connect the dots, to find the rationale or link. It seems logical to me to believe that Bayer/Monsanto is probably killing bees deliberately in order to then be even greater masters of the fruit and vegetables sector. But the anti-conspiracy people will say that it's just a coincidence.

Coca Cola and McDonald's have created NGOs to do research about diabetes and obesity... but will NEVER say that diabetes is created by junk food, fats, added sugars/salt... and therefore the products they themselves sell. Did you know that 1% of the world's population eats at McDonald's every day?

Regarding the organizations meant to denounce fake news, you could say that we have returned to the days of the Inquisition when certain books and researchers were blacklisted such as Didier Raoult. On the contrary, what these so-called denouncers of fake news say are in most cases huge lies.

It doesn't seem too hard now to understand the likely plan of those in power. Just put yourself in their place and think about it. The capitalist system is on its last legs and if we don't change our means of production and level of consuming, the earth will die. So the only way for 1/1000 of the planet's inhabitants to keep living off their income while letting the others work – without calling into question traditional methods of production such as oil, chemicals and nuclear energy – is to reduce the population by perhaps 90%. For that, it was necessary to create an enormous economic crisis along with an enormous food shortage. Add a bunch of chemicals to lower our immunity, and it's leaving the door open to real epidemics. What's more, the Corona virus made it possible to increase the debt again (+10% in France in 2021), which was un hoped-for, as most countries were tightening their belts.

I would remind you that when we create debt, we're creating money (from nothing!) that goes straight into the pockets of those who own the banks. So this false pandemic is also designed to prepare the system for the future revolts that are bound to occur with the food shortages. Because you need to understand that there will always be food for those who can pay, but not for the others. The Corona virus is therefore a wonderful excuse for setting up increasingly freedom-threatening laws so that those who are going to revolt are "dealt with" in an efficient manner.

So most of the galas/events organized for this or that disease only enrich the pharmaceutical companies that are part of the origin of the problems.

The manipulation is methodical, deliberate,
and precise.

Summing up the conspiracy by saying it is a Jewish one is all the more anti-revolutionary as many Jews are fighting against the financial world in a highly effective way. Like Spielberg producing the remarkable documentary "Saving Capitalism" about (Clinton's

Secretary of Labor) ROBERT REICH's theories. Releasing this documentary in 2023 is a very brave political act... Although it NEVER utters the word conspiracy, it explains some historical steps in its elaboration, proving that the conspiracy is real. There are people of all nationalities and religions in this holdup on democracies. It is the system that must be destroyed, not individuals, and certainly not an entire race. And if you kill all the Jews, this soul-corrupting system will still be there... And even if it turned out that it was ONLY Jews running the conspiracy, what would that change? Sorry, but by doing that you're playing into the hands of the evil conspiracy theorists whose best weapon is to divide and conquer.

Sometimes I think that if it weren't for this red herring, most people would already be aware of the holdup on issuing currency. But it takes more of an effort to understand how money is "created" than to feed the anti-Jewish egregore. Joining the anti-Semitic egregore gives you a lot of energy, because it's been around for a long time and many people nurture it. Yet, Jews have also brought a lot of good things to Western culture. We would be far less evolved without Freud, Einstein, Leon Blum, Simone Veil, Bernard Werber, etc.

Most of the laws that have given France its social aura, such as paid vacations, were voted by a Jewish president, Léon Blum.

When I speak in defense of Jews, one of the first things people ask me is, "Are you saying that because you're Jewish?" And I'm very pleased to answer them that there is no answer to that question. For Jews, I'm not Jewish because my mother wasn't, and it's through the mother that one's "so-called" Jewish identity is passed on. My paternal grandparents were Jewish, and moderately observant, but Dad was highly anti-religious. Dad had Jewish roots, but he was very anti-religious. Not only did my parents not circumcise me, but they also didn't want to celebrate any religious holidays, including Christmas. But for the anti-Semites I'm Jewish anyway. When I was a child, I was told one day that I couldn't play with my neighbor because his parents were Catholic and didn't want him playing with a Jew. At the same time, I wasn't allowed to see my Jewish cousins because their parents felt I wasn't Jewish. I'm really pleased about this situation because it helped me to grasp at a very young age that it was all just a lot of nonsense. Mom's parents were Catholic, but not very religious. She was also against all kinds of spiritual beliefs.

At the time, I tried to understand how a Christian could be anti-Semitic since even in their Bible, Jesus was Jewish. Sorry, but that's totally ridiculous! They worship a Jew but then they want to kill all the Jews! The source of anti-Semitism is in the Bible and the implication that it was the Jews who killed Jesus. However, one thing that is 100% certain for

anyone who has researched the story is that he wasn't crucified, since the Romans didn't start crucifying on Latin crosses until the 3rd century.

In the same vein, I find that being anti-American is counter-revolutionary and not constructive. I've had the opportunity to go to the United States many times and I promise you that there is the same percentage of awakened and asleep people as in any other country. The American people were victims of the financial dictatorship's excesses long before Europe.

I find it very hard to understand why there aren't more "conspiracy theorists", because we're truly living in a world where we are lied to about everything, or worse still, we are told the opposite of the truth. It starts when you're a child and are told that milk is good for cats and sugar is good for dogs, when it's not true! It continues when they tell you that fluoride is good for your teeth. It gets worse as you grow up and find out that there's nothing social about the socialists, and their policies have increased the gap between rich and poor and are destroying the planet. In the United States, the Republicans are not for the republic; on the contrary, they want to destroy it. Short-term profits are all they care about. Furthermore, Hitler also called himself a socialist. Republicans are not for the republic; on the contrary, they want to destroy it.

They can't even be bothered about the planet being in danger; short-term profits are all they care about. The democrats are not for democracy, but for a "rigged" pretend democracy, just so their shares bring them the highest profit. They too want a population of slaves and don't care about destroying the planet, but they engage in a bit of social or ecological good works here and there...

I could make an endless list, including that:

Chlorine is necessary and harmless for health. It's not true...

Milk is good for the bones. It's the opposite, it creates osteoporosis.

Added sugar is necessary in your diet. This is not true. It is not nourishing and creates many diseases.

Red wine is good for the heart. Yes, but not daily, and it is still very bad for your health and awareness. Fewer people die of heart disease when they drink alcohol every day, but it's because they die of other causes before their heart gives out!

Soy is good for your health. It's not true.

Meat is healthy. That's untrue, especially for industrial meat.

We need protein and it can only be found in animal products. That's false!

Coffee is good for your memory. It's the opposite. It leads to Alzheimer's like most of the things on this list.

"We are conspiracy theorists, like all sensible people now. (...) conspiracy is a name for consciousness that will not disarm... disaster is part of the plan. (...) There's nothing like a catastrophe to create scarcity. And therefore, new markets and new economic subjects (...) We will win because we are deeper."

Conspiracy Manifesto. Edition Seuil.

CONGO

I was born in Belgium. Belgians need to drop the lie that Belgium is a nice innocent country that didn't commit horrors like other imperialist countries. Belgians should know that their King Leopold II was a mix between Hitler and Dutroux (the famous Belgian pedophile/murderer). I recommend the documentary "King Leopold's Ghost" on the subject (Prime Video). Watching the documentary is almost unbearable. You will learn that the minute the Belgians set foot in the Congo through Stanley, everything was cruelty and massacres. There is talk of several million deaths. Their specialty was to cut off hands at the slightest provocation.

Last but not least, the degenerate Leopold II (a degeneracy that is usually the case with members of royal families, since they've been having children among cousins for several generations) kept a group of virgin girls between 11 and 15 years of age in his villas in the south of France.

And these shameful Belgian practices are not a thing of the past. Upon independence in 1960, when the Congolese people elected representatives (Kasavubu and Lumumba) who wanted to raise the prices of the various concessions, the Belgians, French and Americans had Lumumba assassinated. They created unrest in order to put the bloodthirsty Mobutu on the throne, who would remain in power for 32 years with the blessing of the Belgian king (Mobutu's great friend), the French and the Americans.

That way they could continue to steal uranium, gold, diamonds, precious woods and cobalt from the Congo. And of course, all this was possible thanks to the complicity of the Vatican, which deemed that Leopold was "saving souls".

All the statues of Leopold II must be removed, and all the wealth of his heirs given to the Congo. Today in 2023, it is still hell in the Congo, because the multinationals that plunder

the Congo's resources maintain chaos with private militias and the support of Western governments. And you should know that in Belgium I could go to jail for writing this, because you can't insult the royal family in public. But I'm standing by what I said.

CORN

Corn makes you hyper-aggressive if you eat it too often. Places where the food is almost exclusively made from corn have a much higher than average crime rate.

THE KORAN / ISLAM

I really like the way Islam tells the story of other religions. So, for Muslims, Abraham came to teach the true religion, but his descendants distorted/inverted it. Then Jesus and Mary came to explain to the Jews that they were wrong, but that message was in turn distorted by the Vatican. Then Muhammad came to explain to the Jews and Catholics that they were mistaken and serving the "wrong" religion. And I would contend that his message has in turn been distorted/inverted.

In the following examples, you will see that Islam is not in accordance with Muhammad's messages, in the same way that the Bible is not in keeping with the message of Mary and Jesus. To understand this, let's take a few examples from the official texts of Islam.

The principle is quite simple, since it is always the same scenario. Once the prophet, in this case Muhammad, "has returned to heaven," the patriarchal customs of the region quickly take over.

Islam is based on 3 collections of texts:

- 1 -** The Koran, supposedly the word of God revealed to Muhammad.
- 2 -** The "al-sîra" which are testimonies by his contemporaries.
- 3 -** The "Hadith" which is thought to be the words of the prophet, not to be confused with the Koran which is "the words" that God is said to have spoken to the Prophet.

According to Islam, only the words expressed in the Koran are to be followed to the letter, but the problem is that the Koran is unclear. I find it vague because it is often expressed in poetic allegories that could be interpreted in different ways. This is one of the reasons why the "al-sîra" and "hadith" are frequently used to comment on the Koran.

According to Mahmoud Husein in his book "Al-Sira" (Ed. Grasset), one of the Hadiths says:

"Do not marry a previously married woman without her consent. Do not marry a virgin without her consent".

Yet Islam requires women to be virgins before marriage, and forced marriages are a very common practice. According to the "al-sirah" and "hadith", none of the women Muhammad is said to have married were virgins, except for Aisha who seems in many ways to resemble Mary Magdalene. She nearly attained very high political office, which proves that Mohammed was not at all for locking women into a mother role.

"Another essential point is to clarify that, even if you refer to the official Koran, it doesn't push for punishment in the least. The Koran starts 3 times with the phrase "You the merciful", meaning: "you, the forgiving one". So we are dealing here with a God who forgives and one who punishes! No doubt the "meddlers" didn't dare change the beginning because too many people knew it by heart. Forgiveness is the opposite of punishment. The physical punishments that are very common in the everyday lives of Muslims are therefore contradictory to the beginning of the official Koran.

THE MUCH-DISCUSSED ISSUE OF HEADSCARVES:

There are 3 verses in the Koran that serve as a basis for those who claim that headscarves must be worn.

- > 1 The first needs to be seen in context.** According to a brilliant interview with Mahmoud Hussein in the *Nouvel Observateur* on March 10, 2005, from which the following excerpts in italics are taken, Muhammad's followers lived in Medina in small houses without toilets. When the women went outside to relieve themselves, they were often harassed by young men. Muhammad advised the men: "Tell your wives, your daughters, and women of believers to put on their cloaks. This is the best way for them to make themselves known and not to be offended." The Arabic word used here is "jilbab", which means "cloak" or "mantle". One can well imagine that inside the houses, women were very scantily clad because of the heat and that they had taken to going out naked or very scantily clad to relieve themselves. There's a big difference between dressing and wearing a headscarf.
- > 2 The second verse: "Tell the believers to lower their eyes and be chaste.** Tell the believers to show only what is visible of their charms, and to pull down their kerchiefs over their garments' necklines ... and not to strike the ground with their feet to show their

hidden charms. The Arabic word used is "khimâr", which means a kerchief; the word scarf is perhaps too modern for the time.

> 3 The word "hijab", designating a headscarf, appears in a third verse which seems rather enigmatic:

"If you ask anything of the Prophet's wives, do it through a veil; it will be purer for your hearts as well as theirs."

Does "through a veil" mean that one should speak to them behind a curtain or that they should cover themselves with a veil or headscarf? Or, as the Sufis (the mystics of Islam) think, that it is "the veil of modesty" which comes from the heart and does not imply a particular piece of clothing?

In my opinion, there is not much in these texts that enjoins women to wear a veil.

As Malek Chebel (author of "l'Encyclopédie de l'Amour en Islam", Ed. Payot) states clearly, Muhammad's life was full of women and concubines. He spent a lot of time with women and lived a very free life, worlds away from what is advocated by today's fundamentalists. I'm sorry, but when I read about the life of Muhammad, I find it to be an ode to Free Love way ahead of its time.

THE IMPORTANCE OF WOMEN:

Aisha, Muhammad's favorite wife, is also a historically recognized character who does not fit at all with the belittling of women advocated by Islam. There are even traces indicating that after Muhammad's death, Aisha tried to play a political role, which is far from the current Koran. If the prophet had advocated a ruthless patriarchal society as Islam implies, this would not have been possible.

One of the meanings of the word Koran is "recitation". This teaching was so named because the message it contained could not be written down. It could only be spread orally, by "reciters". It seems clear to me that Muhammad didn't write anything because it was too easy to transform his writings later on. If he had wanted the Koran, he would have written it himself. After Muhammad's death, more and more "reciters" were murdered.

A caliph, probably Uthman Ibn Afaan (Ofman Ebne Afaa), decided to gather the reciters and put their message in writing. At that moment, he realized with horror that the "reciters" versions were very different from each other. Since he too worshipped tolerance, he decided

to have them all written down to keep all the versions alive. He was assassinated, officially by mutineers, but there is a good chance that it was a "false flag" and that his successor, Ali Abn, ordered the assassination. They had very different views on the prophet's message.

Calif Ali Ibn Abi Talib decided to use the Koran as a political tool to muzzle his people and enrich himself materially. Just like Constantine in Rome! He chose the version that he liked the most and removed the suras he didn't like. He even mixed up the suras so they would lose their meaning and published them according to size! Today, he is still considered to be the first in the line of Imams of Islam.

Aisha, Muhammad's favorite wife, played an important political role and fought against the Caliph Ali Ibn with an army loyal to Muhammad's fertile message. This is considered the first civil war between Muslims, the Fitna. The fate of Islam's identity was decided at the "Battle of the Camel". Aisha's side lost, and she was put under house arrest and banned from all political involvement. The "punishment of Aisha" was extended to all women, lest others follow Aisha's path. As is very well explained in "The Encyclopaedia of the Qur'an": "Through the example of Aisha, all Muslim women were warned not to leave the house or get involved in political matters." Caliph Ali Ibn had well understood that women were dangerous for his power, and that is why, since those days, in TOTAL contradiction with the tradition established by Muhammad, Muslim women subjected to a strict Islam, are more or less cloistered at home, deprived of the right to perform many activities, forced to be under the guardianship of a man, and banned from positions of power.

I support the theory that Aisha was supposed to become the leader of Islam, just as Mary Magdalene was to be the leader of Christianity!

Another source tells us that it was the second caliph Omar who conducted an inventory and created the first version around 650. Caliph Omar said that if one did not follow the Koran, one would go to hell, whereas Muhammad himself did not live as pious a life as what present-day Islam imposes.

Either way, even Islam recognizes that the Koran was written long after Muhammad's death in 632. Given the life expectancy at that time, the people who "remembered" what Muhammad had said were either dead or already very old. Mahmud Hussein provides an excellent example. When Caliph Omar ordered a stoning for adultery, some of the Prophet's former companions pointed out to him that Muhammad had never demanded such a thing.

The Caliph argued that he remembered the verse and that it had been lost! He hastened to add it to the existing suras. According to Hussein, this last point is recognized by Islam.

A kind of inquisition was conducted against those who continued to advocate Muhammad's message, which was far too fertile and tolerant. Among them were the Umayyads, Muslims opposed to Sultan Oman's vision, who left for southern Spain, already under Arab rule. They made Cordoba their capital. Several centuries followed in which the three religions of the book lived in peace around the University of Cordoba, which advocated science, evolution and progress. Some unofficial sources claim that its library is thought to have recovered some of the scrolls from the Library of Alexandria. It seems to have been a little paradise with a "fertile" orientation devoted to evolving. This is far from the rigidity of today's official Islam and the image of hordes of barbarians destroying everything.

From 750 to 1492 in Andalusia, Humanity experienced perhaps the longest "space-time" in history where Muslims, Christians and Jews lived in Peace and enriched each other through their differences. The level of humanity achieved in the region was unimaginable.

It wasn't until 1492 that they were driven out by Ferdinand of Aragon and Isabella of Castile, who established a reign of terror, ignorance and perversion, forcing the Jews and Muslims to convert, leave or die. And naturally, on the Pope's orders, they destroyed the books in the University of Cordoba library.

Many people will be upset that I've written this, but basically, the 3 religions are one and the same, in the sense that their "commandments/injunctions" are more or less the same. Ultimately, what we criticize Muslims for is being more trenchant in following the injunctions to the letter and being less tolerant toward those who transgress them. But Catholics were just as "trenchant" 700 years ago, especially during the Inquisition. Islam is 633 years younger than Christianity and is committing the same youthful sins as Catholics, and at the same age.

EATING RAW

Generally speaking, anything cooked at more than 41/43°C loses a large part of its nutrients and creates certain problems in the body. Food tastes better when grilled or fried, but it's clearly harmful. Eating French fries or caramelized carrots is like eating added sugar. **Enzymes (necessary for digestion) are rendered inoperative at a temperature of 45°C.** That forces our bodies to make their own enzymes, which demands a lot of energy.

Cooking food, even at low temperatures, alters it, changes its molecular structure, and creates mutant molecules that can deregulate our entire organism. They are Maillard molecules, named after the chemist/aroma therapist who isolated them (he had already proved their serious toxicity on rats at the time... in 1916!!!). When you eat them, they are either eliminated (in the best case), or they get stuck in your intestines. The worst thing is that some of these “altered” molecules manage to pass through the intestinal wall. Since they are only slightly altered, the body is fooled and uses them like “healthy” molecules. Like slightly damaged keys, they take the place normally given to “original” molecules and will remain stuck there. They then lodge themselves throughout the body and create malfunctions that facilitate all sorts of diseases.

Some of these “mutant” molecules give various kinds of cooked food their characteristic flavour and consistency. These molecules fool our instincts, with regard to both taste and smell. They have an addictive power (that creates a physical dependence) and attraction that has nothing to do with our real needs. They are real drugs. For instance, cacao and coffee, which are poisonous in large doses, have a naturally bitter taste... which our instinct thus tells us not to eat. But once « they are heated, the Maillard molecules betray our instinct, to the detriment of our health, and give the bitter taste of cacao the fantastic taste we all know. If they make it through the intestinal wall, they can become carcinogenic.

You may say that our bodies must have adapted since the invention of fire. Well, actually, that's not true. Our bodies take a minimum of 1 million years to adapt to new molecules and “nothing proves that fire was really domesticated earlier than 400 000 years ago.

But the most serious of all is that our immune systems are overloaded by the large number of foreign bodies inside us. The accumulation of cooked molecules, chemical molecules and altered molecules of all kinds could be one of the main causes for the increasing immune deficiencies suffered by human beings.

The theory according to which any altered molecule is treated by the body as an enemy and overloads the immune system is fundamental in understanding our major illnesses at the end of this millennium.

When you feel like you're about to get sick, it's very effective to eat raw food for 24 or 48 hours. But be careful not to go any longer than that, as it could have the opposite effect. In fact, after 3 days of 100% raw food, the body undertakes a huge job to replace molecules

coming from cooked food with molecules from raw food. It is exhausting work for the body that can take several days, even weeks. It shouldn't be done if you don't intend to continue eating raw food for at least a few weeks, I'd say 28 days.

But you have to avoid excesses such as eating raw for a few weeks and then breaking down and eating very heavy foods. The body likes a routine. Since raw food is digested faster than cooked food, it's important to eat raw and cooked food separately, or at least eat raw food BEFORE cooked food. The habit of eating desserts at the end of a meal, like fruit salad, is a disaster for the digestion. Just imagine. The raw food is above the fray and will ferment. Furthermore, for an even better result, the ideal is to eat food separately, or not to mix more than 2 or 3 fruits or vegetables at the same time. It's easier to digest.

EGO

There are several ways to understand the concept of “overcoming your ego”. Many people have often told me I have a huge ego because I claim that most spiritual trends are mistaken in believing they're following a path of liberation and awakening. I do maintain that 99% of believers and atheists are mistaken in believing that their culture is evolved, liberating, spiritual and even humane. But, I don't think that has nothing to do with having a big ego. Having a big ego shouldn't be confused with “having a personality”, because each of us has a gift deep inside that only he/she can offer humanity.

Most people I've met consider that the opposite of having an ego is the fact of being humble, of accepting that we're a small grain of sand of no importance. For me, people think like that to avoid the guilt of not embodying their inner warrior and try to make the world more humane.

It's all about choices in life. If you consider yourself to be like a little grain of sand of no importance, then that's what you'll embody. But don't complain if other people gain power over your life and force you to destroy the world.

From my point of view, the ego is the image we have of ourselves, which includes being aware of the multiple sub-personalities that take over depending on the circumstances. If you're not aware enough of these multiple sub-personalities, it is very hard to free yourself from the different images you have of yourself. They are like little behavioral programs that we often get into without realizing it. In order to overcome them, you have to know them. I've met so many people in transpersonal and spiritual circles who spend years deepening

various techniques, but who refuse to face the inevitable step of looking in the mirror. They talk about their ego as if it were another person.

Many people who have had shamanic experiences believe that we are a little grain of sand of no importance. They claim to have succeeded in overcoming their ego.

The reason is that the vast majority of people are shamanic tourists and can't manage to go beyond the void that separates the astral from the worlds of higher consciousness (divine worlds). They get stuck in a stage where our ego (the image or images we have of ourselves) dissolves. But it's in the next stage that the rebuilding of the personality takes place through the norms of fertile culture/the sacred feminine that awakens the fire that serves to make the world more just. And it can only happen if the person consciously and clearly chooses to join and serve the fertility Goddess culture. This can't happen without the person's consent, and more than that, his or her commitment "to the very end".

But for this to happen, the person must also go through their own personal hell where they will have to face their worst monsters: the multiple sub-personalities that lead us around by the nose. And for most people, this means accepting being manipulated into destroying everything we love. But since that's too hard for most people to accept, they prefer to detach themselves from this being they hate (the image they have of themselves) and to declare "I've gone beyond the ego". And yet, it's only when they've understood that their "flaws" are just mismanaged qualities that they'll be able to overcome their ego and the multiple sub-personalities which they are locked up in.

For the same reasons, some will consider that what we are living is only a dream, an illusion, so why fight for an illusion. If they could get past their inner hells, they would realize that we're here to transform the dream that's turning into a nightmare into a dream of an ideal world. Just because we're in a kind of dream doesn't mean we shouldn't fight to make things better, because for the moment, our consciousness is in that dream!

It takes a lot of self-love to be a warrior of truth in this world, because you can't count on recognition from other people. On the contrary, the more you hit upon the truth, the more they spit on you, so you have to transform every insult, every attack, every slander, every betrayal into stronger and stronger faith. In the last part of the movie "Matrix", at the end, all the "humans" are used as weapons against those who want to help them free them-

selves. This is the kind of thing that those who want to try to create a truly humane world for our children must be prepared for. That is true crucifixion.

But fortunately, there are people who believe in that little voice inside them. They have faith, against all odds, that there must be another solution than this increasingly unjust and destructive world. To be proud of what we do, and to love ourselves is not “having an ego”.

If Westerners are almost all alcoholics (one is an alcoholic if one drinks even one sip of alcohol every day) it's because it reinforces the ego, the image or images that we have of ourselves. Psychotropic substances, on the other hand, tend to challenge our self-image, making it uncomfortable for people who aren't seeking who they really are.

EXCERPTS FROM THE BIBLE

“(...) Incidental Rules. No Israelite woman is to become a sacred prostitute, nor is an Israelite man to be a sacred prostitute.”

Deuteronomy.

The Deuteronomic Code. 23. New Catholic Bible.

“One Place of Worship. You must totally destroy all the places where the nations that you shall dispossess served their gods, whether they be on the high mountains or upon the hills or under every green tree. You are to overturn their altars and break their sacred pillars. You must burn their wooden idols in fires (...)”

Deuteronomy.

The Deuteronomic Code. 12. New Catholic Bible.

“When you approach a city to fight against it, you shall offer it terms of peace. If it agrees to make peace with you and opens to you, then all the people who are found in it shall become your forced labor and shall serve you. However, if it does not make peace with you, but makes war against you, then you shall besiege it. When the LORD your God gives it into your hand, you shall strike all the men in it with the edge of the sword. Only the women and the children and the animals and all that is in the city, all its spoil, you shall take as booty

for yourself; and you shall use the spoil of your enemies which the LORD your God has given you."

Deuteronomy.

The Deuteronomic Code. 20:10-14. New American Standard Bible.

"(...) you must certainly put to the sword all who live in that town. You must destroy it completely, both its people and its livestock. You are to gather all the plunder of the town into the middle of the public square and completely burn the town and all its plunder as a whole burnt offering to the LORD your God. (...) That town is to remain a ruin forever, never to be rebuilt."

Deuteronomy.

The Deuteronomic Code. 13:15-16. New American Standard Bible.

ENERGY HYGIENE

Energy hygiene means taking care of our "energy personality". A part of us is made up only of energy. For example, our thoughts and emotions are all energy. As a result, energy hygiene means choosing to mix with this or that other aura/energy in a conscious manner because that mixture influences our thoughts, desires, feelings and many other things.

We live in a patriarchal Western culture where we mix with everyone almost all the time. Consequently, a person who takes care of his/her energy hygiene knows that it is VITAL to spend time alone in order to build one's own identity without any outside influence, and to sleep alone most of the time.

The importance of energy hygiene is one of the foundations of culture throughout Asia. Yet nearly all Westerners, especially in new age 1.0, act as if energy hygiene wasn't at all important. Without a high level of energy hygiene, you won't get very far in your personal development. So, let me summarize the basics...

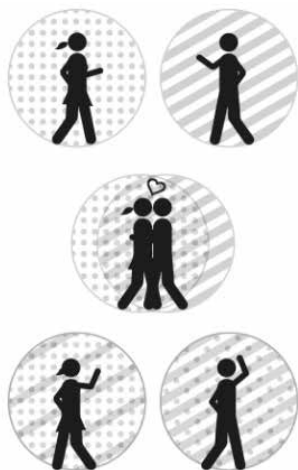
When we take someone in our arms, we are blending our auras, because we partially fit together with them, and as a result, our energies mix! It's like when you go in the water, you come out wet. It isn't possible to do otherwise. It's not that the energy/identity of the other isn't good, it's just that it's not our energy/identity! A little bit of mixing is fine, but if it's too much, the identity of our energy envelope is drowned in other people's, and we don't know who we are anymore.

That's why the Asians, who have internalized the body's energy dimension, don't touch each other until they get to know and appreciate one other! For instance, when Tibetans really want to merge with another person, they touch forehead to forehead. This kind of contact really allows a subtle exchange which can be very enriching, but it will only be so on one condition! The energy must fit in with our the spirit of our own aspirations! Otherwise, it will not be enriching, but rather "destructive" of our deep identity.

So we have to stop the automatic hugs and kisses,
and reserve them, ideally, for the people closest to us
and/or who have a similar spiritual drive.

But the funny thing is that even most people who understand this rarely manage to resist the despotic ritual of automatic kissing! Even I still get sucked in, for fear of hurting someone, or of being less loved! Test it out for yourself. Try to refuse the automatic kisses (or hugs, or handshakes) and you'll see that it prompts extreme reactions! The astral aspect in people, which feeds on the energy of others, becomes aggressive because you're threatening its means of subsistence! Then you'll see their "Golum" side (their hidden monster) come out! And you'll realize that with most people, their kindness ends as soon as you stop playing the "dominant/submissive vampires" game!

These exchanges are also very powerful when you do group activities. That's why I strongly advise against "Vipassana retreats", where you spend 10 days meditating with a group of strangers. It's like playing Russian roulette, because if you sit next to someone who is overloaded, you're likely to pick up some of their load, and that can be enough to change your personality. Unless, of course, you "cleanse" yourself afterwards. But the only effective way I know is through proper psycho-shamanic ceremonies. But, usually, once one has been inhabited by patriarchal entities, "one" won't want to do it. I say "one", because it is your astral double that will not want to do it.



In the first drawing, we see two people alone with very different auras.

In the second drawing, we see these two people close to each other, giving each other a kiss. Their auras are intertwined, so there is a blend of energies!

In the third drawing, we see the two people leaving, each with some of the characteristics of the other's aura.

If you try to explain this to people, you'll realize that most people are simply not there anymore! They can no longer think!

HYPERBOREANS

Plato described the Hyperboreans as a culture close to perfection. I'm not taking a position here on the question "did the Hyperboreans exist or not?" What interests me is that this is a fairly accurate description of what an ideal culture would be like. Naturally, some people would say I have no right to assert that there's an ideal culture for everyone, because that would be a like intellectual totalitarianism. But I sincerely believe that after having tried it, everyone would like to live in this culture because it simply responds to our deepest natures. They left many trace images in Greek and Western culture. Nietzsche starts his book *Antichrist* with "We are all Hyperboreans!", and I agree with him 100%.

I mention it because there's a detail in Plato's accounts of the Hyperboreans that particularly appeals to me: "One dies there only from satiety of life: after a meal, after some enjoyment experienced in the last days of old age, one jumps into the sea from the top of a certain rock." (wikipedia)

Personally, I think that in an ideal society, we would need to develop people's connection with the other side of the mirror (the space/time where one goes at the moment of "death"), so that it is only a formality to leave one's body. An agreed-to-exit from the body when one feels ready. And if we never feel ready, then we let "death" gather us up unannounced.

Plato speaks in detail about the customs of this people who are thought to have migrated and influenced many cultures all over the planet. According to him, they worshiped Freedom, knowledge and Nature. They were undisputedly the most technologically advanced and humane civilization of those times. Equality between men and women was total and no one could possess or have power over another person. Healing was more the women's business. Those who wished to were trained in the art of healing at a very young age. They had direct democracies and held large talking circles where everyone could speak. They lived in nature, were vegetarians and knew neither discord nor disease. Their priorities were to develop their psychic powers and to deepen the soul/spirit connection so that death was only an exit from the body, without any dramatic needs. It reminds me a lot of pagan cultures and more particularly of the Vikings and Celts.

Plato said that the Hyperboreans had really existed in the “hyperboreal” regions (around the present North Pole). I really don't see why such a scholar would tell lies. He's not just anyone. Socrates was the teacher of Plato, who himself had as a pupil Aristotle, who became the tutor of Alexander the Great. He's someone whose influence lasted thousands of years after his death, to the present day. But I'll play the devil's advocate. Perhaps he lied to avoid the wrath of the censors, because it allowed him to criticize the political and religious systems in place while pretending to talk about an ancient civilization. We mustn't forget that his teacher Socrates had been put to death because he disturbed the powers that be.

The Socrates/Plato/Aristotle trio and the concept of the Hyperboreans contributed a great deal in making Greek civilization a relatively humane and tolerant culture. This was not the case for the Romans, who consider Greek culture to be barbaric. They moved quite far from the Hyperboreans' concept, creating an inhumane civilization in which the true god was money, in fact gold. The Romans promoted alcohol, which is perfect for numbing the soldiers' humanity. They forbade the psychotropic substances used by the Greeks, the Essenes and almost all pagan cultures because it awakens the consciousness and people's revolutionary side. For instance, at the time of the Essenes (Mary and Jesus), the use of mushrooms was punishable by death.

According to Plato, the Hyperboreans were the people of Atlantis, most of whose land is thought to have disappeared with the rising waters. Indeed, during the ice age, the surface of the oceans was on average 120 m lower than today.

TRUE MEDITATION

The first time I heard Robert Linssen use the phrase “true meditation” I thought, “How presumptuous!” Then I read his book “True Meditation”, and for the past 30 years I have continued to agree with him 100%.

Like the word “shamanism”, the word “meditation” is used in all kinds of ways. As a result, people don’t really know what true shamanism is, nor what true mediation is.

During the Inquisition those who practised “genuine meditation” were considered to be heretics and were burned at the stake. If they admitted to having made a pact with the Devil, their judges were more lenient. They cut their throats or chopped off their heads. I can understand their mindset, because true mediation is a deeply revolutionary act.

It is important to specify here that the aim of this approach is not to stop thinking. Thinking is a fantastic tool that enables us to reach the state of “being human”. The goal is to think a bit less in order to have much more appropriate thoughts. Moreover, “meditating” comes from the Latin “meditare”, which means among other things “to prepare for something »

NEVERTHELESS, THIS IS HOW I PRACTISE TRUE MEDITATION:

The goal is to train myself to stay “present” as long as possible, “out of my head”. It’s like a muscle that needs to be trained. I practice slow, deep breaths while focusing on the present moment. I often stare at an element of the landscape, like a star, while keeping a clear awareness of the landscape around me.

Soon enough, I get distracted by my thoughts, which will take me out of the present moment. If they are thoughts from my obsessive files, I get out of my head and refocus on the present moment, accepting that once again I’ve been “caught” by the astral. With time, you’ll realize that the astral forces spend a lot of time bringing us back into our “head”, away from the present moment, locking us into obsessive and limiting thoughts.

If they are new ideas, I write them down on a piece of paper and refocus on the present.

But soon another thought, or another “inner movie” cuts me off from my concentration in the present. I deal with it and start the process again.

Little by little, the space between two thoughts grows. It is in this often tiny space that we can be present. It is only when one is present that one can reconnect to one’s inner self and through it, to the whole.

That space in-between two thoughts is where you will enter the real realm of meditation.

“Real meditation essentially consists in a complete awakening of awareness about how our thoughts work, about their limits, their role, their conditioning and their origin. Human beings then realise that their minds as they know them, and as they function, are only conditioning, only mechanical but complex reactions to memories. Inner awakening resides in this discovery, revealing an impersonal lucidity and unimaginable bliss.”

Robert Linssen. *La Méditation véritable.*

“To put it simply and in a practical way, meditation could be just about observing your breathing. There are many moments when you are distracted, and all you have to do is come back to the breathing. And every time we concentrate again, we experience the fact of refocusing on ourselves and being relatively free of distractions. (...) Whoever enters this calm state starts to enjoy it and to ask questions about himself and his place in the world. That will lead him to ask himself the really fundamental questions (namely, who are we, where do we come from, and where are we going?). (...) On that level meditation is apolitically subversive act through which the planet can be changed. (...) If we are not calm and operate with constant inner noise going on, we will be in a constant state of reaction, copying, surviving, rather than committing ourselves profoundly and creatively to transformation work.”

Ron Rabin, *Psychotherapist specialising in dream therapy, personal Interview.*

“What is the difference between a highly concentrated mental state and one that lacks concentration? It is the same as the difference between a flashlight and a laser beam. With a flashlight you see light, but it is unorganised light that goes in all directions.

Lasers are monochromatic lights that go in the same direction, from which they acquire properties they wouldn't have otherwise. If you had told people a century ago that you could bore a hole in a safe box with light, they would

have laughed. And yet that is possible today with laser beams. The same thing applies to meditation.”

Andre van Lysebeth, *Yoga teacher, personal interview.*

GLUTAMATE

Perhaps the worst thing is the food additives found in almost all industrial foods. Let's take the example of **glutamate (E621)** which is found in a huge number of industrial preparations such as pizzas, candies, and ready-made meals. Glutamate has no taste or nutritive value. It is designed only to make the customer dependent so that they'll keep buying the product. But, in order to create this addiction, it damages the “chemical reward system”, leading to side effects such as aggression and/or fear. When a micro shot of glutamate is injected into a mouse's brain, it can attack a cat, sometimes to the point of killing it, because of how crazy and aggressive the substance makes it. Given that this additive is found in most industrial preparations nowadays, it would explain in part how incredibly aggressive many people have become. Especially since they're already compromised by consuming added sugars! As more and more people are sounding the alarm, E621 is hiding under more than 50 different names!

LIST OF EXAMPLES OF MYCELIUM / FUNGUS-BASED INNOVATION

In addition to cleaning up soil of heavy metals and persistent organic pollutants (known as mycoremediation), the impressive discoveries about the use of fungi in all fields gives an idea of the world of possibilities that is opening up. Here are some examples:

- > Mycelium is already being used to make biodegradable packaging and vegan leather, an alternative to traditional or synthetic leather.** For instance, designer Stella McCartney (yes, Paul's daughter) has launched the first line of clothing made from mycelium, a biobased, petroleum-free fabric unlike most of the current synthetic options. This has prompted Adidas to create in myco material for its 2021/2022 “stan smith” model.
- > There is also interest in mycelium for manufacturing building materials.** It is starting to be used as insulation to replace the current highly polluting foams. It is also being used to make floor tiles and now 100% ecological bricks and cinderblocks, strong enough for one or two-story buildings. There are already some examples in Canada and the USA. In

France, the architect-entrepreneur Gilles Burband has developed several myco-materials, such as mycelium bricks, for furniture-making for instance.

> **Using mycelium, the New York company “Ecovative” has manufactured “mushroom white”, a material with the same properties as plastic**, an innovation that can replace polystyrene in the manufacture of packaging and heat or sound insulation panels. Furthermore, the Swedish giant Ikea has announced its intention to use this invention to replace polystyrene in its packaging. Ecovative has also created mycelium panels to replace MDF in designing furniture and doors. It has also innovated a solid foam that is more heat resistant than plastic, insulating, breathable and hydrophobic, which can be used as support, padding, or lining for outdoor clothing, shoes and accessories.

> **A detergent made from mushrooms** has been manufactured that allows you to do the laundry in a washing machine with cold water as efficiently as with hot water.

> **Paul Stamets discovered entomopathogenic mushrooms, i.e., insect killers**. He patented these fungi for their role as extremely effective insecticides. The fungus infects the ant/termite by hatching inside it. It causes it to return to the anthill so that when it hatches, its spores will infect all of its fellow ants.

He is also working on the medicinal properties of mushrooms, in particular within the framework of two research projects on treatments against cancer and HIV associating mushrooms with classical therapies.

Keep in mind that the only “anti-rejection” drugs currently used for transplants are made from mushroom molecules.

> **Antiviral properties have been found in the mycelium of the “tinder fungus”** which can cure in particular the deformed wing virus affecting bees and hives.

> **Living (self-biodegrading) coffins made of mushrooms** are produced by the Dutch company Loop Biotech. Human bodies are so full of chemicals that, when buried, most should be treated like “toxic waste”. This is one solution.

THE MILGRAM EXPERIMENT

"It is not so much the kind of person a man is as the kind of situation in which he finds himself that determines how he will act."

Stanley Milgram.

The Milgram experiment is essential for becoming fully aware of the current state of affairs. For those who are aware of it, did you know that it was redone in 2016? For those who are not aware of it, here's the idea behind the original 1963 experiment. Some researchers had a classified ad placed in a university about participating in an experiment on learning. When people arrived, they were met in pairs by men in white coats (the experimenters). A draw was done to see which of the two would play the role of teacher (supervisor) and which the role of student. The teacher was to read a long list of words which the student had to memorize.

Then the student had to try to remember the words, and every time he or she got stuck or made a mistake, the teacher would send them a tiny electric shock. But every time they made a mistake, the electric charge was stronger. The teacher had a dial in front of him, which clearly showed that the electric shocks were divided into 3 categories.

The first one was for small unpleasant (light) shocks. The second was for dangerous shocks and the third category was for shocks named XXX. The experimenter insisted that although the shocks were extremely painful, they were not likely to cause permanent damage.

But the experiment was actually not about learning at all but rather about the ability to submit to authority. In fact, the one playing the role of the student was an actor and the draw was rigged. He received no electric shock at all but was just pretending to.

Since the "actors/students" could never recite the entire list without any mistakes, the "teachers" gave them increasingly strong electric shocks. In 1963, 60% of the "teachers" went far enough to administer the strongest doses. When some hesitated to continue because the fake student was writhing in pain and begging for the experiment to be stopped, the men in lab coats would just say, "everything is under control, please continue the experiment."

This experiment was done again in 2016, as part of a reality TV show. The difference was that it took place in front of an audience, and the role of one teacher was played by a TV star. Watch the show, it's amazing! (VDO: "The Death Game" on YouTube.) **80% of the "teachers" went** far enough to administer strongest doses. That's the world we're living in!

NEW AGE 1.0 AND 2.0

Generally refers to believers “outside religions”. To be more precise, movements or people who believe in life after death as well as in the existence of invisible worlds that determine a large part of our reality.

They are often people who have succeeded in integrating the energetic dimension of life, have left behind the concept of guilt, and have discovered the benefits of meditation, but have not understood that it is the lifestyles imposed by religions that make us suffer and that feed religious egregores. Furthermore, they have managed to get rid of guilt, but have not succeeded in replacing it with responsibility! The excuse is that we have to be humble and are just little specks of sand passing through the universe.

But the biggest problem with the New Age – and this is when the masks come off – is that many of them continue to pray to the same networks as the Catholics/Jews/Muslims/Buddhists, and so they continue to feed and be fed by the patriarchal network without knowing it. For instance, many of them continue to pray to the Archangel Michael or to the historical Jesus Christ without specifying which one they are praying to.

But the main features of new age 1.0 are the techniques for not feeling our anger, fears and sadness. The main difference proposed in new age 2.0 is, on the contrary, to dive into one's own hell, to face one's “inner monsters” in order to transform them into defenders of life with superpowers.

“New age 1.0 believers” seem to me to be an improvement over those who are religious or atheists. But at the risk of offending them, they continue to feed the sleep-inducing egregores and to drive Humanity toward destruction.

As a result, it is absolutely necessary to move on to
new age 2.0.

The main difference lies in the manner of healing. For 15 years, I held festivals inviting healers from all over the world. I maintain that 99% of new age 1.0 techniques put souls to sleep instead of awakening them. I'm not against letting those who want to sleep go ahead and do so, but this is false advertising because most of them claim that it “awakens”. So I think it's a huge trap for those who have managed to free themselves from religions or atheism. For instance, Reiki doesn't heal, it numbs the pain that our physical body and our soul send us. It's already far better than chemical drugs, and it can help people in certain emergency

circumstances. But in the medium and long term, not listening to the distress signals that our body and soul send us may cause serious and often fatal diseases to appear. All the reiki practitioners I've known have died of cancer.

You could summarize by saying that for the “patriarchal” network, healing is numbing the pain, while for the Fertile network, healing means reawakening it by diving into it. Most diseases are created by the fear of not daring to face these inner monsters. But once you do, you feel the ecstasy of liberation...

YOU HAVE TO FULLY EXPERIENCE THE PAIN IN
ORDER TO GET RID OF IT!

For new age 2.0, healing disease and awakening are
the same path.

The more one feeds and is fed by the sleep-inducing/recycling network, the more physical and psychic diseases one has. This is why almost all westerners die of diseases and are “sick” during a large part of their lives. They do not have enough fertile energy in them.

In order to heal, then, it is necessary to attack the “psychological” causes that keep us in the sleep-inducing network. To do this, we simply need to give voice to the parts of us that are angry and sad... it's a bit like the prince kissing Sleeping Beauty. It actually wakes up a part of us: the warrior.

I would like to point out that one of the greatest weaknesses in new age 1.0 is the belief that to be an awakened being, you must always smile and be at peace. They are seriously mistaken because anger can absolutely be an expression of Love. “Kali” for example, is the part of femininity that kills and recycles. But they also do this because they are often obsessed with recognition from others and wanting to avoid conflict. They often want to avoid confrontation/conflict because they are afraid of losing control and releasing a volcano of repressed emotions.

But in repressing their anger and sadness, it radiates from all their energy bodies.

By doing this, they channel energies and thoughtforms of the sleep-inducing network in a very concrete manner. Such people are often very hypocritical, and you should expect them to play dirty tricks on you. By blocking their emotions, which they call “negative”, they are liable to explode at any moment. So, beware of those who are too nice – even though I really value kindness.

Another of their obsessions is not to “judge”. It’s normal that they don’t want to be judged, since they continue to feed the deadly sleep-inducing network. They often feel judged because of sitting on the fence (they want freedom but don’t want to distance themselves from those playing the role of jailers). This made me realize that those who often feel judged are those who unconsciously judge themselves. And I’m sorry, but I find that they’re right to judge themselves because their actions are not in harmony with the values they claim to have.

In order to move on to new age 2.0 we must therefore:

- 1- Do what you feel is right in this pivotal period of our civilization. What we went through with COVID was a test, the result of which will help in determining what level of freedom you will enjoy. The injustices of this world should awaken your will to make it a more just place.
- 2- Associate as little as possible with those who are more asleep than you. Be particularly careful about people who are angry at those questioning the COVID measures. By definition, they are the most “possessed”.
- 3- Get as close as possible to (strive for) Fertile culture ways of living and thinking. Light, healthy and raw food, breath work, living as close as possible to Nature, shamanism with the flesh of the gods, constantly looking for where we are wrong in order to readjust our direction...

ENDOCRINE DISRUPTORS

We have known since the 1960s that the infamous endocrine disruptors are partly responsible for the decline in intelligence and for creating many diseases. They have been introduced into a huge number of products as they were supposed to make them less flammable. Numerous studies have shown this to be false. But the lobbies paid those required to make the products mandatory. Even if some of them have been banned, they are still found today in nearly all soft and hard plastics, in upholstered furniture, electronic equipment, textiles, synthetic foams, on bedding, children’s pajamas and changing tables, most clothing

and shoes, furniture, carpets, strollers, packaging, cash register receipts, food containers, dust and even food (via pesticide residues).

A single night in pajamas containing endocrine disruptors (including flame retardants) can be enough for traces of these poisons to be found in the blood. They are considered to be partly responsible for the decrease in fertility (-70% of spermatozoa in less than 3 generations). It cannot be stressed enough that their molecular structure is so close to iodine that our body confuses them with thyroid hormones, which are essential in brain development. The pill (contraceptive for women) is in this group. It is a hormone disruptor, officially classified as a carcinogen by WHO. 38% more breast cancers occur in women who take the pill.

There are 6 families of endocrine disruptors.

- 1- Pesticides.
- 2- Drugs & food additives.
- 3- Hard plastics (Bisphenol A) and soft plastics (phthalates).
- 4- Perfluorinated compounds (non-stick pans).
- 5- Polybrominated flame retardants used in curtain fabrics, sofas, clothes.
- 6- Parabens. Preservatives in cosmetics.

“According to the relevant scientific community, we are exposed to varying doses of hundreds of these chemicals in our everyday lives.

Numerous studies already attest to the danger of some of these molecules on our health, since they are thought to be at the origin of cancers, congenital malformations, obesity, and diabetes, but also of developmental disorders (autism, hyperactivity, decrease in intellectual quotient). New, increasingly substantiated studies complete this picture by showing their harmful effects on brain development. (...)

So “the phenomenon of exposure to chemicals that we are witnessing is a major public health problem and a threat to intelligence”, highlights Professor Philippe Grandjean (University of Southern Denmark-Harvard University), contributor to the CHEM Trust report. (...)

According to Professor Michael Warhurst, Executive Director of the CHEM Trust, regulation must be stricter: “The brain development of future generations is a major issue. We need European regulators to eliminate groups of chemicals,

rather than slowly restricting products. We cannot continue to play with our children's health." (...)

in December 2015, Brussels was condemned by the Court of Justice of the European Union for failing to handle this dossier properly."

Ludmilla Terres *Le Monde*, March 7, 2017.

For further information, see: Le Grand Désordre Hormonale (The Great Hormonal Muddle) Corinne Lalo. Éditions Cherche Midi.

BREATHING & CELLULAR BREATHING

Almost all of us use only a small percentage of our lung capacity. The reason we have lungs with so much volume is to use them. That fact alone should be enough to make people realize they really need to learn to breathe again. A first step that is very simple and would change your life for the better is to start by taking at least 30/40 minutes a day to relax and just breathe. It's like going to get gas for your car. It's like "catching up on all the oxygen I didn't get during the day" when I wasn't breathing deeply all the time.

Breathing deeply doesn't mean quickly, but slowly and deeply. The revolutionary idea is in relearning to have the reflex to empty and fill your lungs properly. Whatever you do in life and whatever you believe in, you'll feel happier, healthier and more creative thanks to these 30/40'.

But if you want to become a Fertile culture warrior, then you need to "change networks". That includes changing how you breathe. It's non-negotiable. The obligation to breathe deeply can be compared to a bird needing to flap its wings to fly.

As far as shamanic ceremonies are concerned, if you don't breathe fully while doing it, you're only getting 5% or 10% of what you could be experiencing. You can go back to taking "shallow breaths" from time to time, but most of the time it has to be "deep breathing". You won't last long at a high level of consciousness without breathing properly, and neither would I.

The idea of "cellular breathing" is to use the breath as a "lever" to draw energy from the smallest part of our cells. When an atom is broken, an enormous amount of energy is emitted. The idea is to connect directly with this energy. That said, it is not the atom that contains the energy but the infinitely small that connects us to THE source. So when I breathe in, I visualize that I am drawing energy from the smallest part of my cells. At the same time,

I visualize that I'm sending oxygen to my cells to make them vibrate much higher in order to raise them up to the Fertile wavelength and leave the reproduction/death cycles behind.

RITALIN

Ritalin, given to millions of children around the world, is in fact very close to speed (amphetamines). Speed is a hard drug that some people call the poor man's cocaine. That's deplorable! Don't try and tell me the adult world is responsible. It is criminal to give children Ritalin. They'll be much more likely to use cocaine when they grow up, and there is a big risk that it will influence their brain development and create all kinds of medium- and long-term side effects.

UNFERMENTED SOYA (INCLUDING TOFU, SOY MILK, ETC)

It's going to be one of the biggest upcoming scandals! Soy sauce (soy/tamari), tempeh and miso are fermented soy, so are not a problem. However, tofu, raw soy, and soy milk are real poisons. Be aware that they take away your willpower, deeply disrupt the hormonal system, disconnect people, and fatigue the immune system. In fact, soybeans contain a poison that slowly exterminates any species that eats it, notably by profoundly disrupting their hormonal, sexual and immune systems. Fermentation renders the poison harmless.

You'll meet a lot of new age 1.0 fundamentalists who eat soy or tofu almost daily and are completely out of touch with reality. It's like: "Everything is great, and if children are starving, it's their karmal!" By the way, companies like Monsanto/Bayer and Pepsi-Cola are behind soy big business, in short all the good friends who care so much about our development, our health and that of our children. Take my word for it about one thing: please, no soy milk for children or teenagers! You should also know that the body can't digest soy proteins, and the idea that eating soy is good for menopausal women is totally false!

The Food and Drug Administration has never agreed to label soy "GRAS" (Generally Recognized As Safe). In 1997, the highly respected British medical magazine The Lancet published a report on a study said to prove that drinking only two glasses of soy milk per day was enough to disrupt a woman's menstrual cycles. In addition, this same study demonstrates that, in children tested with two glasses of soy milk, the concentration of isoflavones is thought to be 13,000 to 22,000 times higher than the normal concentration of estrogens. Isoflavones can prevent ovulation, promote the appearance of cancer cells and hyperthyroidism, the first symptoms of which may be lethargy.

According to Dr. Mary G. Enig (President of the Maryland Association of Nutritionists) “a baby fed soy formula receives the same amount of phytoestrogens that one would receive if ingesting 5 birth control pills a day! This leads to early puberty in girls and delayed sexual maturation in boys”. Some Buddhist monks eat tofu to lower their libido. Swiss health authorities recommend a very limited use of soy for babies.

In England and Australia, public health agencies ask parents to seek medical advice before giving soy to their children. Finally, the New Zealand Ministry of Health warns that, “Soy products should only be used under the supervision of a health professional ... Clinicians treating children with soy products for medical reasons should be aware of the potential for interaction between soy-based products for children and thyroid function.”

The fact that soy is a good source of protein is simply not true because it contains trypsin inhibitors that interfere with proper protein digestion and overtax the pancreas. In any case, let's get something straight once and for all regarding the “if you don't eat meat, fish, eggs, or dairy, where are you going to get your protein?” line. The answer is simple. There is protein nearly everywhere. Look on your whole grain packages and you'll soon see what I'm talking about. This protein thing is a myth! Besides, when the body lacks protein, it produces more of it.

The most startling consequences of eating unfermented soybeans are on the brain. It seems that people who eat a normal portion of tofu just twice a week have an accelerated shrinkage of their brain with a decrease in cognitive function. In other words, their brains don't work as well. Tofu and raw soy eaters are less able to connect things. As far back as 1986, studies showed that soy intake can lead to serious neurological problems and cause serious emotional problems ranging from bad moods to chronic or permanent depression.

And finally, you should know that the massive cultivation of soy in the world has catastrophic effects on farmers. They are subject to inhumane yield policies, and do not benefit from the potential profits of soybean processing as it has been taken over by multinationals.

“Soybeans were given to bomber pilots to make sure they were numbed and disconnected from reality.”

Excerpt from L'Alimentation dynamique by Gerhard Schmidt. Ed. Triades.

STOCKHOLM SYNDROME

Stockholm syndrome is important to understand because it explains many things, especially about couples. I find the excerpt below to be very instructive and accurate.

"The question remains as to why citizens accept being mistreated by "political leaders". Why are they willing to endure perverse power? The answer lies in analyzing the relationship a predator imposes on its prey. We can briefly specify the modalities that have been identified within the framework of incest, concentration camp mindsets, or of what has been called belatedly (1973) the Stockholm syndrome. There is a vital link between the predator and his prey. It is the predator who feeds the prey, the predator who provides a story to set the boundaries of his misfortune, and it is also the predator who sometimes makes a gesture that appears to be kind. So the prey instinctively refuses to open its eyes to the predatory mechanism. Ferenczi (1932) understood this well: "the traumatized child, physically and psychically weaker, finding himself defenseless, has no other recourse than to identify with the aggressor, to submit to his expectations and whims, or even to anticipate them, and ultimately to find a certain satisfaction in them. Loving one's tormentor, on whom one depends physically, symbolically, and emotionally, becomes a condition for survival, but also a psychological trap."

Covid-1984 - Michel Weber - Editions Chromatika.

VACCINES

Speaking about vaccines is important because for many people it is proof that man is intelligent and stronger than nature. Much of the faith that most people have in the current system comes from this. I stress the word "faith", because it is a "blind" belief since people who are for vaccines have not explored the subject. People often proudly repeat THE magic phrase: "I am for vaccines because I understand how they work. They put a little "poison" in your body so that it will produce antibodies". But they've never listened to the anti-vaccine doctors' arguments, they haven't explored what the vaccines contain besides the "poisons", and they haven't seen the graphs of the evolution of diseases like the ones I'm sharing with you here.

It isn't vaccines or chemical drugs that have more or less eliminated certain diseases. It's better hygiene, better nutrition, and therefore better economic conditions. It's not germs that kill the most people on earth, it's hunger. As for doctors, they are not free to express themselves because if they say they are against the principle of vaccines they will lose their job.

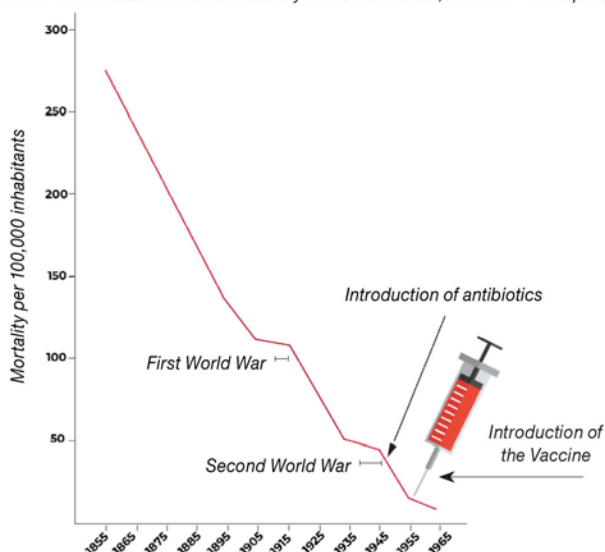
But I've never succeeded in getting a "believer in chemicals/vaccines" to doubt. It's like with religions; you're dealing with something irrational based on the belief that man is stronger than nature and that he is extremely civilized. And yet, for the moment we're dealing with cancer cells from neckties and cell phones. So, it's up to you to look at the graphs below and draw the appropriate conclusions.

"Try as you might, against all common sense, we will vaccinate and inject, {...} to kill the microbe, and the unconscious herd will approve governmentally. Write whatever you like to prove that people are mistaken and are being deceived, there's nothing to be done about it: pity the human mind!"

Professor Antoine Béchamp (to his colleague Dr Vindevogel)

Mortality Rate for Pulmonary Tuberculosis in England from 1855 to 1964

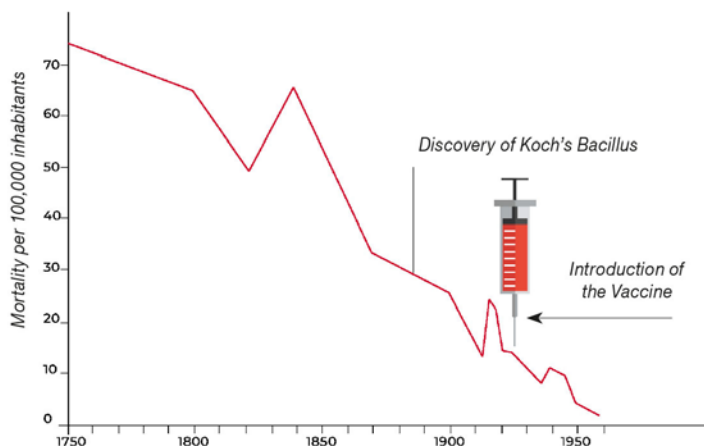
(Source: Erwin A - immunization Awareness society in IAS Newsletter, vol 10. N° 1 et 2 p.42)



(Vaccination l'overdose de Sylvie Simon, p124, Éditions Déjà, 1999)

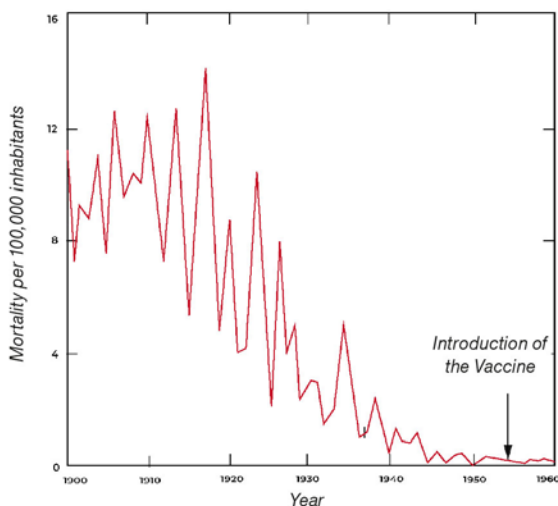
Tuberculosis Mortality Curve in West Germany from 1750 to 1950

Source: H. J. Wise, "Epidemiology of Infectious Diseases in West Germany" in *Yellow Journals*, 5/1984

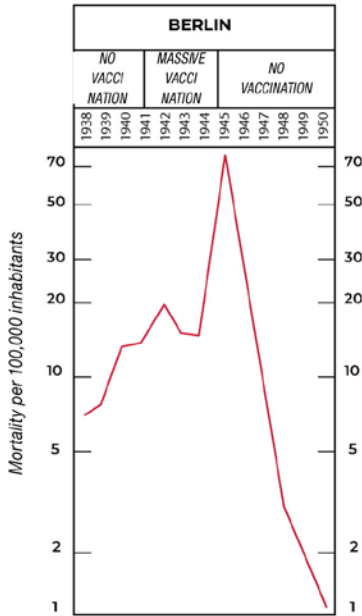


Mortality Rate for Measles in the United States: National Death Index. 1900-1932 and 1933-1960

Rate per 1,000,000 inhabitants (Cf. IAS Newsletter, vol. 10, N° 1 and 2.)

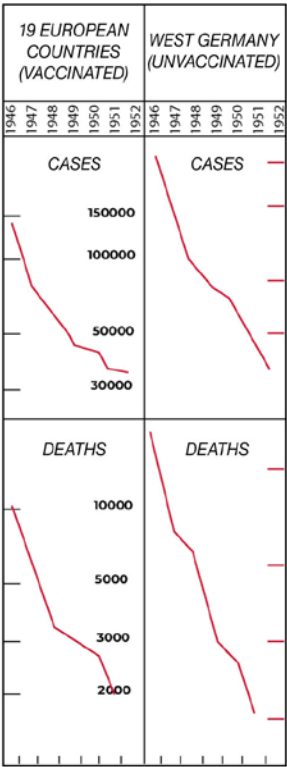


Vaccins, Mensonges et Propagande, Sylvie Simon, 2009, Thierry Souccar Éditions.



Progression of Diphtheria in Berlin from 1938 to 1950

(*L'intoxication Vaccinale* par Fernand Delarue, 1977)



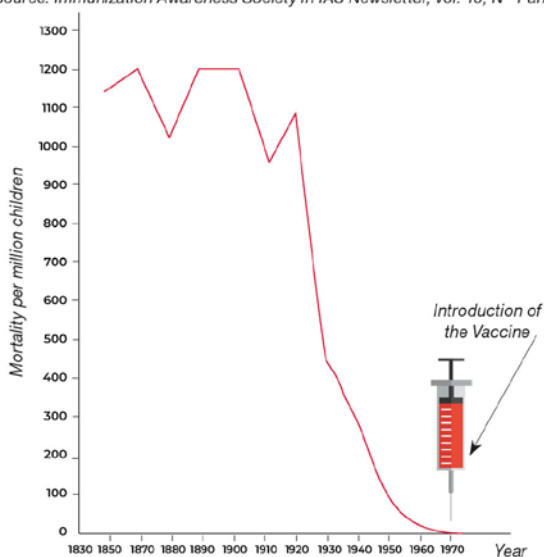
Decline of diphtheria in 19 (vaccinated) european countries compared with (unvaccinated) west germany, from 1946 to 1952

(*Vaccination l'overdose* de Sylvie Simon, p105, Éditions Déjà, 1999)

Average Annual Mortality for Mumps in England and Wales

(per million children under age 15)

Source: Immunization Awareness Society in IAS Newsletter, vol. 10, N° 1 and 2.



(Vaccination l'overdose de Sylvie Simon, p127, Éditions Déjà, 1999)

VATICAN

As I believe that many readers will think I'm badmouthing the Vatican version of Catholicism too much and other religions not enough, I'm listing some of the Vatican state's crimes. I use the word "Vatican" for convenience, and I know very well that in the past, the Catholic clergy was not called that.

For the past 1800 years, whenever there has been a wind of change and freedom in a country under its control, the Vatican has systematically done everything possible to return to more authoritarian and less just regimes.

In the new world we are about to create, it is important to respect freedom of belief and religion as long as it doesn't affect other people's freedom.

But that does NOT include the Vatican, which created the world of lies, suffering and injustice we live in. The Vatican must be tried as a state for crimes against humanity! The Vatican and the Roman Curia must be dissolved because they have always been the worst enemies of the message of Mary and Jesus. They are guilty of having created wars, of having tortured, having driven weak souls to be cruel, of having participated in countless genocides, and it continues today by supporting the worst institutions that drive people into poverty, prostitution and violence.

The Vatican must be tried as an impostor that has stolen Christianity and turned it into a network of murderers/sexual predators, who do everything they can to create suffering and prevent humanity from awakening. We owe this justice to the hundreds of millions of people who have been burned, tortured, raped, crushed, insulted, humiliated. Their souls are screaming for justice. There can be no peace without justice. As for the curia that recognize Rome, it would be right to "confine" them in their monastery... But without women or children... Because in any case, they must not be allowed to hurt the nuns or the children. We must simply forbid priests, rabbis and imams to be alone with children.

People talk about wars of religion, but in fact, it's the Vatican that has waged war against all the other religions, and by extension to all people on the Earth.

And it's time it stopped!

No other religion or state has directly or indirectly killed and massacred as many people with as much cruelty as the Vatican. There's no comparison. I stress the word "cruelty" because it makes all the difference. Cruelty is the hallmark of the Vatican. Sometimes killing is necessary, but cruelty never is.

People are often outraged when I claim that no other religion has killed as many people as Catholicism or been so cruel. And yet, there's no comparison. If you add up the different crusades, the Inquisition that lasted at least 500 years, the various witch hunts, colonization, internal battles with the Protestants and Orthodox, you get a figure in the hundreds of millions. The Muslims have killed, maybe, 10 or even 100 times fewer people. Even Hitler and Franco could be credited to the Vatican, since in their minds they were simply taking over the mission that the Vatican had begun. Actually, the Vatican itself called Franco's purge "a holy crusade".

Furthermore, we live in a world ruled by Western values that are precisely “Vatican-version Christian”. And that world is cruel, materialistic and deceitful like Vatican Catholicism. The Vatican has somehow instituted ways of governing and constantly lying that have been adopted by most politicians. The financial machine that is destroying the world is mostly white, male and Vatican-version Christian.

Did you know that it was the fascist Mussolini who “offered” the Vatican territory to the Catholics in 1929, which has allowed it to be considered a sovereign state until today? No wonder fascists love the Vatican, since historically it has always had a fascist mentality, in the sense of enforcing through terror and cruelty. I would go so far as to say that the Vatican kind of invented fascism, or at least showed the way for all the future Francos, Hitlers and Mussolinis. But it has also shown the way for many psychopaths. If the church is cruel, then they can do likewise! I know many will disagree, but it's a fact: most dictators and perpetrators of genocides have simply followed the Vatican's example, even continuing their work.

The Nazis are often cited as the worst that humanity has known, but I find that questionable when compared to the cruelty of the Catholic authorities. Frankly, I'd rather be gassed than tortured for days and then burned alive with green wood to make it last longer. Besides, the Nazis claimed to be Catholic, and some of them firmly believed they were doing God's work that the Vatican was no longer able to do: hunting down Jews, non-Catholics and Communists.

The purpose of cruelty is to create terror and fear in the minds of people. And that same terror is what the Vatican fosters with its constant threats of “you'll burn for eternity”. They promote fear, not faith. I can't see how they serve peace and love on Earth in the least; it's quite the opposite. With all the horrors the Vatican has created, I don't understand how people can still believe that they serve love and truth and are legitimate spokesmen for Christianity.

It follows that adults then beat up children, men beat up women, the powerful abuse the weak, and everyone destroys Nature together.

First of all, it's important to understand that despite appearances, the Vatican is not run by the Pope, but by the “Curia”, which is made up of men who remain in the same position for several decades and see the Popes come and go one after the other. That's exactly what happens with the president of the United States and most heads of state. When a pope is a bit too threatening because he's too human or too social, they “suicide him”.

Pope John Paul I was the only one who tried to stop the Vatican bank scandal. But he mysteriously died of a heart attack one month after his “enthronement”. The same goes for Pope Pius I who was openly against Hitler and anti-Semitism. He died of a heart attack (that’s clearly how popes are killed) and was replaced by a pope who helped the Nazis enormously, especially by facilitating their escape after the war.

I’ve often wondered if it wasn’t the Swiss guards who killed the popes when they strayed from the legendary pact between the Church and finance. In any case, I believe they are there mainly to watch the pope rather than to protect him.

SOME VATICAN CRIMES/SCANDALS

The Vatican bank scandal. After the Second World War, there was a “crisis of authority in the Catholic Church”. The word of the clergy was questioned by people in general, but especially by Catholics. The help the Vatican gave the Nazis to facilitate their escape played a big part in this. It got worse in the late 1960s with the 1968 protests. Donations became scarce and the Church needed a way to replenish its coffers. So the Vatican bank, which had been used primarily to collect donations, began to offer the same services as other banks. But because it operates from Vatican territory, it doesn’t answer to any other authority. It can therefore offer the same advantages as “offshore banks” and tax havens since it isn’t subject to any taxes.

As a result, it can offer its clients total secrecy and “whiter than white” money laundering, because who wouldn’t trust the Vatican bank! In the late 1960s, Pope Paul VI opened the bank to private investors who needed to launder their money and there was an international rush that made the Church extremely rich. So the Catholic Church got rich, especially through drug trafficking and prostitution, since the Vatican became the main money launderer for the Italian mafia. All this was proven and judged, but nobody went to jail, because the Vatican is still untouchable today.

I don’t know who copied the other, but it was also at this time that the British developed their system of “offshore accounts”.

SPAIN

The day after the left won the elections in 1931, the Catholic Church called the faithful to arms. This led to the start of the civil war three years later by the conservative generals, urged on by the Vatican. During AND after the war, the Catholics insisted that all political prisoners be shot, a practice that continued in Spain until the 1980s. This “call to arms” is

100% confirmed historically, since a letter signed by almost the entire Spanish episcopate was addressed “to all the bishops of the world”. It defined the civil war as a crusade and an armed plebiscite. The signatories rejoiced in the execution of prisoners, because at the moment of execution, the executed person was reconciled with God. All over the world, the Catholic Church mobilized to support Franco against the republic.

This played a huge role in the fact that France and England did not come to Spain's aid. To do so, they would have run afoul of the Catholics. The fight was unequal, since the bloodthirsty Franco was supported by Germany and fascist Italy.

If France and other countries had come to Spain's aid, the whole course of the Second World War would have been different. With Spain on its side, perhaps Hitler would have been stopped at the beginning of the war. This is an excellent example of how the powerful let the democratic process go on as long as it goes their way. But if they don't like it anymore, then democracy is forgotten.

I stress the fact that Franco's Spain was a true medieval Catholic dictatorship that plunged Spain and the Latin American countries into a deeply austere and inhumane culture, which considered any desire for social improvement to be heresy.

In terms of morals, tolerance, social policy and humanism, Spain returned to the barbaric times of the “Catholic kings” of the 15th century. Women who refused to marry or were too independent or even too intellectual were locked up in rehabilitation centers where sexual abuse was rampant.

As for homosexuals (men and women), they were often sent to prison, where they suffered so much mistreatment that many didn't make it out alive!

I call Franco's Spain “hypocritical” because the more a country is stuck in a patriarchal, monotheistic religious culture, the more perversions there are, such as incest, rape, prostitution etc. What's more, prostitution, although officially forbidden, flourished under Franco. When he died, there were brothels in nearly all medium-sized cities. Which goes to show, a severe patriarchy needs brothels!

After World War II, Franco was the only fascist who suffered few consequences from the Allies. And yet, you could say that World War II began in 1936 when Franco took power with the help of German and Italian fascists. Although officially Spain remained neutral, it did send Spanish soldiers to fight alongside the Germans, especially on the Eastern Front (División Azul). Franco was not removed from power due to the influence of the Catholics and bankers.

Until the 1990s, the scandal of the stolen babies (bebés robados) continued in Spain, in which the Catholic Church played a central role, especially because it made a lot of money. It started after the victory of the dictator Franco in 1939. The psychiatrist Antonio Vallejo Najera, freshly returned from Nazi Germany, brought back with him a new “scientific” revelation: women in the republican army (those who fought against Franco during the civil war, very often widows) were carriers of a Marxist gene. It was therefore necessary to take away their children so that they wouldn’t be infected. According to the organizations that are fighting today to find their children, brothers or sisters, more than 300,000 children are thought to have been kidnapped.

In 2023, this pro-Nazi psychologist still has a street named after him in Madrid, which proves that the current government has not changed its mindset or engaged in any self-examination.

But once most of the “republican” children were kidnapped, it was generalized to other levels of the population, especially because it earned a lot of money and prestige for the church, which could then provide children to those who were deserving. Or make a troublesome child disappear without resorting to abortion.

So the Spanish Catholic Church got into the habit of stealing children to sell them, or if you prefer, to give them in exchange for a large donation to the church. The price was equivalent to the price of a small apartment at the time. But the most incredible thing is that for more than 15 years after Franco died, it kept stealing children to sell them to rich people. The last cases were recorded in 1990! Women were told that their child had died during childbirth and that they couldn’t see the body. There were attempted lawsuits but, since it started during the dictatorship, the suits were cancelled due to the amnesty law.

There is a law in Spain that forbids any judge from investigating crimes committed under Francoism. That law must be abolished, and the Spanish church in particular must be tried for crimes against humanity. All the lands that were stolen under Franco’s regime and given to families that collaborated with this barbarism must be returned to their original owners. Any celebration of the Franco regime must be recognized as similar to a Nazi celebration and must be forbidden. Is it necessary to mention that Franco himself grew up in a hyper-religious institution where he suffered many abuses?

There can be no peace without justice, and no forgiveness without asking for forgiveness. Without the Catholic Church, there would probably never have been a civil war in Spain.

The same thing happened in Germany, where Hitler had 2/3 of the votes needed to change the constitution and carry out his coup d’état, because the Catholic party (the

Zentrum) called for a vote in his favor. Some historians of the time go so far as to say that the Catholic Church created Hitler.

In Rwanda, Catholic priests played a key role in the genocide.

"Sister Gertrude (Consolata Mukangango) and Sister Kisito (Julienne Mukabutera) were respectively Mother Superior and Intendant in April 1994 when hundreds of refugees were massacred and partly burned alive. The two sisters turned in the refugees hidden in their convent in Sovu and brought cans of gasoline themselves, then set fire to the shed full of refugees. In August 1994, the Catholic Church harbored the two sisters in a convent in Belgium. ("Le Point" April 20, 2001)

Which goes to show, God knows his own! LOL!

Sister Gertrude and Sister Kizito, Rwandan Benedictine nuns, were sentenced to 15 and 12 years in prison by the Brussels court of assizes for their participation in the massacre of 1,600 Rwandan refugees burned alive in their convent. In Belgium, but also in other European countries, there are priests and other clergymen accused of participating in the genocide who are enjoying peaceful days far from the Rwandan and international courts thanks to the help of the Catholic Church. For instance, Father Emmanuel Rukondo, a priest officiating (2002) in the peaceful parish of Granges-Canal in Geneva, Father Martin Kabalira who was the minister in 2002 in Saint-Béa near Luchon (Haute-Garonne).

SOUTH AMERICA

With his big smiles, Pope John Paul II did more to support the various dictatorships in South America than all the popes combined. He had all the priests, sisters and "monsignors" excommunicated who sided with the people and/or were too engaged in social activities. John Paul II was in particular a great enemy of "Liberation Theology".

"Here is how "Liberation Theology" is defined by one of its founders, Mr. Gutiérrez. It is *"an attempt at reflection, starting from the Gospel and the experience of men and women involved in the liberation process, in this subcontinent of oppression and plunder that is Latin America. A theological reflection born of a shared experience, in a mutual effort to eliminate the current situation of injustice and build a different, freer and more humane society"*. I copied this text from "Théo, l'encyclopédie catholique pour tous". Ed. Droguet & Ardant Fayard."

PEDOPHILIA AND THE CATHOLIC CHURCH

March 2002: The American Catholic Church is shaken by innumerable cases of pedophilia that it has tried to cover up for years with hundreds of millions of dollars. Archbishops and bishops are implicated. The FBI has already gathered enough compelling evidence to convict 10% of the 25,000 American priests for involvement in pedophilia. Since it is very difficult to find “irrefutable” evidence, we can assume that there are many more.

The sado-masochistic order of OPUS DEI and its armed division, the Jesuits, are the real masters of the Vatican!

You could say that Opus Dei pretty much officially bought the Vatican in 1982 by showering it with a billion donations. Since 1982, most of the cardinals and all of the popes who have been established are part of the order, which has enormous influence and even has schools for children.

This is how Opus Dei presents itself on its official website: *“The Church’s teaching on mortification is based on the fact that Jesus Christ, out of love for humanity, voluntarily accepted suffering and death (his “passion”) as a means of redeeming the sins of the world.”* Christians are asked to imitate the great love of Jesus and, among other things, to join him in redemptive suffering. Christians are therefore asked to “die to themselves”. In any case, kudos to Opus Dei for its honesty about its intention to make humanity suffer. The great advantage with Opus Dei is that it dares to say out loud what the true values of Catholicism are.

So Opus Dei glorifies self-flagellation, such as by whipping oneself or wearing a hairshirt. Some of its members have to wear them at least two hours a day. It is a kind of belt worn around the leg that consists of a multitude of small metal spikes that penetrate the skin with each movement.

The vast majority of priests, rabbis, imams, lamas (and all their hierarchy) who claim to speak “in the name of god” while pretending to be humble are corrupting souls, stealing lives, and on top of that, are driving the planet to destruction. They are the exact opposite of what they claim to be. They insult the divine by claiming to speak for it. Although they are not all sexual predators, most of them radiate that energy of perversion and infect those they touch, while pretending to bless them. They are “weak personalities” who do this work for money and/or power. As for those who have spent their lives in reli-

gious environments, and who know only that, they are very far from being human, because they have no experience of real life.

But I also know that there are priests, rabbis, imams and lamas who disagree with their religious hierarchies and are closer to the spirit of the original religion of Fertility. *Here is a case in point, illustrated in this excerpt from a French priest's sermon about Emmanuel Macron and political leaders in general.*

"On the subject of respect for Life,

From those who don't shrink from using an entire population like mice or guinea pigs for testing pharmaceutical products, who show contempt for the elderly by putting them in nursing homes that go from the best to the worst, with a staff that ranges from admirable to abominable. There is no longer a free press to talk about these subjects.

What kind of example do you think we're giving Europe and the world with the pile of despicable laws that have been passed in this country. The book of Ecclesiastes writes, "Woe to thee, O land, when thy prince is a child."

We could rightfully imagine a similar maxim: "Woe to the country ruled by leaders who do not love it. For they are then like rebellious children, freeing themselves from parents whom they hate. They can only be unstable, and find evil pleasure only in deconstructing, especially if in addition the work is lucrative."

France and the French people have a right to better than the fate of slaves reserved for them through the immoral calculations of international finance.

May the prayer of the Virgin Mary help a wounded and outraged France, as well as the strength and courage to throw off the tyrannical powers that oppress her. Amen."

I would highlight the fact that he appeals to Mary, not to Jesus or to his father.

I have the same respect for followers of religions as for any other persons, because I know that deep in their hearts, most of them do not agree with the religious authorities. They don't want a god that punishes and legitimizes all the injustices on this planet. They believe in Divine Justice, equality, intelligence and evolution. In short, real Love!





CHAPTER 15

**A FEW WORDS ABOUT THE AUTHOR...****I'm not the important one in this story, you are!**

But I feel that there are interesting elements in my story that add pieces to the puzzle.

I grew up in a middle-class family. It became clear to me at an early age that anyone born into a certain level of affluence has an obligation to do whatever they can to help free the world of this culture of self-destruction. It's the duty of the middle classes, because they have the time.

Some people might think I'm extremely pretentious to say "This is THE KEY!" and others are wrong. But actually, ever since I was a child, I've had this dream that I could contribute something to enable humanity to be born, but I wouldn't be part of because I've already been kicked around too much on this quest and I didn't apply enough of what I had learned. So I'm trying to make sure the end of this prophecy doesn't come true; but my priority is to pass along THE Key so that YOU can do something with it. And so, I'm not looking down on you. On the contrary. Because it's up to you to seize the key, to open the door, and create a true humanity worthy of the name.

My parents put me in an experimental school from age 6 to 12. The "Cours Charlemagne", heavily influenced by Summerhill in England, was a school created by psychologists with the aim of studying what happens when you don't force children to do anything! It was the principle of "non-directivity" by which the child would have a greater opportunity to find out who he/she is. They felt that before the age of 12, the most important thing was to build the child's self-confidence. Staying in the classroom was not mandatory, so I spent most of my childhood in the schoolyard, and specifically in the trees! There were no classes in the traditional sense. If a child wanted to learn, there were files available, and he/she could ask the teacher questions. That system is highly effective for developing the will. Once you had passed all the exams in the official program, you would move up a level. So you could spend several years doing nothing, then move up several levels all at once within a few months. On the other hand, you stayed in the same class and kept the same friends, because the classes were set up according to the students' age rather than to their level of study.

Consequently, at age 11, I still couldn't read or write. But I was happy, really happy. The “co-counseling” sessions were the most fantastic thing about the school. They were kind of therapy that we did in pairs, with each one playing the role of “counselor”, then “counselee”. We learned to talk about our problems and fears. This philosophy informed us constantly.

It was like a “religious” school where psychology and nearly unlimited freedom for the children were the religion. I can say with hindsight that I still subscribe to that frame of mind. The reason I mention this is because I think that there should be schools like Charlemagne for all children. I love the Steiner and Montessori schools, but they're not in the same league as my beloved school, which helps children develop 2 vital qualities: their inner connection and the willingness to listen to it. That kind of teaching is the educational equivalent of permaculture compared to agriculture. It is so revolutionary that Cours Charlemagne was forced to go back to more “traditional” teaching methods.

For instance, from the age of 6-7, we were introduced to concepts such as “behavioral patterns”, which sums up what I call “basic psychology”. This concept explains that when we are little, our first interactions with others deeply condition us to have the same kinds of relationships and behaviors later on. Paradoxically, it is even more true if we lacked attention and acknowledgement. Some people call these behaviors “patterns”, relating to form, example, model, behavior, design and path.

When I had to go to a more conventional school at age 12, I really felt like I was discovering a mad world in which nothing made sense except for friends, traveling and partying.

I remember telling my parents, “I don't find your adult world very adult”. In the end, what does it mean to be an adult? Taking a job that you don't like because you have to earn a living, taking part in an economic model that's destroying the planet because everyone else is doing it, and starting a family and “having kids” as if nothing was wrong.

Consequently, I never felt like an “adult” and I started to envision the world I would have liked to live in. It's amazing how many novels and films talk about an increasingly horrible future. Whereas I couldn't find any that explained how a better world could be built...

Until the age of 25, I was a fundamentalist atheist. My parents had suffered a lot from religion and had totally rejected any belief in the afterlife or in the invisible worlds. However, I was nurtured by their hopes in left-wing politics, and afterwards by their disappointment in that same left wing. Then they put their heart and soul into psychology and education to change the world, convinced that it was the only way. I'm embarrassed to admit it, but, like my parents, I thought religious people were quite simply crazy!

Everything changed after I swam with pilot whales in the Canary Islands.

I realized that day that I wasn't as happy as I thought, and my life could finally begin.

As many people had experienced the same kind of revelation with cetaceans, I started traveling around the world to make a documentary on the subject. I interviewed the yoga teacher André Van Lysbeth, with whom my Mom was taking classes. He explained quite simply that since cetaceans are more conscious than we are and radiate a rare power (they are master yogis he insisted), encountering them enabled you to experience a sudden leap in consciousness.

The documentary turned into a book, "In Search of Dolphin Messages".

Then I joined an Australian NGO, ICERC (International Cetacean Education Research Centre) for which I organized two "International Dolphin and Whale Conferences", one in Brussels and one in Paris.

When I realized that France was one of the European countries with the least freedom of expression, and notably NO tolerance for anything that challenges the “sadomasochistic patriarchy” or alternatives to the barbaric all-chemical medicine, I decided to do what no one else was doing: stand up to the French government and organize festivals/lectures on challenging subjects.

After that, for 13 years I was part of "Rencontre Eveil Action" (Awakening initiative Meetings), where we lived together for a week at a wonderful campsite in the south of France. The idea was a mixture of lectures, workshops, music and films, with the aim of proving that alternatives and solutions for all the planet's problems exist, but there's a total refusal to change at the political level. This is the case for petroleum and its derivatives such as plastic, which could have been replaced long ago. Many of the lectures denounced the abuses of the medical mafia and Big Pharma.

Even though the festivals were one of the most beautiful times in my life, in the end, looking back, I came to a realization that made me extremely sad. Most of the people who came were there to meet people, to not be alone, to hook up. But over the years, I realized that the vast majority of them were not going in the direction of trying to "save the world" at all. Most of them just wanted a place to live where they could stick their heads in the sand and let the psychopaths destroy the world. They had come as tourists just to take things. That's when I started to grasp that the vast majority of people were totally lost and that they went to this or that kind of environment just because life opportunities took them there.

That's when I also began to understand the "unsuspected lightness of being"! So I stopped doing the festivals and lectures, as that this was clearly not the way to change the world. But it was a step that enabled us to learn, at least in theory, what worked and what didn't.

I figured that as long as spirituality doesn't allow us to create a just, free and fertile world, it means that it is a false or incomplete spiritual program! So I started from the premise that everyone is mistaken, and that I need to understand what is wrong with the program, and what the ideal program would be.

With a few friends I decided to try to put into practice everything we had learned, as the Essenes did, i.e. going on retreats in the most isolated places. We found a little paradise in the Canary Islands, on the seaside, with no neighbors for miles, and almost no electromagnetic pollution. The idea was, during the retreats, to do everything to the letter in order to test how far we could expand our consciousnesses.

For a few years, we held nature immersion workshops.

We used a healing technique that was a blend of everything we had learned during the festival years. The idea is very simple: through talking circles, people define what they want to heal, which we call their intention. Then they lie down on their backs and start to breathe very deeply, steadily, but not quickly either. What counts is to completely empty and fill the lungs. Then you can accelerate, as long as you manage to maintain the deep breathing. The fact of filling ourselves with oxygen, without moving and holding an intention, provides our body and more particularly our cells with more oxygen than they normally get. Usually, we breathe a lot during strenuous exercise, but the oxygen is used for the muscles.

It is only when we breathe deeply and continuously, without making any physical effort, that we manage to capture enough oxygen for the breathing to revitalize our body, our organs and cells. This allows us to function better, and therefore to be more conscious. It can unlock our memories and comprehension. I advise you to try it; it's extremely effective. Then we made leaps forward in our shamanic ceremonies by using this technique with psilocybin.

We focused our psychoshamanic ceremonies
(mushrooms/breathing) on a simple goal: seeking help
from all possible dimensions.

We traveled in the invisible realm, asking all the beings we met the same question... And even in the void, we shouted: "Help us! What is this mess we're living through on Earth. We don't have the power to free the planet from this dictatorship of destruction without outside

help. It's impossible to start a revolution because most people are totally asleep. Are there higher powers that are on the side of justice and Love?"

And we received an answer very quickly. We could get help from the Goddesses of Fertility, but on one condition: that we develop a scenario through which the planet would move toward a fertile culture dedicated to the evolution and well-being of individuals. We had to devote our lives to that goal, even if it meant "dying", i.e. leaving our bodies.

We submitted a scenario to a large room in which we were surprised to find many other people lining up in front of a counter to "create a new Humanity."

Our project was accepted and all those who dedicate their lives to that mission will be helped. The project is simple: to turn this planet into a school, to cleanse the earth, and to cultivate souls so that they rise and strive for a Fertile culture. I have outlined how this can be done in Chapter 10, "Practical Organization For Bringing Humanity into Being. Agenda For a Step-by-Step Revolution".

When I rediscovered the secret of fertile culture, I did a psycho-shamanic ceremony to make sure that writing a book about it was a good idea. Maybe divulging the secret wasn't such a good idea. After all, if our whole life was one big simulation/program/test, maybe revealing it would destroy the whole point of the experiment. It would be like providing students taking an exam with the answers. Maybe in the end it would be harmful to their learning process. This is what those who introduced themselves as my dad and mom from beyond said to me:

"This could help a lot, but think carefully about it! If you do it, you will incur the wrath of nearly everyone, because they are manipulated by those sleep-inducing egregores. Souls hate to be woken up when they're sleeping, and most of them will just want to get rid of you! I You think you're used to being rejected by others, but this would be 100 times stronger. You and everyone close to you will become primary targets. You'll be attacked on both the energetic and material levels. But at the same time, we will always be there to help you roll with the punches if you do what it takes to maintain your connection."

And that is exactly what happened. I had already experienced near total rejection when I went from being a fundamentalist atheist to writing books about spirituality outside of traditional religions, but then... It was like the sky fell down on me. I was boycotted by most bookstores, I lost my book distributor, was rejected by the new age community and my biological family, who went as far as disinheriting me, was harassed on the internet and social networks, had my bank account closed, etc.

At the same time, I'd be lying by omission if I didn't admit that the violence of being rejected has often made me want to die, or at least not to continue trying to help those who spit in my face! But that would have amounted to the same thing, because I don't fear "death". What I dread more than anything is leaving my physical body without having accomplished my mission. So I keep telling myself "they don't know what they're doing", they're possessed, it's not their fault...

But I don't regret a thing and I'm not complaining. The reason why I'm insisting on this point is that I hope it will serve as an argument for future humans when they complain about changes imposed on them.

We will have to remind them that what they called humanity was a kind of sect that rejected those who thought, who dared to believe that a humane future for our children was possible, in short all those who took away the lie of believing themselves to be humane, by showing them that they behaved like cancerous cells. And we will have to remember that most people wanted to take away all their rights from those who had the clairvoyance to be "conspiratorial" and who refused this preordained total destruction. I emphasize this point particularly because those who will create this Fertile culture, and who want to achieve their aims, will have to remember that Fertile cultures like Sumer were annihilated because they were not warlike enough! Although the goal is to include and forgive everyone, we will have to be very firm with recalcitrants, doing so as Humanely as possible and never with the idea of punishment.

1/3 of the population must be in a position to protect their own even in times of peace. This warrior aspect includes the fact that this 1/3 are in a way the guardians of the "right wavelength" of ambient energy. In other words, these beings will have to work hard to stay focused on the wavelength of Fertile Love through meditation, breathing and/or other means.

When the Light grows, it automatically attracts a shadow, so we must remain on our guard.

I believe that "independent believers" have aroused more hatred than the Jews, Muslims and Gypsies combined, but with one difference: nobody is defending us. Even though the worst is in France, you could say it's the same throughout Europe. Furthermore, since for the past fifteen years I've held festivals on natural medicines that denounce BIG pharma and because I write books on spirituality, I'm on the S list in France, like a terrorist. So when the police arrest me, they know that I'm on the S list (fiché S) but they don't know if it's for terrorism or just for my disconcerting beliefs.

To understand the mood in France around this issue, I'll tell you one last anecdote.

I was lucky enough to meet Bernard Werber (one of my favorite authors) who had read my book "In Search of Dolphin Messages". He gave me a piece of advice that I never forgot, even though I never followed it: *"That's terrific, but you're taking a big risk exposing yourself like that in France. Do what I do, keep a low profile, and write fiction!" Do what I do, keep a low profile, and write fiction!"*

I replied: *"You shouldn't denigrate yourself like that. You've raised the awareness of tens of millions of people through your books. Then it is also good for others like me to say: "But it isn't just in the imagination; the worlds of the invisible are quite real, and as long as humanity takes no interest in them, it will continue on its path of self-destruction". If you were to do what I did, you'd be dropped by your publishing company and would no longer have access to the mainstream media. It's like a ladder. Beings must inhabit each rung of the levels of awareness so that others can climb them one by one. Personally, your books have opened up my consciousness enormously, especially the concept of "thanatonauts", which has become the central focus in my life."*

A great many people in France and elsewhere, hide their true beliefs out of fear of rejection, and I can understand them.

Europe's illness is believing itself to be free of religion.

The USA's illness is believing itself to be a religious country. And I would point out that the illness of countries like France, Belgium, and Spain – the 3 countries where I've spent 3/4 of my life – is being Catholic. Protestant cultures are far less rigid.

For most people, if you are neither religious nor an atheist (those who believe in science as voiced in the mainstream media), but a believer unaffiliated with a religion, you are an abnormal and potentially dangerous human being. And yet, it's obvious to a thinking person that "the truth" lies precisely between the two.

Sorry, but you'd have to be deeply disconnected from the present moment not to feel that the world is run by something invisible behind the scenes. You'd really have to be totally asleep not to realize that there is a kind of synchronicity, a kind of will behind events in life that is trying to steer you toward a certain path and a certain understanding.

And in order to be religious, you can't ask too many questions about the fact that official religions impose a way of life that runs against human nature and that they have created most of the suffering and wars on this planet.

Let me be clear that I am absolutely not against religious people, nor against atheists. What interests me are people whose personality can move and evolve. Those who want to develop and improve themselves.

Life has taught me to look beyond labels because people deceive themselves. Often, they are caught up in false appearances that reflect the exact opposite of who they really are. What's more, I have met many religious people and atheists who share my sensibilities. They don't use the same words, but in reality, they are truly connected to the Fertile source. They call themselves religious or atheist out of habit.

PARADOXICALLY, I BELIEVE THAT THERE ARE REMNANTS OF FERTILE CULTURE
IN EVERY PATRIARCHAL RELIGION.

For instance, I feel inspired by Muslims because their relationship to water is very fertile. They wet their face and hands in particular before praying to better connect with higher levels of consciousness. In order to anchor the reality that we've chosen, it is highly effective to remember the new beliefs that we've adopted. Muslims do this 5 times a day by reading the Koran. I try to do it several times a day to consolidate my "new personality".

Our brain spends a lot of time talking to itself. If you don't give it food to help it progress, it just keeps mulling over the same things. I also like the fact that Muslims are much less hypocritical than people in other religions. They follow Muslim laws more closely than Jews and Christians, most of whom do not really live according to their religion's daily injunctions. It's merely a facade. Jihad (the inner struggle) is my guiding principle. YES, it is a struggle to constantly challenge yourself to keep evolving.

I also feel Christian in the original sense of the Essenes, i.e., to go on retreats from time to time (because you have to cut yourself off energetically from others in order to be in contact with the highest parts of yourself), to live in the great outdoors, to walk barefoot, eat as much raw food as possible (food that can be eaten without being cooked), use the Alliance with the plant and mushroom world to raise your consciousness.

I love the Jewish game of "pilpul". It comes from a custom that consists in commenting on a passage from the Bible and assuming all the various points of view. The viewpoints adopted are drawn by lot, and for instance, one will have to defend the right to abortion and the other

to defend its prohibition. Then the roles are switched. It's a wonderful tool because it really helps you explore arguments that you hadn't thought of at first.

I feel like a Buddhist in the original sense of the Buddha, but not at all with regard to Western-style Buddhism, which has been coopted by the sleep-inducing patriarchy. Buddhism (and Hinduism) brought to the world the importance of meditation and the energetic dimension of life, without which one cannot even begin to understand the side of existence that lies behind the scenes.

I feel like a Rasta, in the sense that a small amount of cannabis from time to time is necessary to keep the neural system functioning properly. Used correctly, it is medicine, because the mental world is not well. I have dreadlocks because that's what hair does naturally when left free to grow. Hair is an antenna that makes us more sensitive, for better or worse. What's more, the reason Buddhists shave their heads is to feel the world less. Unfortunately, most of the people I've met who have dreadlocks are very much stuck in the patriarchy... Whereas originally, the Rasta religion was Fertile and worshipped the goddess, like all other religions.

I should make it clear that I'm not claiming to be connected to the Fertile network 24/7; far from it. The contacts are made in fragments, some through dreams, some through reflecting, others through ceremonies. It's like a treasure hunt. Some of the clues come in dreams and help to put together the puzzle. I don't think having a fixed, stable connection is part of the process. That's why all those who think they are connected or enlightened are mistaken and are usually connected to sleep-inducing networks pretending to be fertile. What matters is asking the right questions persistently, and the answer will come eventually. "Ask and you shall be answered!"

I feel that the source of myself is elsewhere. There was a time when I focused all my ceremonies on the sole desire to see the source of who I really am. "They" tried to dissuade me from doing this on the grounds that it might be traumatic. But after much insistence, they showed me a kind of "sugarloaf" shaped mound ... made entirely of worms/ground glass.





CHAPTER 16

**BOOKS & VIDEOS TO FEAST ON****SPIRITUAL NOURISHMENT****RECOMMENDED BOOKS**

- ***The Continuum Concept***. Jean Liedloff, Capo/Hachette (US), Arkana/Penguin (UK).
- ***Additifs Alimentaires Danger***. Corinne Gouget. Éditions Chariot d'Or.
- ***Le Mal du Sucre***. Danièle Starenkyj, Éditions Orion.
- ***Sugar Blues***. William Dufty, Warner Books.
- ***Manger Vrai, l'Instinctothérapie***. Guy-Claude Burger, Éditions du Rocher.
- ***Tantra: The Cult of the Feminine***. André Van Lysebeth, Motilal Banarsidass editor.
- ***Le Grand Désordre Hormonal***. Corinne Lalo. Éditions Le Cherche Midi.
- ***The Celestine Prophecy***. James Redfield, Warner Books, 1995.
- ***Vaccination l'Overdose***. Sylvie Simon, Éditions Déjà.
- ***Les Vaccins***. Ce qu'on nous cache sur leurs effets indésirables. Sylvie Simon. Éditions Grancher.
- ***The Psychedelic Gospels***. Jerry B. Brown & Julie M. Brown. Park Street Press.
- ***The Psilocybin Mushroom Bible, Virginia Haze and Dr. Mandrake***. Green Candy Press
A fabulous guide, except for the advice about ceremonies, for which I refer you to the chapter 'ADVICE IF YOU WANT TO GET INVOLVED IN SHAMANISM'".
- ***The witch of the middle ages***. Jules Michelet. Maxtor Editor.

LIST OF DOCUMENTARIES/FILMS THAT I'VE FOUND VERY HELPFUL.

The VIDEOS listed below are not just for reference but for you to watch! They are food for the Spirit!

- ***L'Homme a mangé la Terre.*** Jean-Robert Viallet. (Youtube).
- ***Sucre, comment l'industrie vous rend accros!*** Cash Investigation. (TV5 Monde). Striking!
- ***Sucre, le doux Mensonge.*** (Arte Reportage).
- ***Nutrition & Behavior.*** Dr Russell Blaylock. (Youtube). Fantastic!
- ***"Mushrooms can save the world", "6 ways mushrooms can save the world".*** Conferences of Paul Stamets (YouTube) Amazing! He's not talking about hallucinogenic mushrooms, but about the miracle of the mycelium.
- ***Les Paradoxes du Cannabis.*** (Arte TV-2005).
- ***Le Cannabis Thérapeutique.*** (Arte TV-2005).
- ***Drogues & Cerveau - Cannabis: Un défi pour la Science.*** (Arte TV-2005).
- ***Drogues & Cerveau - Hallucinogène et Ecstasy.*** (Arte TV-2005).
- ***Drogues & Cerveau - Cocaïne & Stimulants: la mécanique du plaisir.*** (Arte TV-2005).
- ***Drogues & Cerveau - Tabac & Alcool.*** (Arte TV 2005).
- ***Drogues & Cerveau - Opiacés & Tranquillisants: du plaisir à la dépendance.*** (Arte TV-2005).
- ***Champignons Hallucinogènes.*** (Arte Reportage).
- ***"How Psilocybin Mushrooms Can Help Save the World".*** Paul Stamets.
- ***Psilocybin & Cancer Anxiety.*** Joe Rogan. (CNN, Local News). In English with no subtitles.
- ***Mushrooms are an Extraterrestrial Probe.*** Terence Mc Kenna. In English with no subtitles.
- ***Discusses Ayahuasca, Mushrooms, DMT and LSD.*** Terence Mc Kenna. In English with no subtitles..
- ***Fantastic Fungi.*** Louie Schwartzberg, 2019.
- ***Magic Medecine, Can magic mushrooms cure depression?*** Monty Wates. (Netflix).
- ***Take your pills.*** 2018. (Netflix Studios).

- **Your Brain On Coffee.** Asap Science. In English with no subtitles.
- **Dans les profondeurs du Darknet.** In French with subtitles
- **Quand la CIA infiltrait la culture.** (ARTE YouTube).
- **Inside Out.** A fabulous animated film that provides remarkable insights into how we function. Excellent for all ages.
- **The Truman Show.** Peter Weir. This film is a brilliant illustration of how important it is to be spontaneous, to have moments in life where nothing is planned. The astral* works with hierarchies and therefore takes a long time to make decisions. If you act in the moment, you completely confuse them.
- **Mon Oncle d'Amérique.** film d'Alain Resnais.

MY BOOKS

My books are a reflection of my journey. I'm almost the only person I know who writes books on spirituality and changes his mind from one book to the next. So, as I will change my mind again, what matters is what rings true for you. And these books will speak to you about a lot of things in very different ways from the norm. The only one translate in English is my first one:

In Search of Dolphin Messages. Communicare.

À la Recherche du Message des Dauphins ou l'Hypothèse Cétacés. Ed. Communicare.

Les Mensonges de la Bible, du Coran et de la Torah ou Comment les rôles des femmes ont été soigneusement effacés de l'histoire des religions, de la Genèse à nos jours. Ed. Communicare.





CHAPTER 17

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CHAPTER 18



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